



**Academic Readiness Adaptive Virtual Learning**

**ECSE**

**Making Food Choices**

**April 2020**



# Early Childhood Special Education Adaptive Lesson: April 2020

## **Learning Target:**

Students will learn how to make good food choices.

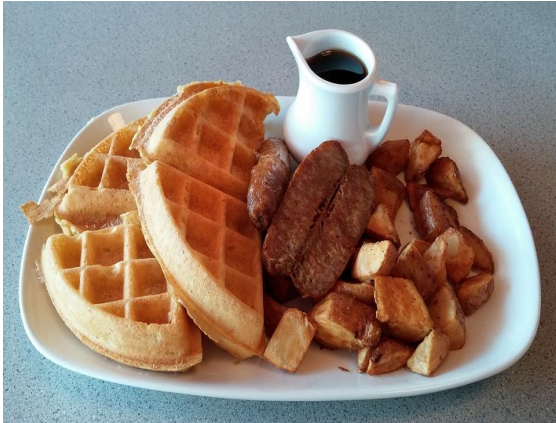
Let's Get Started:

Are you hungry?

I am hungry.

## Practice:

Point to or name something you would eat for breakfast.



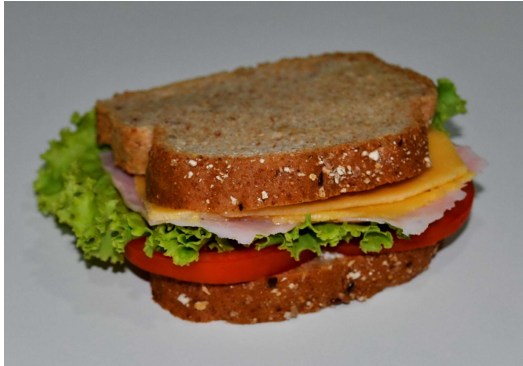
# Practice:

Point to or name something you would eat for a snack.



## Practice:

Point to or name something you would eat for lunch.



## Practice:

Point to or name something you would eat for dinner.



## Activity:

Play the following game with a parent.

### Peg's Pizza Place Game



## Self Check:

Check students answers.



1. Was this lesson?

easy

just right

hard

2. What do you like to eat when you are hungry?