



7th Grade World History

Lesson # 18 April 15, 2020



Learning Target: Explain how the Columbian Exchange helped shape environments in the New World.

Warm-Up

Think about the last meal that you ate. Do you know where all the ingredients came from for that meal?

No, not your fridge or the supermarket.

Have you ever thought about where all the spices, vegetables, and grains **originated** from?

Most of the food that we eat now, actually came from what historians call, the Old World.



Lesson

- The **Columbian Exchange** was the widespread transfer of animals, plants, disease, people, ideas, and culture from the Old World to the New World.
- The Columbian Exchange was named after Christopher Columbus who began his voyage to the Americas in 1492.

→ **This transfer of plants, goods, disease, and people profoundly shaped the environment of world history for centuries long after.**



Lesson

Read the following article about the Columbian Exchange and as you read, on a separate piece of paper write down:

- 3- new things you learned
- 2- things you found interesting
- 1- thing you'd like to know more about

[Columbian Exchange Reading Article](#)

Practice

The Columbian Exchange



The following picture shows the exchange of plants, food, animals, and disease between the Old World and the New World.

Are you surprised to learn where any goods *originally* come from?

Practice

On your own piece of paper, create a Menu as if you were opening up your own restaurant that combines Old World and New World food. You will do this using a provided list of foods. There needs to be an appetizer, entree, and dessert on your menu.

The menu items can be food that you already know (ex: pizza, spaghetti, chocolate cake) or it can be something new that you create. Your meal must include the name of the dish and the ingredients.

- ❖ Appetizer: Use only Old World food
- ❖ Entree: Use *both* Old World and New World food
- ❖ Dessert: Use only New World food

[Old World and New World Food List](#)

Practice Example

- ❖ Appetizer: Old World
- ❖ Entree: *both* Old World and New World
- ❖ Dessert: New World

Appetizer

Spinach Artichoke Dip with Pita

Chips - spinach, artichoke, cheese (from cows), pita chips (from wheat)

Entree

Grilled chicken with Mashed potatoes and Roasted brussel sprouts

- chicken, potatoes with garlic, brussel sprouts with olive oil

Dessert

Chocolate covered Strawberries

- cacao and strawberries

Extension

If you want to learn more about the Columbian Exchange and how it changed the world, take a look at this Crash Course Video: [The Columbian Exchange](#).

