



Independence Central Office

Scheduled Menu Plans

**5100 Korte Elementary School**

**Serving Period:** Breakfast

**Serving Line:** EE MAIN

**Age Group:** Grades K-5

**Date:** 9/4/2018

**Feeding Figure:** 16

**Base Menu Plan:** 4,045 EE/EL MAIN BFAST W1D2 18-19

**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A388	PANCAKE BANANA MINI	1	1 PKG	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	200.0000	kcal	Carbohydrate	37.0000	g
A7078	STRAWBERRIES #7078	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	39.6486	kcal	Carbohydrate	10.3086	g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g

**Serving Period:** Lunch

**Serving Line:** EE MAIN

**Age Group:** Grades K-5

**Date:** 9/4/2018

**Feeding Figure:** 16

**Base Menu Plan:** 4,065 EE/EL 18-19 LUNCH W1D2

**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A330	PIZZA CHEESE TONY'S #2387	1	1 SLICE	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	349.9999	kcal	Carbohydrate	38.0000	g
A359	CORN, COOKED	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	99.2998	kcal	Carbohydrate	20.8661	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	3.5905	kcal	Carbohydrate	0.6010	g
a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	5.8094	kcal	Carbohydrate	1.3574	g
A361	TOMATO, FRESH DICED	1	1/8 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	4.1189	kcal	Carbohydrate	0.8901	g
A7020	BEANS, BLACK (SALAD BAR)	1	1/8 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	37.5766	kcal	Carbohydrate	6.8948	g

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A043	PEARS AND BLUEBERRIES, EE	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.8816	kcal	Carbohydrate
				13.2209 g
2365	DRESSING RANCH OTT'S	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	85.8443	kcal	Carbohydrate
				4.2922 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

**Serving Period:** Snack **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/4/2018 **Feeding Figure:** 14  
**Base Menu Plan:** 4,085 EE/EL MAIN 18-19 SNACK W1D2  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
7075	STRAWBERRY CUPS FRZN	1	CUP (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	90.0000	kcal	Carbohydrate
				22.0001 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

**Serving Period:** Breakfast **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/5/2018 **Feeding Figure:** 16  
**Base Menu Plan:** 4,046 EE/EL MAIN BFAST W1D3 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A324	PIZZA 3.67oz TRKY SAU BRKFST	1	1 PIZZA	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	240.0000	kcal	Carbohydrate
				31.0000 g
1333	BANANAS PREM 40LB	1	1/2 BANANA	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	52.5100	kcal	Carbohydrate
				13.4756 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

**Serving Period:** Lunch **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/5/2018 **Feeding Figure:** 16  
**Base Menu Plan:** 4,066 EE/EL 18-19 LUNCH W1D3  
**Menu Comments:**

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Stock Number	Description	Serving Size	Measure	Projected Quantity
A482	CHICKEN ORANGE STIR-FRY-BANKO	1	1 SERVING	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	126.0141	kcal	Carbohydrate
				12.5645 g
A019	RICE, STEAMED	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	48.0310	kcal	Carbohydrate
				7.4240 g
A130	PEAS & CARROTS	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	51.2616	kcal	Carbohydrate
				10.0415 g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	3.5905	kcal	Carbohydrate
				0.6010 g
a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	5.8094	kcal	Carbohydrate
				1.3574 g
A361	TOMATO, FRESH DICED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	4.1189	kcal	Carbohydrate
				0.8901 g
A448	BEANS, RED (SALAD BAR)	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	32.4963	kcal	Carbohydrate
				2.9997 g
1344	FRUIT MIX IN LS	1	SERVING 1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	80.0000	kcal	Carbohydrate
				17.9999 g
2366	DRESSING ITALIAN OTT'S	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	29.3055	kcal	Carbohydrate
				7.8148 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

Serving Period: Snack

Serving Line: EE MAIN

Age Group: Grades K-5

Date: 9/5/2018

Feeding Figure: 14

Base Menu Plan: 4,086 EE/EL MAIN 18-19 SNACK W1D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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2358	ANNIE'S CHEDDAR BUNNIES	1	PKG (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	90.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	13.0000	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

**Serving Period:** Breakfast      **Serving Line:** EE MAIN      **Age Group:** Grades K-5  
**Date:** 9/6/2018      **Feeding Figure:** 16  
**Base Menu Plan:** 4,047 EE/EL MAIN BFAST W1D4 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	20.0000	g	
A029	TOAST, WG	1	1/2 SLICE	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	56.2312	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.9970	g	
1348	PEARS SLICD IN LS	1	SERVING 1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	20.0000	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

