



Independence Central Office

Scheduled Menu Plans

7500 Hanthorn Early Education

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 4/2/2019

Feeding Figure: 133

Base Menu Plan: 3,010 EE 1-5Y BFAST W2D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A039	OATMEAL, APPLE CINNAMON	1	1 CUP	133
	Nutrient	Value	Units	Nutrient
	Food Energy	90.7747	kcal	Carbohydrate
				19.5767 g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0000	kcal	Carbohydrate
				16.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 4/2/2019

Feeding Figure: 170

Base Menu Plan: 3,922 EE 1-5Y LUNCH W2D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A077	QUESO BLANCO BEEF ENCHILADAS	1	2 ENCHILADAS	135
	Nutrient	Value	Units	Nutrient
	Food Energy	297.3600	kcal	Carbohydrate
				16.3599 g
A016	RICE, MEXICAN	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	78.7958	kcal	Carbohydrate
				13.4837 g
A057	BROCCOLI, STEAMED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	26.2924	kcal	Carbohydrate
				5.0593 g
1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	Nutrient	Value	Units	Nutrient
	Food Energy	52.5100	kcal	Carbohydrate
				13.4756 g

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A024	BISCUITS, MINI, WG	1	1.25 OUNCE	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	110.0000	kcal	Carbohydrate	15.0000	g
1333	BANANAS PREM 40LB	1	1/2 BANANA	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	52.5100	kcal	Carbohydrate	13.4756	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 4/3/2019

Feeding Figure: 170

Base Menu Plan: 3,923 EE 1-5Y LUNCH W2D3 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A456	ALFREDO CHICKEN, JTM penne	1	1 SERVING	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	232.6962	kcal	Carbohydrate	25.6039	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	3.5905	kcal	Carbohydrate	0.6010	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	11.6147	kcal	Carbohydrate	2.7139	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	8.1076	kcal	Carbohydrate	1.7522	g
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.1369	kcal	Carbohydrate	13.7866	g
A7078	STRAWBERRIES #7112	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	69.4375	kcal	Carbohydrate	16.4915	g

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7108	PEACHES DICED	1	SERVING 1/2 CUP	133
Nutrient		Value	Units	
	Food Energy	60.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	14.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
Nutrient		Value	Units	
	Food Energy	50.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
Nutrient		Value	Units	
	Food Energy	75.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
Nutrient		Value	Units	
	Food Energy	75.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/4/2019 **Feeding Figure:** 170
Base Menu Plan: 3,924 EE 1-5Y LUNCH W2D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
a364	SALISBURY STEAK, BEEF PATTY	1	1 SERVING	135
Nutrient		Value	Units	
	Food Energy	158.3467	kcal	
Nutrient		Value	Units	
	Carbohydrate	5.4765	g	
A026	ROLLS, WHEAT, WG	1	2 OUNCE	135
Nutrient		Value	Units	
	Food Energy	178.5303	kcal	
Nutrient		Value	Units	
	Carbohydrate	29.0164	g	
A005	POTATOES, MASHED	1	1/2 CUP	135
Nutrient		Value	Units	
	Food Energy	85.3963	kcal	
Nutrient		Value	Units	
	Carbohydrate	18.1467	g	
A524	GRAVY BROWN LS #2421	1	2 OZ	135
Nutrient		Value	Units	
	Food Energy	25.2695	kcal	
Nutrient		Value	Units	
	Carbohydrate	4.0431	g	
A070	CARROTS, COOKED	1	1/2 CUP	135
Nutrient		Value	Units	
	Food Energy	22.5109	kcal	
Nutrient		Value	Units	
	Carbohydrate	5.2526	g	
A053	APPLESAUCE, ROSY	1	1/2 CUP	135
Nutrient		Value	Units	
	Food Energy	62.0849	kcal	
Nutrient		Value	Units	
	Carbohydrate	16.0220	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
Nutrient		Value	Units	
	Food Energy	50.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	6.0000	g	

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2144	MILK 1% HALF GAL	1	6 OZ	68
Nutrient		Value	Units	
	Food Energy	75.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
Nutrient		Value	Units	
	Food Energy	75.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack
Date: 4/4/2019
Base Menu Plan: 4,392 EE 1-5Y SNACK W1D1 18-19
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 240

