



Independence Central Office

Scheduled Menu Plans

7500 Hanthorn Early Education

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 12/4/2018

Feeding Figure: 170

Base Menu Plan: 3,010 EE 1-5Y BFAST W2D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A039	OATMEAL, APPLE CINNAMON	1	1 CUP	133
	Nutrient	Value	Units	Nutrient
	Food Energy	90.7747	kcal	Carbohydrate
				19.5767 g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0000	kcal	Carbohydrate
				16.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 12/4/2018

Feeding Figure: 165

Base Menu Plan: 3,922 EE 1-5Y LUNCH W2D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A077	QUESO BLANCO BEEF ENCHILADAS	1	2 ENCHILADAS	135
	Nutrient	Value	Units	Nutrient
	Food Energy	297.3600	kcal	Carbohydrate
				16.3599 g
A016	RICE, MEXICAN	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	78.7958	kcal	Carbohydrate
				13.4837 g
A057	BROCCOLI, STEAMED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	13.2031	kcal	Carbohydrate
				2.1230 g
1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	Nutrient	Value	Units	Nutrient
	Food Energy	52.5100	kcal	Carbohydrate
				13.4756 g

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A024	BISCUITS, MINI, WG	1	1.25 OUNCE	133
	Nutrient	Value	Units	Nutrient
	Food Energy	110.0000	kcal	Carbohydrate
				15.0000 g
1333	BANANAS PREM 40LB	1	1/2 BANANA	133
	Nutrient	Value	Units	Nutrient
	Food Energy	52.5100	kcal	Carbohydrate
				13.4756 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 12/5/2018 **Feeding Figure:** 165
Base Menu Plan: 3,923 EE 1-5Y LUNCH W2D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A456	ALFREDO CHICKEN, JTM penne	1	1 SERVING	135
	Nutrient	Value	Units	Nutrient
	Food Energy	232.6962	kcal	Carbohydrate
				25.6039 g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	3.5905	kcal	Carbohydrate
				0.6010 g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	11.6147	kcal	Carbohydrate
				2.7139 g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	8.1076	kcal	Carbohydrate
				1.7522 g
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	75.1369	kcal	Carbohydrate
				13.7866 g
A7078	STRAWBERRIES #7078	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	39.6486	kcal	Carbohydrate
				10.3086 g

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128
	Nutrient	Value	Units	
	Food Energy	25.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	3.0000	g	
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6
	Nutrient	Value	Units	
	Food Energy	37.5000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7500	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 12/7/2018 **Feeding Figure:** 165
Base Menu Plan: 1,572 EE 2017-18 CHILI
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A080	CHILI	1	3/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	194.4703	kcal	
	Nutrient	Value	Units	
	Carbohydrate	18.8556	g	
1923	CRACKER SALTINE (WG)	1	PKG (2 CRACKERS)	135
	Nutrient	Value	Units	
	Food Energy	30.0003	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.5000	g	
2350	MUFFIN WG CORNBREAD IW	1	PKG (1.8 OZ)	135
	Nutrient	Value	Units	
	Food Energy	150.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
4019	BOWL 12 OZ CAMP	1	BOWL	135
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A011	VEGETABLES, MIXED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	38.4764	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.4649	g	
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 12/7/2018 **Feeding Figure:** 240
Base Menu Plan: 3,063 EE 1-5Y SNACK W2D5,W4D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		29.4972	kcal	Carbohydrate		7.5488	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 12/11/2018 **Feeding Figure:** 133
Base Menu Plan: 3,015 EE 1-5Y BFAST W3D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		279.4904	kcal	Carbohydrate		38.4986	g
7108	PEACHES DICED	1	SERVING 1/2 CUP	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		60.0000	kcal	Carbohydrate		14.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 12/11/2018 **Feeding Figure:** 135
Base Menu Plan: 3,927 EE 1-5Y LUNCH W3D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A345	PIZZA FIESTADA WG #2170	1	1 PIECE	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		340.0001	kcal	Carbohydrate		39.0000	g
A070	CARROTS, COOKED	1	1/2 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		27.9508	kcal	Carbohydrate		6.2113	g
A046	STRAWBERRY FRUIT MEDLEY	1	1/2 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		55.0857	kcal	Carbohydrate		13.4023	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 12/11/2018 **Feeding Figure:** 135
Base Menu Plan: 3,936 EE 1-5Y SNACK W1D2,W3D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		140.0000	kcal	Carbohydrate		22.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g

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2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 12/12/2018 **Feeding Figure:** 133
Base Menu Plan: 1,003,436 EE 1-5Y BFAST W3D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133
	Nutrient	Value	Units	Nutrient
	Food Energy	206.0239	kcal	Carbohydrate
				4.6987 g
A029	TOAST, WG	1	1 SLICE	133
	Nutrient	Value	Units	Nutrient
	Food Energy	112.5000	kcal	Carbohydrate
				18.0000 g
1333	BANANAS PREM 40LB	1	1/2 BANANA	133
	Nutrient	Value	Units	Nutrient
	Food Energy	52.5100	kcal	Carbohydrate
				13.4756 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 12/12/2018 **Feeding Figure:** 135
Base Menu Plan: 3,918 EE 1-5Y LUNCH W1D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A082	WG SPAGHETTI & ZESTY MEATSAUCE	1	1 SERVING	135
	Nutrient	Value	Units	Nutrient
	Food Energy	235.2619	kcal	Carbohydrate
				21.9456 g

