



Independence Central Office

Scheduled Menu Plans

3000 G. C. Bingham Middle School

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades 6-8

Date: 8/16/2018

Feeding Figure: 35

Base Menu Plan: 3,159 MS 17-18 SNACK W2D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	35
	Nutrient	Value	Units	Nutrient
	Food Energy	90.0000	kcal	Carbohydrate
				16.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				24.9999 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	9
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades 6-8

Date: 8/17/2018

Feeding Figure: 35

Base Menu Plan: 4,138 MS 18-19 SNACK W2D5

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1922	SUNFLOWER SEED KERN	1	PKG (1)	35
	Nutrient	Value	Units	Nutrient
	Food Energy	170.0000	kcal	Carbohydrate
				6.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				24.9999 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	9
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g

Trans Fat is displayed for informational purposes only, not for monitoring.

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

Serving Period: Snack
Date: 8/20/2018
Base Menu Plan: 4,139 MS 18-19 SNACK W3D1
Menu Comments:

Serving Line: MAIN

Age Group: Grades 6-8
Feeding Figure: 35

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1424	GOLDFISH HOT & SPICY	1	PKG (1)	35		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	14.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	12		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	12		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	12		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

Serving Period: Snack
Date: 8/21/2018
Base Menu Plan: 4,140 MS 18-19 SNACK W3D2
Menu Comments:

Serving Line: MAIN

Age Group: Grades 6-8
Feeding Figure: 35

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	35		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	21.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	9		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

Serving Period: Snack
Date: 8/22/2018
Base Menu Plan: 4,141 MS 18-19 SNACK W3D3
Menu Comments:

Serving Line: MAIN

Age Group: Grades 6-8
Feeding Figure: 35

Trans Fat is displayed for informational purposes only, not for monitoring.
 * Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

1446	CHEX SIMPLY STRAW WG	1	BAG (1)	35
Nutrient		Value	Units	
	Food Energy	120.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	24.9999	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	9
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	12.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 8/27/2018 **Feeding Figure:** 35
Base Menu Plan: 4,144 MS 18-19 SNACK W4D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1860	GRANOLA BAR SMORE	1	PKG (.84 OZ)	35
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	19.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	24.9999	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	9
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	12.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 8/28/2018 **Feeding Figure:** 35
Base Menu Plan: 4,145 MS 18-19 SNACK W4D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1461	PRETZELS HEARTS	1	BAG (1)	35
Nutrient		Value	Units	
	Food Energy	80.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	16.0000	g	

Trans Fat is displayed for informational purposes only, not for monitoring.
 * Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	6
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	16
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 8/29/2018 **Feeding Figure:** 35
Base Menu Plan: 4,146 MS 18-19 SNACK W4D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A1223	CARROTS BABY 30LBS	1	3/4 CUP	35
	Nutrient	Value	Units	
	Food Energy	29.7850	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0122	g	
1130	RANCH DIPPING LIGHT	1	PACKET	35
	Nutrient	Value	Units	
	Food Energy	30.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	9
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 8/30/2018 **Feeding Figure:** 35
Base Menu Plan: 4,147 MS 18-19 SNACK W4D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	35
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.0000	g	

Trans Fat is displayed for informational purposes only, not for monitoring.
 * Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	9
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack
Date: 8/31/2018
Serving Line: MAIN
Age Group: Grades 6-8
Base Menu Plan: 4,148 MS 18-19 SNACK W4D5
Feeding Figure: 35
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1911	CHEETO PUFF	1	PKG (1)	35
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.0000	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	9
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	9
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	18
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Trans Fat is displayed for informational purposes only, not for monitoring.
 * Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.