**Serving Period:** Lunch      **Serving Line:** EE MAIN      **Age Group:** Grades K-5  
**Date:** 9/6/2018      **Feeding Figure:** 16  
**Base Menu Plan:** 4,067 EE/EL 18-19 LUNCH W1D4  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A383	CHICKEN PATTY WG BREADED#2344	1	1 PATTY	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	171.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	9.0000	g	
A140	COUNTRY GRAVY	1	2 OZ	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	59.4904	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.4986	g	
A005	POTATOES, MASHED	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.3963	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.1467	g	

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A327	ROLL, DINNER WG #1974	1	1 DINNER ROLL	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	130.0000	kcal	
A252	CHERRY CRISP w/o stabilizer	1	1 piece	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	184.8850	kcal	
A372	GREEN BEANS-2017	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	25.9948	kcal	
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	3.5905	kcal	
a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	5.8094	kcal	
A361	TOMATO, FRESH DICED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	4.1189	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	41.2567	kcal	
a7074	BLUEBERRIES #7159	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	40.0211	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

Serving Period: Snack

Serving Line: EE MAIN

Age Group: Grades K-5

Date: 9/6/2018

Feeding Figure: 14

Base Menu Plan: 4,087 EE/EL MAIN 18-19 SNACK W1D4

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1015	CHEESE STRING MOZ LT	1	PKG (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	

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1923	CRACKER SALTINE (WG)	1	PKG (2 CRACKERS)	10												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>30.0003</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	30.0003	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>4.5000</td> <td>g</td> </tr> </tbody> </table>			Nutrient	Value	Units	Carbohydrate	4.5000	g
Nutrient	Value	Units														
Food Energy	30.0003	kcal														
Nutrient	Value	Units														
Carbohydrate	4.5000	g														
2280	JUICE APPLE 100% SUNCUP 4 OZ	1	CARTON (1)	10												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>50.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	50.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>12.9999</td> <td>g</td> </tr> </tbody> </table>			Nutrient	Value	Units	Carbohydrate	12.9999	g
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Food Energy	50.0000	kcal														
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**Serving Period:** Breakfast      **Serving Line:** EE MAIN      **Age Group:** Grades K-5  
**Date:** 9/7/2018      **Feeding Figure:** 16  
**Base Menu Plan:** 4,048 EE/EL MAIN BFAST W1D5 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity												
A464	PANCAKE BLUEBERRY BASH #2383	1	1 PKG	10												
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Nutrient	Value	Units														
Food Energy	200.0000	kcal														
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Carbohydrate	36.0000	g														
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	10												
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Food Energy	29.4972	kcal														
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A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10												
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**Serving Period:** Lunch      **Serving Line:** EE MAIN      **Age Group:** Grades K-5  
**Date:** 9/7/2018      **Feeding Figure:** 16  
**Base Menu Plan:** 4,068 EE/EL 18-19 LUNCH W1D5  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity												
A082	WG SPAGHETTI & ZESTY MEATSAUCE	1	1 SERVING	10												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>235.2619</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	235.2619	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>21.9456</td> <td>g</td> </tr> </tbody> </table>			Nutrient	Value	Units	Carbohydrate	21.9456	g
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Food Energy	235.2619	kcal														
Nutrient	Value	Units														
Carbohydrate	21.9456	g														
A379	BREADSTICK WG #1361	1	1 BREADSTICK	10												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>110.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	110.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>21.0000</td> <td>g</td> </tr> </tbody> </table>			Nutrient	Value	Units	Carbohydrate	21.0000	g
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a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10												
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Carbohydrate	0.6010	g														
a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>5.8094</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	5.8094	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>1.3574</td> <td>g</td> </tr> </tbody> </table>			Nutrient	Value	Units	Carbohydrate	1.3574	g
Nutrient	Value	Units														
Food Energy	5.8094	kcal														
Nutrient	Value	Units														
Carbohydrate	1.3574	g														

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A361	TOMATO, FRESH DICED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	4.1189	kcal	Carbohydrate
				0.8901 g
A7020	BEANS, BLACK (SALAD BAR)	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	37.5766	kcal	Carbohydrate
				6.8948 g
A057	BROCCOLI, STEAMED	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	12.0817	kcal	Carbohydrate
				2.3244 g
a436	APRICOTS #7073	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	109.9170	kcal	Carbohydrate
				24.9812 g
2366	DRESSING ITALIAN OTT'S	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	29.3055	kcal	Carbohydrate
				7.8148 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

**Serving Period:** Snack **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/7/2018 **Feeding Figure:** 14  
**Base Menu Plan:** 4,088 EE/EL MAIN 18-19 SNACK W1D5  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
1423	GOLDFISH CHEDDAR WG	1	PKG (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				14.0000 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

