



Social Emotional Virtual Learning

ECSE/Program

Naming Feelings

May 2020



ECSE/Program Social Emotional Learning

Learning Target:

Students will learn to name feelings.

We all have different feelings.

Sometimes, I feel...



Happy



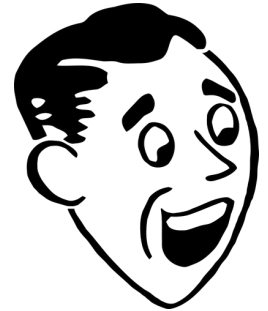
Sad



Scared



Angry



Surprised

It's ok to have different feelings!

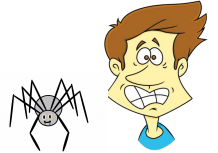
I feel **happy** when I get to play with toys



I feel **sad** when my brother takes my toys from me.



I feel **scared** when I see a spider.



I feel **angry** when I don't get to watch my favorite TV show.



I feel **surprised** when I get a special present.



Let's play a game with a grown-up!

The grown-up will make one of the five faces, and you will guess what feeling the grown-up is trying to show.



Happy



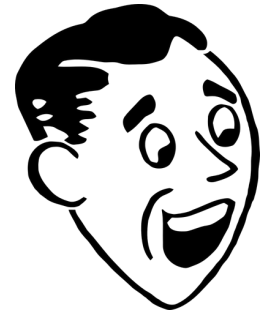
Sad



Scared



Angry



Surprised

Did you get it all right?

If that was too easy, watch this [video](#) and name the feelings of the people in it.



Self-Check:



1) How are you feeling right now?



Happy



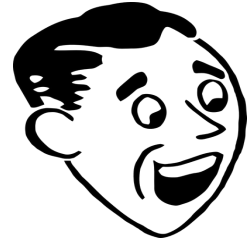
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Surprised

2) Tell a grown-up another time that you will feel this way.