



Independence Central Office

Scheduled Menu Plans

1075 William Chrisman High School

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades 9-12

Date: 3/1/2019

Feeding Figure: 0

Base Menu Plan: 4,314 HS 18-19 SNACK W1D5

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1423	GOLDFISH CHEDDAR WG	1	PKG (1)	100		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	14.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades 9-12

Date: 3/4/2019

Feeding Figure: 0

Base Menu Plan: 4,315 HS 18-19 SNACK W2D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1387	GRAHAMS ORIGINAL	1	PKG (1)	100		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	90.0000	kcal	Carbohydrate	16.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		129.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 3/5/2019 **Feeding Figure:** 0
Base Menu Plan: 4,316 HS 18-19 SNACK W2D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1912	CHEEZ-IT WHOLE GRAIN	1	PKG (1)	100
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		14.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
Food Energy		200.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		12.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
Food Energy		129.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		24.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		129.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 3/6/2019 **Feeding Figure:** 80
Base Menu Plan: 4,317 HS 18-19 SNACK W2D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1223	CARROT BABY 30 LBS	1	3/4 CUP	100
Nutrient		Value	Units	
Food Energy		37.2094	kcal	
Nutrient		Value	Units	
Carbohydrate		8.7602	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
Food Energy		200.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		12.0000	g	

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2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	24.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 3/7/2019 **Feeding Figure:** 0
Base Menu Plan: 4,318 HS 18-19 SNACK W2D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1860	GRANOLA BAR SMORE	1	PKG (.84 OZ)	100
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	19.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
	Food Energy	200.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	12.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	24.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 3/8/2019 **Feeding Figure:** 0
Base Menu Plan: 4,319 HS 18-19 SNACK W2D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1922	SUNFLOWER SEED KERN	1	PKG (1)	100
Nutrient		Value	Units	
	Food Energy	170.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	6.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
	Food Energy	200.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.0000	g	

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1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 3/11/2019 **Feeding Figure:** 0
Base Menu Plan: 4,320 HS 18-19 SNACK W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1424	GOLDFISH HOT & SPICY	1	PKG (1)	100
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 3/12/2019 **Feeding Figure:** 0
Base Menu Plan: 4,321 HS 18-19 SNACK W3D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	100
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	21.0000	g	

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2393	CRACKER BEAN AND VEG IW	1	PKG (1)	100
	Nutrient	Value	Units	
	Food Energy	140.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 3/15/2019 **Feeding Figure:** 0
Base Menu Plan: 4,324 HS 18-19 SNACK W3D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1446	CHEX SIMPLY STRAW WG	1	BAG (1)	100
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 3/18/2019 **Feeding Figure:** 100
Base Menu Plan: 4,325 HS 18-19 SNACK W4D1
Menu Comments:

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Stock Number	Description	Serving Size	Measure	Projected Quantity		
1860	GRANOLA BAR SMORE	1	PKG (.84 OZ)	100		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	19.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades 9-12

Date: 3/19/2019

Feeding Figure: 100

Base Menu Plan: 4,326 HS 18-19 SNACK W4D2

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1461	PRETZELS HEARTS	1	BAG (1)	100		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	16.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

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Independence Central Office

Scheduled Menu Plans

Serving Period: Snack
Date: 3/20/2019
Base Menu Plan: 4,327 HS 18-19 SNACK W4D3
Menu Comments:

Serving Line: MAIN

Age Group: Grades 9-12
Feeding Figure: 100

Stock Number	Description	Serving Size	Measure	Projected Quantity												
1223	CARROT BABY 30 LBS	1	3/4 CUP	100												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>37.2094</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	37.2094	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>8.7602</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	8.7602	g	
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Food Energy	37.2094	kcal														
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7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50												
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1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25												
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2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50												
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Food Energy	129.9999	kcal														
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Serving Period: Snack
Date: 3/21/2019
Base Menu Plan: 4,328 HS 18-19 SNACK W4D4
Menu Comments:

Serving Line: MAIN

Age Group: Grades 9-12
Feeding Figure: 100

Stock Number	Description	Serving Size	Measure	Projected Quantity												
1387	GRAHAMS ORIGINAL	1	PKG (1)	100												
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Nutrient	Value	Units														
Food Energy	129.9999	kcal														
Nutrient	Value	Units														
Carbohydrate	24.9999	g														

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* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



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Scheduled Menu Plans

2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		129.9999	kcal	Carbohydrate		23.0000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 3/22/2019 **Feeding Figure:** 100
Base Menu Plan: 4,329 HS 18-19 SNACK W4D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1911	CHEETO PUFF	1	PKG (1)	100			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		90.0000	kcal	Carbohydrate		13.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		200.0000	kcal	Carbohydrate		7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		100.0000	kcal	Carbohydrate		12.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		129.9999	kcal	Carbohydrate		24.9999	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		129.9999	kcal	Carbohydrate		23.0000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 3/25/2019 **Feeding Figure:** 100
Base Menu Plan: 4,310 HS 18-19 SNACK W1D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1461	PRETZELS HEARTS	1	BAG (1)	100			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		80.0000	kcal	Carbohydrate		16.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		200.0000	kcal	Carbohydrate		7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		100.0000	kcal	Carbohydrate		12.0000	g

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Independence Central Office

Scheduled Menu Plans

2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack
Date: 3/26/2019
Base Menu Plan: 4,311 HS 18-19 SNACK W1D2
Menu Comments:

Serving Line: MAIN
Age Group: Grades 9-12
Feeding Figure: 100

Stock Number	Description	Serving Size	Measure	Projected Quantity
2215	CRISPS CINNAMON	1	PKG (1)	100
	Nutrient	Value	Units	
	Food Energy	150.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	25.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

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