



Independence Central Office

Scheduled Menu Plans

6120 Little Blue Elementary

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/3/2019

Feeding Figure: 125

Base Menu Plan: 4,800 EL BFAST 19-20 W1D2

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A393	DONUT GLAZED RIDGEWOOD #2325	1	1 DONUT	75		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	176.5800	kcal	Carbohydrate	21.0400	g
1015	CHEESE STRING MOZ LT	1	PKG (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	0.0000	g
2082	NOTABLE CINN TOAST BOWL	1	PACKAGE (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	260.0320	kcal	Carbohydrate	53.9326	g
2064	NOTABLE LUCKY CHARMS BOWL	1	PKG (1)	24		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	280.0000	kcal	Carbohydrate	57.0000	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	299.9999	kcal	Carbohydrate	37.0000	g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	94		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	31.2730	kcal	Carbohydrate	7.4273	g
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	32		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	14.0000	g
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	32		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	12.9999	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

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1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/3/2019 **Feeding Figure:** 220
Base Menu Plan: 4,805 EL 19-20 LUNCH W1D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A433	SANDWICH, GRILLED CHEESE HM	1	1 SANDWICH	53
Nutrient		Value	Units	
Food Energy		1,413.9934	kcal	
Nutrient		Value	Units	
Carbohydrate		15.8500	g	
A496	POTATO TATER TOTS #1219	1	1/2 CUP	53
Nutrient		Value	Units	
Food Energy		110.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		17.0000	g	
a539	FIESTA NACHO-CHICKEN	1	1 NACHO	149
Nutrient		Value	Units	
Food Energy		460.6936	kcal	
Nutrient		Value	Units	
Carbohydrate		40.2176	g	
7045	SALSA	1	1/4 CUP	149
Nutrient		Value	Units	
Food Energy		20.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		4.0000	g	
A563	MUNCHABLE SUNBUTTER & JELLY	1	1 MEAL	10
Nutrient		Value	Units	
Food Energy		550.9630	kcal	
Nutrient		Value	Units	
Carbohydrate		54.0199	g	
A069	BEANS, REFRIED	1	1/2 CUP	53
Nutrient		Value	Units	
Food Energy		131.7402	kcal	
Nutrient		Value	Units	
Carbohydrate		20.3267	g	
A359	CORN, COOKED	1	1/2 CUP	53
Nutrient		Value	Units	
Food Energy		99.2998	kcal	
Nutrient		Value	Units	
Carbohydrate		20.8661	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	22
Nutrient		Value	Units	
Food Energy		7.2882	kcal	
Nutrient		Value	Units	
Carbohydrate		1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	9
Nutrient		Value	Units	
Food Energy		11.6147	kcal	
Nutrient		Value	Units	
Carbohydrate		2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
Nutrient		Value	Units	
Food Energy		8.1076	kcal	
Nutrient		Value	Units	
Carbohydrate		1.7522	g	

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A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
A7078	STRAWBERRIES #7112	1	1/2 CUP	159
	Nutrient	Value	Units	
	Food Energy	38.8278	kcal	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	53
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/4/2019

Feeding Figure: 125

Base Menu Plan: 4,801 EL BFAST 19-20 W1D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A551	EGG, TAC-GO, IW #2444	1	1 PKG	75
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
7045	SALSA	1	1/4 CUP	75
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
1392	POP TART STRAW WG	1	PKG (1)	24
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	

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1394	POP TART WG BRN SUGAR	1	PKG (1)	25
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	94
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	63
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/4/2019

Feeding Figure: 220

Base Menu Plan: 4,806 EL 19-20 LUNCH W1D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A555	SPAGHETTI & MEATSAUCE 19- 20	1	1 SERVING	128
	Nutrient	Value	Units	
	Food Energy	324.6268	kcal	
	Nutrient	Value	Units	
	Carbohydrate	40.8287	g	
A379	BREADSTICK WG #1361	1	1 BREADSTICK	128
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	21.0000	g	