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a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	3.5905	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.6010	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
a7024	BEANS, PINTO (SALAD BAR)	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	95.3707	kcal	
	Nutrient	Value	Units	
	Carbohydrate	17.5171	g	
1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.0000	g	
2366	DRESSING ITALIAN OTT'S	1	Ounce	135
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.8148	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 12/12/2018

Feeding Figure: 135

Base Menu Plan: 3,055 EE 1-5Y SNACK W3D3 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A410	WG SQUARES CHERRY BERRY #2349	1	1 MUFFIN SQUARE	135
	Nutrient	Value	Units	
	Food Energy	74.9008	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.3135	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	

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2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 12/13/2018 **Feeding Figure:** 133
Base Menu Plan: 1,003,437 EE 1-5Y BFAST W3D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A474	YOGURT TRIX cherry #2412	1	1 CONTAINER	133
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.0000	g	
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	133
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	20.0000	g	
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128
	Nutrient	Value	Units	
	Food Energy	25.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	3.0000	g	
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6
	Nutrient	Value	Units	
	Food Energy	37.5000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7500	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 12/13/2018 **Feeding Figure:** 135
Base Menu Plan: 3,468 EE TURKEY DAY DECEMBER
Menu Comments:

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Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A407	ROAST TURKEY-2017	1	3 OUNCES	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.7050	kcal	Carbohydrate	0.0382	g
1343	SAUCE CRANBERRY	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	26.0000	g
A026	ROLLS, WHEAT, WG	1	2 OUNCE	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	178.5303	kcal	Carbohydrate	29.0164	g
A005	POTATOES, MASHED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	85.3963	kcal	Carbohydrate	18.1467	g
A525	GRAVY POULTRY LS #2422	1	2 OZ	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	2.3897	kcal	Carbohydrate	0.2868	g
2392	COOKIE HOLIDAY LEAF	1	COOKIE (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	19.0000	g
A372	GREEN BEANS-2017	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	21.1679	kcal	Carbohydrate	4.2590	g
1347	PEACHES SLICD IN LS	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	81.0000	kcal	Carbohydrate	19.8000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 12/13/2018

Feeding Figure: 135

Base Menu Plan: 3,057 EE 1-5Y SNACK W3D4 18-19

Menu Comments:

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Stock Number	Description	Serving Size	Measure	Projected Quantity
1333	BANANAS PREM 40LB	1	1/2 BANANA	135
Nutrient		Value Units		Nutrient
	Food Energy	52.5100	kcal	Carbohydrate
				13.4756 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
Nutrient		Value Units		Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
Nutrient		Value Units		Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
Nutrient		Value Units		Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 12/14/2018 **Feeding Figure:** 133
Base Menu Plan: 3,018 EE 1-5Y BFAST W3D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A376	PIZZA BREAKFAST TRK/SAU #1196	1	1 PIZZA	133
Nutrient		Value Units		Nutrient
	Food Energy	210.0000	kcal	Carbohydrate
				26.0000 g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	133
Nutrient		Value Units		Nutrient
	Food Energy	29.4972	kcal	Carbohydrate
				7.5488 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
Nutrient		Value Units		Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
Nutrient		Value Units		Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
Nutrient		Value Units		Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 12/14/2018 **Feeding Figure:** 135
Base Menu Plan: 4,391 EE 1-5Y LUNCH W3D5 18-19
Menu Comments:

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Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity
A414	CHICKEN & NOODLES-GAGE	1	3/4 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	209.5704	kcal	Carbohydrate
				26.7570 g
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	135
	Nutrient	Value	Units	Nutrient
	Food Energy	110.0000	kcal	Carbohydrate
				15.0000 g
A012	PEAS	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	40.9653	kcal	Carbohydrate
				7.6883 g
A7078	STRAWBERRIES #7078	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	39.6486	kcal	Carbohydrate
				10.3086 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 12/14/2018

Feeding Figure: 135

Base Menu Plan: 3,058 EE 1-5Y SNACK W3D5 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2358	ANNIE'S CHEDDAR BUNNIES	1	PKG (1)	135
	Nutrient	Value	Units	Nutrient
	Food Energy	90.0000	kcal	Carbohydrate
				13.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g

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Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 12/18/2018 **Feeding Figure:** 133
Base Menu Plan: 3,020 EE 1-5Y BFAST W4D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		206.0239	kcal	Carbohydrate		4.6987	g
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		110.0000	kcal	Carbohydrate		15.0000	g
A7078	STRAWBERRIES #7078	1	1/2 CUP	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		39.6486	kcal	Carbohydrate		10.3086	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 12/18/2018 **Feeding Figure:** 135
Base Menu Plan: 3,932 EE 1-5Y LUNCH W4D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A081	WG SOFT TACO W/MEAT	1	1 TACO	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		275.4966	kcal	Carbohydrate		24.5578	g
7045	SALSA	1	Ounce	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		8.8527	kcal	Carbohydrate		1.7705	g

