



JROTC Virtual Learning
Career Exploration LET 3
[U3C9L1] Part 2

May 19, 2020



Lesson: 19 May 2020 Part 2

Objective/Learning Target

Why this lesson is important:

Developing a satisfying career requires careful planning and informed decisions. This is an exciting time for you, but it can also be overwhelming. You must spend time gathering information, comparing alternatives, and thinking about your personal preferences related to your career. In this learning plan, you will examine careers that match your interests and abilities.

What you will learn in this lesson:

- Evaluate personal strengths and interests and link them to possible career paths
 - Research jobs/careers of interest
 - Explore the difference between a job and a career
- Determine qualifications and education/training necessary for desired career
 - Identify the steps in developing a career exploration strategy
 - Analyze future job trends
- Define key words: advancement, aptitude, attitude, career, employee, entrepreneur, internship, job, job posting, mentor, occupation, profession, promotion, telecommuting, virtual worker, vocational

Student Learning Plan

Unit 3: Foundations for Success

Career Exploration Strategy [U3C9L1]



What you will accomplish in this lesson:

Investigate possible careers



Why this lesson is important:

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You will have successfully met this lesson's purpose:

- by researching careers and placing your findings in your Career Development Portfolio
- when you identify careers that match your interests and skills
- when you gather information about careers that match your interests, skills, and career plans



Learning Activities:

These learning activities are designed to help you learn the target skills and knowledge for this lesson. Your instructor may assign additional or alternative learning activities.

INQUIRE PHASE: What do you already know?



1. THINK ABOUT how you would like to make a living as an adult. PREPARE for this lesson by discussing *What you will accomplish in this lesson; What you will learn in this lesson; Why this lesson is important*, and *When you will have successfully met this lesson's purpose*.
2. ASSESS your skills and interests using a resource from your instructor.
3. REFLECT on what you learned about your interests, skills, and potential careers. ANSWER the reflection questions presented by your instructor.

GATHER PHASE: So, what else do you need to know or learn?



- _____1. LISTEN to a briefing about careers and career exploration steps.
- _____2. COMPLETE Exercise #2: Potential Career Matches.
- _____3. REFLECT on what you learned in completing the exercises. ANSWER the reflection questions presented by your instructor.

PROCESS PHASE: Now what can you do with this new information you've learned?



- _____1. COMPLETE Exercise #3: Researching Job Career Interests and Exercise #4: Your Career Exploration Strategy Timeline.
- _____2. REFLECT on the plan you developed. ANSWER the reflection questions presented by your instructor.



Assessment Activities:

APPLY PHASE: What else can you do with what you've learned today?



- _____1. LISTEN to a briefing on future job trends. ANALYZE how those trends might affect your job/career choices.
- _____2. COMPLETE the Career Exploration Strategy Performance Assessment Task. SUBMIT your completed performance assessment task to your instructor for feedback and a grade. Place your research in your Career Development Portfolio.
- _____3. REVIEW the key words of this lesson.
- _____4. REFLECT on what you have learned in this lesson and how you might use it in the future.



Self-Paced Learning and Assessment Activities:

Independently complete the activities outlined below:

1. **Inquire Phase:** Complete the Learning Activities 1 – 3 or as modified by your instructor.
2. **Gather Phase:** Complete the Learning Activities 1 – 3 or as modified by your instructor.
3. **Process Phase:** Complete the Learning Activities 1 – 2 or as modified by your instructor.
4. **Apply Phase:** Complete the Learning Activities 1 – 4 or as modified by your instructor.

Unit 3

Foundations for Success

LESSON 1: CAREER EXPLORATION STRATEGY



Think about all of the different jobs and careers that exist.

