



Independence Central Office

Scheduled Menu Plans

7500 Hanthorn Early Education

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/4/2018

Feeding Figure: 172

Base Menu Plan: 3,005 EE 1-5Y BFAST W1D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	133
	Nutrient	Value	Units	Nutrient
	Food Energy	279.4904	kcal	Carbohydrate
				38.4986 g
7108	PEACHES DICED	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0000	kcal	Carbohydrate
				14.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/4/2018

Feeding Figure: 170

Base Menu Plan: 3,917 EE 1-5Y LUNCH W1D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2387	PIZZA CHEESE TONY'S 68521	1	PIZZA (1)	135
	Nutrient	Value	Units	Nutrient
	Food Energy	349.9999	kcal	Carbohydrate
				38.0000 g
A372	GREEN BEANS-2017	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	25.9948	kcal	Carbohydrate
				4.9143 g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135
	Nutrient	Value	Units	Nutrient
	Food Energy	29.4972	kcal	Carbohydrate
				7.5488 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g

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2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/4/2018 **Feeding Figure:** 135
Base Menu Plan: 3,936 EE 1-5Y SNACK W1D2,W3D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	140.0000	kcal	Carbohydrate	22.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/5/2018 **Feeding Figure:** 172
Base Menu Plan: 3,006 EE 1-5Y BFAST W1D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2383	WAFFLE MINI BLUEBERRY BASH	1	PKG (1)	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	36.0000	g
1333	BANANAS PREM 40LB	1	1/2 BANANA	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	52.5100	kcal	Carbohydrate	13.4756	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/5/2018 **Feeding Figure:** 220
Base Menu Plan: 3,045 EE 1-5Y SNACK W1D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A410	WG SQUARES CHERRY BERRY #2349	1	1 MUFFIN SQUARE	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		74.9008	kcal	Carbohydrate		14.3135	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/6/2018 **Feeding Figure:** 172
Base Menu Plan: 3,007 EE 1-5Y BFAST W1D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		206.0239	kcal	Carbohydrate		4.6987	g
A029	TOAST, WG	1	1 SLICE	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		112.5000	kcal	Carbohydrate		18.0000	g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		60.0000	kcal	Carbohydrate		16.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g

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2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/6/2018 **Feeding Figure:** 170
Base Menu Plan: 3,919 EE 1-5Y LUNCH W1D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A353	CHICKEN NUGGETS WG#2345	1	1 SERVING (5)	135
	Nutrient	Value	Units	Nutrient
	Food Energy	170.0000	kcal	Carbohydrate
				9.0000 g
A005	POTATOES, MASHED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	85.3963	kcal	Carbohydrate
				18.1467 g
A140	COUNTRY GRAVY	1	2 OZ	135
	Nutrient	Value	Units	Nutrient
	Food Energy	59.4904	kcal	Carbohydrate
				8.4986 g
A011	VEGETABLES, MIXED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	38.4764	kcal	Carbohydrate
				8.4649 g
A7078	STRAWBERRIES #7078	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	39.6486	kcal	Carbohydrate
				10.3086 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/6/2018 **Feeding Figure:** 220
Base Menu Plan: 3,047 EE 1-5Y SNACK W1D4 18-19
Menu Comments:

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Stock Number	Description	Serving Size	Measure	Projected Quantity		
1333	BANANAS PREM 40LB	1	1/2 BANANA	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	52.5100	kcal	Carbohydrate	13.4756	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/7/2018 **Feeding Figure:** 172
Base Menu Plan: 3,008 EE 1-5Y BFAST W1D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	20.0000	g
A392	YOGURT TRIX #2212	1	1 CONTAINER	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	15.0000	g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	29.4972	kcal	Carbohydrate	7.5488	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

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Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/7/2018

Feeding Figure: 220

Base Menu Plan: 3,046 EE 1-5Y SNACK W1D5 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1015	CHEESE STRING MOZ LT	1	PKG (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	1.0000	g
1923	CRACKER SALTINE (WG)	1	PKG (2 CRACKERS)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	30.0003	kcal	Carbohydrate	4.5000	g
1353	JUICE APPLE 100%	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	55.0000	kcal	Carbohydrate	14.0000	g