Stock Number	Description	Serving Size	Measure	Projected Quantity
2431	CRACKER CHED CHEESE CRISPY IW	1	PKG (1)	135
Nutrient		Value	Units	
	Food Energy	110.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	17.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
Nutrient		Value	Units	
	Food Energy	50.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
Nutrient		Value	Units	
	Food Energy	75.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
Nutrient		Value	Units	
	Food Energy	75.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast
Date: 4/5/2019
Base Menu Plan: 3,013 EE 1-5Y BFAST W2D5 18-19
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 170

Stock Number	Description	Serving Size	Measure	Projected Quantity
2001	CEREAL RICE CHEX	1	BOWL (1)	133
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	24.0000	g	
A029	TOAST, WG	1	1 SLICE	133
Nutrient		Value	Units	
	Food Energy	112.5000	kcal	
Nutrient		Value	Units	
	Carbohydrate	18.0000	g	
a7074	BLUEBERRIES #7074	1	1/2 CUP	133
Nutrient		Value	Units	
	Food Energy	39.5599	kcal	
Nutrient		Value	Units	
	Carbohydrate	9.2966	g	

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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
Nutrient		Value		Units
	Food Energy	50.0000	kcal	
Nutrient		Value		Units
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
Nutrient		Value		Units
	Food Energy	75.0000	kcal	
Nutrient		Value		Units
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
Nutrient		Value		Units
	Food Energy	75.0000	kcal	
Nutrient		Value		Units
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128
Nutrient		Value		Units
	Food Energy	25.0000	kcal	
Nutrient		Value		Units
	Carbohydrate	3.0000	g	
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6
Nutrient		Value		Units
	Food Energy	37.5000	kcal	
Nutrient		Value		Units
	Carbohydrate	2.7500	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/5/2019 **Feeding Figure:** 170
Base Menu Plan: 1,572 EE 2017-18 CHILI
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A080	CHILI	1	3/4 CUP	135
Nutrient		Value		Units
	Food Energy	194.4703	kcal	
Nutrient		Value		Units
	Carbohydrate	18.8556	g	
1923	CRACKER SALTINE (WG)	1	PKG (2 CRACKERS)	135
Nutrient		Value		Units
	Food Energy	30.0003	kcal	
Nutrient		Value		Units
	Carbohydrate	4.5000	g	
2350	MUFFIN WG CORNBREAD IW	1	PKG (1.8 OZ)	135
Nutrient		Value		Units
	Food Energy	150.0000	kcal	
Nutrient		Value		Units
	Carbohydrate	23.0000	g	
4118	BOWL DISPOSABLE 12 OZ	1	BOWL (1)	135
Nutrient		Value		Units
	Food Energy	*	kcal	
Nutrient		Value		Units
	Carbohydrate	*	g	
A011	VEGETABLES, MIXED	1	1/2 CUP	135
Nutrient		Value		Units
	Food Energy	38.4764	kcal	
Nutrient		Value		Units
	Carbohydrate	8.4649	g	
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	135
Nutrient		Value		Units
	Food Energy	60.0000	kcal	
Nutrient		Value		Units
	Carbohydrate	16.0000	g	

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2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/5/2019 **Feeding Figure:** 240
Base Menu Plan: 3,063 EE 1-5Y SNACK W2D5,W4D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	29.4972	kcal	Carbohydrate	7.5488	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/9/2019 **Feeding Figure:** 172
Base Menu Plan: 3,015 EE 1-5Y BFAST W3D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	279.4904	kcal	Carbohydrate	38.4986	g
7108	PEACHES DICED	1	SERVING 1/2 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0000	kcal	Carbohydrate	14.0000	g

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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/9/2019 **Feeding Figure:** 170
Base Menu Plan: 3,927 EE 1-5Y LUNCH W3D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A345	PIZZA FIESTADA WG #2170	1	1 PIECE	135
	Nutrient	Value	Units	Nutrient
	Food Energy	340.0001	kcal	Carbohydrate
				39.0000 g
A070	CARROTS, COOKED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	22.5109	kcal	Carbohydrate
				5.2526 g
A046	STRAWBERRY FRUIT MEDLEY	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	47.1682	kcal	Carbohydrate
				11.4230 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/9/2019 **Feeding Figure:** 240
Base Menu Plan: 3,936 EE 1-5Y SNACK W1D2,W3D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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2393	CRACKER BEAN AND VEG IW	1	PKG (1)	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>140.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	140.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>22.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	22.0000	g	
Nutrient	Value	Units														
Food Energy	140.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	22.0000	g														
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34												
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Nutrient	Value	Units														
Food Energy	50.0000	kcal														
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Carbohydrate	6.0000	g														
2144	MILK 1% HALF GAL	1	6 OZ	68												
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Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	5.5000	g														

