



Independence Central Office

Scheduled Menu Plans

7500 Hanthorn Early Education

Serving Period: Breakfast
Date: 7/5/2018
Base Menu Plan: 3,017 EE 1-5Y BFAST W3D4 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 133

Stock Number	Description	Serving Size	Measure	Projected Quantity
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133
	Nutrient	Value	Units	Nutrient
	Food Energy	206.0239	kcal	Carbohydrate
				4.6987 g
A029	TOAST, WG	1	1 SLICE	133
	Nutrient	Value	Units	Nutrient
	Food Energy	112.5000	kcal	Carbohydrate
				18.0000 g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0000	kcal	Carbohydrate
				16.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch
Date: 7/5/2018
Base Menu Plan: 3,037 EE 1-5Y LUNCH W3D4 JAN 17-18
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity
A325	BEEF FINGERS #2074	1	4 FINGERS	135
	Nutrient	Value	Units	Nutrient
	Food Energy	230.0000	kcal	Carbohydrate
				16.0000 g
A005	POTATOES, MASHED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	85.3963	kcal	Carbohydrate
				18.1467 g
A140	COUNTRY GRAVY	1	2 OZ	135
	Nutrient	Value	Units	Nutrient
	Food Energy	59.4904	kcal	Carbohydrate
				8.4986 g

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A010	GREEN BEANS	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	29.6135	kcal	Carbohydrate
				4.8532 g
1161	JCE CUP FRZ STR /POM	1	CARTON (1)	135
	Nutrient	Value	Units	Nutrient
	Food Energy	70.0000	kcal	Carbohydrate
				19.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/5/2018 **Feeding Figure:** 135
Base Menu Plan: 3,057 EE 1-5Y SNACK W3D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	Nutrient	Value	Units	Nutrient
	Food Energy	52.5100	kcal	Carbohydrate
				13.4756 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/6/2018 **Feeding Figure:** 133
Base Menu Plan: 3,018 EE 1-5Y BFAST W3D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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A376	PIZZA BREAKFAST TRK/SAU #1196	1	1 PIZZA	133
	Nutrient	Value	Units	
	Food Energy	210.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	26.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	133
	Nutrient	Value	Units	
	Food Energy	29.4972	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.5488	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 7/6/2018

Feeding Figure: 135

Base Menu Plan: 3,038 EE 1-5Y LUNCH W3D5 JAN 17-18

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A444	CHICKEN TERIYAKI W/ VEG EE	1	1 SERVING	135
	Nutrient	Value	Units	
	Food Energy	245.5107	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.2665	g	
A012	PEAS	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	40.9653	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.6883	g	
7108	PEACHES DICED	1	SERVING 1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

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Serving Period: Snack
Date: 7/6/2018
Base Menu Plan: 3,058 EE 1-5Y SNACK W3D5 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2358	ANNIE'S CHEDDAR BUNNIES	1	PKG (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	90.0000	kcal	Carbohydrate	13.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Breakfast
Date: 7/9/2018
Base Menu Plan: 3,019 EE 1-5Y BFAST W4D1 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 133

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2001	CEREAL RICE CHEX	1	BOWL (1)	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	24.0000	g
A029	TOAST, WG	1	1 SLICE	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	112.5000	kcal	Carbohydrate	18.0000	g
7108	PEACHES DICED	1	SERVING 1/2 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0000	kcal	Carbohydrate	14.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	25.0000	kcal		Carbohydrate	3.0000	g
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	37.5000	kcal		Carbohydrate	2.7500	g

Serving Period: Lunch
Date: 7/9/2018
Base Menu Plan: 3,035 EE 1-5Y LUNCH W3D2 JAN 17-18
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A345	PIZZA FIESTADA WG	1	1 PIECE	135			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	340.0001	kcal		Carbohydrate	39.0000	g
A372	GREEN BEANS-2017	1	1/2 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	25.0683	kcal		Carbohydrate	4.0868	g
2105	APPLE WEDGES RED 100/2 OZ	1	PKG (2 OZ)	135			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	30.0000	kcal		Carbohydrate	7.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	50.0000	kcal		Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	5.5000	g