**Serving Period:** Breakfast **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/10/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,049 EE/EL MAIN BFAST W2D1 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A468	PANCAKE STRAWBERRY #2410	1	1 PKG	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	220.0000	kcal	Carbohydrate
				40.0000 g

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1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				13.0000 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

**Serving Period:** Lunch      **Serving Line:** EE MAIN      **Age Group:** Grades K-5  
**Date:** 9/10/2018      **Feeding Figure:** 10  
**Base Menu Plan:** 4,069 EE/EL 18-19 LUNCH W2D1  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A526	FISH NACHO STICKS #2401 EE	1	2 STICKS	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	110.0000	kcal	Carbohydrate
				11.0000 g
A015	MAC AND CHEESE	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	191.7949	kcal	Carbohydrate
				19.3253 g
A372	GREEN BEANS-2017	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	25.9948	kcal	Carbohydrate
				4.9143 g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	3.5905	kcal	Carbohydrate
				0.6010 g
a360	CARROT, FRESH SHREDED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	5.8094	kcal	Carbohydrate
				1.3574 g
A361	TOMATO, FRESH DICED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	4.1189	kcal	Carbohydrate
				0.8901 g
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	41.2567	kcal	Carbohydrate
				7.7529 g
A050	APPLES, HOT SPICED	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	121.4842	kcal	Carbohydrate
				26.3734 g
2286	KETCHUP JUG WITH PUMP	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	33.3278	kcal	Carbohydrate
				8.3320 g

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Stock Number	Description	Serving Size	Measure	Projected Quantity		
A077	QUESO BLANCO BEEF ENCHILADAS	1	2 ENCHILADAS	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	321.6600	kcal	Carbohydrate	22.8399	g
A016	RICE, MEXICAN	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	78.7958	kcal	Carbohydrate	13.4837	g
A011	VEGETABLES, MIXED	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	38.4764	kcal	Carbohydrate	8.4649	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	3.5905	kcal	Carbohydrate	0.6010	g
a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	5.8094	kcal	Carbohydrate	1.3574	g
A361	TOMATO, FRESH DICED	1	1/8 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	4.1189	kcal	Carbohydrate	0.8901	g
A7020	BEANS, BLACK (SALAD BAR)	1	1/8 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	37.5766	kcal	Carbohydrate	6.8948	g
1347	PEACHES SLICD IN LS	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	81.0000	kcal	Carbohydrate	19.8000	g
2365	DRESSING RANCH OTT'S	1	Ounce	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	85.8443	kcal	Carbohydrate	4.2922	g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g

**Serving Period:** Snack  
**Date:** 9/11/2018  
**Base Menu Plan:** 4,090 EE/EL MAIN 18-19 SNACK W2D2  
**Menu Comments:**

**Serving Line:** EE MAIN  
**Age Group:** Grades K-5  
**Feeding Figure:** 10

Stock Number	Description	Serving Size	Measure	Projected Quantity
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2409	COOKIE MINI RASPBERRY WG	1	PKG (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	20.0000	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

**Serving Period:** Breakfast  
**Date:** 9/12/2018  
**Base Menu Plan:** 4,051 EE/EL MAIN BFAST W2D3 18-19  
**Menu Comments:**

**Serving Line:** EE MAIN  
**Age Group:** Grades K-5  
**Feeding Figure:** 10

Stock Number	Description	Serving Size	Measure	Projected Quantity
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	279.4904	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	38.4986	g	
1333	BANANAS PREM 40LB	1	1/2 BANANA	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	52.5100	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	13.4756	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

**Serving Period:** Lunch  
**Date:** 9/12/2018  
**Base Menu Plan:** 4,071 EE/EL 18-19 LUNCH W2D3  
**Menu Comments:**

**Serving Line:** EE MAIN  
**Age Group:** Grades K-5  
**Feeding Figure:** 10

Stock Number	Description	Serving Size	Measure	Projected Quantity
A456	ALFREDO CHICKEN, JTM penne	1	1 SERVING	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	232.6962	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	25.6039	g	
A379	BREADSTICK WG #1361	1	1 BREADSTICK	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	21.0000	g	
A057	BROCCOLI, STEAMED	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	12.0817	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.3244	g	
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	3.5905	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.6010	g	

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a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	5.8094	kcal	Carbohydrate
				1.3574 g
A361	TOMATO, FRESH DICED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	4.1189	kcal	Carbohydrate
				0.8901 g
a7024	BEANS, PINTO (SALAD BAR)	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	47.6842	kcal	Carbohydrate
				8.7583 g
A409	CHERRY FRUIT MEDLEY	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	71.5301	kcal	Carbohydrate
				17.3621 g
2366	DRESSING ITALIAN OTT'S	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	29.3055	kcal	Carbohydrate
				7.8148 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