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/11/2018

Feeding Figure: 133

Base Menu Plan: 3,010 EE 1-5Y BFAST W2D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A039	OATMEAL, APPLE CINNAMON	1	1 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	90.7747	kcal	Carbohydrate	19.5767	g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0000	kcal	Carbohydrate	16.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/11/2018

Feeding Figure: 135

Base Menu Plan: 3,922 EE 1-5Y LUNCH W2D2 18-19

Menu Comments:

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2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/12/2018 **Feeding Figure:** 133
Base Menu Plan: 3,011 EE 1-5Y BFAST W2D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	206.0239	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.6987	g	
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	133
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.0000	g	
1333	BANANAS PREM 40LB	1	1/2 BANANA	133
	Nutrient	Value	Units	
	Food Energy	52.5100	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.4756	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/12/2018 **Feeding Figure:** 135
Base Menu Plan: 3,923 EE 1-5Y LUNCH W2D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A456	ALFREDO CHICKEN, JTM penne	1	1 SERVING	135
	Nutrient	Value	Units	
	Food Energy	232.6962	kcal	
	Nutrient	Value	Units	
	Carbohydrate	25.6039	g	

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a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	3.5905	kcal	
a360	CARROT, FRESH SHREDED	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
A7078	STRAWBERRIES #7078	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	39.6486	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	135
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/12/2018

Feeding Figure: 135

Base Menu Plan: 3,050 EE 1-5Y SNACK W2D3 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
7158	APPLESAUCE CUP CINNAMON	1	SERVING 4.5 OZ	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	

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2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Breakfast
Date: 9/13/2018
Base Menu Plan: 3,012 EE1-5Y BFAST W2D4 18-19
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 133

Stock Number	Description	Serving Size	Measure	Projected Quantity
A388	PANCAKE BANANA MINI	1	1 PKG	133
	Nutrient	Value	Units	Nutrient
	Food Energy	200.0000	kcal	Carbohydrate
				37.0000 g
7108	PEACHES DICED	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0000	kcal	Carbohydrate
				14.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch
Date: 9/13/2018
Base Menu Plan: 3,924 EE 1-5Y LUNCH W2D4 18-19
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity
a364	SALISBURY STEAK	1	1 SERVING	135
	Nutrient	Value	Units	Nutrient
	Food Energy	159.0624	kcal	Carbohydrate
				5.2476 g
A026	ROLLS, WHEAT, WG	1	2 OUNCE	135
	Nutrient	Value	Units	Nutrient
	Food Energy	178.5303	kcal	Carbohydrate
				29.0164 g

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A005	POTATOES, MASHED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	85.3963	kcal	
	Nutrient	Value	Units	
	Carbohydrate	18.1467	g	
A524	GRAVY BROWN LS #2421	1	2 OZ	135
	Nutrient	Value	Units	
	Food Energy	25.2695	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0431	g	
A070	CARROTS, COOKED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	27.9508	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.2113	g	
A053	APPLESAUCE, ROSY	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	62.0849	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.0220	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/13/2018 **Feeding Figure:** 135
Base Menu Plan: 3,052 EE 1-5Y SNACK W2D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2212	YOGURT TRIX STRAW/BAN 4 OZ	1	CONTAINER (1)	135
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.0000	g	
1353	JUICE APPLE 100%	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	55.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/14/2018 **Feeding Figure:** 133
Base Menu Plan: 3,013 EE 1-5Y BFAST W2D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Trans Fat is displayed for informational purposes only, not for monitoring.
 * Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



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2001	CEREAL RICE CHEX	1	BOWL (1)	133
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
A029	TOAST, WG	1	1 SLICE	133
	Nutrient	Value	Units	
	Food Energy	112.5000	kcal	
a7074	BLUEBERRIES #7159	1	1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	40.0211	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128
	Nutrient	Value	Units	
	Food Energy	25.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6
	Nutrient	Value	Units	
	Food Energy	37.5000	kcal	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/14/2018