Serving Period: Snack
Date: 7/9/2018
Base Menu Plan: 3,059 EE 1-5Y SNACK W4D1 18-19
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity
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2304	GOLDFISH COLORS CHED WG	1	PKG (1)	135			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	100.0000	kcal		Carbohydrate	14.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	50.0000	kcal		Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/10/2018 **Feeding Figure:** 133
Base Menu Plan: 3,020 EE 1-5Y BFAST W4D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	206.0239	kcal		Carbohydrate	4.6987	g
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	133			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	110.0000	kcal		Carbohydrate	15.0000	g
A7078	STRAWBERRIES #7078	1	1/2 CUP	133			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	39.6486	kcal		Carbohydrate	10.3086	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	50.0000	kcal		Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/10/2018 **Feeding Figure:** 135
Base Menu Plan: 3,040 EE 1-5Y LUNCH W4D2 JAN 17-18
Menu Comments:

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Stock Number	Description	Serving Size	Measure	Projected Quantity		
A081	WG SOFT TACO W/MEAT	1	1 TACO	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	275.4966	kcal	Carbohydrate	24.5578	g
7045	SALSA	1	Ounce	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	8.8527	kcal	Carbohydrate	1.7705	g
A069	BEANS, REFRIED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	131.7402	kcal	Carbohydrate	20.3267	g
A359	CORN, COOKED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	99.2998	kcal	Carbohydrate	20.8661	g
1333	BANANAS PREM 40LB	1	1/2 BANANA	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	52.5100	kcal	Carbohydrate	13.4756	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 7/10/2018

Feeding Figure: 135

Base Menu Plan: 3,060 EE 1-5Y SNACK W4D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
7158	APPLESAUCE CUP CINNAMON	1	CUP (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	59.7557	kcal	Carbohydrate	14.9389	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g

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2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/11/2018 **Feeding Figure:** 133
Base Menu Plan: 3,021 EE 1-5Y BFAST W4D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
a356	Pancake Maple Mini	1	1 PKG	133
	Nutrient	Value	Units	Nutrient
	Food Energy	210.0000	kcal	Carbohydrate
				35.0000 g
1333	BANANAS PREM 40LB	1	1/2 BANANA	133
	Nutrient	Value	Units	Nutrient
	Food Energy	52.5100	kcal	Carbohydrate
				13.4756 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/11/2018 **Feeding Figure:** 135
Base Menu Plan: 3,041 EE 1-5Y LUNCH W4D3 JAN 17-18
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A116	WG BEEFY MAC & CHEESE	1	6 OUNCES	135
	Nutrient	Value	Units	Nutrient
	Food Energy	308.7066	kcal	Carbohydrate
				31.5483 g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	3.5905	kcal	Carbohydrate
				0.6010 g

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a360	CARROT, FRESH SHREDED	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.7866	g	
7108	PEACHES DICED	1	SERVING 1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2365	DRESSING RANCH OTT'S	1	Ounce	135
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.2922	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 7/11/2018

Feeding Figure: 135

Base Menu Plan: 3,061 EE 1-5Y SNACK W4D3 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	135
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
Nutrient		Value	Units	
Food Energy		75.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/12/2018 **Feeding Figure:** 133
Base Menu Plan: 3,022 EE 1-5Y BFAST W4D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A039	OATMEAL, APPLE CINNAMON	1	1 CUP	133
Nutrient		Value	Units	
Food Energy		90.7747	kcal	
Nutrient		Value	Units	
Carbohydrate		19.5767	g	
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133
Nutrient		Value	Units	
Food Energy		60.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		16.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
Nutrient		Value	Units	
Food Energy		50.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
Nutrient		Value	Units	
Food Energy		75.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
Nutrient		Value	Units	
Food Energy		75.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		5.5000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/12/2018 **Feeding Figure:** 135
Base Menu Plan: 3,042 EE 1-5Y LUNCH W4D4 JAN 17-18
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A084	MEATLOAF-SLICES	1	1 SLICE	135
Nutrient		Value	Units	
Food Energy		227.0069	kcal	
Nutrient		Value	Units	
Carbohydrate		16.9442	g	
A026	ROLLS, WHEAT, WG	1	2 OUNCE	135
Nutrient		Value	Units	
Food Energy		178.5303	kcal	
Nutrient		Value	Units	
Carbohydrate		29.0164	g	
A005	POTATOES, MASHED	1	1/2 CUP	135
Nutrient		Value	Units	
Food Energy		85.3963	kcal	
Nutrient		Value	Units	
Carbohydrate		18.1467	g	

