



Academic Readiness Adaptive Virtual Learning

ECSE

Teeth Care

May 4, 2020



Early Childhood Special Education Adaptive Lesson: May 4, 2020

Learning Target:

Students will learn about taking care of their teeth.

Let's Get Started:

Watch Videos:

[How to Have a Healthy Smile](#)
[Super Simple Songs-Brush Your Teeth](#)

Questions:

How often should you brush your teeth?



Answer: You should brush your teeth 2 times a day.
You should brush your teeth in the morning and at night.

Why should you brush your teeth?

Answer: You should brush your teeth to keep them clean.
You should brush your teeth so you don't get cavities.

Practice:

Which foods are not healthy for your teeth?



Eating sugary foods puts holes in our teeth called cavities.

Practice:

What foods are healthy for your teeth?



Fruit and vegetables will help make our teeth strong.

Activites:

Sesame Street Brushing Teeth Activity

Go into your bathroom at home and practice brushing your teeth.



Self Check:

Check students answers.



1. Was this lesson?

☐ easy

☐ just right

☐ hard

2. Ask your child should they brush their teeth once or twice a day?