



Independence Central Office

Scheduled Menu Plans

3050 James Bridger Middle School

Serving Period: Snack
Date: 8/14/2019
Base Menu Plan: 4,861 MS 19-20 SNACK W1D3
Menu Comments:

Serving Line: MAIN

Age Group: Grades 6-8
Feeding Figure: 20

Stock Number	Description	Serving Size	Measure	Projected Quantity
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	20
	Nutrient	Value	Units	Nutrient
	Food Energy	140.0000	kcal	Carbohydrate
				22.0000 g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10
	Nutrient	Value	Units	Nutrient
	Food Energy	200.0000	kcal	Carbohydrate
				7.0000 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	3
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				11.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	10
	Nutrient	Value	Units	Nutrient
	Food Energy	120.0001	kcal	Carbohydrate
				22.0001 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g

Serving Period: Snack
Date: 8/15/2019
Base Menu Plan: 4,862 MS 19-20 SNACK W1D4
Menu Comments:

Serving Line: MAIN

Age Group: Grades 6-8
Feeding Figure: 20

Stock Number	Description	Serving Size	Measure	Projected Quantity
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	20
	Nutrient	Value	Units	Nutrient
	Food Energy	120.0000	kcal	Carbohydrate
				21.0000 g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10
	Nutrient	Value	Units	Nutrient
	Food Energy	200.0000	kcal	Carbohydrate
				7.0000 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				11.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		120.0001	kcal	Carbohydrate		22.0001	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 8/16/2019 **Feeding Figure:** 20
Base Menu Plan: 4,863 MS 19-20 SNACK W1D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1423	GOLDFISH CHEDDAR WG	1	PKG (1)	20			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		100.0000	kcal	Carbohydrate		14.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		200.0000	kcal	Carbohydrate		7.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		129.9999	kcal	Carbohydrate		23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		100.0000	kcal	Carbohydrate		11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		120.0001	kcal	Carbohydrate		22.0001	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 8/19/2019 **Feeding Figure:** 40
Base Menu Plan: 4,864 MS 19-20 SNACK W2D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1387	GRAHAMS ORIGINAL	1	PKG (1)	20			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		346.1538	kcal	Carbohydrate		65.3847	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		200.0000	kcal	Carbohydrate		7.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		129.9999	kcal	Carbohydrate		23.0000	g

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1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack
Date: 8/20/2019
Base Menu Plan: 4,865 MS 19-20 SNACK W2D2
Menu Comments:

Serving Line: MAIN
Age Group: Grades 6-8
Feeding Figure: 40

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1912	CHEEZ-IT WHOLE GRAIN	1	PKG (1)	20		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	14.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack
Date: 8/21/2019
Base Menu Plan: 4,866 MS 19-20 SNACK W2D3
Menu Comments:

Serving Line: MAIN
Age Group: Grades 6-8
Feeding Figure: 40

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A1223	CARROTS BABY 30LBS	1	3/4 CUP	20		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	29.7850	kcal	Carbohydrate	7.0122	g
1130	RANCH DIPPING LIGHT	1	PACKET	20		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	30.0000	kcal	Carbohydrate	6.0000	g

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1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	5
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	10
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 8/22/2019 **Feeding Figure:** 40
Base Menu Plan: 4,867 MS 19-20 SNACK W2D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1860	GRANOLA BAR SMORE	1	PKG (.84 OZ)	20
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	19.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 8/23/2019 **Feeding Figure:** 40
Base Menu Plan: 4,868 MS 19-20 SNACK W2D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1922	SUNFLOWER SEED KERN	1	PKG (1)	20
	Nutrient	Value	Units	
	Food Energy	170.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	

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7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 8/26/2019 **Feeding Figure:** 20
Base Menu Plan: 4,869 MS 19-20 SNACK W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1424	GOLDFISH HOT & SPICY	1	PKG (1)	20
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	7
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	7
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	7
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 8/27/2019 **Feeding Figure:** 20
Base Menu Plan: 4,870 MS 19-20 SNACK W3D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	20
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	21.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 8/28/2019 **Feeding Figure:** 20
Base Menu Plan: 4,871 MS 19-20 SNACK W3D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1461	PRETZELS HEARTS	1	BAG (1)	20
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 8/29/2019 **Feeding Figure:** 20
Base Menu Plan: 4,872 MS 19-20 SNACK W3D4
Menu Comments:

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Stock Number	Description	Serving Size	Measure	Projected Quantity		
2106	APPLE SLICES 100/2 OZ	2	PKG	20		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	14.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	5		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	10		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades 6-8

Date: 8/30/2019

Feeding Figure: 20

Base Menu Plan: 4,873 MS 19-20 SNACK W3D5

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1446	CHEX SIMPLY STRAW WG	1	PKG	20		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	23.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	10		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	8		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	5		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	8		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

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