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Independence Central Office

Scheduled Menu Plans

A030	GRAVY, BEEF FLAVOR, LS	1	1/4 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	17.7055	kcal		Carbohydrate	3.5411	g
A070	CARROTS, COOKED	1	1/2 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	27.9508	kcal		Carbohydrate	6.2113	g
A050	APPLES, HOT SPICED	1	1/2 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	121.4842	kcal		Carbohydrate	26.3734	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	50.0000	kcal		Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	5.5000	g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 7/12/2018

Feeding Figure: 135

Base Menu Plan: 1,002,767 EE 1-5Y SNACK W4D4 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
2212	YOGURT TRIX STRAW/BAN 4 OZ	1	CONTAINER (1)	135			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	80.0000	kcal		Carbohydrate	15.0000	g
1353	JUICE APPLE 100%	1	1/2 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	55.0000	kcal		Carbohydrate	14.0000	g

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 7/13/2018

Feeding Figure: 133

Base Menu Plan: 3,023 EE 1-5Y BFAST W4D5 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A388	PANCAKE BANANA MINI	1	1 PKG	133			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	200.0000	kcal		Carbohydrate	37.0000	g

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Independence Central Office

Scheduled Menu Plans

a7074	BLUEBERRIES #7159	1	1/2 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	40.0211	kcal	Carbohydrate	10.0052	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 7/13/2018

Feeding Figure: 135

Base Menu Plan: 3,497 EE 1-5Y LUNCH W4D5 JAN 17-18

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A332	WG GOLDFISH BREAD HOT HAM/CHZ	1	1 SANDWICH	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	204.2101	kcal	Carbohydrate	21.6249	g
A215	SWEET POTATOES, GLAZED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	189.3898	kcal	Carbohydrate	46.1829	g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0000	kcal	Carbohydrate	16.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

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Independence Central Office

Scheduled Menu Plans

Serving Period: Snack
Date: 7/13/2018
Base Menu Plan: 3,063 EE 1-5Y SNACK W2D5,W4D5 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	29.4972	kcal	Carbohydrate	7.5488	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Breakfast
Date: 7/16/2018
Base Menu Plan: 3,004 EE 1-5Y BFAST W1D1 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 133

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A376	PIZZA BREAKFAST TRK/SAU #1196	1	1 PIZZA	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	210.0000	kcal	Carbohydrate	26.0000	g
1278	KIWI 39CT	1	1/2 KIWI (2-3 WEDGE)	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	23.3711	kcal	Carbohydrate	5.6070	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

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Independence Central Office

Scheduled Menu Plans

Serving Period: Lunch
Date: 7/16/2018
Base Menu Plan: 3,024 EE 1-5Y LUNCH W1D1 JAN 17-18
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A380	FISH-WG FISH NUGGETS	1	4 NUGGETS	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	240.0000	kcal	Carbohydrate	29.0000	g
A015	MAC AND CHEESE	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	191.7949	kcal	Carbohydrate	19.3253	g
A057	BROCCOLI, STEAMED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	12.0817	kcal	Carbohydrate	2.3244	g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0000	kcal	Carbohydrate	16.0000	g
2286	KETCHUP JUG WITH PUMP	1	Ounce	21		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	33.3278	kcal	Carbohydrate	8.3320	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Snack
Date: 7/16/2018
Base Menu Plan: 3,048 EE 1-5Y SNACK W1D1 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2358	ANNIE'S CHEDDAR BUNNIES	1	PKG (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	90.0000	kcal	Carbohydrate	13.0000	g

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Independence Central Office

Scheduled Menu Plans

2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast
Date: 7/17/2018
Base Menu Plan: 3,005 EE 1-5Y BFAST W1D2 18-19
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 133

Stock Number	Description	Serving Size	Measure	Projected Quantity
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	133
	Nutrient	Value	Units	
	Food Energy	279.4904	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.4986	g	
7108	PEACHES DICED	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Lunch
Date: 7/17/2018
Base Menu Plan: 3,025 EE 1-5Y LUNCH W1D2 JAN 17-18
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity
2387	PIZZA CHEESE TONY'S 68521	1	PIZZA (1)	135
	Nutrient	Value	Units	
	Food Energy	349.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	

