



Independence Central Office

Scheduled Menu Plans

**7500 Hanthorn Early Education**

**Serving Period:** Breakfast

**Serving Line:** MAIN

**Age Group:** Grades K-5

**Date:** 1/2/2019

**Feeding Figure:** 133

**Base Menu Plan:** 4,668 EE 1-5Y BFAST W1D3 18-19

**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
2383	WAFFLE MINI BLUEBERRY BASH	1	PKG (1)	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	200.0000	kcal	Carbohydrate
				36.0000 g
7108	PEACHES DICED	1	SERVING 1/2 CUP	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	60.0000	kcal	Carbohydrate
				14.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

**Serving Period:** Lunch

**Serving Line:** MAIN

**Age Group:** Grades K-5

**Date:** 1/2/2019

**Feeding Figure:** 130

**Base Menu Plan:** 1,003,456 EE 1-5Y LUNCH W1D2 18-19

**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
2387	PIZZA CHEESE TONY'S 68521	1	PIZZA (1)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	349.9999	kcal	Carbohydrate
				38.0000 g
A057	BROCCOLI, STEAMED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	131.9859	kcal	Carbohydrate
				25.0340 g
1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				13.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g

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2144	MILK 1% HALF GAL	1	6 OZ	68		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 1/2/2019 **Feeding Figure:** 135  
**Base Menu Plan:** 3,936 EE 1-5Y SNACK W1D2,W3D2 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	140.0000	kcal	Carbohydrate	22.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

**Serving Period:** Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 1/3/2019 **Feeding Figure:** 170  
**Base Menu Plan:** 1,003,491 EE 1-5Y BFAST W2D5 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	20.0000	g
A029	TOAST, WG	1	1 SLICE	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	112.5000	kcal	Carbohydrate	18.0000	g
a7074	BLUEBERRIES #7074	1	1/2 CUP	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	39.5599	kcal	Carbohydrate	9.2966	g

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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	50.0000	kcal		Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	75.0000	kcal		Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	75.0000	kcal		Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	25.0000	kcal		Carbohydrate	3.0000	g
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	37.5000	kcal		Carbohydrate	2.7500	g

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 1/3/2019      **Feeding Figure:** 160  
**Base Menu Plan:** 3,919 EE 1-5Y LUNCH W1D4 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A353	CHICKEN NUGGETS WG#2345	1	1 SERVING (5)	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	170.0000	kcal		Carbohydrate	9.0000	g
A005	POTATOES, MASHED	1	1/2 CUP	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	85.3963	kcal		Carbohydrate	18.1467	g
A140	COUNTRY GRAVY	1	2 OZ	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	59.4904	kcal		Carbohydrate	8.4986	g
A011	VEGETABLES, MIXED	1	1/2 CUP	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	38.4764	kcal		Carbohydrate	8.4649	g
A7078	STRAWBERRIES #7078	1	1/2 CUP	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	69.4375	kcal		Carbohydrate	16.4915	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	50.0000	kcal		Carbohydrate	6.0000	g

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2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

**Serving Period:** Snack      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 1/3/2019      **Feeding Figure:** 240  
**Base Menu Plan:** 3,047 EE 1-5Y SNACK W1D4 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	52.5100	kcal	Carbohydrate
				13.4756 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 1/4/2019      **Feeding Figure:** 170  
**Base Menu Plan:** 3,018 EE 1-5Y BFAST W3D5 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A376	PIZZA BREAKFAST TRK/SAU #1196	1	1 PIZZA	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	210.0000	kcal	Carbohydrate
				26.0000 g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	29.4972	kcal	Carbohydrate
				7.5488 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>75.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	75.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>5.5000</td> <td>g</td> </tr> </tbody> </table>			Nutrient	Value	Units	Carbohydrate	5.5000	g
Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	5.5000	g														
2144	MILK 1% HALF GAL	1	6 OZ	127												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>75.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	75.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>9.0000</td> <td>g</td> </tr> </tbody> </table>			Nutrient	Value	Units	Carbohydrate	9.0000	g
Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	9.0000	g														

