



Independence Central Office

Scheduled Menu Plans

**5100 Korte Elementary School**

**Serving Period:** Breakfast

**Serving Line:** MAIN

**Age Group:** Grades K-8

**Date:** 8/1/2018

**Feeding Figure:** 60

**Base Menu Plan:** 3,884 SMR 2018 K-8 BFAST W1D3

**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity												
A2090	NOTABLES COCOA PUFFS BAR #2090	1	1 PKG	463												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>320.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	320.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>65.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	65.0000	g	
Nutrient	Value	Units														
Food Energy	320.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	65.0000	g														
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>240.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	240.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>40.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	40.0000	g	
Nutrient	Value	Units														
Food Energy	240.0000	kcal														
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Carbohydrate	40.0000	g														
1333	BANANAS PREM 40LB	1	1/2 BANANA	397												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>52.5100</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	52.5100	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>13.4756</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	13.4756	g	
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Food Energy	52.5100	kcal														
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Carbohydrate	13.4756	g														
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	187												
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Food Energy	129.9999	kcal														
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A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	281												
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Nutrient	Value	Units														
Food Energy	100.0000	kcal														
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Carbohydrate	12.0000	g														

**Serving Period:** Lunch

**Serving Line:** MAIN

**Age Group:** Grades K-8

**Date:** 8/1/2018

**Feeding Figure:** 60

**Base Menu Plan:** 3,889 SMR 2018 K-8 LUNCH W1D3

**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity												
A082	WG SPAGHETTI & ZESTY MEATSAUCE	1	1 SERVING	511												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>235.2619</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	235.2619	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>21.9456</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	21.9456	g	
Nutrient	Value	Units														
Food Energy	235.2619	kcal														
Nutrient	Value	Units														
Carbohydrate	21.9456	g														
A379	BREADSTICK WG #1361	1	1 BREADSTICK	511												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>110.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	110.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>21.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	21.0000	g	
Nutrient	Value	Units														
Food Energy	110.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	21.0000	g														
A012	PEAS	1	1/2 CUP	511												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>40.9653</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	40.9653	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>7.6883</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	7.6883	g	
Nutrient	Value	Units														
Food Energy	40.9653	kcal														
Nutrient	Value	Units														
Carbohydrate	7.6883	g														

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\* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

1348	PEARS SLICD IN LS	1	SERVING 1/2 CUP	511
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
a131	SALAD, DARK GREENS- EL	1	1 CUP	26
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.1576	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	82.4860	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	26
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	409
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	103
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-8

Date: 8/1/2018

Feeding Figure: 60

Base Menu Plan: 3,894 SMR 2018 K-8 SNACK W1D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1461	PRETZELS HEARTS	1	BAG (1)	55
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	28
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	28
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	

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Independence Central Office

Scheduled Menu Plans

**Serving Period:** Breakfast

**Serving Line:** MAIN

**Age Group:** Grades K-8

**Date:** 8/2/2018

**Feeding Figure:** 60

**Base Menu Plan:** 3,885 SMR 2018 K-8 BFAST W1D4

**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A415	NOTABLES CINN TOAST #2082	1	1 PACK	463
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	269.9999	kcal	Carbohydrate
				56.0000 g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	4
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	240.0000	kcal	Carbohydrate
				40.0000 g
7071	PEACH CUPS FROZEN	1	CUP (1)	397
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	80.0000	kcal	Carbohydrate
				19.0000 g
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	187
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	129.9999	kcal	Carbohydrate
				24.9999 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	281
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

**Serving Period:** Lunch

**Serving Line:** MAIN

**Age Group:** Grades K-8

**Date:** 8/2/2018

**Feeding Figure:** 60

**Base Menu Plan:** 3,890 SMR 2018 K-8 LUNCH W1D4

**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A353	CHICKEN NUGGETS WG#2345	1	1 SERVING (5)	511
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	170.0000	kcal	Carbohydrate
				9.0000 g
A140	COUNTRY GRAVY	1	2 OZ	511
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	59.4904	kcal	Carbohydrate
				8.4986 g
A005	POTATOES, MASHED	1	1/2 CUP	511
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	85.3963	kcal	Carbohydrate
				18.1467 g
A327	ROLL, DINNER WG #1974	1	1 DINNER ROLL	511
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	130.0000	kcal	Carbohydrate
				20.0000 g

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A372	GREEN BEANS-2017	1	1/2 CUP	511
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	25.0683	kcal	
a436	APRICOTS #7073	1	1/2 CUP	511
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	109.9170	kcal	
a131	SALAD, DARK GREENS- EL	1	1 CUP	26
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.1576	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.1369	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	26
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	16
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
1086	SAUCE BBQ	1	Ounce	11
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.1618	kcal	
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	409
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	103
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-8

Date: 8/2/2018

Feeding Figure: 60

Base Menu Plan: 3,895 SMR 2018 K-8 SNACK W1D4

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

7075	STRAWBERRY CUPS FRZN	1	CUP (1)	55
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	90.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
7041	CHERRIES DRIED	1	1/8 CUP	55
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	2.3590	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.5831	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	28
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	28
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	24.9999	g	

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 8/3/2018      **Feeding Figure:** 60  
**Base Menu Plan:** 3,886 SMR 2018 K-8 BFAST W1D5  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A2064	NOTEABLES LUCKY CHARM #2064	1	1 PKG	463
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	280.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	57.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	4
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	240.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	40.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	397
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.4972	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.5488	g	
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	187
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	24.9999	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	281
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 8/3/2018      **Feeding Figure:** 60  
**Base Menu Plan:** 4,149 SMR 2018 K-8 LUNCH W1D5  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