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Independence Central Office

Scheduled Menu Plans

A372	GREEN BEANS-2017	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	25.0683	kcal	Carbohydrate	4.0868	g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	29.4972	kcal	Carbohydrate	7.5488	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/17/2018 **Feeding Figure:** 135
Base Menu Plan: 3,045 EE 1-5Y SNACK W1D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A410	WG SQUARES CHERRY BERRY #2349	1	1 MUFFIN SQUARE	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	74.9008	kcal	Carbohydrate	14.3135	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/18/2018 **Feeding Figure:** 133
Base Menu Plan: 3,006 EE 1-5Y BFAST W1D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

2383	WAFFLE MINI BLUEBERRY BASH	1	PKG (1)	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	36.0000	g
1333	BANANAS PREM 40LB	1	1/2 BANANA	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	52.5100	kcal	Carbohydrate	13.4756	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 7/18/2018

Feeding Figure: 135

Base Menu Plan: 3,026 EE 1-5Y LUNCH W1D3 JAN 17-18

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A082	WG SPAGHETTI & ZESTY MEATSAUCE	1	1 SERVING	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	235.2619	kcal	Carbohydrate	21.9456	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	3.5905	kcal	Carbohydrate	0.6010	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	8.1076	kcal	Carbohydrate	1.7522	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	11.6147	kcal	Carbohydrate	2.7139	g
a7024	BEANS, PINTO (SALAD BAR)	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	95.3707	kcal	Carbohydrate	17.5171	g
1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	13.0000	g

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Scheduled Menu Plans

2366	DRESSING ITALIAN OTT'S	1	Ounce	135
	Nutrient	Value	Units	
	Food Energy	97.6849	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.9769	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/18/2018 **Feeding Figure:** 135
Base Menu Plan: 3,044 EE 1-5Y SNACK W1D1 JAN 17-18
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2304	GOLDFISH COLORS CHED WG	1	PKG (1)	135
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/19/2018 **Feeding Figure:** 133
Base Menu Plan: 3,007 EE 1-5Y BFAST W1D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	206.0239	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.6987	g	

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Scheduled Menu Plans

A029	TOAST, WG	1	1 SLICE	133
	Nutrient	Value	Units	
	Food Energy	112.5000	kcal	
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 7/19/2018

Feeding Figure: 135

Base Menu Plan: 3,027 EE 1-5Y LUNCH W1D4 JAN 17-18

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A353	CHICKEN NUGGETS WG#2345	1	1 SERVING (5)	135
	Nutrient	Value	Units	
	Food Energy	170.0000	kcal	
A005	POTATOES, MASHED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	85.3963	kcal	
A140	COUNTRY GRAVY	1	2 OZ	135
	Nutrient	Value	Units	
	Food Energy	59.4904	kcal	
A011	VEGETABLES, MIXED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	38.4764	kcal	
A7078	STRAWBERRIES #7078	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	39.6486	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	

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2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/19/2018 **Feeding Figure:** 135
Base Menu Plan: 3,047 EE 1-5Y SNACK W1D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	Nutrient	Value	Units	Nutrient
	Food Energy	52.5100	kcal	Carbohydrate
				13.4756 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/20/2018 **Feeding Figure:** 133
Base Menu Plan: 3,008 EE 1-5Y BFAST W1D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	133
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				20.0000 g
A392	YOGURT TRIX #2212	1	1 CONTAINER	133
	Nutrient	Value	Units	Nutrient
	Food Energy	80.0000	kcal	Carbohydrate
				15.0000 g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	133
	Nutrient	Value	Units	Nutrient
	Food Energy	29.4972	kcal	Carbohydrate
				7.5488 g

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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128
	Nutrient	Value	Units	Nutrient
	Food Energy	25.0000	kcal	Carbohydrate
				3.0000 g
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6
	Nutrient	Value	Units	Nutrient
	Food Energy	37.5000	kcal	Carbohydrate
				2.7500 g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 7/20/2018