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/4/2019

Feeding Figure: 160

Base Menu Plan: 3,920 EE 1-5Y LUNCH W1D5 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity												
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>340.4695</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	340.4695	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>28.0117</td> <td>g</td> </tr> </tbody> </table>			Nutrient	Value	Units	Carbohydrate	28.0117	g
Nutrient	Value	Units														
Food Energy	340.4695	kcal														
Nutrient	Value	Units														
Carbohydrate	28.0117	g														
A425	POTATO CRINKLE FRIES	1	1/2 CUP	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>132.0316</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	132.0316	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>22.7641</td> <td>g</td> </tr> </tbody> </table>			Nutrient	Value	Units	Carbohydrate	22.7641	g
Nutrient	Value	Units														
Food Energy	132.0316	kcal														
Nutrient	Value	Units														
Carbohydrate	22.7641	g														
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>10.2443</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	10.2443	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>2.0638</td> <td>g</td> </tr> </tbody> </table>			Nutrient	Value	Units	Carbohydrate	2.0638	g
Nutrient	Value	Units														
Food Energy	10.2443	kcal														
Nutrient	Value	Units														
Carbohydrate	2.0638	g														
A070	CARROTS, COOKED	1	1/2 CUP	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>27.9508</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	27.9508	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>6.2113</td> <td>g</td> </tr> </tbody> </table>			Nutrient	Value	Units	Carbohydrate	6.2113	g
Nutrient	Value	Units														
Food Energy	27.9508	kcal														
Nutrient	Value	Units														
Carbohydrate	6.2113	g														
7108	PEACHES DICED	1	SERVING 1/2 CUP	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>60.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	60.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>14.0000</td> <td>g</td> </tr> </tbody> </table>			Nutrient	Value	Units	Carbohydrate	14.0000	g
Nutrient	Value	Units														
Food Energy	60.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	14.0000	g														
2286	KETCHUP JUG WITH PUMP	1	Ounce	68												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>33.3278</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	33.3278	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>8.3320</td> <td>g</td> </tr> </tbody> </table>			Nutrient	Value	Units	Carbohydrate	8.3320	g
Nutrient	Value	Units														
Food Energy	33.3278	kcal														
Nutrient	Value	Units														
Carbohydrate	8.3320	g														
1097	MUSTARD	1	Ounce	14												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>0.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	0.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>0.0000</td> <td>g</td> </tr> </tbody> </table>			Nutrient	Value	Units	Carbohydrate	0.0000	g
Nutrient	Value	Units														
Food Energy	0.0000	kcal														
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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34												
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Nutrient	Value	Units														
Food Energy	50.0000	kcal														
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Carbohydrate	6.0000	g														
2144	MILK 1% HALF GAL	1	6 OZ	68												
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Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	9.0000	g														

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 1/4/2019 **Feeding Figure:** 240  
**Base Menu Plan:** 3,046 EE 1-5Y SNACK W1D5 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1015	CHEESE STRING MOZ LT	1	PKG (1)	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		80.0000	kcal	Carbohydrate		0.0000	g
1923	CRACKER SALTINE (WG)	1	PKG (2 CRACKERS)	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		30.0003	kcal	Carbohydrate		4.5000	g
1353	JUICE APPLE 100%	1	1/2 CUP	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		55.0000	kcal	Carbohydrate		14.0000	g

**Serving Period:** Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 1/8/2019 **Feeding Figure:** 133  
**Base Menu Plan:** 3,010 EE 1-5Y BFAST W2D2 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A039	OATMEAL, APPLE CINNAMON	1	1 CUP	133			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		90.7747	kcal	Carbohydrate		19.5767	g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		60.0000	kcal	Carbohydrate		16.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

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Scheduled Menu Plans

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/8/2019

Feeding Figure: 135

Base Menu Plan: 3,922 EE 1-5Y LUNCH W2D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A077	QUESO BLANCO BEEF ENCHILADAS	1	2 ENCHILADAS	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	297.3600	kcal	Carbohydrate	16.3599	g
A016	RICE, MEXICAN	1	1/2 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	78.7958	kcal	Carbohydrate	13.4837	g
A057	BROCCOLI, STEAMED	1	1/2 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	131.9859	kcal	Carbohydrate	25.0340	g
1333	BANANAS PREM 40LB	1	1/2 BANANA	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	52.5100	kcal	Carbohydrate	13.4756	g
7045	SALSA	1	Ounce	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	8.8527	kcal	Carbohydrate	1.7705	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/8/2019

