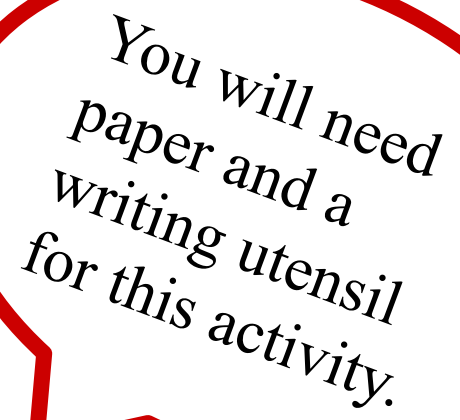


8th Grade Homeroom

Lesson: April 10th

- **Essential Question:**
How does social media affect our relationships?

Let's Get Started



*You will need
paper and a
writing utensil
for this activity.*



RELATIONSHIPS & COMMUNICATION

We know the power
of words & actions.

My Social Media Life



Learning Objectives

1



Identify the role of social media in students' lives.

2



Reflect on the positive and negative effects of using social media on their relationships.

3

Recognize "red flag feelings" when using social media, and consider ways to handle them.



What percentage of people in 8th grade do you think are on social media, like Instagram, Snapchat, or something similar?



Social media

Websites and applications that enable users to create and share content or to participate in social networking



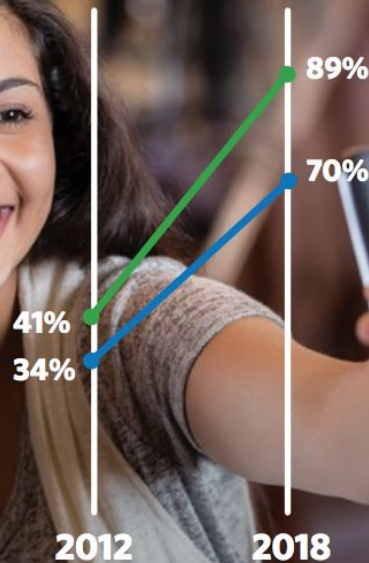
Social Media, Social Life 2018

*Among 13- to 17-year-olds
in the United States*

Social media use among teens
has increased dramatically.

% of teens with
a smartphone

% of teens who use social
media multiple times a day



Teens overwhelmingly
choose Snapchat as their
main social media site.

Percent of teens who say they use each
social media site the most:



41%
Snapchat



22%
Instagram



15%
Facebook



WATCH + DISCUSS



Quickwrite:

- What did teens say were some benefits of social media?
- What did they identify as problems or drawbacks?

To watch this video on the Common Sense Education site, click [here](#).



Oversharing

Sharing personal feelings, information, or experiences that later make the sharer feel uncomfortable or regretful



ACTIVITY: SOCIAL MEDIA - GOOD? BAD? BOTH?



GRADE 7: MY SOCIAL MEDIA LIFE



Social Media: Good? Bad? Both? 🤔

NAME _____

DATE _____

1. Read the statement. Think about whether you agree or disagree.
2. Decide on a statement that explains whether you agree or disagree and why.

Statement	Agree? Disagree? Why?	Statement	Agree? Disagree? Why?
1. Most posts on Instagram aren't really true. People choose to post what they think will get the most likes or comments.		3. If you're having a bad day, social media makes it worse. You scroll through and see how great everyone else's life seems. It's depressing.	
2. Posting on social media allows me to connect with people who have the same interests I do.		4. Building real relationships with people is much easier face-to-face. Those relationships are stronger and last longer.	



Directions

Write two things you learned about how social media can affect your relationships.

Write one strategy you can use moving forward to get the best out of social media.