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A451	CORN DOG-MINI TRK WG #2382	1	6 MINI CORNDOGS	85
	Nutrient	Value	Units	
	Food Energy	267.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.0001	g	
A562	MUNCHABLE PIZZA MEAL	1	1 MEAL	0
	Nutrient	Value	Units	
	Food Energy	277.6473	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.9434	g	
A057	BROCCOLI, STEAMED	1	1/2 CUP	106
	Nutrient	Value	Units	
	Food Energy	28.2507	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.5307	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	22
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A448	BEANS, RED (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	65.0014	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0002	g	
1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	159
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
1097	MUSTARD	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	106
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
2366	DRESSING ITALIAN OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.8148	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/5/2019 **Feeding Figure:** 125
Base Menu Plan: 4,802 EL BFAST 19-20 W1D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A566	COCOA PUFF PASTRY BAR #2475	1	1 PACK	75
	Nutrient	Value	Units	
	Food Energy	250.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	43.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A277	NOTABLES CINN TOAST BOWL #2082	1	1 PKG	24
	Nutrient	Value	Units	
	Food Energy	269.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	56.0000	g	
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	25
	Nutrient	Value	Units	
	Food Energy	280.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	57.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
2106	APPLE SLICES 100/2 OZ	1	PKG	94
	Nutrient	Value	Units	
	Food Energy	30.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/5/2019 **Feeding Figure:** 220
Base Menu Plan: 4,807 EL 19-20 LUNCH W1D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A383	CHICKEN PATTY WG BREADED#2344	1	1 PATTY	128
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.0000	g	
A525	GRAVY POULTRY LS #2422	1	2 OZ	128
	Nutrient	Value	Units	
	Food Energy	2.3897	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.2868	g	
A005	POTATOES, MASHED	1	1/2 CUP	128
	Nutrient	Value	Units	
	Food Energy	85.3963	kcal	
	Nutrient	Value	Units	
	Carbohydrate	18.1467	g	
A327	ROLL, DINNER WG #1974	1	1 DINNER ROLL	128
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	20.0000	g	
A114	BURRITO	1	1 BURRITO	85
	Nutrient	Value	Units	
	Food Energy	308.6858	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9919	g	
7045	SALSA	1	1/4 CUP	85
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0000	g	
A563	MUNCHABLE SUNBUTTER & JELLY	1	1 MEAL	0
	Nutrient	Value	Units	
	Food Energy	550.9630	kcal	
	Nutrient	Value	Units	
	Carbohydrate	54.0199	g	
A372	GREEN BEANS-2017	1	1/2 CUP	106
	Nutrient	Value	Units	
	Food Energy	17.5420	kcal	
	Nutrient	Value	Units	
	Carbohydrate	3.3337	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	22
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	

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a360	CARROT, FRESH SHREDDED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.5007	g	
a7074	BLUEBERRIES #7074	1	1/2 CUP	159
	Nutrient	Value	Units	
	Food Energy	38.6000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.3710	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2365	DRESSING RANCH OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.2922	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/6/2019

Feeding Figure: 125

Base Menu Plan: 4,803 EL BFAST 19-20 W1D5

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A567	FRENCH TOAST APPLE IW#2472	1	1 PACK	75
	Nutrient	Value	Units	
	Food Energy	260.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	45.0000	g	

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A040	EGG, SCRAMBLED, CHEESY	1	1/2 CUP	53
	Nutrient	Value	Units	
	Food Energy	194.9017	kcal	
	Nutrient	Value	Units	
	Carbohydrate	3.9150	g	
A385	BISCUIT FRZ EASY SPLIT #2211	1	1 BISCUIT	53
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	28.0000	g	
A499	SAUSAGE #2405	1	1 PATTY	53
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A561	MUNCHABLE YOGURT MEAL	1	1 MEAL	0
	Nutrient	Value	Units	
	Food Energy	289.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	22
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.7866	g	
1223	CARROT BABY 25 LBS	1	1/2 CUP	106
	Nutrient	Value	Units	
	Food Energy	24.8063	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.8401	g	
1348	PEARS SLICED IN LS	1	SERVING 1/2 CUP	159
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	20.0000	g	
A252	CHERRY CRISP w/o stabilizer	1	1 piece	159
	Nutrient	Value	Units	
	Food Energy	186.0849	kcal	
	Nutrient	Value	Units	
	Carbohydrate	32.2581	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2366	DRESSING ITALIAN OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.8148	g	