Feeding Figure: 135

Base Menu Plan: 3,049 EE 1-5Y SNACK W2D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2304	GOLDFISH COLORS CHED WG	1	PKG (1)	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	14.0000	g

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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 1/9/2019      **Feeding Figure:** 133  
**Base Menu Plan:** 3,011 EE 1-5Y BFAST W2D3 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	201.9896	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.4970	g	
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	15.0000	g	
1333	BANANAS PREM 40LB	1	1/2 BANANA	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	52.5100	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	13.4756	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 1/9/2019      **Feeding Figure:** 135  
**Base Menu Plan:** 3,923 EE 1-5Y LUNCH W2D3 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
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A456	ALFREDO CHICKEN, JTM penne	1	1 SERVING	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	232.6962	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	25.6039	g	
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	3.5905	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.6010	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.1369	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	13.7866	g	
A7078	STRAWBERRIES #7078	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	69.4375	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	16.4915	g	
2366	DRESSING ITALIAN OTT'S	1	Ounce	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.8148	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/9/2019

Feeding Figure: 135

Base Menu Plan: 3,050 EE 1-5Y SNACK W2D3 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
7158	APPLESAUCE CUP CINNAMON	1	SERVING 4.5 OZ	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	15.0000	g	

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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

**Serving Period:** Breakfast  
**Date:** 1/10/2019  
**Base Menu Plan:** 3,012 EE1-5Y BFAST W2D4 18-19  
**Menu Comments:**

**Serving Line:** MAIN  
**Age Group:** Grades K-5  
**Feeding Figure:** 133

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A388	PANCAKE BANANA MINI	1	1 PKG	133		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	200.0000	kcal	Carbohydrate	37.0000	g
7108	PEACHES DICED	1	SERVING 1/2 CUP	133		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	60.0000	kcal	Carbohydrate	14.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

**Serving Period:** Lunch  
**Date:** 1/10/2019  
**Base Menu Plan:** 3,924 EE 1-5Y LUNCH W2D4 18-19  
**Menu Comments:**

**Serving Line:** MAIN  
**Age Group:** Grades K-5  
**Feeding Figure:** 135

Stock Number	Description	Serving Size	Measure	Projected Quantity		
a364	SALISBURY STEAK, BEEF PATTY	1	1 SERVING	135		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	158.3467	kcal	Carbohydrate	5.4765	g

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A026	ROLLS, WHEAT, WG	1	2 OUNCE	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	178.5303	kcal	Carbohydrate
				29.0164 g
A005	POTATOES, MASHED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	85.3963	kcal	Carbohydrate
				18.1467 g
A524	GRAVY BROWN LS #2421	1	2 OZ	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	25.2695	kcal	Carbohydrate
				4.0431 g
A070	CARROTS, COOKED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	27.9508	kcal	Carbohydrate
				6.2113 g
A053	APPLESAUCE, ROSY	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	62.0849	kcal	Carbohydrate
				16.0220 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/10/2019

Feeding Figure: 135

Base Menu Plan: 3,052 EE 1-5Y SNACK W2D4 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2212	YOGURT TRIX STRAW/BAN 4 OZ	1	CONTAINER (1)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	80.0000	kcal	Carbohydrate
				15.0000 g
1353	JUICE APPLE 100%	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	55.0000	kcal	Carbohydrate
				14.0000 g

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/11/2019

Feeding Figure: 133

Base Menu Plan: 3,013 EE 1-5Y BFAST W2D5 18-19

Menu Comments:

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\* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



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Stock Number	Description	Serving Size	Measure	Projected Quantity		
2001	CEREAL RICE CHEX	1	BOWL (1)	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	24.0000	g
A029	TOAST, WG	1	1 SLICE	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	112.5000	kcal	Carbohydrate	18.0000	g
a7074	BLUEBERRIES #7074	1	1/2 CUP	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	39.5599	kcal	Carbohydrate	9.2966	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	25.0000	kcal	Carbohydrate	3.0000	g
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	37.5000	kcal	Carbohydrate	2.7500	g

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 1/11/2019      **Feeding Figure:** 135  
**Base Menu Plan:** 1,572 EE 2017-18 CHILI  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A080	CHILI	1	3/4 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	194.4703	kcal	Carbohydrate	18.8556	g
1923	CRACKER SALTINE (WG)	1	PKG (2 CRACKERS)	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	30.0003	kcal	Carbohydrate	4.5000	g