Feeding Figure: 135

Base Menu Plan: 3,028 EE 1-5Y LUNCH W1D5 JAN 17-18

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	135
	Nutrient	Value	Units	Nutrient
	Food Energy	340.4695	kcal	Carbohydrate
				28.0117 g
A362	POTATO BAKED FRIES	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	121.4690	kcal	Carbohydrate
				20.9430 g
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	135
	Nutrient	Value	Units	Nutrient
	Food Energy	10.2443	kcal	Carbohydrate
				2.0638 g
A070	CARROTS, COOKED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	27.9508	kcal	Carbohydrate
				6.2113 g
7108	PEACHES DICED	1	SERVING 1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0000	kcal	Carbohydrate
				14.0000 g
2286	KETCHUP JUG WITH PUMP	1	Ounce	68
	Nutrient	Value	Units	Nutrient
	Food Energy	33.3278	kcal	Carbohydrate
				8.3320 g

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1097	MUSTARD	1	Ounce	14
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/20/2018 **Feeding Figure:** 135
Base Menu Plan: 3,046 EE 1-5Y SNACK W1D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1015	CHEESE STRING MOZ LT	1	PKG (1)	135
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.0000	g	
1923	CRACKER SALTINE (WG)	1	PKG (2 CRACKERS)	135
	Nutrient	Value	Units	
	Food Energy	30.0003	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.5000	g	
1353	JUICE APPLE 100%	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	55.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/23/2018 **Feeding Figure:** 133
Base Menu Plan: 3,009 EE 1-5Y BFAST W2D1 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
a356	Pancake Maple Mini	1	1 PKG	133
	Nutrient	Value	Units	
	Food Energy	210.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	35.0000	g	
A7078	STRAWBERRIES #7078	1	1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	39.6486	kcal	
	Nutrient	Value	Units	
	Carbohydrate	10.3086	g	

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2144	MILK 1% HALF GAL	1	6 OZ	127			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	9.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	50.0000	kcal		Carbohydrate	6.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/23/2018 **Feeding Figure:** 135
Base Menu Plan: 3,029 EE 1-5Y LUNCH W2D1 JAN 17-18
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A232	SLOPPY JOE ON WW BUN	1	1 SANDWICH	135			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	327.4475	kcal		Carbohydrate	36.4966	g
A055	POTATOES, AUGRATIN	1	1/2 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	19.0785	kcal		Carbohydrate	3.8157	g
A010	GREEN BEANS	1	1/2 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	29.6135	kcal		Carbohydrate	4.8532	g
1252	APPLE SLICED	1	1/2 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	28.3408	kcal		Carbohydrate	7.5267	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	50.0000	kcal		Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/23/2018 **Feeding Figure:** 135
Base Menu Plan: 3,051 EE 1-5Y SNACK W2D1 18-19
Menu Comments:

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Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	135
Nutrient		Value Units		Nutrient
	Food Energy	90.0000	kcal	Carbohydrate
				16.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
Nutrient		Value Units		Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
Nutrient		Value Units		Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
Nutrient		Value Units		Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/24/2018 **Feeding Figure:** 133
Base Menu Plan: 3,010 EE 1-5Y BFAST W2D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A039	OATMEAL, APPLE CINNAMON	1	1 CUP	133
Nutrient		Value Units		Nutrient
	Food Energy	90.7747	kcal	Carbohydrate
				19.5767 g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133
Nutrient		Value Units		Nutrient
	Food Energy	60.0000	kcal	Carbohydrate
				16.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
Nutrient		Value Units		Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
Nutrient		Value Units		Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
Nutrient		Value Units		Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/24/2018 **Feeding Figure:** 135
Base Menu Plan: 3,030 EE 1-5Y LUNCH W2D2 JAN 17-18
Menu Comments:

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Stock Number	Description	Serving Size	Measure	Projected Quantity
A077	QUESO BLANCO BEEF ENCHILADAS	1	2 ENCHILADAS	135
	Nutrient	Value	Units	Nutrient
	Food Energy	321.6600	kcal	Carbohydrate
				22.8399 g
A016	RICE, MEXICAN	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	78.7958	kcal	Carbohydrate
				13.4837 g
A359	CORN, COOKED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	99.2998	kcal	Carbohydrate
				20.8661 g
1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	Nutrient	Value	Units	Nutrient
	Food Energy	52.5100	kcal	Carbohydrate
				13.4756 g
7045	SALSA	1	Ounce	135
	Nutrient	Value	Units	Nutrient
	Food Energy	8.8527	kcal	Carbohydrate
				1.7705 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 7/24/2018