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/10/2019 **Feeding Figure:** 172
Base Menu Plan: 3,016 EE 1-5Y BFAST W3D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity												
A474	YOGURT TRIX cherry #2412	1	1 CONTAINER	133												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>80.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	80.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>15.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	15.0000	g	
Nutrient	Value	Units														
Food Energy	80.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	15.0000	g														
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	133												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>100.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	100.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>20.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	20.0000	g	
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Nutrient	Value	Units														
Carbohydrate	20.0000	g														
1333	BANANAS PREM 40LB	1	1/2 BANANA	133												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>52.5100</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	52.5100	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>13.4756</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	13.4756	g	
Nutrient	Value	Units														
Food Energy	52.5100	kcal														
Nutrient	Value	Units														
Carbohydrate	13.4756	g														
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2												
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Nutrient	Value	Units														
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Nutrient	Value	Units														
Food Energy	75.0000	kcal														
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Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	5.5000	g														
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128												
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Nutrient	Value	Units														
Food Energy	25.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	3.0000	g														

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Independence Central Office

Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		37.5000	kcal	Carbohydrate		2.7500	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/10/2019 **Feeding Figure:** 170
Base Menu Plan: 3,928 EE 1-5Y LUNCH W3D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A194	WG CHICKEN PARM-SPAGHETTI	1	1 SERVING	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		441.2048	kcal	Carbohydrate		74.2795	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		3.5905	kcal	Carbohydrate		0.6010	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		11.6147	kcal	Carbohydrate		2.7139	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		8.1076	kcal	Carbohydrate		1.7522	g
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		82.4860	kcal	Carbohydrate		15.5007	g
1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		13.0000	g
2365	DRESSING RANCH OTT'S	1	Ounce	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		85.8443	kcal	Carbohydrate		4.2922	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

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Independence Central Office

Scheduled Menu Plans

Serving Period: Snack
Date: 4/10/2019
Base Menu Plan: 3,055 EE 1-5Y SNACK W3D3 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 240

Stock Number	Description	Serving Size	Measure	Projected Quantity												
A410	WG SQUARES CHERRY BERRY #2349	1	1 MUFFIN SQUARE	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>74.9008</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	74.9008	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>14.3135</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	14.3135	g	
Nutrient	Value	Units														
Food Energy	74.9008	kcal														
Nutrient	Value	Units														
Carbohydrate	14.3135	g														
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34												
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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34												
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Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	5.5000	g														

Serving Period: Breakfast
Date: 4/11/2019
Base Menu Plan: 3,017 EE 1-5Y BFAST W3D4 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 172

Stock Number	Description	Serving Size	Measure	Projected Quantity												
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>201.9896</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	201.9896	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>4.4970</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	4.4970	g	
Nutrient	Value	Units														
Food Energy	201.9896	kcal														
Nutrient	Value	Units														
Carbohydrate	4.4970	g														
A029	TOAST, WG	1	1 SLICE	133												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>112.5000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	112.5000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>18.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	18.0000	g	
Nutrient	Value	Units														
Food Energy	112.5000	kcal														
Nutrient	Value	Units														
Carbohydrate	18.0000	g														
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>60.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	60.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>16.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	16.0000	g	
Nutrient	Value	Units														
Food Energy	60.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	16.0000	g														
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2												
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Nutrient	Value	Units														
Food Energy	50.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	6.0000	g														
2144	MILK 1% HALF GAL	1	6 OZ	127												
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Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	9.0000	g														

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Independence Central Office

Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/11/2019 **Feeding Figure:** 170
Base Menu Plan: 3,929 EE 1-5Y LUNCH W3D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A325	BEEF FINGERS #2074	1	4 FINGERS	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		230.0000	kcal	Carbohydrate		16.0000	g
A005	POTATOES, MASHED	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		85.3963	kcal	Carbohydrate		18.1467	g
A140	COUNTRY GRAVY	1	2 OZ	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		59.4904	kcal	Carbohydrate		8.4986	g
A010	GREEN BEANS	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		94.7210	kcal	Carbohydrate		18.6194	g
1161	JCE CUP FRZ STR /POM	1	CARTON (1)	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		70.0000	kcal	Carbohydrate		19.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/11/2019 **Feeding Figure:** 240
Base Menu Plan: 3,057 EE 1-5Y SNACK W3D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	Nutrient	Value	Units	
	Food Energy	52.5100	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.4756	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/12/2019 **Feeding Figure:** 172
Base Menu Plan: 3,018 EE 1-5Y BFAST W3D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A376	PIZZA BREAKFAST TRK/SAU #1196	1	1 PIZZA	133
	Nutrient	Value	Units	
	Food Energy	210.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	26.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	133
	Nutrient	Value	Units	
	Food Energy	29.4972	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.5488	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/12/2019 **Feeding Figure:** 170
Base Menu Plan: 3,930 EE 1-5Y LUNCH W3D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