**Serving Period:** Snack **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/12/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,091 EE/EL MAIN 18-19 SNACK W2D3  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
2106	APPLE SLICES 100/2 OZ	1	PKG	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	30.0000	kcal	Carbohydrate
				7.0000 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	1 CARTON	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

**Serving Period:** Breakfast **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/13/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,052 EE/EL MAIN BFAST W2D4 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A463	PANCAKE CONFETTI #2378	1	1 PKG	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	220.0000	kcal	Carbohydrate
				36.0000 g

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1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.4972	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.5488	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

**Serving Period:** Lunch      **Serving Line:** EE MAIN      **Age Group:** Grades K-5  
**Date:** 9/13/2018      **Feeding Figure:** 10  
**Base Menu Plan:** 4,072 EE/EL 18-19 LUNCH W2D4  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A084	MEATLOAF-SLICES	1	1 SLICE	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	227.0069	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	16.9442	g	
A005	POTATOES, MASHED	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.3963	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.1467	g	
A026	ROLLS, WHEAT, WG	1	2 OUNCE	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	178.5303	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0164	g	
A524	GRAVY BROWN LS #2421	1	2 OZ	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	25.2695	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.0431	g	
A359	CORN, COOKED	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	99.2998	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	20.8661	g	
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	3.5905	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.6010	g	
a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	5.8094	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.3574	g	
A361	TOMATO, FRESH DICED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	4.1189	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.8901	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	41.2567	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.7529	g	

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1348	PEARS SLICD IN LS	1	SERVING 1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	80.0000	kcal	Carbohydrate	20.0000	g
2366	DRESSING ITALIAN OTT'S	1	Ounce	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	29.3055	kcal	Carbohydrate	7.8148	g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g

**Serving Period:** Snack **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/13/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,092 EE/EL MAIN 18-19 SNACK W2D4  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2358	ANNIE'S CHEDDAR BUNNIES	1	PKG (1)	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	90.0000	kcal	Carbohydrate	13.0000	g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g

**Serving Period:** Breakfast **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/14/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,053 EE/EL MAIN BFAST W2D5 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	20.0000	g
A029	TOAST, WG	1	1 SLICE	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	112.5000	kcal	Carbohydrate	18.0000	g
A7078	STRAWBERRIES #7078	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	39.6486	kcal	Carbohydrate	10.3086	g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g

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Independence Central Office

Scheduled Menu Plans

**Serving Period:** Lunch  
**Date:** 9/14/2018  
**Base Menu Plan:** 4,073 EE/EL 18-19 LUNCH W2D5  
**Menu Comments:**

**Serving Line:** EE MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 10

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A345	PIZZA FIESTADA WG #2170	1	1 PIECE	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	340.0001	kcal	Carbohydrate	39.0000	g
A070	CARROTS, COOKED	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	27.9508	kcal	Carbohydrate	6.2113	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	3.5905	kcal	Carbohydrate	0.6010	g
a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	5.8094	kcal	Carbohydrate	1.3574	g
A361	TOMATO, FRESH DICED	1	1/8 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	4.1189	kcal	Carbohydrate	0.8901	g
A7020	BEANS, BLACK (SALAD BAR)	1	1/8 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	37.5766	kcal	Carbohydrate	6.8948	g
A7078	STRAWBERRIES #7078	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	39.6486	kcal	Carbohydrate	10.3086	g
2365	DRESSING RANCH OTT'S	1	Ounce	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	85.8443	kcal	Carbohydrate	4.2922	g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g

**Serving Period:** Snack  
**Date:** 9/14/2018  
**Base Menu Plan:** 4,093 EE/EL MAIN 18-19 SNACK W2D5  
**Menu Comments:**

**Serving Line:** EE MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 10

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Scheduled Menu Plans

1387	GRAHAMS ORIGINAL	1	PKG (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	90.0000	kcal	Carbohydrate
				16.0000 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

**Serving Period:** Breakfast      **Serving Line:** EE MAIN      **Age Group:** Grades K-5  
**Date:** 9/17/2018      **Feeding Figure:** 10  
**Base Menu Plan:** 4,054 EE/EL MAIN BFAST W3D1 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A446	EGG PATTY SCRAMBLE W/CHEESE	1	1 PATTY	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	90.0000	kcal	Carbohydrate
				1.5000 g
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	110.0000	kcal	Carbohydrate
				15.0000 g
1347	PEACHES SLICD IN LS	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	81.0000	kcal	Carbohydrate
				19.8000 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

