



August

Middle School Snack Menu

2018

Meal Prices	
Student	
Breakfast	\$1.70
Reduced	.30
Lunch	\$2.80
Reduced	.40
Adult	
Breakfast	\$2.00
Lunch	\$3.45
Extra Milk	.50

NON-DISCRIMINATION:
All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7			10
13	14	15 NEW SCHOOL YEAR STARTS ➔	16 ORIGINAL GRAHAMS MILK CHOICE	17 SUNFLOWER SEED KERNELS MILK CHOICE
20 SPICY GOLDFISH CRACKERS MILK CHOICE	21 LEMON/BLEUBERRY CRISPY BITES MILK CHOICE	22 PRETZEL HEARTS MILK CHOICE	23 CRISPY VEGGIE CRACKERS MILK CHOICE	24 SIMPLY STRAWBERRY CHEX MILK CHOICE
27 GRANOLA BAR SMORE MILK CHOICE	28 PRETZEL HEARTS MILK CHOICE	29 BABY CARROTS LIGHT RANCH DIP MILK CHOICE	30 ORIGINAL GRAHAMS MILK CHOICE	31 CHEETO PUFFS MILK CHOICE



My Plate is based on new dietary guidelines released by the government last January, which encourages Americans to eat more fruits, vegetables, and whole grains and fewer processed foods. It is part of a concerted effort by the Department of Agriculture and the First Lady to improve nutrition, especially among children.

Money may be deposited into your students meal account by sending cash or personal checks payable to the school nutrition center or by paying online with a credit/debit card using MypaymentsPlus.com