Feeding Figure: 135

Base Menu Plan: 3,049 EE 1-5Y SNACK W2D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2304	GOLDFISH COLORS CHED WG	1	PKG (1)	135
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				14.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g

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2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast
Date: 7/25/2018
Base Menu Plan: 3,011 EE 1-5Y BFAST W2D3 18-19
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 133

Stock Number	Description	Serving Size	Measure	Projected Quantity
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	206.0239	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.6987	g	
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	133
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.0000	g	
1333	BANANAS PREM 40LB	1	1/2 BANANA	133
	Nutrient	Value	Units	
	Food Energy	52.5100	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.4756	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Lunch
Date: 7/25/2018
Base Menu Plan: 3,031 EE 1-5Y LUNCH W2D3 JAN 17-18
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity
A414	CHICKEN & NOODLES-GAGE	1	3/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	209.5704	kcal	
	Nutrient	Value	Units	
	Carbohydrate	26.7570	g	

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A024	BISCUITS, MINI, WG	1	1.25 OUNCE	135
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.0000	g	
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	3.5905	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.6010	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.7866	g	
A7078	STRAWBERRIES #7078	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	39.6486	kcal	
	Nutrient	Value	Units	
	Carbohydrate	10.3086	g	
2366	DRESSING ITALIAN OTT'S	1	Ounce	135
	Nutrient	Value	Units	
	Food Energy	97.6849	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.9769	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 7/25/2018

Feeding Figure: 135

Base Menu Plan: 3,050 EE 1-5Y SNACK W2D3 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
7158	APPLESAUCE CUP CINNAMON	1	SERVING 4.5 OZ	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.0000	g	

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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast
Date: 7/26/2018
Base Menu Plan: 3,012 EE1-5Y BFAST W2D4 18-19
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 133

Stock Number	Description	Serving Size	Measure	Projected Quantity
A388	PANCAKE BANANA MINI	1	1 PKG	133
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
7108	PEACHES DICED	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Lunch
Date: 7/26/2018
Base Menu Plan: 3,032 EE 1-5Y LUNCH W2D4 JAN 17-18
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity
a364	SALISBURY STEAK	1	1 SERVING	135
	Nutrient	Value	Units	
	Food Energy	159.0624	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.2476	g	

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A026	ROLLS, WHEAT, WG	1	2 OUNCE	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	178.5303	kcal	Carbohydrate	29.0164	g
A005	POTATOES, MASHED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	85.3963	kcal	Carbohydrate	18.1467	g
A030	GRAVY, BEEF FLAVOR, LS	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	17.7055	kcal	Carbohydrate	3.5411	g
A070	CARROTS, COOKED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	27.9508	kcal	Carbohydrate	6.2113	g
A053	APPLESAUCE, ROSY	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	62.0849	kcal	Carbohydrate	16.0220	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/26/2018 **Feeding Figure:** 135
Base Menu Plan: 3,052 EE 1-5Y SNACK W2D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2212	YOGURT TRIX STRAW/BAN 4 OZ	1	CONTAINER (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	15.0000	g
1353	JUICE APPLE 100%	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	55.0000	kcal	Carbohydrate	14.0000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/27/2018 **Feeding Figure:** 133
Base Menu Plan: 3,013 EE 1-5Y BFAST W2D5 18-19
Menu Comments:

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Stock Number	Description	Serving Size	Measure	Projected Quantity
2001	CEREAL RICE CHEX	1	BOWL (1)	133
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				24.0000 g
A029	TOAST, WG	1	1 SLICE	133
	Nutrient	Value	Units	Nutrient
	Food Energy	112.5000	kcal	Carbohydrate
				18.0000 g
a7074	BLUEBERRIES #7159	1	1/2 CUP	133
	Nutrient	Value	Units	Nutrient
	Food Energy	40.0211	kcal	Carbohydrate
				10.0052 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128
	Nutrient	Value	Units	Nutrient
	Food Energy	25.0000	kcal	Carbohydrate
				3.0000 g
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6
	Nutrient	Value	Units	Nutrient
	Food Energy	37.5000	kcal	Carbohydrate
				2.7500 g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 7/27/2018

