



Social Emotional Virtual Learning

Getting Ready to Learn

April 2020



Social Emotional Learning

Learning Target:

Students will learn to start a task.

Hi friends! My name is John.



When a grown-up says it's learning time, it is hard to get started sometimes.



Today, we are going to learn 3 tricks on what we can do when it's time to learn and grow your brain!

1) Let's play the rocketship countdown game!

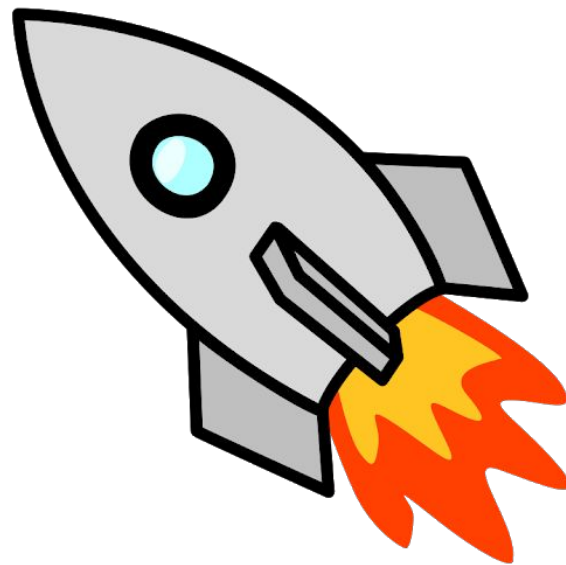
- Before we start learning time, let's count down.

Ready?

5... 4... 3... 2... 1...

Blastoff!

It's time to get started!



2) We can choose something fun to do after learning time.

- We will use a **First...Then... Board**
 - **First**, I do my learning activity,
Then, I get to play with toys.

First



Then



- 3) We can set a time limit for how long we need to learn.
- Let's set the timer ourselves!

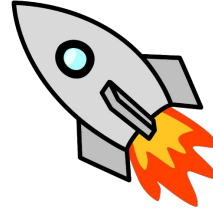


Self-Check:

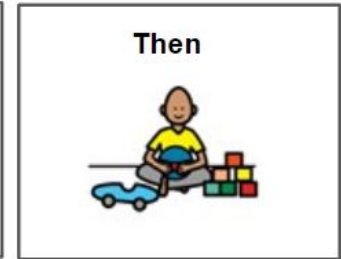
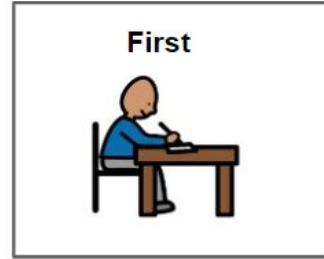
Tell a grown-up which one you like best and try it:



1) Rocketship Countdown Game



2) First... Then... Board



3) Set a timer myself

