



Independence Central Office

Scheduled Menu Plans

6090 Sycamore Hills Elementary School

Serving Period: Snack
Date: 8/14/2019
Base Menu Plan: 4,826 EL 19-20 SNACK W1D3
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 50

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2431	CRACKER CHED CHEESE CRISPY IW	1	PKG (1)	63		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	110.0000	kcal	Carbohydrate	17.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack
Date: 8/15/2019
Base Menu Plan: 4,827 EL 19-20 SNACK W1D4
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 50

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1446	CHEX SIMPLY STRAW WG	1	PKG	63		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

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Serving Period: Snack
Date: 8/16/2019
Base Menu Plan: 4,828 EL 19-20 SNACK W1D5
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 50

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2473	MUFFINS BLUEBERRY IW	1	PKG (1)	63		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	150.0000	kcal	Carbohydrate	23.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack
Date: 8/19/2019
Base Menu Plan: 4,829 EL 19-20 SNACK W2D1
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 50

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	63		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	140.0000	kcal	Carbohydrate	22.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack
Date: 8/20/2019
Base Menu Plan: 4,830 EL 19-20 SNACK W2D2
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 50

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Stock Number	Description	Serving Size	Measure	Projected Quantity		
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	63		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	21.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack
Date: 8/21/2019
Base Menu Plan: 4,831 EL 19-20 SNACK W2D3
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 50

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1423	GOLDFISH CHEDDAR WG	1	PKG (1)	63		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	14.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack
Date: 8/22/2019
Base Menu Plan: 4,832 EL 19-20 SNACK W2D4
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 50

Stock Number	Description	Serving Size	Measure	Projected Quantity
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1130	RANCH DIPPING LIGHT	1	PACKET	63
	Nutrient	Value	Units	
	Food Energy	30.0000	kcal	
1223	CARROT BABY 25 LBS	1	3/4 CUP	63
	Nutrient	Value	Units	
	Food Energy	37.2094	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	16
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/23/2019 **Feeding Figure:** 50
Base Menu Plan: 4,833 EL 19-20 SNACK W2D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	63
	Nutrient	Value	Units	
	Food Energy	346.1538	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/26/2019 **Feeding Figure:** 63
Base Menu Plan: 4,834 EL 19-20 SNACK W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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1435	COOKIE SMART PR WG	1	PKG (1.0 OZ)	63
Nutrient		Value	Units	
	Food Energy	130.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	11
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	29
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/27/2019 **Feeding Figure:** 63
Base Menu Plan: 4,835 EL 19-20 SNACK W3D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2106	APPLE SLICES 100/2 OZ	2	PKG	63
Nutrient		Value	Units	
	Food Energy	60.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/28/2019 **Feeding Figure:** 63
Base Menu Plan: 4,836 EL 19-20 SNACK W3D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1446	CHEX SIMPLY STRAW WG	1	PKG	63
Nutrient		Value	Units	
	Food Energy	120.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	

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2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/29/2019 **Feeding Figure:** 63
Base Menu Plan: 4,837 EL 19-20 SNACK W3D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2474	MUFFINS APPLE CINNAMON IW	1	PKG (1)	63
	Nutrient	Value	Units	
	Food Energy	140.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/30/2019 **Feeding Figure:** 63
Base Menu Plan: 4,838 EL 19-20 SNACK W3D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1912	CHEEZ-IT WHOLE GRAIN	1	PKG (1)	63
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

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Item ID	Item Name	Quantity	Unit	Count	Unit	Count
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)			16
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)			26
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

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* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.