Feeding Figure: 135

Base Menu Plan: 3,033 EE 1-5Y LUNCH W2D5 JAN 17-18

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A370	CHERRY BLOSSOM CHICKEN-EE	1	1/3 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	232.8206	kcal	Carbohydrate
				31.4307 g
A019	RICE, STEAMED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	48.0310	kcal	Carbohydrate
				7.4240 g

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A012	PEAS	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	40.9653	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.6883	g	
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/27/2018 **Feeding Figure:** 135
Base Menu Plan: 3,753 EE 1-5Y SNACK W2D5 JAN 17-18
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A7075	STRAWBERRY CUP	1	1 CUP	135
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/30/2018 **Feeding Figure:** 133
Base Menu Plan: 3,014 EE 1-5Y BFAST W3D1 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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2383	WAFFLE MINI BLUEBERRY BASH	1	PKG (1)	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	36.0000	g
1278	KIWI 39CT	1	1/2 KIWI (2-3 WEDGE)	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	23.3711	kcal	Carbohydrate	5.6070	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/30/2018 **Feeding Figure:** 135
Base Menu Plan: 3,034 EE 1-5Y LUNCH W3D1 JAN 17-18
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A353	CHICKEN NUGGETS WG#2345	1	1 SERVING (5)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	170.0000	kcal	Carbohydrate	9.0000	g
A215	SWEET POTATOES, GLAZED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	189.3898	kcal	Carbohydrate	46.1829	g
A068	STEAMED BROCCOLI & CAULIFLOWER	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	13.3863	kcal	Carbohydrate	2.6777	g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	29.4972	kcal	Carbohydrate	7.5488	g
2286	KETCHUP JUG WITH PUMP	1	Tbsp	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	19.7467	kcal	Carbohydrate	4.9367	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g

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Scheduled Menu Plans

2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/30/2018 **Feeding Figure:** 135
Base Menu Plan: 3,054 EE 1-5Y SNACK W3D1 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1923	CRACKER SALTINE (WG)	1	PKG (2 CRACKERS)	135
	Nutrient	Value	Units	Nutrient
	Food Energy	30.0003	kcal	Carbohydrate
				4.5000 g
1353	JUICE APPLE 100%	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	55.0000	kcal	Carbohydrate
				14.0000 g
1015	CHEESE STRING MOZ LT	1	PKG (1)	135
	Nutrient	Value	Units	Nutrient
	Food Energy	80.0000	kcal	Carbohydrate
				1.0000 g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/31/2018 **Feeding Figure:** 133
Base Menu Plan: 3,015 EE 1-5Y BFAST W3D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	133
	Nutrient	Value	Units	Nutrient
	Food Energy	279.4904	kcal	Carbohydrate
				38.4986 g
7108	PEACHES DICED	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0000	kcal	Carbohydrate
				14.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/31/2018 **Feeding Figure:** 135
Base Menu Plan: 3,738 EE 1-5Y LUNCH W3D2 JAN 17-18
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A433	CHEESE GRILLED SANDWICH MADE	1	1 SANDWICH	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		311.8781	kcal	Carbohydrate		28.0469	g
A070	CARROTS, COOKED	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		27.9508	kcal	Carbohydrate		6.2113	g
A046	STRAWBERRY FRUIT MEDLEY	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		55.0857	kcal	Carbohydrate		13.4023	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 7/31/2018 **Feeding Figure:** 135
Base Menu Plan: 3,055 EE 1-5Y SNACK W3D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A410	WG SQUARES CHERRY BERRY #2349	1	1 MUFFIN SQUARE	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		74.9008	kcal	Carbohydrate		14.3135	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g

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Scheduled Menu Plans

Item ID	Item Name	Quantity	Unit	Calories	Carbohydrate (g)	Total
2144	MILK 1% HALF GAL	1	6 OZ	68		68
	Nutrient			Value	Units	
	Food Energy			75.0000	kcal	
	Nutrient			Value	Units	
	Carbohydrate			9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		34
	Nutrient			Value	Units	
	Food Energy			75.0000	kcal	
	Nutrient			Value	Units	
	Carbohydrate			5.5000	g	

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