### Middle School Super Snack Menu 2020

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td>2</td>
<td>WG Turkey Ham &amp; Cheese Wrap Sliced Apples Baby Carrots Milk</td>
<td>3</td>
<td>Meat &amp; Cheese Sticks WG Goldfish Crackers Amazin Raisins Mango Swirl Juice Milk</td>
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<tr>
<td>9</td>
<td>WG Turkey Ham &amp; Cheese Wrap Sliced Apples Baby Carrots Milk</td>
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<td>11</td>
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<td>16</td>
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<td>18</td>
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<td>23</td>
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</tbody>
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**SPRING BREAK**
March 20-March 27

**NOTE:**
- WG = Whole Grain product
- My Plate is based on the current dietary guidelines released by the government, which encourages Americans to eat more fruits, vegetables, whole grains, and fewer processed foods. It is a reminder to find your healthy eating style and build it throughout your lifetime.
- NON-DISCRIMINATION: All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410

**Meal Prices**
- **Student**
  - Breakfast: $1.80
  - Lunch: $2.90
  - Reduced: $1.50
  - Extra Milk: $.50
- **Adult**
  - Breakfast: $2.15
  - Lunch: $3.70
  - Extra Milk: $.50

**Money may be deposited into your students meal account by sending cash or personal checks payable to the school nutrition center or by paying online with a credit/debit card using www.myschoolbucks.com**

**We reserve the right to make menu substitutions as necessary**