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2350	MUFFIN WG CORNBREAD IW	1	PKG (1.8 OZ)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	150.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
4118	BOWL DISPOSABLE 12 OZ	1	BOWL (1)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	*	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	*	g	
A011	VEGETABLES, MIXED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	38.4764	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.4649	g	
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	16.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	9.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/11/2019

Feeding Figure: 135

Base Menu Plan: 2,219 EE 2016-17 SNACK W2D5

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
7075	STRAWBERRY CUPS FRZN	1	CUP (1)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	90.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

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Scheduled Menu Plans

**Serving Period:** Breakfast

**Serving Line:** MAIN

**Age Group:** Grades K-5

**Date:** 1/15/2019

**Feeding Figure:** 133

**Base Menu Plan:** 3,015 EE 1-5Y BFAST W3D2 18-19

**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	279.4904	kcal	Carbohydrate	38.4986	g
7108	PEACHES DICED	1	SERVING 1/2 CUP	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	60.0000	kcal	Carbohydrate	14.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

**Serving Period:** Lunch

**Serving Line:** MAIN

**Age Group:** Grades K-5

**Date:** 1/15/2019

**Feeding Figure:** 135

**Base Menu Plan:** 3,927 EE 1-5Y LUNCH W3D2 18-19

**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A345	PIZZA FIESTADA WG #2170	1	1 PIECE	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	340.0001	kcal	Carbohydrate	39.0000	g
A070	CARROTS, COOKED	1	1/2 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	27.9508	kcal	Carbohydrate	6.2113	g
A046	STRAWBERRY FRUIT MEDLEY	1	1/2 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	47.1682	kcal	Carbohydrate	11.4230	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g

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2144	MILK 1% HALF GAL	1	6 OZ	68		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 1/15/2019 **Feeding Figure:** 135  
**Base Menu Plan:** 3,936 EE 1-5Y SNACK W1D2,W3D2 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	140.0000	kcal	Carbohydrate	22.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

**Serving Period:** Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 1/16/2019 **Feeding Figure:** 133  
**Base Menu Plan:** 3,016 EE 1-5Y BFAST W3D3 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A474	YOGURT TRIX cherry #2412	1	1 CONTAINER	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	80.0000	kcal	Carbohydrate	15.0000	g
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	20.0000	g
1333	BANANAS PREM 40LB	1	1/2 BANANA	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	52.5100	kcal	Carbohydrate	13.4756	g

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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	127
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	25.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	37.5000	kcal	

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 1/16/2019      **Feeding Figure:** 135  
**Base Menu Plan:** 3,928 EE 1-5Y LUNCH W3D3 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A194	WG CHICKEN PARM-SPAGHETTI	1	1 SERVING	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	441.2048	kcal	
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	3.5905	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	82.4860	kcal	
1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	

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2365	DRESSING RANCH OTT'S	1	Ounce	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	85.8443	kcal		Carbohydrate	4.2922	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	50.0000	kcal		Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	75.0000	kcal		Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	75.0000	kcal		Carbohydrate	5.5000	g

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 1/16/2019 **Feeding Figure:** 135  
**Base Menu Plan:** 3,055 EE 1-5Y SNACK W3D3 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A410	WG SQUARES CHERRY BERRY #2349	1	1 MUFFIN SQUARE	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	74.9008	kcal		Carbohydrate	14.3135	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	50.0000	kcal		Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	75.0000	kcal		Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	75.0000	kcal		Carbohydrate	5.5000	g

**Serving Period:** Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 1/17/2019 **Feeding Figure:** 133  
**Base Menu Plan:** 3,017 EE 1-5Y BFAST W3D4 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	201.9896	kcal		Carbohydrate	4.4970	g

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A029	TOAST, WG	1	1 SLICE	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	112.5000	kcal	
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0000	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	127
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/17/2019

Feeding Figure: 135

Base Menu Plan: 3,929 EE 1-5Y LUNCH W3D4 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A325	BEEF FINGERS #2074	1	4 FINGERS	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	230.0000	kcal	
A005	POTATOES, MASHED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.3963	kcal	
A140	COUNTRY GRAVY	1	2 OZ	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	59.4904	kcal	
A010	GREEN BEANS	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	94.7210	kcal	
1161	JCE CUP FRZ STR /POM	1	CARTON (1)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	70.0000	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	