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Independence Central Office

Scheduled Menu Plans

2286	KETCHUP JUG WITH PUMP	1	Ounce	53
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/9/2019

Feeding Figure: 125

Base Menu Plan: 4,799 EL BFAST 19-20 W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A324	PIZZA 3.67oz TRKYSAU BRKFST IW	1	1 PIZZA	75
	Nutrient	Value	Units	
	Food Energy	240.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	31.0000	g	
1392	POP TART STRAW WG	1	PKG (1)	24
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
1394	POP TART WG BRN SUGAR	1	PKG (1)	25
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
2106	APPLE SLICES 100/2 OZ	1	PKG	94
	Nutrient	Value	Units	
	Food Energy	30.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	63
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	

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Independence Central Office

Scheduled Menu Plans

2140	JUICE ORANGE 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/9/2019 **Feeding Figure:** 212
Base Menu Plan: 4,809 EL 19-20 LUNCH W2D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A414	CHICKEN & NOODLES-WG GAGE	1	3/4 CUP	149
	Nutrient	Value	Units	
	Food Energy	209.6520	kcal	
	Nutrient	Value	Units	
	Carbohydrate	26.7765	g	
A385	BISCUIT FRZ EASY SPLIT #2211	1	1 BISCUIT	149
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	28.0000	g	
A365	HOTDOG	1	1 HOTDOG	53
	Nutrient	Value	Units	
	Food Energy	350.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	27.0000	g	
A561	MUNCHABLE YOGURT MEAL	1	1 MEAL	10
	Nutrient	Value	Units	
	Food Energy	289.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
A011	VEGETABLES, MIXED	1	1/2 CUP	106
	Nutrient	Value	Units	
	Food Energy	38.4764	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.4649	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	22
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	

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Independence Central Office

Scheduled Menu Plans

A361	TOMATO, FRESH DICED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
1347	PEACHES SLICD IN LS	1	1/2 CUP	159
	Nutrient	Value	Units	
	Food Energy	81.0000	kcal	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	106
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
1097	MUSTARD	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
1103	PICKLE RELISH	1	Ounce	32
	Nutrient	Value	Units	
	Food Energy	25.0000	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/10/2019

Feeding Figure: 125

Base Menu Plan: 4,800 EL BFAST 19-20 W1D2

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

A393	DONUT GLAZED RIDGEWOOD #2325	1	1 DONUT	75
	Nutrient	Value	Units	
	Food Energy	176.5800	kcal	
	Nutrient	Value	Units	
	Carbohydrate	21.0400	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
2082	NOTABLE CINN TOAST BOWL	1	PACKAGE (1)	25
	Nutrient	Value	Units	
	Food Energy	260.0320	kcal	
	Nutrient	Value	Units	
	Carbohydrate	53.9326	g	
2064	NOTABLE LUCKY CHARMS BOWL	1	PKG (1)	24
	Nutrient	Value	Units	
	Food Energy	280.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	57.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	94
	Nutrient	Value	Units	
	Food Energy	31.2730	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.4273	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch
Date: 9/10/2019
Base Menu Plan: 4,810 EL 19-20 LUNCH W2D2
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 212

