



Speech/Language Virtual Learning

**Following One-Step Directions:**

**Stop and Go**

**April 2020**



# Following One-Step Directions

## Lesson: April 2020

### **Learning Target:**

Students will be able to follow the simple directions Stop and Go

**Let's Get Started:**  
**WARM UP!**

Watch Video:

<https://www.youtube.com/watch?v=EPQpWWh8M1I>

# Practice:

As you listen to the song, emphasize the word “Stop”.

Do the activity with your child, showing them what it means to stop and go.

Practice moving and stopping in one more short video:

[https://www.youtube.com/watch?v=WJ9RIXD\\_-fQ](https://www.youtube.com/watch?v=WJ9RIXD_-fQ)

# Activity:

## Visuals to teach Stop and Go

### Materials Needed:

Any kind of empty box or  
Container, preferably flat (like a  
cracker or cereal box)

Or

Piece of poster board, cardboard,  
or a whiteboard

Paper

Crayons/Markers

Scissors

Tape/Glue

### Directions:

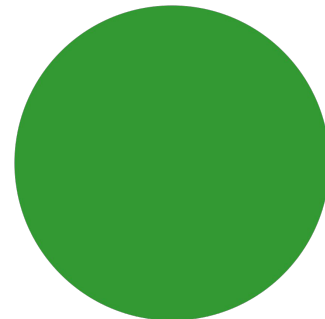
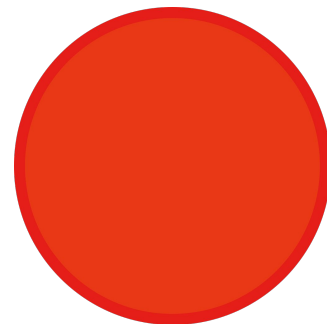
Draw two large circles on a piece  
of paper, have your child color one  
red and one green.

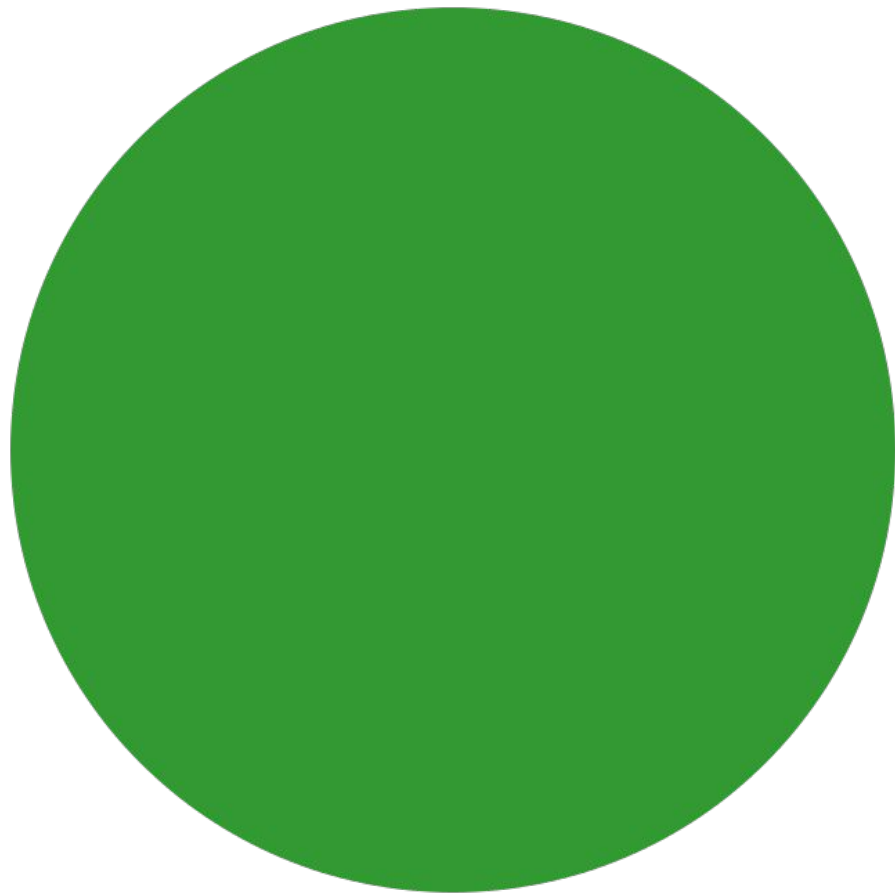
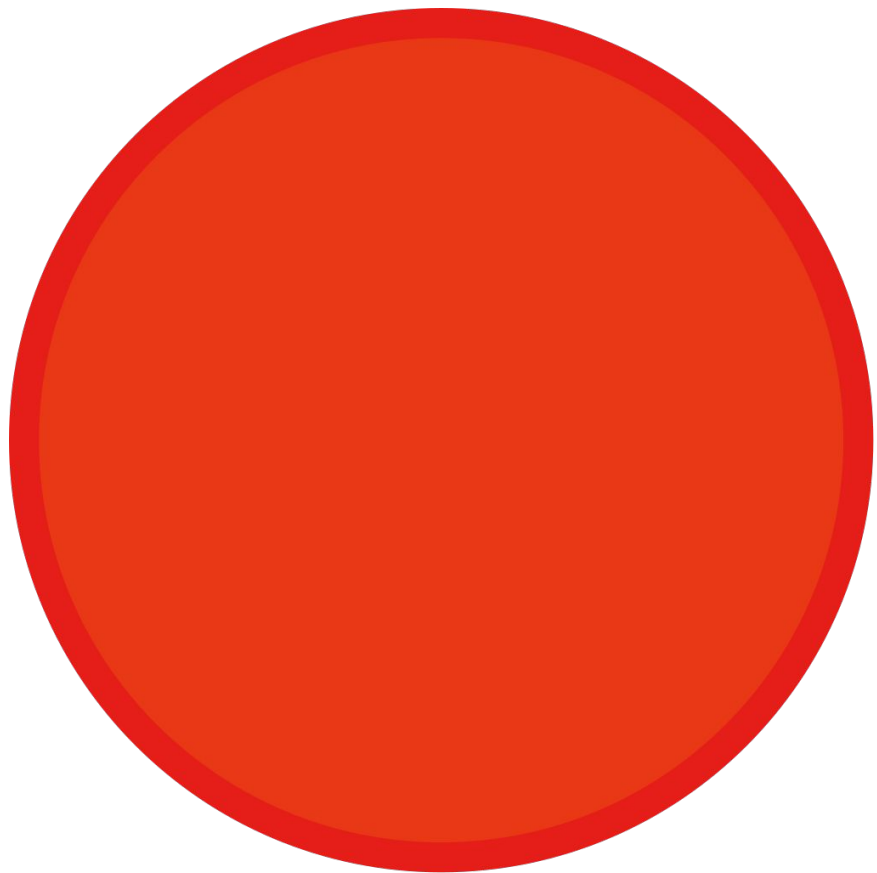
OR

Cut out the circles on the next  
page.

Cut out the circles  
(let the child cut if able).

Tape the circles on the container -  
one on each side





# Activity

Play Stop and Go with your child by saying an action (clap hands, march, hop, etc.) while showing the Green Circle. Then say, “Stop” and show the Red Circle.

Let your child be the leader and tell you what to do, showing you either “Stop” or “Go”

*(The emphasis is not on the colors, but we are using them as a visual representation of Stop and Go)*