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Scheduled Menu Plans

A069	BEANS, REFRIED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	131.7402	kcal	
A359	CORN, COOKED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	99.2998	kcal	
1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	Nutrient	Value	Units	
	Food Energy	52.5100	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 12/18/2018

Feeding Figure: 135

Base Menu Plan: 3,060 EE 1-5Y SNACK W4D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
7158	APPLESAUCE CUP CINNAMON	1	CUP (1)	135
	Nutrient	Value	Units	
	Food Energy	59.7557	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 12/19/2018

Feeding Figure: 133

Base Menu Plan: 4,152 EE 1-5Y BFAST W4D3 18-19

Menu Comments:

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Independence Central Office

Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A468	PANCAKE STRAWBERRY #2410	1	1 PKG	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	220.0000	kcal	Carbohydrate	40.0000	g
1333	BANANAS PREM 40LB	1	1/2 BANANA	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	52.5100	kcal	Carbohydrate	13.4756	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 12/19/2018

Feeding Figure: 135

Base Menu Plan: 3,933 EE 1-5Y LUNCH W4D3 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A116	WG BEEFY MAC & CHEESE	1	6 OUNCES	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	308.7066	kcal	Carbohydrate	31.5483	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	3.5905	kcal	Carbohydrate	0.6010	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	11.6147	kcal	Carbohydrate	2.7139	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	8.1076	kcal	Carbohydrate	1.7522	g
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.1369	kcal	Carbohydrate	13.7866	g

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Scheduled Menu Plans

7108	PEACHES DICED	1	SERVING 1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0000	kcal	Carbohydrate
				14.0000 g
2365	DRESSING RANCH OTT'S	1	Ounce	135
	Nutrient	Value	Units	Nutrient
	Food Energy	85.8443	kcal	Carbohydrate
				4.2922 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack	Serving Line: MAIN	Age Group: Grades K-5
Date: 12/19/2018		Feeding Figure: 135
Base Menu Plan: 3,061 EE 1-5Y SNACK W4D3 18-19		
Menu Comments:		

Stock Number	Description	Serving Size	Measure		Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)		135
	Nutrient	Value	Units	Nutrient	Value
	Food Energy	90.0000	kcal	Carbohydrate	16.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)		34
	Nutrient	Value	Units	Nutrient	Value
	Food Energy	50.0000	kcal	Carbohydrate	6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ		68
	Nutrient	Value	Units	Nutrient	Value
	Food Energy	75.0000	kcal	Carbohydrate	9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)		34
	Nutrient	Value	Units	Nutrient	Value
	Food Energy	75.0000	kcal	Carbohydrate	5.5000 g

Serving Period: Breakfast	Serving Line: MAIN	Age Group: Grades K-5
Date: 12/20/2018		Feeding Figure: 133
Base Menu Plan: 3,022 EE 1-5Y BFAST W4D4 18-19		
Menu Comments:		

Stock Number	Description	Serving Size	Measure		Projected Quantity
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Scheduled Menu Plans

A039	OATMEAL, APPLE CINNAMON	1	1 CUP	133
	Nutrient	Value	Units	Nutrient
	Food Energy	90.7747	kcal	Carbohydrate
				19.5767 g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0000	kcal	Carbohydrate
				16.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 12/20/2018 **Feeding Figure:** 135
Base Menu Plan: 3,934 EE 1-5Y LUNCH W4D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A084	MEATLOAF-SLICES	1	1 SLICE	135
	Nutrient	Value	Units	Nutrient
	Food Energy	227.0069	kcal	Carbohydrate
				16.9442 g
A026	ROLLS, WHEAT, WG	1	2 OUNCE	135
	Nutrient	Value	Units	Nutrient
	Food Energy	178.5303	kcal	Carbohydrate
				29.0164 g
A005	POTATOES, MASHED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	85.3963	kcal	Carbohydrate
				18.1467 g
A524	GRAVY BROWN LS #2421	1	2 OZ	135
	Nutrient	Value	Units	Nutrient
	Food Energy	25.2695	kcal	Carbohydrate
				4.0431 g
A057	BROCCOLI, STEAMED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	13.2031	kcal	Carbohydrate
				2.1230 g
A050	APPLES, HOT SPICED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	121.4842	kcal	Carbohydrate
				26.3734 g

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Scheduled Menu Plans

2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack
Date: 12/20/2018
Base Menu Plan: 3,062 EE 1-5Y SNACK W4D4 18-19
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity
A474	YOGURT TRIX cherry #2412	1	1 CONTAINER	135
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.0000	g	
1353	JUICE APPLE 100%	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	55.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	

Serving Period: Breakfast
Date: 12/21/2018
Base Menu Plan: 3,023 EE 1-5Y BFAST W4D5 18-19
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 133

Stock Number	Description	Serving Size	Measure	Projected Quantity
A388	PANCAKE BANANA MINI	1	1 PKG	133
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
a7074	BLUEBERRIES #7074	1	1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	38.6000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.3710	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	

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