



Homeroom Virtual Learning

7th Grade Homeroom

May 18, 2020



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Lesson: May 18, 2020

Objective/Learning Target:

I can set SMART goals for this week and set a schedule for my Virtual Lessons.



- 1.) *Get out a piece of paper or open a Google Doc.*
- 2.) *List the assignments you need to finish **TODAY**.*
- 3.) *List the assignments you need to finish by the end of this week.*
- 4.) *Set a **PERSONAL GOAL** for the week.*
- 5.) *Make sure you are checking off the items you complete each day.*


[Click here](#) to help keep you motivated as you set goals for this week.



Additional Resources: copy this chart to help you set a personal goal.

GOAL SETTING

PERSONAL	<p>Goals that help you feel better about yourself. <i>Ex: Try to read at least one book a month</i></p> <div style="border: 2px dashed black; height: 150px; width: 100%;"></div>	ACADEMIC	<p>Goals about school and grades. <i>Ex: Bring my grades up in all of my classes</i></p> <div style="border: 2px dashed black; height: 150px; width: 100%;"></div>
SOCIAL	<p>Goals about friends or interacting with other people. <i>Ex: Try to make two new friends this year</i></p> <div style="border: 2px dashed black; height: 150px; width: 100%;"></div>	FAMILY	<p>Goals about interacting with your family members. <i>Ex: Share my feelings more with my parents</i></p> <div style="border: 2px dashed black; height: 150px; width: 100%;"></div>


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Fun Fact of the Day:

1953: The first woman to fly faster than the speed of sound, Jacqueline Cochran, piloted an F-86 Sabrejet over California at an average speed of 652.3 miles-an-hour.

1992: The National Archivist quietly certified the 27th Amendment to the U.S. Constitution prohibiting Congress from voting itself instant pay raises. The measure was written by James Madison in 1789, but the ratification process took over two centuries.