A444	CHICKEN TERIYAKI W/ VEG EE	1	1 SERVING	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	256.0424	kcal	Carbohydrate	40.3998	g
A012	PEAS	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	71.6249	kcal	Carbohydrate	12.3532	g
7108	PEACHES DICED	1	SERVING 1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0000	kcal	Carbohydrate	14.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/12/2019 **Feeding Figure:** 240
Base Menu Plan: 3,052 EE 1-5Y SNACK W2D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2212	YOGURT TRIX STRAW/BAN 4 OZ	1	CONTAINER (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	15.0000	g
1353	JUICE APPLE 100%	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	55.0000	kcal	Carbohydrate	14.0000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/16/2019 **Feeding Figure:** 133
Base Menu Plan: 3,020 EE 1-5Y BFAST W4D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	201.9896	kcal	Carbohydrate	4.4970	g

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Independence Central Office

Scheduled Menu Plans

A024	BISCUITS, MINI, WG	1	1.25 OUNCE	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	110.0000	kcal	Carbohydrate	15.0000	g
A7078	STRAWBERRIES #7112	1	1/2 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	69.4375	kcal	Carbohydrate	16.4915	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/16/2019 **Feeding Figure:** 135
Base Menu Plan: 3,932 EE 1-5Y LUNCH W4D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A081	WG SOFT TACO W/MEAT	1	1 TACO	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	275.4966	kcal	Carbohydrate	24.5578	g
7045	SALSA	1	Ounce	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	8.8527	kcal	Carbohydrate	1.7705	g
A069	BEANS, REFRIED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	131.7402	kcal	Carbohydrate	20.3267	g
A359	CORN, COOKED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	133.2287	kcal	Carbohydrate	30.7451	g
1333	BANANAS PREM 40LB	1	1/2 BANANA	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	52.5100	kcal	Carbohydrate	13.4756	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g

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Independence Central Office

Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/17/2019 **Feeding Figure:** 135
Base Menu Plan: 3,061 EE 1-5Y SNACK W4D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1387	GRAHAMS ORIGINAL	1	PKG (1)	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		90.0000	kcal	Carbohydrate		16.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/18/2019 **Feeding Figure:** 133
Base Menu Plan: 3,022 EE 1-5Y BFAST W4D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A039	OATMEAL, APPLE CINNAMON	1	1 CUP	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		90.7747	kcal	Carbohydrate		19.5767	g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		60.0000	kcal	Carbohydrate		16.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g

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Independence Central Office

Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A474	YOGURT TRIX cherry #2412	1	1 CONTAINER	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	15.0000	g
1353	JUICE APPLE 100%	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	55.0000	kcal	Carbohydrate	14.0000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/19/2019 **Feeding Figure:** 133
Base Menu Plan: 3,023 EE 1-5Y BFAST W4D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A388	PANCAKE BANANA MINI	1	1 PKG	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	37.0000	g
a7074	BLUEBERRIES #7074	1	1/2 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	39.5599	kcal	Carbohydrate	9.2966	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/19/2019 **Feeding Figure:** 135
Base Menu Plan: 4,391 EE 1-5Y LUNCH W3D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A414	CHICKEN & NOODLES-GAGE	1	3/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	209.5704	kcal	Carbohydrate	26.7570	g

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Independence Central Office

Scheduled Menu Plans

A024	BISCUITS, MINI, WG	1	1.25 OUNCE	135
	Nutrient	Value	Units	Nutrient
	Food Energy	110.0000	kcal	Carbohydrate
				15.0000 g
A012	PEAS	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	71.6249	kcal	Carbohydrate
				12.3532 g
A7078	STRAWBERRIES #7112	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	69.4375	kcal	Carbohydrate
				16.4915 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/19/2019 **Feeding Figure:** 135
Base Menu Plan: 4,679 EE 1-5Y SNACK W2D5,W4D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
7071	PEACH CUPS FROZEN	1	CUP (1)	135
	Nutrient	Value	Units	Nutrient
	Food Energy	80.0000	kcal	Carbohydrate
				19.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/23/2019 **Feeding Figure:** 133
Base Menu Plan: 3,005 EE 1-5Y BFAST W1D2 18-19
Menu Comments:

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Independence Central Office

Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	279.4904	kcal	Carbohydrate	38.4986	g
7108	PEACHES DICED	1	SERVING 1/2 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0000	kcal	Carbohydrate	14.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 4/23/2019

Feeding Figure: 135

Base Menu Plan: 3,917 EE 1-5Y LUNCH W1D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2387	PIZZA CHEESE TONY'S 68521	1	PIZZA (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	349.9999	kcal	Carbohydrate	38.0000	g
A372	GREEN BEANS-2017	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	17.5420	kcal	Carbohydrate	3.3337	g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	29.4972	kcal	Carbohydrate	7.5488	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g

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Independence Central Office

Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/23/2019 **Feeding Figure:** 135
Base Menu Plan: 3,936 EE 1-5Y SNACK W1D2,W3D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		140.0000	kcal	Carbohydrate		22.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/24/2019 **Feeding Figure:** 133
Base Menu Plan: 3,006 EE 1-5Y BFAST W1D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
2383	WAFFLE MINI BLUEBERRY BASH	1	PKG (1)	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		200.0000	kcal	Carbohydrate		36.0000	g
1333	BANANAS PREM 40LB	1	1/2 BANANA	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		52.5100	kcal	Carbohydrate		13.4756	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g

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Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/24/2019 **Feeding Figure:** 135
Base Menu Plan: 3,918 EE 1-5Y LUNCH W1D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A082	WG SPAGHETTI & ZESTY MEATSAUCE	1	1 SERVING	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		346.9285	kcal	Carbohydrate		43.2430	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		3.5905	kcal	Carbohydrate		0.6010	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		8.1076	kcal	Carbohydrate		1.7522	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		11.6147	kcal	Carbohydrate		2.7139	g
a7024	BEANS, PINTO (SALAD BAR)	1	1/4 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		95.3707	kcal	Carbohydrate		17.5171	g
1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		13.0000	g
2366	DRESSING ITALIAN OTT'S	1	Ounce	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		29.3055	kcal	Carbohydrate		7.8148	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

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Independence Central Office

Scheduled Menu Plans

Serving Period: Snack
Date: 4/24/2019
Base Menu Plan: 3,045 EE 1-5Y SNACK W1D3 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity												
A410	WG SQUARES CHERRY BERRY #2349	1	1 MUFFIN SQUARE	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>74.9008</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	74.9008	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>14.3135</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	14.3135	g	
Nutrient	Value	Units														
Food Energy	74.9008	kcal														
Nutrient	Value	Units														
Carbohydrate	14.3135	g														
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34												
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Nutrient	Value	Units														
Food Energy	50.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	6.0000	g														
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34												
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Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	5.5000	g														
2144	MILK 1% HALF GAL	1	6 OZ	68												
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Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	9.0000	g														

Serving Period: Breakfast
Date: 4/25/2019
Base Menu Plan: 3,007 EE 1-5Y BFAST W1D4 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 133

Stock Number	Description	Serving Size	Measure	Projected Quantity												
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>201.9896</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	201.9896	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>4.4970</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	4.4970	g	
Nutrient	Value	Units														
Food Energy	201.9896	kcal														
Nutrient	Value	Units														
Carbohydrate	4.4970	g														
A029	TOAST, WG	1	1 SLICE	133												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>112.5000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	112.5000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>18.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	18.0000	g	
Nutrient	Value	Units														
Food Energy	112.5000	kcal														
Nutrient	Value	Units														
Carbohydrate	18.0000	g														
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>60.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	60.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>16.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	16.0000	g	
Nutrient	Value	Units														
Food Energy	60.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	16.0000	g														
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>50.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	50.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>6.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	6.0000	g	
Nutrient	Value	Units														
Food Energy	50.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	6.0000	g														
2144	MILK 1% HALF GAL	1	6 OZ	127												
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Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	9.0000	g														

