



Academic Readiness Adaptive Virtual Learning

ECSE

Bedtime Routine

May 8, 2020



Early Childhood Special Education Adaptive Lesson: May 8, 2020

Learning Target:

Students will learn about preparing for bedtime.

Let's Get Started:

[Pink Fong It's Bedtime](#)

Practice:

Which child is taking a bath?



Practice:

Which child has their pajamas on?



Practice:

Which child is brushing their teeth?



Practice:

Which child is in bed?



Activity:

-Create your own bedtime routine.

Bedtime routine



Eat snack



Clean up



Get clothes



Brush teeth



Use toilet



Take bath



Read books



Snuggle & sleep

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Parent Check:

Go tell someone in your home your answers.



1. Was this lesson?

- easy
- just right
- hard

2. Ask your child to find a bedtime story to read.