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2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 1/17/2019 **Feeding Figure:** 135  
**Base Menu Plan:** 3,057 EE 1-5Y SNACK W3D4 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	52.5100	kcal	Carbohydrate
				13.4756 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

**Serving Period:** Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 1/22/2019 **Feeding Figure:** 133  
**Base Menu Plan:** 3,020 EE 1-5Y BFAST W4D2 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	201.9896	kcal	Carbohydrate
				4.4970 g
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	110.0000	kcal	Carbohydrate
				15.0000 g
A7078	STRAWBERRIES #7078	1	1/2 CUP	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	69.4375	kcal	Carbohydrate
				16.4915 g

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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 1/22/2019      **Feeding Figure:** 135  
**Base Menu Plan:** 3,932 EE 1-5Y LUNCH W4D2 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A081	WG SOFT TACO W/MEAT	1	1 TACO	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	275.4966	kcal	Carbohydrate
				24.5578 g
7045	SALSA	1	Ounce	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	8.8527	kcal	Carbohydrate
				1.7705 g
A069	BEANS, REFRIED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	131.7402	kcal	Carbohydrate
				20.3267 g
A359	CORN, COOKED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	133.2287	kcal	Carbohydrate
				30.7451 g
1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	52.5100	kcal	Carbohydrate
				13.4756 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

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Independence Central Office

Scheduled Menu Plans

**Serving Period:** Snack  
**Date:** 1/22/2019  
**Base Menu Plan:** 3,060 EE 1-5Y SNACK W4D2 18-19  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 135

Stock Number	Description	Serving Size	Measure	Projected Quantity		
7158	APPLESAUCE CUP CINNAMON	1	CUP (1)	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	59.7557	kcal	Carbohydrate	14.9389	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

**Serving Period:** Breakfast  
**Date:** 1/23/2019  
**Base Menu Plan:** 4,152 EE 1-5Y BFAST W4D3 18-19  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 133

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A468	PANCAKE STRAWBERRY #2410	1	1 PKG	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	220.0000	kcal	Carbohydrate	40.0000	g
1333	BANANAS PREM 40LB	1	1/2 BANANA	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	52.5100	kcal	Carbohydrate	13.4756	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

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Independence Central Office

Scheduled Menu Plans

**Serving Period:** Lunch

**Serving Line:** MAIN

**Age Group:** Grades K-5

**Date:** 1/23/2019

**Feeding Figure:** 135

**Base Menu Plan:** 3,933 EE 1-5Y LUNCH W4D3 18-19

**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A116	WG BEEFY MAC & CHEESE	1	6 OUNCES	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	308.7066	kcal	Carbohydrate	31.5483	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	3.5905	kcal	Carbohydrate	0.6010	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	11.6147	kcal	Carbohydrate	2.7139	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	8.1076	kcal	Carbohydrate	1.7522	g
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.1369	kcal	Carbohydrate	13.7866	g
7108	PEACHES DICED	1	SERVING 1/2 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	60.0000	kcal	Carbohydrate	14.0000	g
2365	DRESSING RANCH OTT'S	1	Ounce	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	85.8443	kcal	Carbohydrate	4.2922	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

**Serving Period:** Snack

**Serving Line:** MAIN

**Age Group:** Grades K-5

**Date:** 1/23/2019

**Feeding Figure:** 135

**Base Menu Plan:** 3,061 EE 1-5Y SNACK W4D3 18-19

**Menu Comments:**

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Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	135
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>
Food Energy		90.0000	kcal	Carbohydrate
				16.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>
Food Energy		50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>
Food Energy		75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>
Food Energy		75.0000	kcal	Carbohydrate
				5.5000 g

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 1/24/2019      **Feeding Figure:** 133  
**Base Menu Plan:** 3,022 EE 1-5Y BFAST W4D4 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A039	OATMEAL, APPLE CINNAMON	1	1 CUP	133
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>
Food Energy		90.7747	kcal	Carbohydrate
				19.5767 g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>
Food Energy		60.0000	kcal	Carbohydrate
				16.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>
Food Energy		50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>
Food Energy		75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>
Food Energy		75.0000	kcal	Carbohydrate
				5.5000 g