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Independence Central Office

Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/25/2019 **Feeding Figure:** 135
Base Menu Plan: 1,003,961 EE 1-5Y LUNCH W1D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A353	CHICKEN NUGGETS WG#2345	1	1 SERVING (5)	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		170.0000	kcal	Carbohydrate		9.0000	g
A005	POTATOES, MASHED	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		85.3963	kcal	Carbohydrate		18.1467	g
A140	COUNTRY GRAVY	1	2 OZ	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		59.4904	kcal	Carbohydrate		8.4986	g
A057	BROCCOLI, STEAMED	1	1/2 CUP	125			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		26.2924	kcal	Carbohydrate		5.0593	g
A7078	STRAWBERRIES #7112	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		69.4375	kcal	Carbohydrate		16.4915	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/25/2019 **Feeding Figure:** 135
Base Menu Plan: 3,047 EE 1-5Y SNACK W1D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	Nutrient	Value	Units	
	Food Energy	52.5100	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/26/2019 **Feeding Figure:** 133
Base Menu Plan: 3,008 EE 1-5Y BFAST W1D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPACK (1)	133
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
A392	YOGURT TRIX #2212	1	1 CONTAINER	133
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	133
	Nutrient	Value	Units	
	Food Energy	29.4972	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128
	Nutrient	Value	Units	
	Food Energy	25.0000	kcal	

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Independence Central Office

Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6
	Nutrient	Value	Units	
	Food Energy	37.5000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7500	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 4/26/2019 **Feeding Figure:** 135
Base Menu Plan: 3,920 EE 1-5Y LUNCH W1D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	135
	Nutrient	Value	Units	
	Food Energy	340.4695	kcal	
	Nutrient	Value	Units	
	Carbohydrate	28.0117	g	
A425	POTATO CRINKLE FRIES	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	132.0316	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.7641	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	135
	Nutrient	Value	Units	
	Food Energy	10.2443	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.0638	g	
A070	CARROTS, COOKED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	22.5109	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.2526	g	
7108	PEACHES DICED	1	SERVING 1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	68
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
1097	MUSTARD	1	Ounce	14
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

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Independence Central Office

Scheduled Menu Plans

Serving Period: Snack
Date: 4/26/2019
Base Menu Plan: 3,046 EE 1-5Y SNACK W1D5 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1015	CHEESE STRING MOZ LT	1	PKG (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	0.0000	g
1923	CRACKER SALTINE (WG)	1	PKG (2 CRACKERS)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	30.0003	kcal	Carbohydrate	4.5000	g
1353	JUICE APPLE 100%	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	55.0000	kcal	Carbohydrate	14.0000	g

Serving Period: Breakfast
Date: 4/30/2019
Base Menu Plan: 3,010 EE 1-5Y BFAST W2D2 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 133

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A039	OATMEAL, APPLE CINNAMON	1	1 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	90.7747	kcal	Carbohydrate	19.5767	g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0000	kcal	Carbohydrate	16.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Lunch
Date: 4/30/2019
Base Menu Plan: 3,922 EE 1-5Y LUNCH W2D2 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 135

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Independence Central Office

Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity												
A077	QUESO BLANCO BEEF ENCHILADAS	1	2 ENCHILADAS	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>297.3600</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	297.3600	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>16.3599</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	16.3599	g	
Nutrient	Value	Units														
Food Energy	297.3600	kcal														
Nutrient	Value	Units														
Carbohydrate	16.3599	g														
A016	RICE, MEXICAN	1	1/2 CUP	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>78.7958</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	78.7958	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>13.4837</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	13.4837	g	
Nutrient	Value	Units														
Food Energy	78.7958	kcal														
Nutrient	Value	Units														
Carbohydrate	13.4837	g														
A057	BROCCOLI, STEAMED	1	1/2 CUP	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>26.2924</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	26.2924	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>5.0593</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	5.0593	g	
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Food Energy	26.2924	kcal														
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Carbohydrate	5.0593	g														
1333	BANANAS PREM 40LB	1	1/2 BANANA	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>52.5100</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	52.5100	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>13.4756</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	13.4756	g	
Nutrient	Value	Units														
Food Energy	52.5100	kcal														
Nutrient	Value	Units														
Carbohydrate	13.4756	g														
7045	SALSA	1	Ounce	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>8.8527</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	8.8527	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>1.7705</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	1.7705	g	
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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34												
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2144	MILK 1% HALF GAL	1	6 OZ	68												
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Nutrient	Value	Units														
Food Energy	75.0000	kcal														
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Carbohydrate	5.5000	g														

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 4/30/2019

Feeding Figure: 135

Base Menu Plan: 3,049 EE 1-5Y SNACK W2D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity												
2304	GOLDFISH COLORS CHED WG	1	PKG (1)	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>100.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	100.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>14.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	14.0000	g	
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Independence Central Office

Scheduled Menu Plans

Item ID	Item Name	Quantity	Unit	Total Value											
2144	MILK 1% HALF GAL	1	6 OZ	68											
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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34											
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