

School Breakfast  
ready SET GO!

read  
play  
learn  
run  
dream



# Hanthorn Breakfast Menu

2018



My Plate is based on new dietary guidelines released by the government last January, which encourages Americans to eat more fruits, vegetables, and whole grains and fewer processed foods. It is part of a concerted effort by the Department of Agriculture and the First Lady to improve nutrition, especially among children.



**NON-DISCRIMINATION:**  
All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410



WG - Whole Grain

Monday	Tuesday	Wednesday	Thursday	Friday
		1 WG CHEERIOS CEREAL ASSORTED YOGURT BANANA MILK	2	3
6	7	8	9	10
		15 NEW SCHOOL YEAR STARTS	16 WG MINI BANANA PANCAKES PEACHES MILK	17 WG RICE CHEX CEREAL WG TOAST BLUEBERRIES MILK
		20	21 WG BISCUITS & GRAVY PEACHES MILK	22 WG CHEERIOS CEREAL ASSORTED YOGURT BANANA MILK
27	28 CHEESY SCRAMBLED EGGS WG MINI BISCUIT STRAWBERRIES MILK	29 WG STRAWBERRY PANCAKES BANANA MILK	30 WG APPLE CINN OATMEAL PEARS MILK	31 WG MINI BANANA PANCAKES BLUEBERRIES MILK

# AUGUST

## Hanthorn Lunch Menu

2018



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Monday	Tuesday	Wednesday	Thursday	Friday
		1 WG CHICKEN PARMESAN MIXED GREENS SALAD RANCH DRESSING APPLESAUCE MILK	2	3
6	7	8	9	10
13 <b>WELCOME BACK</b>		15 <b>NEW SCHOOL YEAR STARTS</b> →	16 CHEESEBURGER ON WG BUN LETTUCE/TOMATO/PICKLE COOKED CARROTS PEACHES MILK	17 WG TANGERINE CHICKEN WG STEAMED RICE COOKED PEAS PEARS MILK
20	21 WG FIESTADA PIZZA COOKED CARROTS STRAWBERRY MEDLEY MILK	22 WG CHICKEN PARMESAN MIXED GREENS SALAD RANCH DRESSING APPLESAUCE MILK	23 WG BEEF FINGERS MASHED POTATOES & COUNTRY GRAVY GREEN BEANS STRAW/POM JUICE CUP MILK	24 CHICKEN TERIYAKI WG LOMEIN NOODLES COOKED PEAS PEACHES MILK
27	28 WG SOFT SHELLED TACO SALSA REFRIED BEANS COOKED CORN BANANA MILK	29 WG BEEFY MAC & CHEESE MIXED GREENS SALAD RANCH DRESSING PEACHES MILK	30 SLICED MEATLOAF WG HOT ROLL MASH POTATOES & BEEF GRAVY COOKED CARROTS HOT SPICED APPLES MILK	31 HOT HAM & CHEESE ON WG GOLDFISH BREAD GLAZED SWEET POTATOES PEARS MILK

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WG - Whole Grain



# AUGUST

## Hanthorn Snack Menu

2018



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WG - Whole Grain

Monday	Tuesday	Wednesday	Thursday	Friday
		1 1-5 YEAR GOLDFISH CRACKERS MILK	2	3
6	7	8	9	10
		15 NEW SCHOOL YEAR STARTS →	16 1-5 YEAR ASSORTED YOGURT 100% APPLE JUICE	17 1-5 YEAR ORANGE WEDGES MILK
		20	21 1-5 YEAR CRISPY VEGGIE CRACKERS MILK	22 1-5 YEAR WG CHERRY BERRY MUFFIN SQUARES MILK
27	28 1-5 YEAR CINNAMON APPLESAUCE CUP MILK	29 1-5 YEAR WG ORIGINAL GRAHAMS MILK	30 1-5 YEAR ASSORTED YOGURT 100% APPLE JUICE	31 1-5 YEAR ORANGE WEDGES MILK



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