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 1/24/2019      **Feeding Figure:** 135  
**Base Menu Plan:** 3,934 EE 1-5Y LUNCH W4D4 18-19  
**Menu Comments:**

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Stock Number	Description	Serving Size	Measure	Projected Quantity
A084	MEATLOAF-SLICES	1	1 SLICE	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	227.0069	kcal	Carbohydrate
				16.9442 g
A026	ROLLS, WHEAT, WG	1	2 OUNCE	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	178.5303	kcal	Carbohydrate
				29.0164 g
A005	POTATOES, MASHED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	85.3963	kcal	Carbohydrate
				18.1467 g
A524	GRAVY BROWN LS #2421	1	2 OZ	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	25.2695	kcal	Carbohydrate
				4.0431 g
A057	BROCCOLI, STEAMED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	131.9859	kcal	Carbohydrate
				25.0340 g
A050	APPLES, HOT SPICED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	121.4842	kcal	Carbohydrate
				26.3734 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/24/2019

Feeding Figure: 135

Base Menu Plan: 3,062 EE 1-5Y SNACK W4D4 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A474	YOGURT TRIX cherry #2412	1	1 CONTAINER	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	80.0000	kcal	Carbohydrate
				15.0000 g

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1353	JUICE APPLE 100%	1	1/2 CUP	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		55.0000	kcal	Carbohydrate		14.0000	g

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 1/25/2019      **Feeding Figure:** 133  
**Base Menu Plan:** 3,023 EE 1-5Y BFAST W4D5 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A388	PANCAKE BANANA MINI	1	1 PKG	133			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		200.0000	kcal	Carbohydrate		37.0000	g
a7074	BLUEBERRIES #7074	1	1/2 CUP	133			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		39.5599	kcal	Carbohydrate		9.2966	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-5  
**Date:** 1/25/2019      **Feeding Figure:** 135  
**Base Menu Plan:** 4,391 EE 1-5Y LUNCH W3D5 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A414	CHICKEN & NOODLES-GAGE	1	3/4 CUP	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		209.5704	kcal	Carbohydrate		26.7570	g
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		110.0000	kcal	Carbohydrate		15.0000	g
A012	PEAS	1	1/2 CUP	135			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
Food Energy		40.9653	kcal	Carbohydrate		7.6883	g

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A7078	STRAWBERRIES #7078	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	69.4375	kcal	Carbohydrate
				16.4915 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 1/25/2019 **Feeding Figure:** 135  
**Base Menu Plan:** 2,219 EE 2016-17 SNACK W2D5  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
7075	STRAWBERRY CUPS FRZN	1	CUP (1)	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	90.0000	kcal	Carbohydrate
				22.0001 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

**Serving Period:** Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 1/29/2019 **Feeding Figure:** 133  
**Base Menu Plan:** 3,005 EE 1-5Y BFAST W1D2 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	279.4904	kcal	Carbohydrate
				38.4986 g

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**Scheduled Menu Plans**

7108	PEACHES DICED	1	SERVING 1/2 CUP	133
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

**Serving Period:** Lunch

**Serving Line:** MAIN

**Age Group:** Grades K-5

**Date:** 1/29/2019

**Feeding Figure:** 135

**Base Menu Plan:** 1,003,505 EE 1-5Y LUNCH W2D5 18-19

**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A093	TANGERINE CHICKEN	1	1/3 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	221.1795	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.1025	g	
A019	RICE, STEAMED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	46.8472	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.4235	g	
A057	BROCCOLI, STEAMED	1	1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	131.9859	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	25.0340	g	
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	135
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	16.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.5000	g	

Trans Fat is displayed for informational purposes only, not for monitoring.

\* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

**Serving Period:** Snack  
**Date:** 1/29/2019  
**Base Menu Plan:** 3,936 EE 1-5Y SNACK W1D2,W3D2 18-19  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 135

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	140.0000	kcal	Carbohydrate	22.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

**Serving Period:** Breakfast  
**Date:** 1/30/2019  
**Base Menu Plan:** 3,006 EE 1-5Y BFAST W1D3 18-19  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 133

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2383	WAFFLE MINI BLUEBERRY BASH	1	PKG (1)	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	200.0000	kcal	Carbohydrate	36.0000	g
1333	BANANAS PREM 40LB	1	1/2 BANANA	133		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	52.5100	kcal	Carbohydrate	13.4756	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

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Independence Central Office

Scheduled Menu Plans

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/30/2019

Feeding Figure: 135

Base Menu Plan: 3,918 EE 1-5Y LUNCH W1D3 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A082	WG SPAGHETTI & ZESTY MEATSAUCE	1	1 SERVING	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	235.2619	kcal	Carbohydrate	21.9456	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	3.5905	kcal	Carbohydrate	0.6010	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	8.1076	kcal	Carbohydrate	1.7522	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	11.6147	kcal	Carbohydrate	2.7139	g
a7024	BEANS, PINTO (SALAD BAR)	1	1/4 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	95.3707	kcal	Carbohydrate	17.5171	g
1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	13.0000	g
2366	DRESSING ITALIAN OTT'S	1	Ounce	135		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	29.3055	kcal	Carbohydrate	7.8148	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

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Independence Central Office

Scheduled Menu Plans

**Serving Period:** Snack  
**Date:** 1/30/2019  
**Base Menu Plan:** 3,045 EE 1-5Y SNACK W1D3 18-19  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 135

Stock Number	Description	Serving Size	Measure	Projected Quantity												
A410	WG SQUARES CHERRY BERRY #2349	1	1 MUFFIN SQUARE	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>74.9008</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	74.9008	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>14.3135</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	14.3135	g	
Nutrient	Value	Units														
Food Energy	74.9008	kcal														
Nutrient	Value	Units														
Carbohydrate	14.3135	g														
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34												
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Nutrient	Value	Units														
Food Energy	50.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	6.0000	g														
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34												
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Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	5.5000	g														
2144	MILK 1% HALF GAL	1	6 OZ	68												
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Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	9.0000	g														

**Serving Period:** Breakfast  
**Date:** 1/31/2019  
**Base Menu Plan:** 3,007 EE 1-5Y BFAST W1D4 18-19  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 133

Stock Number	Description	Serving Size	Measure	Projected Quantity												
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>201.9896</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	201.9896	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>4.4970</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	4.4970	g	
Nutrient	Value	Units														
Food Energy	201.9896	kcal														
Nutrient	Value	Units														
Carbohydrate	4.4970	g														
A029	TOAST, WG	1	1 SLICE	133												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>112.5000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	112.5000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>18.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	18.0000	g	
Nutrient	Value	Units														
Food Energy	112.5000	kcal														
Nutrient	Value	Units														
Carbohydrate	18.0000	g														
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>60.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	60.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>16.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	16.0000	g	
Nutrient	Value	Units														
Food Energy	60.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	16.0000	g														
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>50.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	50.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>6.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	6.0000	g	
Nutrient	Value	Units														
Food Energy	50.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	6.0000	g														
2144	MILK 1% HALF GAL	1	6 OZ	127												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>75.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	75.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>9.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	9.0000	g	
Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	9.0000	g														

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Independence Central Office

Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

**Serving Period:** Lunch **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 1/31/2019 **Feeding Figure:** 135  
**Base Menu Plan:** 3,919 EE 1-5Y LUNCH W1D4 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A353	CHICKEN NUGGETS WG#2345	1	1 SERVING (5)	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		170.0000	kcal	Carbohydrate		9.0000	g
A005	POTATOES, MASHED	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		85.3963	kcal	Carbohydrate		18.1467	g
A140	COUNTRY GRAVY	1	2 OZ	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		59.4904	kcal	Carbohydrate		8.4986	g
A011	VEGETABLES, MIXED	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		38.4764	kcal	Carbohydrate		8.4649	g
A7078	STRAWBERRIES #7078	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		69.4375	kcal	Carbohydrate		16.4915	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-5  
**Date:** 1/31/2019 **Feeding Figure:** 135  
**Base Menu Plan:** 3,047 EE 1-5Y SNACK W1D4 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	<b>Nutrient</b>		<b>Value</b> <b>Units</b>	
	Food Energy	52.5100	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>		<b>Value</b> <b>Units</b>	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	68
	<b>Nutrient</b>		<b>Value</b> <b>Units</b>	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	<b>Nutrient</b>		<b>Value</b> <b>Units</b>	
	Food Energy	75.0000	kcal	

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