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

A077	QUESO BLANCO BEEF ENCHILADAS	1	2 ENCHILADAS	149
	Nutrient	Value	Units	
	Food Energy	297.3600	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.3599	g	
A016	RICE, MEXICAN-STYLE	1	1/2 CUP	149
	Nutrient	Value	Units	
	Food Energy	78.7958	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.4837	g	
7045	SALSA	1	1/4 CUP	53
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0000	g	
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	53
	Nutrient	Value	Units	
	Food Energy	369.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	39.0001	g	
A007	LETTUCE, TOMATO, PICKLE 24CT	1	1 serving	53
	Nutrient	Value	Units	
	Food Energy	10.4961	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.0652	g	
A563	MUNCHABLE SUNBUTTER & JELLY	1	1 MEAL	10
	Nutrient	Value	Units	
	Food Energy	550.9630	kcal	
	Nutrient	Value	Units	
	Carbohydrate	54.0199	g	
2407	RICE KRISPIES COCOA WG	1	PKG (1)	212
	Nutrient	Value	Units	
	Food Energy	45.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.0000	g	
A070	CARROTS, COOKED	1	1/2 CUP	106
	Nutrient	Value	Units	
	Food Energy	22.5109	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.2526	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	22
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.7866	g	
A047	STRAWBERRIES AND BLUEBERRIES	1	1/2 CUP	159
	Nutrient	Value	Units	
	Food Energy	65.8186	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.7660	g	

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Independence Central Office

Scheduled Menu Plans

2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2365	DRESSING RANCH OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.2922	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
1097	MUSTARD	1	Ounce	5
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
1086	SAUCE BBQ	1	Ounce	7
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.6655	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/11/2019

Feeding Figure: 125

Base Menu Plan: 4,801 EL BFAST 19-20 W1D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A551	EGG, TAC-GO, IW #2444	1	1 PKG	75
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
7045	SALSA	1	1/4 CUP	75
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0000	g	
1392	POP TART STRAW WG	1	PKG (1)	24
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	

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Independence Central Office

Scheduled Menu Plans

1394	POP TART WG BRN SUGAR	1	PKG (1)	25
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	94
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	63
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/11/2019

Feeding Figure: 212

Base Menu Plan: 1,004,542 EL 19-20 LUNCH W2D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A465	FISH NACHO STICKS #2436	1	4 STICKS	149
	Nutrient	Value	Units	
	Food Energy	250.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	19.0001	g	
A033	SAUCE, TARTER	1	1 OZ	75
	Nutrient	Value	Units	
	Food Energy	26.9446	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.9494	g	

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Independence Central Office

Scheduled Menu Plans

A015	MAC AND CHEESE	1	1/2 CUP	149
	Nutrient	Value	Units	
	Food Energy	235.7995	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0593	g	
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	53
	Nutrient	Value	Units	
	Food Energy	348.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	27.0000	g	
A562	MUNCHABLE PIZZA MEAL	1	1 MEAL	10
	Nutrient	Value	Units	
	Food Energy	277.6473	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.9434	g	
A057	BROCCOLI, STEAMED	1	1/2 CUP	106
	Nutrient	Value	Units	
	Food Energy	28.2507	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.5307	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	22
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
a7024	BEANS, PINTO (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	95.3707	kcal	
	Nutrient	Value	Units	
	Carbohydrate	17.5171	g	
1323	WATERMELON WHOLE	1	SERVING WEDGE (1/1	159
	Nutrient	Value	Units	
	Food Energy	84.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	20.9999	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2366	DRESSING ITALIAN OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.8148	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	43
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
1097	MUSTARD	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	

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Independence Central Office

Scheduled Menu Plans

2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/12/2019 **Feeding Figure:** 125
Base Menu Plan: 4,802 EL BFAST 19-20 W1D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A566	COCOA PUFF PASTRY BAR #2475	1	1 PACK	75
	Nutrient	Value	Units	
	Food Energy	250.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	43.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A277	NOTABLES CINN TOAST BOWL #2082	1	1 PKG	24
	Nutrient	Value	Units	
	Food Energy	269.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	56.0000	g	
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	25
	Nutrient	Value	Units	
	Food Energy	280.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	57.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
2106	APPLE SLICES 100/2 OZ	1	PKG	94
	Nutrient	Value	Units	
	Food Energy	30.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	

