

Homeroom Virtual Learning

7th Grade Homeroom

April 16, 2020



7th Grade Homeroom Lesson: April 16, 2020

Objective/Learning Target:

I can recognize and display the character trait of self-confidence.



I can recognize and display the character trait of self-confidence.



Remember: Self-confidence is a feeling of trust in one's abilities, qualities, and judgment.



Consider this quote by Theodore Roosevelt: "Believe you can...and you are halfway there!"

- 1. Get out a sheet of paper or create a Google document.
 - a. What does this quote mean to you?
 - b. How can you apply this quote to your own life? Be specific.
 - c. How is this quote related to confidence? Do you agree or disagree with this quote? Explain your thinking.
 - d. Describe a time in your life when you lacked confidence to successfully complete a goal. How did you feel?
 - e. Describe a time in your life when you showed confidence and completed a goal. Describe how your felt.



Additional Resources:

Self-confidence is sometimes known as self-esteem. For more about confidence, click this <u>link</u>.