



Counseling Virtual Learning

5th Grade

April 6, 2020



5th Grade Counseling Lesson: April 6, 2020

Learning Target:

Students will make safe and healthy choices on the internet and social media.

Background:

- Students learn about internet safety in monthly counselor lessons and in library media lessons.
- Students learn about safety while using social media in monthly counselor lessons.

Let's get started. Watch these videos:

[Five Internet Safety Tips for Kids](#)
[Staying Safe Online](#)

Practice #1:

How is going on the internet like going out on Halloween?



Everyone's face is hidden. Unless you know your friend's costume (online name), you don't know if you're talking to your friend or someone you don't know.

Any stranger can pretend to be a friend and you have no way of knowing who they are because they are behind the mask of the computer.

Practice #2:

What
information
should not be
given online?

Do not give out personal information, such as:

- Name
- Where you live – city or address
- Telephone Number
- Birthdate
- Height
- Weight
- Photo
- Parent's name
- School

Practice #3:

Should I talk to
people online?

Have adults approve someone before you talk with them on the Internet.

If someone asks to meet you – tell adult immediately.

Never arrange a face-to-face meeting with someone you met online.

On your own:

Go to this video:

[Dos and Don'ts When Using Social Networks](#)

1. Did you learn a new safety tip?
2. Tell someone at home about it so they can stay safe too!

More practice:

Watch this video: [Social media rules for kids](#)

1. How many of the five rules did you already follow?
2. Will you start using any of the other rules you learned about in the video?
3. Tell someone at home about a new safety rule you will follow after watching this video and why.

Discuss this situation with an adult at home:

Cindy has been talking online to a girl named Julie for a few days now. Julie has told Cindy where she lives, how old she is, where she goes to school, and what she looks like. Julie asks Cindy what school she goes to.

Is it okay for Cindy to tell her?

(What else shouldn't Cindy tell Julie?)

Self Check:

**Go tell someone in your home your
what you learned in this lesson.**



Which statement is true for you?:

- *I already knew all of this information.
- *I learned a lot of new information.
- *I learned a few new things.