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Independence Central Office

Scheduled Menu Plans

2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/12/2019 **Feeding Figure:** 212
Base Menu Plan: 4,812 EL 19-20 LUNCH W2D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A084	MEATLOAF-SLICES	1	1 SLICE	149
	Nutrient	Value	Units	
	Food Energy	227.0069	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.9442	g	
A005	POTATOES, MASHED	1	1/2 CUP	149
	Nutrient	Value	Units	
	Food Energy	85.3963	kcal	
	Nutrient	Value	Units	
	Carbohydrate	18.1467	g	
A026	ROLLS, WHEAT, WG	1	2 OUNCE	149
	Nutrient	Value	Units	
	Food Energy	178.5303	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0164	g	
A524	GRAVY BROWN LS #2421	1	2 OZ	149
	Nutrient	Value	Units	
	Food Energy	25.2695	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0431	g	
A338	NACHO BITES #2265	1	8 SERVING	53
	Nutrient	Value	Units	
	Food Energy	270.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	32.0000	g	
7045	SALSA	1	1/4 CUP	53
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0000	g	
A563	MUNCHABLE SUNBUTTER & JELLY	1	1 MEAL	10
	Nutrient	Value	Units	
	Food Energy	550.9630	kcal	
	Nutrient	Value	Units	
	Carbohydrate	54.0199	g	
A359	CORN, COOKED	1	1/2 CUP	106
	Nutrient	Value	Units	
	Food Energy	99.2998	kcal	
	Nutrient	Value	Units	
	Carbohydrate	20.8661	g	

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Independence Central Office

Scheduled Menu Plans

a131	SALAD, DARK GREENS- EL	1	1 CUP	22
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.5007	g	
1348	PEARS SLICD IN LS	1	SERVING 1/2 CUP	159
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	20.0000	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2366	DRESSING ITALIAN OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.8148	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast
Date: 9/13/2019
Base Menu Plan: 4,803 EL BFAST 19-20 W1D5
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 125

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

Item ID	Item Description	Quantity	Unit	Projected Quantity
A567	FRENCH TOAST APPLE IW#2472	1	1 PACK	75
	Nutrient	Value	Units	
	Food Energy	260.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	45.0000	g	
1392	POP TART STRAW WG	1	PKG (1)	24
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
1394	POP TART WG BRN SUGAR	1	PKG (1)	25
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	94
	Nutrient	Value	Units	
	Food Energy	31.2730	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.4273	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	63
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Lunch
Date: 9/13/2019
Base Menu Plan: 4,813 EL 19-20 LUNCH W2D5
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 212

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

A232	SLOPPY JOE ON WW BUN 2019	1	1 SANDWICH	149
	Nutrient	Value	Units	
	Food Energy	387.4476	kcal	
1215	POTATO FRENCH FRIES	1	1/2 CUP	149
	Nutrient	Value	Units	
	Food Energy	79.2000	kcal	
A443	RIPPER CHEESE TOPPED WG #2369	1	1 BREADSTICK	53
	Nutrient	Value	Units	
	Food Energy	280.0000	kcal	
1310	SAUCE MARINARA	1	(2 OZ) SERVING	53
	Nutrient	Value	Units	
	Food Energy	45.0000	kcal	
A561	MUNCHABLE YOGURT MEAL	1	1 MEAL	10
	Nutrient	Value	Units	
	Food Energy	289.9999	kcal	
A372	GREEN BEANS-2017	1	1/2 CUP	106
	Nutrient	Value	Units	
	Food Energy	17.5420	kcal	
a131	SALAD, DARK GREENS- EL	1	1 CUP	22
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
A050	APPLES, HOT SPICED	1	1/2 CUP	159
	Nutrient	Value	Units	
	Food Energy	121.4842	kcal	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	

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Independence Central Office

Scheduled Menu Plans

1086	SAUCE BBQ	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.6655	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
1097	MUSTARD	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/16/2019 **Feeding Figure:** 125
Base Menu Plan: 4,799 EL BFAST 19-20 W1D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A324	PIZZA 3.67oz TRKYSAU BRKFST IW	1	1 PIZZA	75
	Nutrient	Value	Units	
	Food Energy	240.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	31.0000	g	
1392	POP TART STRAW WG	1	PKG (1)	24
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
1394	POP TART WG BRN SUGAR	1	PKG (1)	25
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	

