



Social Emotional Virtual Learning

ECSE/Program

Being Kind to Others

May 2020



ECSE/Program Social Emotional Learning

Learning Target:

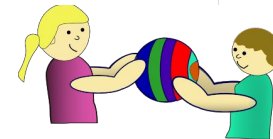
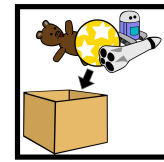
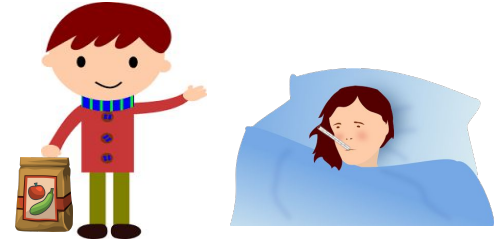
Students will learn about being kind to others.

Watch this [video](#) about what Daniel Tiger can do to be kind.



Do you remember some of the things that Daniel Tiger can do to be kind?

- Help someone feel better when they are not feeling well
- Hold the door for others
- Help others clean up their toys
- Share toys with others



Why should we be kind to others?

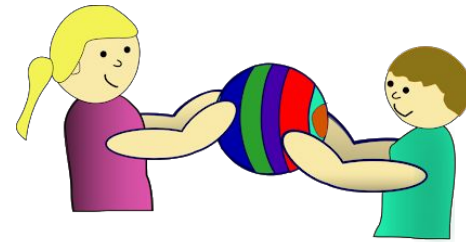
1) Being kind to others is good for our brain and body.



2) Being kind to others makes us happy.



3) Being kind to others makes others want to be kind too.



Together with a grown-up, let's play Kindness Bingo!

Materials:

- [Kindness BINGO card](#)



Directions:

- Complete all kind acts that are across a row or vertically down a column.
- Shout BINGO when you are done!

Adapted from Highlights for Children (2020). Preschool Kindness BINGO.

https://www.highlights.com/sites/default/files/public/preschool_kindness_bingo.pdf

Self Check:

- What is one kind thing that you did today?
- How did you feel after doing that kind act?

