



# May 2020 Social Emotional Virtual Learning

**ECSE/Program**

# Empathy

**Learning Target:**

Students will learn about empathy.

Empathy means you can imagine how someone else feels.

It might help to think,

“How would I feel if that happened to me?”



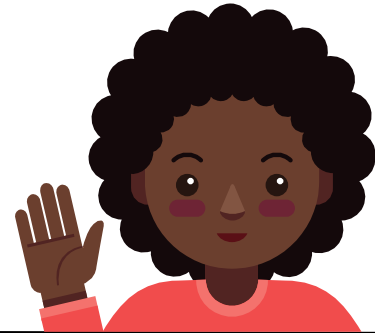
Look for clues in the person's body, voice, and words.

Practice identifying another person's feelings.



Other kids laugh at your friend on the playground. How would your friend feel?

- Proud
- Happy
- Sad



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Your friend probably feels sad. Maybe others laughing makes your friend think that no one likes them.

Your sibling cleaned their room. How would your sibling feel?

 Proud

- Happy
- Sad



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Your sibling probably feels proud. They did what was asked and got the chore done.

Your friend heard a loud noise in the night time? How would your friend feel?

- Angry
- Happy
- Scared



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Your friend probably felt scared. They didn't know what make the noise.

You took away a toy from your sibling without asking?  
How would your sibling feel?

 Angry

- Happy
- Scared



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Your sibling probably feels angry because you didn't ask to play with the toy first.

A grown-up found out you did a great job yesterday? How would the grown-up feel?

- Angry

- ✔ Happy

- Scared



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The grown-up probably feels happy to know that you did a great job!



For grown-ups: Pretend play can be a great time to practice empathy.

If you are playing a character in a story, tell about how your character feels in response to the characters and actions of the child you're playing with.

