

PE/Health Virtual Learning

7th & 8th Health Digestive System

April 17, 2020



7th & 8th Grade Health Lesson: [April 17th 2020]

Learning Target:

Students will be able to identify the various parts of the digestive system and identify the function of those various parts.

National Health Education Standard (3.8.2)
Access valid health information from home, school, and community.

Pre-Test

Test your current knowledge and see how many quiz questions you can get correct.

Visit the site linked below, click the blue button that says "Test Yourself".

<u>Digestive System Quiz</u>

Let's Get Started:

*Watch this intro video on the digestive system

How Your Digestive System Works

Practice

Go back to <u>this website</u>, and go through the slideshow to gain more knowledge on the digestive system. As you go through the slide show take notes of the following key vocabulary words...

Protein
Bile
Digestion
Nutrient
Insulin

Post-Test

Test your knowledge again and see how many quiz questions you can get correct now.

Click the same blue button that says "Test Yourself" that you used for your pre-test.

<u>Digestive System Quiz</u>

Review

- Digestion is the process your body uses to break down food into simple substances that the body can use.
- Digestion begins in the mouth.
- The esophagus is the tube that transports food down into the stomach.
- Gastric juices start the breakdown of proteins in the food pieces.
- Material that is not absorbed in the small intestine passes into the large intestine.
- The pancreas produces insulin, which moves sugar into the cells.
- The liver is the digestive organ that is responsible for breaking down and absorbing fats.

Self Assessment

3-2-1

What are 3 things you learned in today's lesson?

What are 2 things you liked or found interesting in this lesson?

What is 1 question you still have about this lesson?