



Early Childhood Professions | Virtual Learning

CDA Resource Collection 7

Emotional Skills

May 8, 2020



ECPI

Lesson: May 8, 2020

Objective: Student will be able to complete RC II-7 Emotional Skills/Self Regulation for the CDA Portfolio.

Standard: RC II-7 Emotional Skills/Self Regulation

Activity & Directions: Describe an Emotional Skills/Self Regulation learning experience (activity) that you would use in a classroom. Indicate the age group (young infants, mobile infants, toddlers, 2s, 3s, 4s or 5s). See the format to use on the next slide to describe your plan for this activity/lesson.



Example formatting:

Age Group:

Activity:

Supplies/Materials:

Objective:

Process to reach objective:

Describe how this activity is Developmentally Appropriate for the age group listed:

In your own words, describe some of the ways you support the development of children's positive self-concepts and growing social/emotional skills: