



Social Emotional Virtual Learning

Identifying My Emotions

April 21, 2020



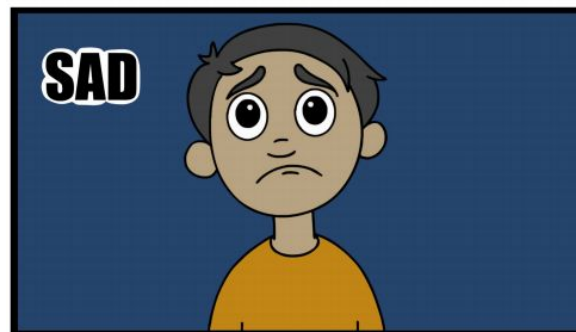
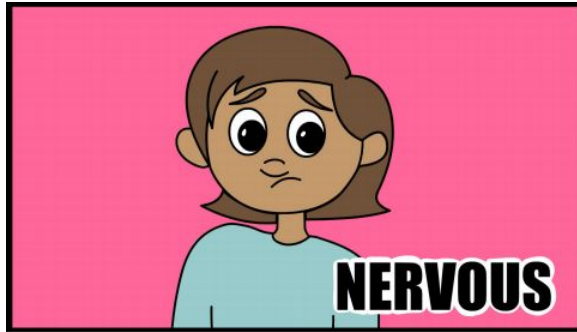
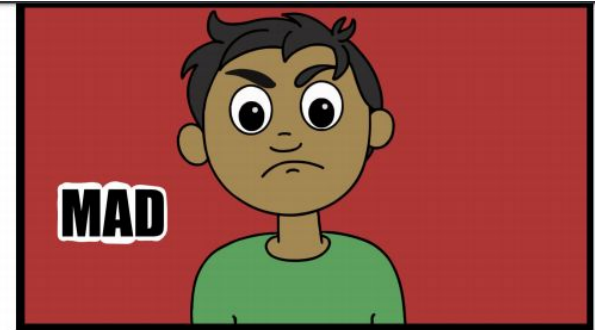
Grade Social Emotional Learning

Learning Target:

Students will learn to identify their emotions.

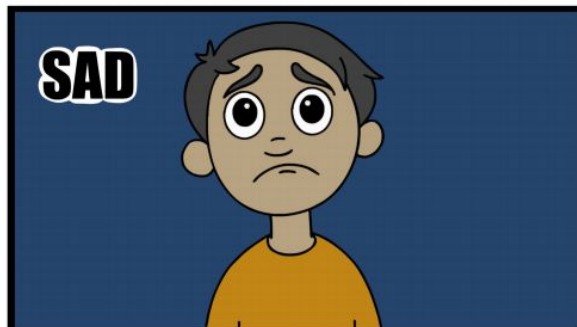
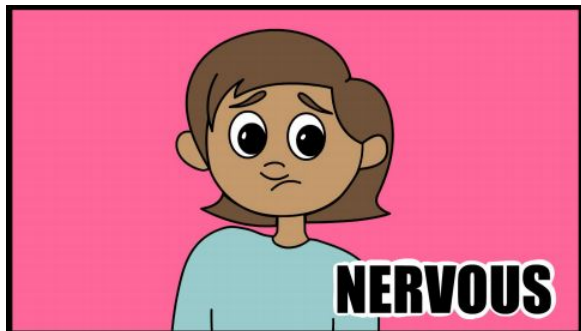
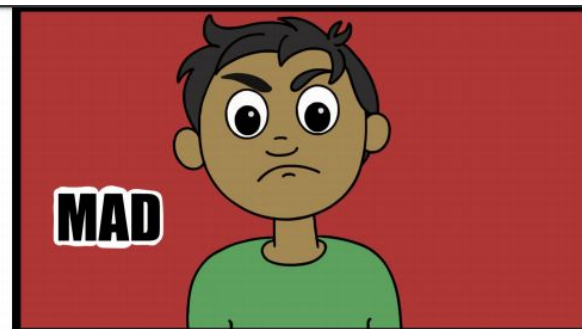
Watch this [video](#) to learn about our emotions.

Remember, we can feel:





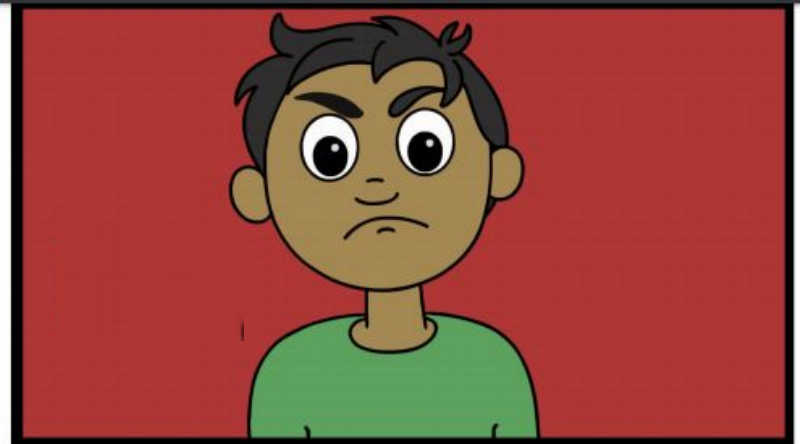
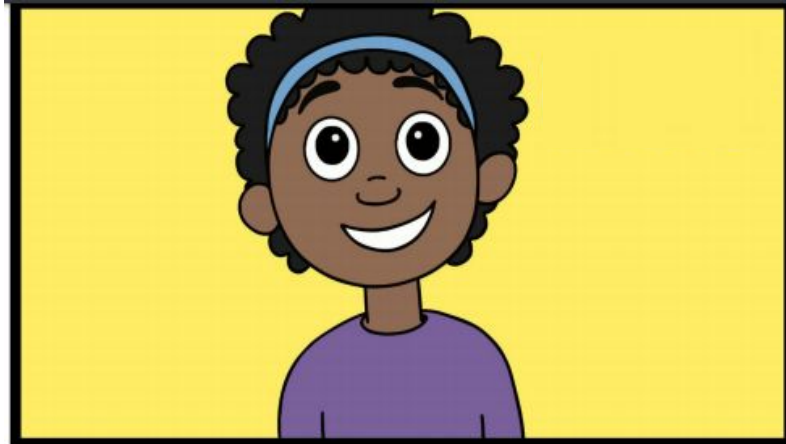
Now, practice making these faces with a grown-up in front of a mirror.



Self-Check:

Now, let's play a game with a grown-up!

A grown-up will show you a picture and you will say what emotion that is (or how each person is feeling).



You're doing great! Just a few more!

