



Homeroom Virtual Learning

**8th Grade Homeroom**

**Kindness**

April 14, 2020



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Lesson: April 14, 2020

**Objective/Learning Target:**

Students will view acts of kindness and implement a plan to show kindness

# *Kindness*



On your paper, answer these questions:

- Is it important to be kind to others? Why or why not?
- Think about a time someone was kind to you. How did it make you feel?
- Think about a time you were kind to someone. How did it make you feel?



You will need  
paper and a  
writing utensil

*Watch*

Be the Change



# *Think and Plan*

Make a list of at least 5 things you can do to show kindness to someone in your house this week.

Choose at least 2 of those things to do.

Think about challenging a family member to do the same.



# *Reflect*

Come back to your paper and write down how the people responded when you showed them kindness. Also write down how you felt.



# *Reflect*



Everyone, no matter who they are or where they are, can show kindness to someone else.

Based on your experience with this lesson, do you agree or disagree with this statement? Why ?