



# Homeroom Virtual Learning

# **7th Grade Homeroom**

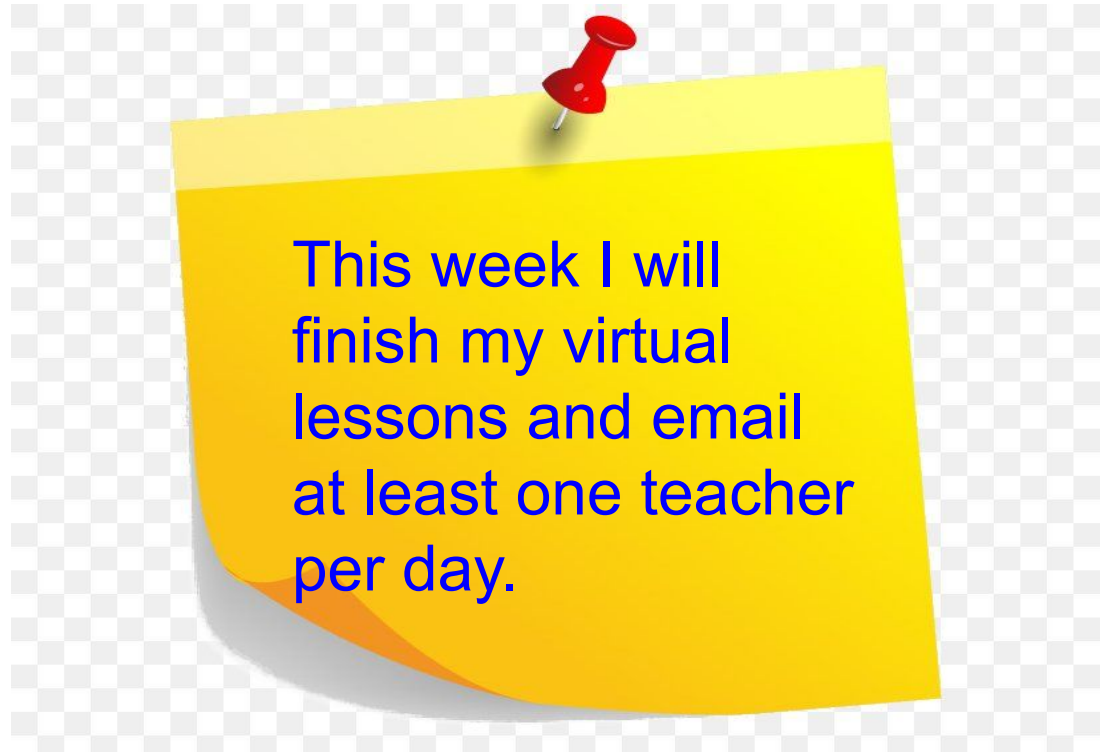
**May 4, 2020**



7th Grade Homeroom  
Lesson: May 4, 2020

**Objective/Learning Target:**

**I can set a SMART goal for this week and set a schedule for my Virtual Lessons.**



- 1.) *Get out a piece of paper or open a Google Doc.*
- 2.) *List the assignments you need to finish TODAY.*
- 3.) *List the assignments you need to finish by the end of this week.*
- 4.) *Name five teachers you are going to email this week.*
- 5.) *Make sure you are checking off the items you complete each day.*

Here's a Pep Talk from Kid President to help keep you motivated!

[Click here](#)



# Additional Resources:

People without goals are not as successful as they hope to be.



People who don't write down goals are less likely to accomplish them.

Don't set goals?



Should we set goals?



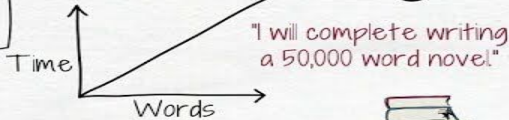
No plan

"You can't go back and change the beginning, but you can start where you are and change the ending."

- C. S. Lewis

"I will write a 50,000 word novel by December 31st."

Start Deadline



"I will complete writing a 50,000 word novel!"

"I will decrease my percent body fat by 10%, my start percent is X."



"I will read 24 books."



How often do you look at your goals?

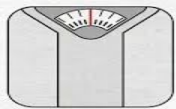
Can be accomplished  
 A few times over the year



"Pay off debt by December 31st. Buy one thing for \$100 you would never buy for yourself."



- Specific
- Measurable
- Actionable
- Relatable
- Time-bound
- Evaluate
- Reward



"I will weigh 200 lbs."

Make it clear what action needs to be taken



## Fun Fact of the Day:

May the 4th, Star Wars Day. May the 4th be with you

Today is also Compliment Someone's Smile Day, a day to express appreciation to happy people for helping the rest of us feel better.