

# AUGUST

## Middle School Snack Menu 2019

Meal Prices	
Student	
Breakfast	\$1.80
Reduced	.30
Lunch	\$2.90
Reduced	.40
Adult	
Breakfast	\$2.15
Lunch	\$3.60
Extra Milk	.50

**NON-DISCRIMINATION:**  
All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410



Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
12	13 <b>SCHOOL BEGINS</b> 	14 CRISPY VEGGIE CRACKERS PEANUT BUTTER CUP MILK CHOICE	15 BLUEBERRY LEMON CRISPY BITES PEANUT BUTTER CUP MILK CHOICE	16 GOLDFISH CRACKERS PEANUT BUTTER CUP MILK CHOICE
19 ORIGINAL GRAHAMS PEANUT BUTTER CUP MILK CHOICE	20 CHEEZ-IT CRACKERS PEANUT BUTTER CUP MILK CHOICE	21 BABY CARROTS LIGHT RANCH DIP MILK CHOICE	22 GRANOLA BAR SMORE PEANUT BUTTER CUP MILK CHOICE	23 SUNFLOWER SEED KERNELS PEANUT BUTTER CUP MILK CHOICE
26 SPICY GOLDFISH CRACKERS PEANUT BUTTER CUP MILK CHOICE	27 BLUEBERRY LEMON CRISPY BITES PEANUT BUTTER CUP MILK CHOICE	28 PRETZEL HEARTS PEANUT BUTTER CUP MILK CHOICE	29 APPLE SLICES PEANUT BUTTER CUP MILK CHOICE	30 SIIMPLY STRAWBERRY CHEX PEANUT BUTTER CUP MILK CHOICE



My Plate is based on the current dietary guidelines released by the government, which encourages Americans to eat more fruits, vegetables, whole grains, and fewer processed foods. It is a reminder to find your healthy eating style and build it throughout your lifetime.

Money may be deposited into your students meal account by sending cash or personal checks payable to the school nutrition center or by paying online with a credit/debit card using [www.myschoolbucks.com](http://www.myschoolbucks.com)