



Social Emotional Virtual Learning

ECSE/K-2nd Grade

Identifying My Emotions

April 2020



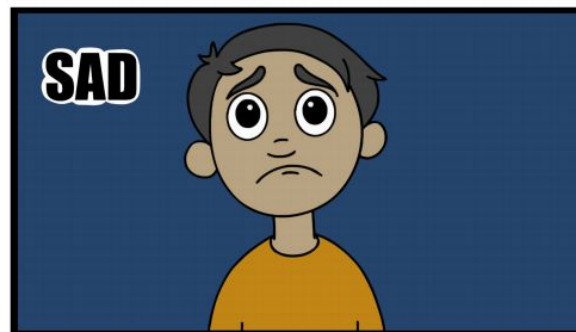
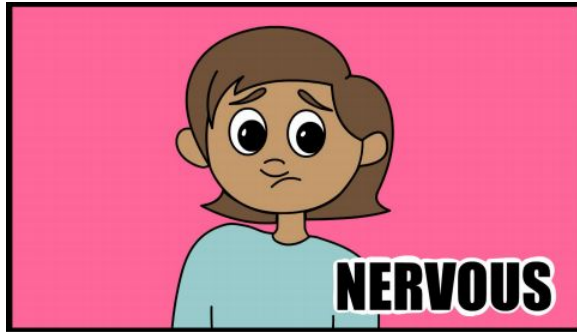
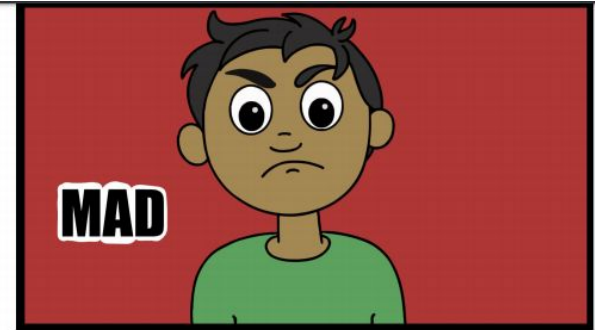
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Learning Target:

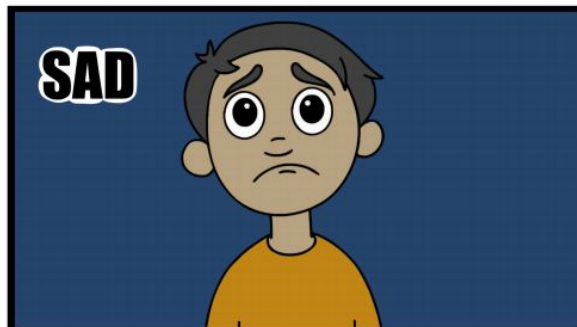
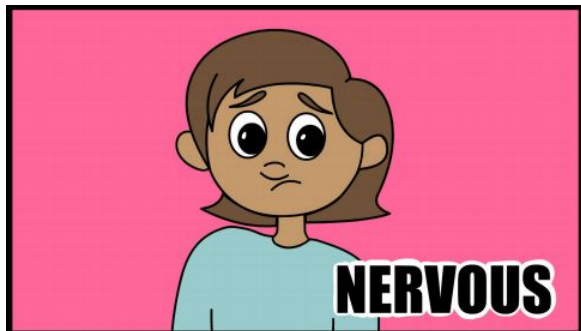
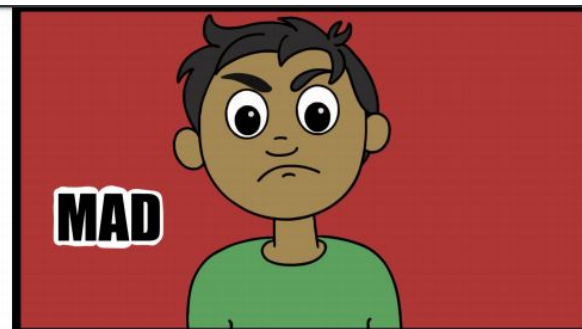
Students will learn to identify their emotions.

Watch this [video](#) to learn about our emotions.

Remember, we can feel:



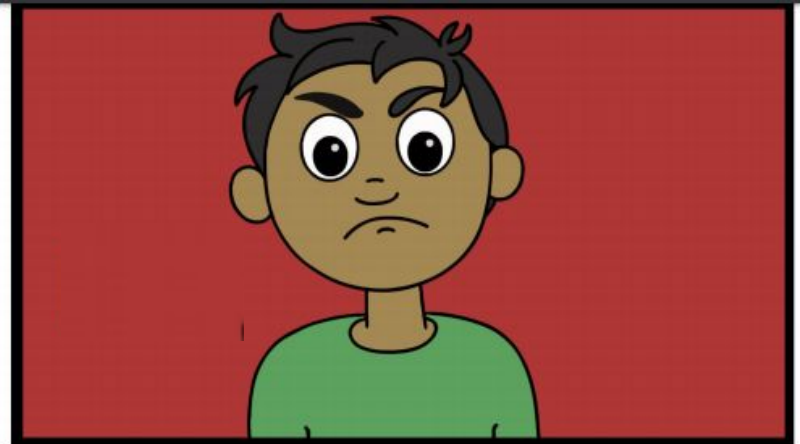
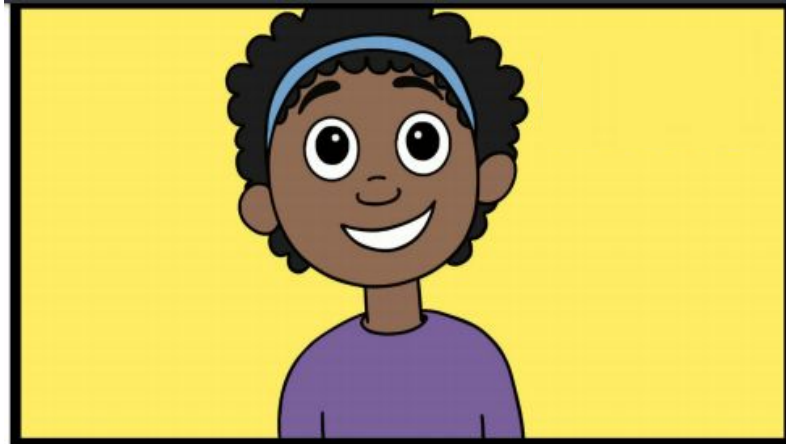
Now, practice making these faces with a grown-up in front of a mirror.



Self-Check:

Now, let's play a game with a grown-up!

A grown-up will show you a picture and you will say what emotion that is (or how each person is feeling).



You're doing great! Just a few more!

