



# ECSE Adaptive Virtual Learning

## ECSE

# Being Healthy

April 28, 2020



# Early Childhood Special Education Adaptive Lesson: April 28, 2020

**Learning Target:**  
Students will learn how to be healthy.

**Let's Get Started:** [Pinkfong Wash Your Hands](#)

[NO MORE GERMS](#)

## Practice:

What should you do when you see your hands are dirty?



You wash your hands.

## Practice:

What should you do when you cough or sneeze?



You cough or sneeze into your elbow or a tissue and wash your hands.

## Practice:

What should you do when you are sick?



You stay home or go to the doctor.

## Activity:

-Let's practice washing our hands to the song, "Happy Birthday." Sing it two times.



Step 1. Turn on water

Step 2. Wet hands

Step 3. Use 2 squirts of soap; rub hands together and make bubbles.

Step 4. Rinse hands clean

Step 5. Turn off water

Step 6. Dry your hands off.

## Self Check:

Check your students responses



1. Was this lesson?

easy

just right

hard

2. Ask your child what do you do when your hands are dirty.