



Independence Central Office

Scheduled Menu Plans

3000 G. C. Bingham Middle School

Serving Period: Snack
Date: 11/1/2018
Base Menu Plan: 4,132 MS 18-19 SNACK W1D4
Menu Comments:

Serving Line: MAIN

Age Group: Grades 6-8
Feeding Figure: 35

Stock Number	Description	Serving Size	Measure	Projected Quantity
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	35
	Nutrient	Value	Units	Nutrient
	Food Energy	120.0000	kcal	Carbohydrate
				21.0000 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	9
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				24.9999 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g

Serving Period: Snack
Date: 11/2/2018
Base Menu Plan: 4,133 MS 18-19 SNACK W1D5
Menu Comments:

Serving Line: MAIN

Age Group: Grades 6-8
Feeding Figure: 35

Stock Number	Description	Serving Size	Measure	Projected Quantity
1423	GOLDFISH CHEDDAR WG	1	PKG (1)	35
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				14.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				24.9999 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	9
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g

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Serving Period: Snack
Date: 11/5/2018
Base Menu Plan: 4,134 MS 18-19 SNACK W2D1
Menu Comments:

Serving Line: MAIN

Age Group: Grades 6-8
Feeding Figure: 35

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1387	GRAHAMS ORIGINAL	1	PKG (1)	35		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	90.0000	kcal	Carbohydrate	16.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	9		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

Serving Period: Snack
Date: 11/6/2018
Base Menu Plan: 4,135 MS 18-19 SNACK W2D2
Menu Comments:

Serving Line: MAIN

Age Group: Grades 6-8
Feeding Figure: 35

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1912	CHEEZ-IT WHOLE GRAIN	1	PKG (1)	35		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	14.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	9		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

Serving Period: Snack
Date: 11/7/2018
Base Menu Plan: 4,136 MS 18-19 SNACK W2D3
Menu Comments:

Serving Line: MAIN

Age Group: Grades 6-8
Feeding Figure: 35

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Stock Number	Description	Serving Size	Measure	Projected Quantity		
A1223	CARROTS BABY 30LBS	1	3/4 CUP	35		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	29.7850	kcal	Carbohydrate	7.0122	g
1130	RANCH DIPPING LIGHT	1	PACKET	35		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	30.0000	kcal	Carbohydrate	6.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	9		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	9		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	18		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

Serving Period: Snack
Date: 11/8/2018
Base Menu Plan: 4,137 MS 18-19 SNACK W2D4
Menu Comments:

Serving Line: MAIN
Age Group: Grades 6-8
Feeding Figure: 35

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1860	GRANOLA BAR SMORE	1	PKG (.84 OZ)	35		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	19.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	9		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

Serving Period: Snack
Date: 11/9/2018
Base Menu Plan: 4,138 MS 18-19 SNACK W2D5
Menu Comments:

Serving Line: MAIN
Age Group: Grades 6-8
Feeding Figure: 35

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2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	35
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	21.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	9
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/14/2018 **Feeding Figure:** 35
Base Menu Plan: 4,141 MS 18-19 SNACK W3D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1461	PRETZELS HEARTS	1	BAG (1)	35
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	9
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/15/2018 **Feeding Figure:** 35
Base Menu Plan: 4,142 MS 18-19 SNACK W3D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	35
	Nutrient	Value	Units	
	Food Energy	140.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0000	g	

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1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	9
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	9
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	18
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/16/2018 **Feeding Figure:** 35
Base Menu Plan: 4,143 MS 18-19 SNACK W3D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2409	COOKIE MINI RASPBERRY WG	1	PKG (1)	35
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	20.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	9
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/19/2018 **Feeding Figure:** 35
Base Menu Plan: 4,144 MS 18-19 SNACK W4D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1860	GRANOLA BAR SMORE	1	PKG (.84 OZ)	35
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	19.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.9999	g	

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		129.9999	kcal	Carbohydrate		23.0000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/27/2018 **Feeding Figure:** 35
Base Menu Plan: 4,130 MS 18-19 SNACK W1D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
2409	COOKIE MINI RASPBERRY WG	1	PKG (1)	35			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		120.0000	kcal	Carbohydrate		20.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	9			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		100.0000	kcal	Carbohydrate		12.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	9			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		129.9999	kcal	Carbohydrate		24.9999	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	18			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		129.9999	kcal	Carbohydrate		23.0000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 6-8
Date: 11/28/2018 **Feeding Figure:** 35
Base Menu Plan: 4,131 MS 18-19 SNACK W1D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	35			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		140.0000	kcal	Carbohydrate		22.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	6			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		100.0000	kcal	Carbohydrate		12.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	17			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		129.9999	kcal	Carbohydrate		23.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		129.9999	kcal	Carbohydrate		24.9999	g

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Independence Central Office

Scheduled Menu Plans

Serving Period: Snack
Date: 11/29/2018
Base Menu Plan: 4,132 MS 18-19 SNACK W1D4
Menu Comments:

Serving Line: MAIN

Age Group: Grades 6-8
Feeding Figure: 35

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	35		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	21.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	9		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

Serving Period: Snack
Date: 11/30/2018
Base Menu Plan: 4,133 MS 18-19 SNACK W1D5
Menu Comments:

Serving Line: MAIN

Age Group: Grades 6-8
Feeding Figure: 35

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1423	GOLDFISH CHEDDAR WG	1	PKG (1)	35		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	14.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	13		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	24.9999	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	9		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	14		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

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