**Serving Period:** Lunch      **Serving Line:** EE MAIN      **Age Group:** Grades K-5  
**Date:** 9/17/2018      **Feeding Figure:** 10  
**Base Menu Plan:** 4,074 EE/EL 18-19 LUNCH W3D1  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A453	LASAGNA ROLLUP WG #2371	1	1 PIECE	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	332.8338	kcal	Carbohydrate
				32.1840 g
A379	BREADSTICK WG #1361	1	1 BREADSTICK	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	110.0000	kcal	Carbohydrate
				21.0000 g
A057	BROCCOLI, STEAMED	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	12.0817	kcal	Carbohydrate
				2.3244 g

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a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	3.5905	kcal	Carbohydrate
				0.6010 g
a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	5.8094	kcal	Carbohydrate
				1.3574 g
A361	TOMATO, FRESH DICED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	4.1189	kcal	Carbohydrate
				0.8901 g
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	41.2567	kcal	Carbohydrate
				7.7529 g
2366	DRESSING ITALIAN OTT'S	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	29.3055	kcal	Carbohydrate
				7.8148 g
1348	PEARS SLICD IN LS	1	SERVING 1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	80.0000	kcal	Carbohydrate
				20.0000 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

**Serving Period:** Snack **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/17/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,094 EE/EL MAIN 18-19 SNACK W3D1  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
1423	GOLDFISH CHEDDAR WG	1	PKG (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				14.0000 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	1 CARTON	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

**Serving Period:** Breakfast **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/18/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,055 EE/EL MAIN BFAST W3D2 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Scheduled Menu Plans

A388	PANCAKE BANANA MINI	1	1 PKG	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	200.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	37.0000	g	
A7078	STRAWBERRIES #7078	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	39.6486	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	10.3086	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

**Serving Period:** Lunch  
**Date:** 9/18/2018  
**Base Menu Plan:** 4,075 EE/EL 18-19 LUNCH W3D2  
**Menu Comments:**

**Serving Line:** EE MAIN  
**Age Group:** Grades K-5  
**Feeding Figure:** 10

Stock Number	Description	Serving Size	Measure	Projected Quantity
A081	WG SOFT TACO W/MEAT	1	1 TACO	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	275.4966	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	24.5578	g	
7045	SALSA	1	1/4 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	20.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.0000	g	
A359	CORN, COOKED	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	99.2998	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	20.8661	g	
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	3.5905	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.6010	g	
a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	5.8094	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.3574	g	
A361	TOMATO, FRESH DICED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	4.1189	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.8901	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	37.5766	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.8948	g	
1347	PEACHES SLICD IN LS	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	81.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	19.8000	g	

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2365	DRESSING RANCH OTT'S	1	Ounce	10		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	85.8443	kcal	Carbohydrate	4.2922	g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g

**Serving Period:** Snack **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/18/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,095 EE/EL MAIN 18-19 SNACK W3D2  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1425	CRACKER ANIMAL	1	PKG (1)	10		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	130.0000	kcal	Carbohydrate	21.0000	g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g

**Serving Period:** Breakfast **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/19/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,056 EE/EL MAIN BFAST W3D3 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A324	PIZZA 3.67oz TRKY SAU BRKFST	1	1 PIZZA	10		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	240.0000	kcal	Carbohydrate	31.0000	g
1333	BANANAS PREM 40LB	1	1/2 BANANA	10		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	52.5100	kcal	Carbohydrate	13.4756	g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g

**Serving Period:** Lunch **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/19/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,076 EE/EL 18-19 LUNCH W3D3  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Scheduled Menu Plans

A454	CRUNCHERS PIZZA #2395	1	4 STICKS	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	419.9999	kcal	Carbohydrate
				41.0001 g
A372	GREEN BEANS-2017	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	25.9948	kcal	Carbohydrate
				4.9143 g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	3.5905	kcal	Carbohydrate
				0.6010 g
a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	5.8094	kcal	Carbohydrate
				1.3574 g
A361	TOMATO, FRESH DICED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	4.1189	kcal	Carbohydrate
				0.8901 g
A448	BEANS, RED (SALAD BAR)	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	32.4963	kcal	Carbohydrate
				2.9997 g
A7078	STRAWBERRIES #7078	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	39.6486	kcal	Carbohydrate
				10.3086 g
2365	DRESSING RANCH OTT'S	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	85.8443	kcal	Carbohydrate
				4.2922 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

Serving Period: Snack

Serving Line: EE MAIN

Age Group: Grades K-5

Date: 9/19/2018

Feeding Figure: 10

Base Menu Plan: 4,096 EE/EL MAIN 18-19 SNACK W3D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
7158	APPLESAUCE CUP CINNAMON	1	SERVING 4.5 OZ	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	60.0001	kcal	Carbohydrate
				15.0000 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

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Independence Central Office

Scheduled Menu Plans

**Serving Period:** Breakfast  
**Date:** 9/20/2018  
**Base Menu Plan:** 4,057 EE/EL MAIN BFAST W3D4 18-19  
**Menu Comments:**