Feeding Figure: 135

Base Menu Plan: 3,925 EE 1-5Y LUNCH W2D5 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A093	TANGERINE CHICKEN	1	1/3 CUP	135
	Nutrient	Value	Units	
	Food Energy	221.1795	kcal	
A019	RICE, STEAMED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	48.0310	kcal	
A012	PEAS	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	40.9653	kcal	

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1348	PEARS SLICD IN LS	1	SERVING 1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	20.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/14/2018 **Feeding Figure:** 135
Base Menu Plan: 3,063 EE 1-5Y SNACK W2D5,W4D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	29.4972	kcal	Carbohydrate	7.5488	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/18/2018 **Feeding Figure:** 133
Base Menu Plan: 3,015 EE 1-5Y BFAST W3D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	279.4904	kcal	Carbohydrate	38.4986	g

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Scheduled Menu Plans

7108	PEACHES DICED	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/18/2018 **Feeding Figure:** 135
Base Menu Plan: 3,927 EE 1-5Y LUNCH W3D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A345	PIZZA FIESTADA WG #2170	1	1 PIECE	135
	Nutrient	Value	Units	
	Food Energy	340.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	39.0000	g	
A070	CARROTS, COOKED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	27.9508	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.2113	g	
A046	STRAWBERRY FRUIT MEDLEY	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	55.0857	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.4023	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/18/2018 **Feeding Figure:** 135
Base Menu Plan: 3,936 EE 1-5Y SNACK W1D2,W3D2 18-19
Menu Comments:

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Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	140.0000	kcal	Carbohydrate	22.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/19/2018 **Feeding Figure:** 133
Base Menu Plan: 3,016 EE 1-5Y BFAST W3D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A474	YOGURT TRIX cherry #2412	1	1 CONTAINER	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	15.0000	g
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	20.0000	g
1333	BANANAS PREM 40LB	1	1/2 BANANA	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	52.5100	kcal	Carbohydrate	13.4756	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

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Scheduled Menu Plans

2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	25.0000	kcal	Carbohydrate	3.0000	g
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	37.5000	kcal	Carbohydrate	2.7500	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/19/2018 **Feeding Figure:** 135
Base Menu Plan: 3,928 EE 1-5Y LUNCH W3D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A194	WG CHICKEN PARM-SPAGHETTI	1	1 SERVING	135		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	1,675.5652	kcal	Carbohydrate	22.1133	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	3.5905	kcal	Carbohydrate	0.6010	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	11.6147	kcal	Carbohydrate	2.7139	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	8.1076	kcal	Carbohydrate	1.7522	g
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	135		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	82.4860	kcal	Carbohydrate	15.5007	g
1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	135		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	13.0000	g
2365	DRESSING RANCH OTT'S	1	Ounce	135		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	85.8443	kcal	Carbohydrate	4.2922	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
Nutrient		Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g

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Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/19/2018 **Feeding Figure:** 135
Base Menu Plan: 3,055 EE 1-5Y SNACK W3D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A410	WG SQUARES CHERRY BERRY #2349	1	1 MUFFIN SQUARE	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		74.9008	kcal	Carbohydrate		14.3135	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/20/2018 **Feeding Figure:** 133
Base Menu Plan: 3,017 EE 1-5Y BFAST W3D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		206.0239	kcal	Carbohydrate		4.6987	g
A029	TOAST, WG	1	1 SLICE	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		112.5000	kcal	Carbohydrate		18.0000	g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		60.0000	kcal	Carbohydrate		16.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g

