



JULY

Elementary Snack Menu

Meal Prices Student
 Breakfast \$1.60
 Reduced .30
 Lunch \$2.55
 Reduced .40

NON-DISCRIMINATION:
 All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington,



Money may be deposited into your students meal account by sending cash or personal checks payable to the school nutrition center or by paying online with a credit/debit card using MypaymentsPlus.com

Monday	Tuesday	Wednesday	Thursday	Friday
2 ORIGINAL GRAHAM'S MILK CHOICE	3 ANNIE'S CHEDDAR CRACKERS MILK CHOICE	4 4TH OF JULY	5 STRAWBERRY CUP & DRIED CHERRIES MILK CHOICE	6 LEMON/BLEUBERRY CRISPY BITES MILK CHOICE
9 ORIGINAL GRAHAM'S MILK CHOICE	10 ANNIE'S CHEDDAR CRACKERS MILK CHOICE	11 PRETZEL HEARTS MILK CHOICE	12 STRAWBERRY CUP & DRIED CHERRIES MILK CHOICE	13 LEMON/BLEUBERRY CRISPY BITES MILK CHOICE
16 ORIGINAL GRAHAM'S MILK CHOICE	17 ANNIE'S CHEDDAR CRACKERS MILK CHOICE	18 PRETZEL HEARTS MILK CHOICE	19 STRAWBERRY CUP & DRIED CHERRIES MILK CHOICE	20 LEMON/BLEUBERRY CRISPY BITES MILK CHOICE
23 ORIGINAL GRAHAM'S MILK CHOICE	24 ANNIE'S CHEDDAR CRACKERS MILK CHOICE	25 PRETZEL HEARTS MILK CHOICE	26 STRAWBERRY CUP & DRIED CHERRIES MILK CHOICE	27 LEMON/BLEUBERRY CRISPY BITES MILK CHOICE
30 ORIGINAL GRAHAM'S MILK CHOICE	31 ANNIE'S CHEDDAR CRACKERS MILK CHOICE			

My Plate is based on new dietary guidelines released by the government last January, which encourages Americans to eat more fruits, vegetables, and whole grains and fewer processed foods. It is part of a concerted effort by the Department of Agriculture and the First Lady to improve nutrition, especially among children.