**Serving Line:** EE MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 10

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	20.0000	g
A029	TOAST, WG	1	1 SLICE	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	112.5000	kcal	Carbohydrate	18.0000	g
1348	PEARS SLICD IN LS	1	SERVING 1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	80.0000	kcal	Carbohydrate	20.0000	g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	12.0000	g

**Serving Period:** Lunch  
**Date:** 9/20/2018  
**Base Menu Plan:** 4,077 EE/EL 18-19 LUNCH W3D4  
**Menu Comments:**

**Serving Line:** EE MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 10

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A353	CHICKEN NUGGETS WG#2345	1	1 SERVING (5)	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	170.0000	kcal	Carbohydrate	9.0000	g
A005	POTATOES, MASHED	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	85.3963	kcal	Carbohydrate	18.1467	g
A525	GRAVY POULTRY LS #2422	1	2 OZ	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	2.3897	kcal	Carbohydrate	0.2868	g
A327	ROLL, DINNER WG #1974	1	1 DINNER ROLL	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	130.0000	kcal	Carbohydrate	20.0000	g
A252	CHERRY CRISP w/o stabilizer	1	1 piece	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	184.8850	kcal	Carbohydrate	32.2982	g

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A070	CARROTS, COOKED	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	27.9508	kcal	Carbohydrate
				6.2113 g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	3.5905	kcal	Carbohydrate
				0.6010 g
a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	5.8094	kcal	Carbohydrate
				1.3574 g
A361	TOMATO, FRESH DICED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	4.1189	kcal	Carbohydrate
				0.8901 g
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	41.2567	kcal	Carbohydrate
				7.7529 g
a7074	BLUEBERRIES #7159	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	40.0211	kcal	Carbohydrate
				10.0052 g
2366	DRESSING ITALIAN OTT'S	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	29.3055	kcal	Carbohydrate
				7.8148 g
1086	SAUCE BBQ	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	29.1618	kcal	Carbohydrate
				6.6655 g
2286	KETCHUP JUG WITH PUMP	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	33.3278	kcal	Carbohydrate
				8.3320 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

Serving Period: Snack

Serving Line: EE MAIN

Age Group: Grades K-5

Date: 9/20/2018

Feeding Figure: 10

Base Menu Plan: 4,097 EE/EL MAIN 18-19 SNACK W3D4

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2358	ANNIE'S CHEDDAR BUNNIES	1	PKG (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	90.0000	kcal	Carbohydrate
				13.0000 g

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A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
Food Energy	100.0000	kcal	Carbohydrate	12.0000 g

**Serving Period:** Breakfast **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/21/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,058 EE/EL MAIN BFAST W3D5 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A464	PANCAKE BLUEBERRY BASH #2383	1	1 PKG	10
<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
Food Energy	200.0000	kcal	Carbohydrate	36.0000 g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	10
<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
Food Energy	29.4972	kcal	Carbohydrate	7.5488 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
Food Energy	100.0000	kcal	Carbohydrate	12.0000 g

**Serving Period:** Lunch **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/21/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,078 EE/EL 18-19 LUNCH W3D5  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A367	CHICKEN TERIYAKI W/ VEG	1	1 SERVING	10
<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
Food Energy	239.4199	kcal	Carbohydrate	35.8054 g
A012	PEAS	1	1/2 CUP	10
<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
Food Energy	40.9653	kcal	Carbohydrate	7.6883 g
a131	SALAD, DARK GREENS- EL	1	1 CUP	10
<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
Food Energy	7.1576	kcal	Carbohydrate	1.1981 g
a360	CARROT, FRESH SHREDED	1	1/8 CUP	10
<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
Food Energy	5.8094	kcal	Carbohydrate	1.3574 g
A361	TOMATO, FRESH DICED	1	1/8 CUP	10
<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
Food Energy	4.1189	kcal	Carbohydrate	0.8901 g

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A7020	BEANS, BLACK (SALAD BAR)	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	37.5766	kcal	Carbohydrate
				6.8948 g
1344	FRUIT MIX IN LS	1	SERVING 1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	80.0000	kcal	Carbohydrate
				17.9999 g
2365	DRESSING RANCH OTT'S	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	85.8443	kcal	Carbohydrate
				4.2922 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	100.0000	kcal	Carbohydrate
				12.0000 g

**Serving Period:** Snack **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/21/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,098 EE/EL MAIN 18-19 SNACK W3D5  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
1015	CHEESE STRING MOZ LT	1	PKG (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	80.0000	kcal	Carbohydrate
				1.0000 g
1923	CRACKER SALTINE (WG)	1	PKG (2 CRACKERS)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	30.0003	kcal	Carbohydrate
				4.5000 g
2280	JUICE APPLE 100% SUNCUP 4 OZ	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				12.9999 g