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Scheduled Menu Plans

2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/20/2018 **Feeding Figure:** 135
Base Menu Plan: 3,929 EE 1-5Y LUNCH W3D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A325	BEEF FINGERS #2074	1	4 FINGERS	135
	Nutrient	Value	Units	Nutrient
	Food Energy	230.0000	kcal	Carbohydrate
				16.0000 g
A005	POTATOES, MASHED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	85.3963	kcal	Carbohydrate
				18.1467 g
A140	COUNTRY GRAVY	1	2 OZ	135
	Nutrient	Value	Units	Nutrient
	Food Energy	59.4904	kcal	Carbohydrate
				8.4986 g
A010	GREEN BEANS	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	19.5338	kcal	Carbohydrate
				3.7334 g
1161	JCE CUP FRZ STR /POM	1	CARTON (1)	135
	Nutrient	Value	Units	Nutrient
	Food Energy	70.0000	kcal	Carbohydrate
				19.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/20/2018 **Feeding Figure:** 135
Base Menu Plan: 3,057 EE 1-5Y SNACK W3D4 18-19
Menu Comments:

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 * Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



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Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity
1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	Nutrient	Value	Units	Nutrient
	Food Energy	52.5100	kcal	Carbohydrate
				13.4756 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/21/2018 **Feeding Figure:** 133
Base Menu Plan: 3,018 EE 1-5Y BFAST W3D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A376	PIZZA BREAKFAST TRK/SAU #1196	1	1 PIZZA	133
	Nutrient	Value	Units	Nutrient
	Food Energy	210.0000	kcal	Carbohydrate
				26.0000 g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	133
	Nutrient	Value	Units	Nutrient
	Food Energy	29.4972	kcal	Carbohydrate
				7.5488 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/21/2018 **Feeding Figure:** 135
Base Menu Plan: 3,930 EE 1-5Y LUNCH W3D5 18-19
Menu Comments:

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Independence Central Office

Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity
A444	CHICKEN TERIYAKI W/ VEG EE	1	1 SERVING	135
	Nutrient	Value	Units	Nutrient
	Food Energy	245.5107	kcal	Carbohydrate
				37.2665 g
A012	PEAS	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	40.9653	kcal	Carbohydrate
				7.6883 g
7108	PEACHES DICED	1	SERVING 1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0000	kcal	Carbohydrate
				14.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack
Date: 9/21/2018
Base Menu Plan: 3,058 EE 1-5Y SNACK W3D5 18-19
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity
2358	ANNIE'S CHEDDAR BUNNIES	1	PKG (1)	135
	Nutrient	Value	Units	Nutrient
	Food Energy	90.0000	kcal	Carbohydrate
				13.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

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Scheduled Menu Plans

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/25/2018

Feeding Figure: 133

Base Menu Plan: 3,020 EE 1-5Y BFAST W4D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	206.0239	kcal	Carbohydrate	4.6987	g
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	110.0000	kcal	Carbohydrate	15.0000	g
A7078	STRAWBERRIES #7078	1	1/2 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	39.6486	kcal	Carbohydrate	10.3086	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/25/2018

Feeding Figure: 135

Base Menu Plan: 3,932 EE 1-5Y LUNCH W4D2 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A081	WG SOFT TACO W/MEAT	1	1 TACO	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	275.4966	kcal	Carbohydrate	24.5578	g
7045	SALSA	1	Ounce	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	8.8527	kcal	Carbohydrate	1.7705	g
A069	BEANS, REFRIED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	131.7402	kcal	Carbohydrate	20.3267	g

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Independence Central Office

Scheduled Menu Plans

A359	CORN, COOKED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	99.2998	kcal	
	Nutrient	Value	Units	
	Carbohydrate	20.8661	g	
1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	Nutrient	Value	Units	
	Food Energy	52.5100	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.4756	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/25/2018 **Feeding Figure:** 135
Base Menu Plan: 3,060 EE 1-5Y SNACK W4D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
7158	APPLESAUCE CUP CINNAMON	1	CUP (1)	135
	Nutrient	Value	Units	
	Food Energy	59.7557	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.9389	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/26/2018 **Feeding Figure:** 133
Base Menu Plan: 4,152 EE 1-5Y BFAST W4D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

A468	PANCAKE STRAWBERRY #2410	1	1 PKG	133
	Nutrient	Value	Units	
	Food Energy	220.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	40.0000	g	
1333	BANANAS PREM 40LB	1	1/2 BANANA	133
	Nutrient	Value	Units	
	Food Energy	52.5100	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.4756	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/26/2018

