



April



Middle School Snack Menu

Meal Prices	
Student	
Breakfast	\$1.70
Reduced	.30
Lunch	\$2.80
Reduced	.40
Adult	
Breakfast	\$2.00
Lunch	\$3.45
Extra Milk	.50

NON-DISCRIMINATION:
All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410



Monday	Tuesday	Wednesday	Thursday	Friday
1 ORIGINAL GRAHAMS PEANUT BUTTER CUP MILK CHOICE	2 CHEEZ-IT CRACKERS PEANUT BUTTER CUP MILK CHOICE	3 BABY CARROTS LIGHT RANCH DIP MILK CHOICE	4 GRANOLA BAR SMORE PEANUT BUTTER CUP MILK CHOICE	5 SUNFLOWER SEED KERNELS PEANUT BUTTER CUP MILK CHOICE
8 SPICY GOLDFISH CRACKERS PEANUT BUTTER CUP MILK CHOICE	9 LEMON/BLUEBERRY CRISPY BITES PEANUT BUTTER CUP MILK CHOICE	10 PRETZEL HEARTS PEANUT BUTTER CUP MILK CHOICE	11 CRISPY VEGGIE CRACKERS PEANUT BUTTER CUP MILK CHOICE	12 RASPBERRY MINI BITES PEANUT BUTTER CUP MILK CHOICE
15 GRANOLA BAR SMORE PEANUT BUTTER CUP MILK CHOICE	16 PRETZEL HEARTS PEANUT BUTTER CUP MILK CHOICE	17 BABY CARROTS LIGHT RANCH DIP MILK CHOICE	18 ORIGINAL GRAHAMS PEANUT BUTTER CUP MILK CHOICE	19 CHEETO PUFFS PEANUT BUTTER CUP MILK CHOICE
22 PRETZEL HEARTS PEANUT BUTTER CUP MILK CHOICE	23 RASPBERRY MINI BITES PEANUT BUTTER CUP MILK CHOICE	24 CRISPY VEGGIE CRACKERS PEANUT BUTTER CUP MILK CHOICE	25 LEMON/BLUEBERRY CRISPY BITES PEANUT BUTTER CUP MILK CHOICE	26 GOLDFISH CRACKERS PEANUT BUTTER CUP MILK CHOICE
29 ORIGINAL GRAHAMS PEANUT BUTTER CUP MILK CHOICE	30 CHEEZ-IT CRACKERS PEANUT BUTTER CUP MILK CHOICE			



My Plate is based on the current dietary guidelines released by the government, which encourages Americans to eat more fruits, vegetables, whole grains, and fewer processed foods. It is a reminder to find your healthy eating style and build it throughout your lifetime.

Money may be deposited into your students meal account by sending cash or personal checks payable to the school nutrition center or by paying online with a credit/debit card using MypaymentsPlus.com