**Serving Period:** Breakfast **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/24/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,059 EE/EL MAIN BFAST W4D1 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A468	PANCAKE STRAWBERRY #2410	1	1 PKG	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	220.0000	kcal	Carbohydrate
				40.0000 g
1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>
	Food Energy	50.0000	kcal	Carbohydrate
				13.0000 g

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A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

**Serving Period:** Lunch **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/24/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,079 EE/EL 18-19 LUNCH W4D1  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A232	SLOPPY JOE ON WW BUN	1	1 SANDWICH	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	327.4475	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	36.4966	g	
A425	POTATO CRINKLE FRIES #7120	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	84.7795	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.1432	g	
A372	GREEN BEANS-2017	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	25.9948	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.9143	g	
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	3.5905	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.6010	g	
a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	5.8094	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.3574	g	
A361	TOMATO, FRESH DICED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	4.1189	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.8901	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	41.2567	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.7529	g	
1347	PEACHES SLICD IN LS	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	81.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	19.8000	g	
2365	DRESSING RANCH OTT'S	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.2922	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.3320	g	

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A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		12.0000	g	

**Serving Period:** Snack  
**Date:** 9/24/2018  
**Base Menu Plan:** 4,099 EE/EL MAIN 18-19 SNACK W4D1  
**Menu Comments:**

**Serving Line:** EE MAIN  
**Age Group:** Grades K-5  
**Feeding Figure:** 10

Stock Number	Description	Serving Size	Measure	Projected Quantity
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2409	COOKIE MINI RASPBERRY WG	1	PKG (1)	10
Nutrient		Value	Units	
Food Energy		120.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		20.0000	g	

A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		12.0000	g	

**Serving Period:** Breakfast  
**Date:** 9/25/2018  
**Base Menu Plan:** 4,060 EE/EL MAIN BFAST W4D2 18-19  
**Menu Comments:**

**Serving Line:** EE MAIN  
**Age Group:** Grades K-5  
**Feeding Figure:** 10

Stock Number	Description	Serving Size	Measure	Projected Quantity
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2001	CEREAL RICE CHEX	1	BOWL (1)	10
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		24.0000	g	

A029	TOAST, WG	1	1 SLICE	10
Nutrient		Value	Units	
Food Energy		112.5000	kcal	
Nutrient		Value	Units	
Carbohydrate		18.0000	g	

a7074	BLUEBERRIES #7159	1	1/2 CUP	10
Nutrient		Value	Units	
Food Energy		40.0211	kcal	
Nutrient		Value	Units	
Carbohydrate		10.0052	g	

A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		12.0000	g	

**Serving Period:** Lunch  
**Date:** 9/25/2018  
**Base Menu Plan:** 4,080 EE/EL 18-19 LUNCH W4D2  
**Menu Comments:**

**Serving Line:** EE MAIN  
**Age Group:** Grades K-5  
**Feeding Figure:** 10

Stock Number	Description	Serving Size	Measure	Projected Quantity
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A452	PIZZA QUESA CKN MAX #2376	1	1 SERVING (5 OZ)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	320.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	35.0001	g	
7045	SALSA	1	1/4 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	20.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.0000	g	
A057	BROCCOLI, STEAMED	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	12.0817	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.3244	g	
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	3.5905	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.6010	g	
a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	5.8094	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.3574	g	
A361	TOMATO, FRESH DICED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	4.1189	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.8901	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	37.5766	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.8948	g	
A7078	STRAWBERRIES #7078	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	39.6486	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	10.3086	g	
2366	DRESSING ITALIAN OTT'S	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.8148	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

Serving Period: Snack

Serving Line: EE MAIN

Age Group: Grades K-5

Date: 9/25/2018

Feeding Figure: 10

Base Menu Plan: 4,100 EE/EL MAIN 18-19 SNACK W4D2

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1423	GOLDFISH CHEDDAR WG	1	PKG (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	

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A1027	MILK 1 % WHITE LF 8OZ #1027	1	1 CARTON	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		100.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		12.0000	g	

**Serving Period:** Breakfast      **Serving Line:** EE MAIN      **Age Group:** Grades K-5  
**Date:** 9/26/2018      **Feeding Figure:** 10  
**Base Menu Plan:** 4,061 EE/EL MAIN BFAST W4D3 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		279.4904	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		38.4986	g	
1333	BANANAS PREM 40LB	1	1/2 BANANA	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		52.5100	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		13.4756	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		100.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		12.0000	g	