Feeding Figure: 135

Base Menu Plan: 3,933 EE 1-5Y LUNCH W4D3 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A116	WG BEEFY MAC & CHEESE	1	6 OUNCES	135
	Nutrient	Value	Units	
	Food Energy	308.7066	kcal	
	Nutrient	Value	Units	
	Carbohydrate	31.5483	g	
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	3.5905	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.6010	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.7866	g	
7108	PEACHES DICED	1	SERVING 1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	

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Independence Central Office

Scheduled Menu Plans

7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/27/2018 **Feeding Figure:** 135
Base Menu Plan: 3,934 EE 1-5Y LUNCH W4D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A084	MEATLOAF-SLICES	1	1 SLICE	135
	Nutrient	Value	Units	
	Food Energy	227.0069	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.9442	g	
A026	ROLLS, WHEAT, WG	1	2 OUNCE	135
	Nutrient	Value	Units	
	Food Energy	178.5303	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0164	g	
A005	POTATOES, MASHED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	85.3963	kcal	
	Nutrient	Value	Units	
	Carbohydrate	18.1467	g	
A524	GRAVY BROWN LS #2421	1	2 OZ	135
	Nutrient	Value	Units	
	Food Energy	25.2695	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0431	g	
A070	CARROTS, COOKED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	27.9508	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.2113	g	
A050	APPLES, HOT SPICED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	121.4842	kcal	
	Nutrient	Value	Units	
	Carbohydrate	26.3734	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	

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Independence Central Office

Scheduled Menu Plans

2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/27/2018 **Feeding Figure:** 135
Base Menu Plan: 3,062 EE 1-5Y SNACK W4D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A474	YOGURT TRIX cherry #2412	1	1 CONTAINER	135
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.0000	g	
1353	JUICE APPLE 100%	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	55.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/28/2018 **Feeding Figure:** 133
Base Menu Plan: 3,023 EE 1-5Y BFAST W4D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A388	PANCAKE BANANA MINI	1	1 PKG	133
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
a7074	BLUEBERRIES #7159	1	1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	40.0211	kcal	
	Nutrient	Value	Units	
	Carbohydrate	10.0052	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

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Independence Central Office

Scheduled Menu Plans

Serving Period: Lunch
Date: 9/28/2018
Base Menu Plan: 3,935 EE 1-5Y LUNCH W4D5 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity												
A332	WG GOLDFISH BREAD HOT HAM/CHZ	1	1 SANDWICH	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>204.2101</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	204.2101	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>21.6249</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	21.6249	g	
Nutrient	Value	Units														
Food Energy	204.2101	kcal														
Nutrient	Value	Units														
Carbohydrate	21.6249	g														
A215	SWEET POTATOES, GLAZED	1	1/2 CUP	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>189.3898</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	189.3898	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>46.1829</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	46.1829	g	
Nutrient	Value	Units														
Food Energy	189.3898	kcal														
Nutrient	Value	Units														
Carbohydrate	46.1829	g														
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>60.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	60.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>16.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	16.0000	g	
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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34												
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Food Energy	50.0000	kcal														
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Carbohydrate	6.0000	g														
2144	MILK 1% HALF GAL	1	6 OZ	68												
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Nutrient	Value	Units														
Food Energy	75.0000	kcal														
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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34												
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Nutrient	Value	Units														
Food Energy	75.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	5.5000	g														

Serving Period: Snack
Date: 9/28/2018
Base Menu Plan: 3,063 EE 1-5Y SNACK W2D5,W4D5 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity												
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>29.4972</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	29.4972	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>7.5488</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	7.5488	g	
Nutrient	Value	Units														
Food Energy	29.4972	kcal														
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Carbohydrate	7.5488	g														
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34												
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Carbohydrate	9.0000	g														

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Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL			1	4 OZ (CACFP)			34
	Nutrient	Value	Units		Nutrient	Value	Units	
	Food Energy	75.0000	kcal		Carbohydrate	5.5000	g	

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