Energizer



Career Exploration Part 2 check out the video

https://www.youtube.com/watch?v=y5Lfa_zLD1Q



Learning Objectives

- Evaluate personal strengths and interests and link them to possible career paths
- Research jobs/careers of interest
- Explore the difference between a job and a career
- Determine qualifications and education/training necessary for desired career
- Identify the steps in developing a career exploration strategy
- Analyze future job trends
- Define key words: advancement, aptitude, attitude, career, employee, entrepreneur, internship, job, job posting, mentor, occupation, profession, promotion, telecommuting, virtual worker, vocational



Think about your
personal interests
and skills.

Process - Now what can you do with this new information you've learned?





Your Next Steps:

- What potential career paths are you interested in researching?
- How should you go about your exploration to determine whether you are suited for the career?
- What steps do you need to take to achieve your goals?





- Complete [Exercise #3: Researching Job Career Interests.](#)
- Complete [Exercise #4: Your Career Exploration Strategy Timeline.](#)





Reflection:

- Why is it important to plan your strategy and time when career hunting?
- What most excites you about your plan?
- How do you think your plan will change over time?

Unit 3

Foundations for Success

LESSON 1: CAREER EXPLORATION STRATEGY

Think about what careers will be in demand in the future.

Apply - What else can you do with what you've learned today?





Future Job Trends





Complete [Exercise #5: Strategy and Vision](#).

Exercise 5: Strategy and Vision

Directions: Complete the following statements.

1. After I graduate, I want to be employed as...
2. If I own a business, it will be...
3. The career exploration techniques I will use include...
4. My career exploration will tell me...
5. I envision myself now to be...



Performance Assessment Task

- Complete the [Career Exploration Strategy Performance Assessment Task](#).
- Submit your completed performance assessment task to your instructor for feedback and a grade.





(U3C9L1:V1)

Choose the synonym for the word below.

internship

- A) master
- B) apprentice
- C) teacher
- D) instructor

Click to see the correct answer



(U3C9L1:V2)

Choose the synonym for the word below.

attitude

- A) disbelief
- B) distrust
- C) suspicion
- D) belief

Click to see the correct answer



(U3C9L1:V3)

Choose the synonym for the word below.

occupation

- A) calling
- B) pastime
- C) hobby
- D) entertainment

[Click to see the correct answer](#)



(U3C9L1:V4)

Choose the synonym for the word below.

advancement

A) decline

B) regression

 C) progression

D) stoppage

Click to see the correct answer



(U3C9L1:V5)

Choose the synonym for the word below.

promotion

- A) demotion
- B) block
- C) recession
- D) advancement

Click to see the correct answer



(U3C9L1:V6)

Choose the synonym for the word below.

vocational

- A) unemployment
- B) career
- C) recreation
- D) amusement

Click to see the correct answer



(U3C9L1:V7)

Choose the synonym for the word below.

job

- A) task
- B) avocation
- C) unemployment
- D) hobby

[Click to see the correct answer](#)




(U3C9L1:V8)

Choose the synonym for the word below.

mentor

A) student

B) pupil

 C) coach

D) apprentice

Click to see the correct answer



(U3C9L1:V9)

Choose the synonym for the word below.

aptitude

- A) disposition
- B) disinclination
- C) inaptitude
- D) skillless

Click to see the correct answer



(U3C9L1:V10)

Choose the synonym for the term below.

virtual worker

- A) office worker
- B) administrator
- C) clerk
- D) e-commuter

[Click to see the correct answer](#)



(U3C9L1:V11)

Choose the synonym for the word below.

career

- A) amusement
- B) field
- C) hobby
- D) entertainment

[Click to see the correct answer](#)



(U3C9L1:V12)

Choose the synonym for the word below.

entrepreneur

- A) unemployed
- B) copycat
- C) businessperson
- D) follower

[Click to see the correct answer](#)



(U3C9L1:V13)

Choose the synonym for the word below.

telecommuting

- A) virtual worker
- B) in office worker
- C) administrator
- D) clerk

[Click to see the correct answer](#)



(U3C9L1:V14)

Choose the synonym for the term below.

job posting

- A) no openings
- B) no vacancy
- C) internal hiring
- D) job opportunity

[Click to see the correct answer](#)



(U3C9L1:V15)

Choose the synonym for the word below.

employee

- A) unemployed
- B) worker
- C) employer
- D) business owner

[Click to see the correct answer](#)



(U3C9L1:V16)

Choose the synonym for the word below.

profession

- A) occupation
- B) vacation
- C) decision
- D) profound

[Click to see the correct answer](#)



Reflection:

- How can you fill the needs of employers in your career of interest?
- What are the benefits of being an entrepreneur, contractor, or owning your own business?
- How stable is the job industry now or in the future?