**Serving Period:** Lunch      **Serving Line:** EE MAIN      **Age Group:** Grades K-5  
**Date:** 9/26/2018      **Feeding Figure:** 10  
**Base Menu Plan:** 4,081 EE/EL 18-19 LUNCH W4D3  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A089	CHICKEN PARMESAN ROTINI 2018	1	1 SERVING	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		310.4223	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		30.0940	g	
A359	CORN, COOKED	1	1/2 CUP	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		99.2998	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		20.8661	g	
A409	CHERRY FRUIT MEDLEY	1	1/2 CUP	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		71.5301	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		17.3621	g	
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		3.5905	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		0.6010	g	
a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		5.8094	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		1.3574	g	

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A361	TOMATO, FRESH DICED	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	4.1189	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.8901	g	
a7024	BEANS, PINTO (SALAD BAR)	1	1/8 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	47.6842	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.7583	g	
2366	DRESSING ITALIAN OTT'S	1	Ounce	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.8148	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

**Serving Period:** Snack **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/26/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,101 EE/EL MAIN 18-19 SNACK W4D3  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	140.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0000	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

**Serving Period:** Breakfast **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/27/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,062 EE/EL MAIN BFAST W4D4 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A463	PANCAKE CONFETTI #2378	1	1 PKG	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	220.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	36.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.4972	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.5488	g	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

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Scheduled Menu Plans

**Serving Period:** Lunch  
**Date:** 9/27/2018  
**Base Menu Plan:** 4,082 EE/EL 18-19 LUNCH W4D4  
**Menu Comments:**

**Serving Line:** EE MAIN

**Age Group:** Grades K-5  
**Feeding Figure:** 10

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A435	BEEF PATTY WGR BREADED#7163	1	1 PATTY	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	260.0000	kcal	Carbohydrate	11.0000	g
A005	POTATOES, MASHED	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	85.3963	kcal	Carbohydrate	18.1467	g
A140	COUNTRY GRAVY	1	2 OZ	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	59.4904	kcal	Carbohydrate	8.4986	g
A026	ROLLS, WHEAT, WG	1	2 OUNCE	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	178.5303	kcal	Carbohydrate	29.0164	g
A011	VEGETABLES, MIXED	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	38.4764	kcal	Carbohydrate	8.4649	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	3.5905	kcal	Carbohydrate	0.6010	g
a360	CARROT, FRESH SHREDDED	1	1/8 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	5.8094	kcal	Carbohydrate	1.3574	g
A361	TOMATO, FRESH DICED	1	1/8 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	4.1189	kcal	Carbohydrate	0.8901	g
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/8 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	41.2567	kcal	Carbohydrate	7.7529	g
a436	APRICOTS #7073	1	1/2 CUP	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	109.9170	kcal	Carbohydrate	24.9812	g
2365	DRESSING RANCH OTT'S	1	Ounce	10		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	85.8443	kcal	Carbohydrate	4.2922	g

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A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		100.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		12.0000	g	

**Serving Period:** Snack **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/27/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,102 EE/EL MAIN 18-19 SNACK W4D4  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
2106	APPLE SLICES 100/2 OZ	1	PKG	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		30.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		7.0000	g	

A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		100.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		12.0000	g	

**Serving Period:** Breakfast **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/28/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,063 EE/EL MAIN BFAST W4D5 18-19  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		100.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		20.0000	g	

A029	TOAST, WG	1	1 SLICE	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		112.5000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		18.0000	g	

A7078	STRAWBERRIES #7078	1	1/2 CUP	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		39.6486	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		10.3086	g	

A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		100.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		12.0000	g	

**Serving Period:** Lunch **Serving Line:** EE MAIN **Age Group:** Grades K-5  
**Date:** 9/28/2018 **Feeding Figure:** 10  
**Base Menu Plan:** 4,353 OPEN SITE EE/EL 18-19 LUNCH2  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Scheduled Menu Plans

A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	340.4695	kcal	
A070	CARROTS, COOKED	1	1/2 CUP	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	27.9508	kcal	
7094	APPLESAUCE CUPS UNSWEE 4.5OZ	1	SERVING CUP (4.5 OZ)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	51.0000	kcal	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	3
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2280	JUICE APPLE 100% SUNCUP 4 OZ	1	CARTON (1)	3
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	50.0000	kcal	
A1027	MILK 1 % WHITE LF 8OZ #1027	1	CARTON (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	3
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
1097	MUSTARD	1	Ounce	3
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	

Serving Period: Snack

Serving Line: EE MAIN

Age Group: Grades K-5

Date: 9/28/2018

Feeding Figure: 10

Base Menu Plan: 4,103 EE/EL MAIN 18-19 SNACK W4D5

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	90.0000	kcal	
			Carbohydrate	16.0000 g
A1027	MILK 1 % WHITE LF 8OZ #1027	1	1 CARTON	10
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
			Carbohydrate	12.0000 g

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