A142	SANDWICH, EL TURKEY & CHEESE	1	1 SANDWICH	511
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	177.7234	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.0331	g	
1423	GOLDFISH CHEDDAR WG	1	PKG (1)	511
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
1206	CARROT IND. PAK 150/2 OZ	1	PKG (1) SERVING	511
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	25.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.0000	g	
7154	APPLESAUCE CUP BLUE RASP	1	CUP (1)	511
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	90.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
2365	DRESSING RANCH OTT'S	1	Ounce	26
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.2922	g	
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	409
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	24.9999	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	103
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-8  
**Date:** 8/3/2018 **Feeding Figure:** 60  
**Base Menu Plan:** 3,896 SMR 2018 K-8 SNACK W1D5  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	55
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	21.0000	g	
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	28
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	24.9999	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	28
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

**Serving Period:** Breakfast **Serving Line:** MAIN **Age Group:** Grades K-8  
**Date:** 8/6/2018 **Feeding Figure:** 60  
**Base Menu Plan:** 3,882 SMR 2018 K-8 BFAST W1D1  
**Menu Comments:**

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Independence Central Office

Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity
A415	NOTABLES CINN TOAST #2082	1	1 PACK	463
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	269.9999	kcal	Carbohydrate
				56.0000 g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	4
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	240.0000	kcal	Carbohydrate
				40.0000 g
7075	STRAWBERRY CUPS FRZN	1	CUP (1)	397
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	90.0000	kcal	Carbohydrate
				22.0001 g
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	187
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	129.9999	kcal	Carbohydrate
				24.9999 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	281
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-8

Date: 8/6/2018

Feeding Figure: 60

Base Menu Plan: 3,887 SMR 2018 K-8 LUNCH W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	511
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	340.4695	kcal	Carbohydrate
				28.0117 g
A425	POTATO CRINKLE FRIES #7120	1	1/2 CUP	511
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	88.0211	kcal	Carbohydrate
				15.1761 g
A057	BROCCOLI, STEAMED	1	1/2 CUP	511
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	12.0817	kcal	Carbohydrate
				2.3244 g
1344	FRUIT MIX IN LS	1	SERVING 1/2 CUP	511
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	80.0000	kcal	Carbohydrate
				17.9999 g
a131	SALAD, DARK GREENS- EL	1	1 CUP	26
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	7.1576	kcal	Carbohydrate
				1.1981 g

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Independence Central Office

Scheduled Menu Plans

a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7522	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	82.4860	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	15.5007	g	
2365	DRESSING RANCH OTT'S	1	Ounce	26
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.2922	g	
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	409
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	24.9999	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	256
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.3320	g	
1097	MUSTARD	1	Ounce	128
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	103
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-8

Date: 8/6/2018

Feeding Figure: 60

Base Menu Plan: 3,892 SMR 2018 K-8 SNACK W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	55
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	90.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	16.0000	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	28
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	28
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	24.9999	g	

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Independence Central Office

Scheduled Menu Plans

**Serving Period:** Breakfast  
**Date:** 8/7/2018  
**Base Menu Plan:** 3,883 SMR 2018 K-8 BFAST W1D2  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-8  
**Feeding Figure:** 60

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A2064	NOTEABLES LUCKY CHARM #2064	1	1 PKG	463		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	280.0000	kcal	Carbohydrate	57.0000	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	4		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	240.0000	kcal	Carbohydrate	40.0000	g
2105	APPLE WEDGES RED 100/2 OZ	1	PKG (2 OZ)	397		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	30.0000	kcal	Carbohydrate	7.0000	g
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	187		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	281		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g

**Serving Period:** Lunch  
**Date:** 8/7/2018  
**Base Menu Plan:** 3,888 SMR 2018 K-8 LUNCH W1D2  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-8  
**Feeding Figure:** 60

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A416	FIESTA NACHO-TACO MEAT	1	1 NACHO	511		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	480.0173	kcal	Carbohydrate	44.0775	g
7045	SALSA	1	1/4 CUP	511		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	20.0000	kcal	Carbohydrate	4.0000	g
A070	CARROTS, COOKED	1	1/2 CUP	511		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	27.9508	kcal	Carbohydrate	6.2113	g
1347	PEACHES SLICD IN LS	1	1/2 CUP	511		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	81.0000	kcal	Carbohydrate	19.8000	g

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Independence Central Office

Scheduled Menu Plans

a131	SALAD, DARK GREENS- EL	1	1 CUP	26
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.1576	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.1369	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	26
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	409
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	103
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades K-8  
**Date:** 8/7/2018 **Feeding Figure:** 60  
**Base Menu Plan:** 3,893 SMR 2018 K-8 SNACK W1D2  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
2358	ANNIE'S CHEDDAR BUNNIES	1	PKG (1)	55
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	90.0000	kcal	
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	28
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	28
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

**Serving Period:** Breakfast **Serving Line:** MAIN **Age Group:** Grades K-8  
**Date:** 8/8/2018 **Feeding Figure:** 60  
**Base Menu Plan:** 3,884 SMR 2018 K-8 BFAST W1D3  
**Menu Comments:**

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Independence Central Office

Scheduled Menu Plans

a360	CARROT, FRESH SHREDDED	1	1/4 CUP	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	6
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	82.4860	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	26
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	409
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	103
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-8

Date: 8/8/2018

Feeding Figure: 60

Base Menu Plan: 3,894 SMR 2018 K-8 SNACK W1D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1461	PRETZELS HEARTS	1	BAG (1)	55
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	28
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
A2154	MILK CHOC CARTON FF 8OZ #2154	1	1 CARTON	28
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	

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