Exercise 3: Researching Job Career Interests

Directions: List four possible jobs or careers that interest you from Exercise 2 and write them in the numbered spaces. Then, based solely on what you already know and/or feel about those jobs/careers without doing any actual research on them, write down the reasons why you find each job/career interesting and the qualities you possess that you believe make you suited for each one.

1. _____

Reasons: _____

Qualities: _____

2. _____

Reasons: _____

Qualities: _____

3. _____

Reasons: _____

Qualities: _____

4. _____

Reasons: _____

Qualities: _____

At this time, which job/career would you choose to pursue and why?

Exercise 4: Your Career Exploration Strategy Timeline

Directions: Determine a timeline and strategy for your career exploration by filling in the blanks provided as possible. Remember, although developing a life plan is important, you may change your mind at any time.

Exploration Task	Information & Results	Tentative Decision(s)	Due Date
Brainstorm to determine interests, skills, and potential careers that match.			
Canvassing , by talking with business professionals when possible, at job/career fairs.			
Seek help or counseling from occupational specialists, your guidance counselor, etc.			
Go to events where you can practice networking , or meeting people and making contacts.			
Research to find material that relates to your career interests using the Internet and library.			
Take tests to determine your skills, potential careers, and personality matches, such as the ASVAB.			
Volunteer or find a job or internship that provides you with experience and skill in your field of interest.			
Other:			
Other:			

Exercise 5: Strategy and Vision

Directions: Complete the following statements.

1. After I graduate, I want to be employed as...
2. If I own a business, it will be...
3. The career exploration techniques I will use include...
4. My career exploration will tell me...
5. I envision myself now to be...
6. I envision myself 5 years from now to be...
7. I envision myself 10 years from now to be...
8. My priorities in life include...
9. My strengths include...
10. My weaknesses include...
11. A summer job can help me...
12. Effective career exploration can help me both personally and in making career choices because...

Performance Assessment Task

Unit 3: Foundations for Success

Career Exploration Strategy [U3C9L1]

This performance assessment task gives you an opportunity to document your achievement of the lesson's competency:

Investigate possible careers



Directions

As you work through the lessons in Chapter 9: Career Planning, you will add documents to a Career Development Portfolio.

For this performance assessment task you will examine career opportunities that match your career goals. For this assessment you will:

1. Select a binder for your Career Development Portfolio. You'll add the documents in this task to the binder.
2. For this task, complete several exercises to explore a career or careers that match your skills, interests, and goals. Neatly and logically organize your documents into a Career Development Portfolio before submitting the entire packet to your instructor.
3. Use the attached scoring guide criteria for what you need to do to complete this task.
4. Submit your Career Development Portfolio binder and scoring guide to your instructor for evaluation and a grade.

Career Exploration Strategy Performance Assessment Task Scoring Guide

<i>Criteria</i>	<i>Ratings</i>
1. You completed Exercise #1: Interest Skill Inventory	met not met
2. You completed Exercise #2: Potential Career Matches	met not met
3. You completed Exercise #3: Researching Job Career Interests	met not met
4. You completed Exercise #4: Your Career Exploration Strategy Timeline	met not met
5. You completed Exercise #5: Strategy and Vision	met not met
6. You have placed your work for this lesson in your Career Development Portfolio	met not met
7. Your Career Development Portfolio is neat and well-organized	met not met

Comments:

Name: _____ ***Date:*** _____

Evaluator's Signature: _____ ***Date:*** _____