



Independence Central Office

Scheduled Menu Plans

3050 James Bridger Middle School

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades 6-8

Date: 12/3/2018

Feeding Figure: 40

Base Menu Plan: 4,134 MS 18-19 SNACK W2D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	20
	Nutrient	Value	Units	Nutrient
	Food Energy	90.0000	kcal	Carbohydrate
				16.0000 g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10
	Nutrient	Value	Units	Nutrient
	Food Energy	200.0000	kcal	Carbohydrate
				7.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				24.9999 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades 6-8

Date: 12/4/2018

Feeding Figure: 40

Base Menu Plan: 4,135 MS 18-19 SNACK W2D2

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1912	CHEEZ-IT WHOLE GRAIN	1	PKG (1)	20
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				14.0000 g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10
	Nutrient	Value	Units	Nutrient
	Food Energy	200.0000	kcal	Carbohydrate
				7.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				24.9999 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

Trans Fat is displayed for informational purposes only, not for monitoring.

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		129.9999	kcal	Carbohydrate		23.0000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 12/5/2018 **Feeding Figure:** 40
Base Menu Plan: 4,136 MS 18-19 SNACK W2D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A1223	CARROTS BABY 30LBS	1	3/4 CUP	20			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		29.7850	kcal	Carbohydrate		7.0122	g
1130	RANCH DIPPING LIGHT	1	PACKET	20			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		30.0000	kcal	Carbohydrate		6.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		100.0000	kcal	Carbohydrate		12.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	5			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		129.9999	kcal	Carbohydrate		24.9999	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	10			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		129.9999	kcal	Carbohydrate		23.0000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 12/6/2018 **Feeding Figure:** 40
Base Menu Plan: 4,137 MS 18-19 SNACK W2D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1860	GRANOLA BAR SMORE	1	PKG (.84 OZ)	20			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		100.0000	kcal	Carbohydrate		19.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		200.0000	kcal	Carbohydrate		7.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		129.9999	kcal	Carbohydrate		24.9999	g

Trans Fat is displayed for informational purposes only, not for monitoring.
 * Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	7
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	7
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	7
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 12/11/2018 **Feeding Figure:** 20
Base Menu Plan: 4,140 MS 18-19 SNACK W3D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	20
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	21.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 12/12/2018 **Feeding Figure:** 20
Base Menu Plan: 4,141 MS 18-19 SNACK W3D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1461	PRETZELS HEARTS	1	BAG (1)	20
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.0000	g	

Trans Fat is displayed for informational purposes only, not for monitoring.
 * Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 12/13/2018 **Feeding Figure:** 20
Base Menu Plan: 4,142 MS 18-19 SNACK W3D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	20
	Nutrient	Value	Units	
	Food Energy	140.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	5
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	10
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 12/14/2018 **Feeding Figure:** 20
Base Menu Plan: 4,143 MS 18-19 SNACK W3D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
--------------	-------------	--------------	---------	--------------------

Trans Fat is displayed for informational purposes only, not for monitoring.
 * Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

2409	COOKIE MINI RASPBERRY WG	1	PKG (1)	20
Nutrient		Value	Units	
	Food Energy	120.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	20.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10
Nutrient		Value	Units	
	Food Energy	200.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	24.9999	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	12.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 12/17/2018 **Feeding Figure:** 20
Base Menu Plan: 4,144 MS 18-19 SNACK W4D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1860	GRANOLA BAR SMORE	1	PKG (.84 OZ)	20
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	19.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10
Nutrient		Value	Units	
	Food Energy	200.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	24.9999	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	12.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 12/18/2018 **Feeding Figure:** 20
Base Menu Plan: 4,145 MS 18-19 SNACK W4D2
Menu Comments:

Trans Fat is displayed for informational purposes only, not for monitoring.
 * Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1461	PRETZELS HEARTS	1	BAG (1)	20		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	16.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	3		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	9		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades 6-8

Date: 12/19/2018

Feeding Figure: 20

Base Menu Plan: 4,146 MS 18-19 SNACK W4D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A1223	CARROTS BABY 30LBS	1	3/4 CUP	20		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	29.7850	kcal	Carbohydrate	7.0122	g
1130	RANCH DIPPING LIGHT	1	PACKET	20		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	30.0000	kcal	Carbohydrate	6.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

Trans Fat is displayed for informational purposes only, not for monitoring.

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

Serving Period: Snack
Date: 12/20/2018
Base Menu Plan: 4,147 MS 18-19 SNACK W4D4
Menu Comments:

Serving Line: MAIN

Age Group: Grades 6-8
Feeding Figure: 20

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1387	GRAHAMS ORIGINAL	1	PKG (1)	20		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	90.0000	kcal	Carbohydrate	16.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

Serving Period: Snack
Date: 12/21/2018
Base Menu Plan: 4,148 MS 18-19 SNACK W4D5
Menu Comments:

Serving Line: MAIN

Age Group: Grades 6-8
Feeding Figure: 20

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1911	CHEETO PUFF	1	PKG (1)	20		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	90.0000	kcal	Carbohydrate	13.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	5		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g

Trans Fat is displayed for informational purposes only, not for monitoring.

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	10
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	

Trans Fat is displayed for informational purposes only, not for monitoring.

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.