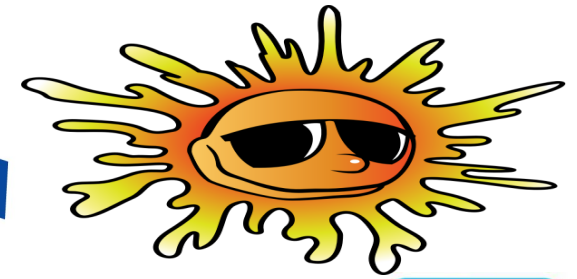


# JUNE



## Middle School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 ORIGINAL GRAHAMS MILK CHOICE	4 CHEEZ-IT CRACKERS MILK CHOICE	5 PRETZEL HEARTS MILK CHOICE	6 LEMON/BLEUBERRY CRISPY BITES MILK CHOICE	7
10 ORIGINAL GRAHAMS MILK CHOICE	11 CHEEZ-IT CRACKERS MILK CHOICE	12 PRETZEL HEARTS MILK CHOICE	13 LEMON/BLEUBERRY CRISPY BITES MILK CHOICE	14
17 ORIGINAL GRAHAMS MILK CHOICE	18 CHEEZ-IT CRACKERS MILK CHOICE	19 PRETZEL HEARTS MILK CHOICE	20 LEMON/BLEUBERRY CRISPY BITES MILK CHOICE	21
24 ORIGINAL GRAHAMS MILK CHOICE	25 CHEEZ-IT CRACKERS MILK CHOICE	26 PRETZEL HEARTS MILK CHOICE	27 LEMON/BLEUBERRY CRISPY BITES MILK CHOICE	28



My Plate is based on the current dietary guidelines released by the government, which encourages Americans to eat more fruits, vegetables, whole grains, and fewer processed foods. It is a reminder to find your healthy eating style and build it throughout your lifetime.

**NON-DISCRIMINATION:**  
All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410