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Independence Central Office

Scheduled Menu Plans

2106	APPLE SLICES 100/2 OZ	1	PKG	94
	Nutrient	Value	Units	
	Food Energy	30.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	63
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/16/2019 **Feeding Figure:** 212
Base Menu Plan: 4,814 EL 19-20 LUNCH W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A196	MANDARIN ORANGE CHICKEN	1	1/2 CUP	149
	Nutrient	Value	Units	
	Food Energy	296.6667	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.5778	g	
A552	RICE, STIR FRIED	1	1/2 CUP	149
	Nutrient	Value	Units	
	Food Energy	56.7570	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.5058	g	
A101	RIB-Q ON BUN	1	1 SANDWICH	53
	Nutrient	Value	Units	
	Food Energy	354.5808	kcal	
	Nutrient	Value	Units	
	Carbohydrate	35.3327	g	
1911	CHEETO PUFF	1	PKG (1)	53
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.0000	g	
A561	MUNCHABLE YOGURT MEAL	1	1 MEAL	10
	Nutrient	Value	Units	
	Food Energy	289.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	

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Independence Central Office

Scheduled Menu Plans

a131	SALAD, DARK GREENS- EL	1	1 CUP	22
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
A130	PEAS & CARROTS	1	1/2 CUP	106
	Nutrient	Value	Units	
	Food Energy	64.0905	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.1809	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A448	BEANS, RED (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	65.0014	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0002	g	
1347	PEACHES SLICD IN LS	1	1/2 CUP	159
	Nutrient	Value	Units	
	Food Energy	81.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	19.8000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
1086	SAUCE BBQ	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.6655	g	
2365	DRESSING RANCH OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.2922	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

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Independence Central Office

Scheduled Menu Plans

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/17/2019

Feeding Figure: 125

Base Menu Plan: 4,800 EL BFAST 19-20 W1D2

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A393	DONUT GLAZED RIDGEWOOD #2325	1	1 DONUT	75		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	176.5800	kcal	Carbohydrate	21.0400	g
1015	CHEESE STRING MOZ LT	1	PKG (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	0.0000	g
2082	NOTABLE CINN TOAST BOWL	1	PACKAGE (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	260.0320	kcal	Carbohydrate	53.9326	g
2064	NOTABLE LUCKY CHARMS BOWL	1	PKG (1)	24		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	280.0000	kcal	Carbohydrate	57.0000	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	299.9999	kcal	Carbohydrate	37.0000	g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	94		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	31.2730	kcal	Carbohydrate	7.4273	g
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	32		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	14.0000	g
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	32		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	12.9999	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g

Trans Fat is displayed for informational purposes only, not for monitoring.

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Independence Central Office

Scheduled Menu Plans

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/17/2019

Feeding Figure: 212

Base Menu Plan: 4,815 EL 19-20 LUNCH W3D2

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A332	WG GOLDFISH BREAD HOT HAM/CHZ	1	1 SANDWICH	53		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		283.9228	kcal	Carbohydrate	26.6536	g
A455	POTATO SWT TRAX #2384	1	1/2 CUP	53		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		180.0000	kcal	Carbohydrate	23.0001	g
A416	FIESTA NACHO-TACO MEAT	1	1 NACHO	149		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		479.2583	kcal	Carbohydrate	42.2677	g
7045	SALSA	1	1/4 CUP	149		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		20.0000	kcal	Carbohydrate	4.0000	g
A563	MUNCHABLE SUNBUTTER & JELLY	1	1 MEAL	10		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		550.9630	kcal	Carbohydrate	54.0199	g
A069	BEANS, REFRIED	1	1/2 CUP	53		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		131.7402	kcal	Carbohydrate	20.3267	g
A057	BROCCOLI, STEAMED	1	1/2 CUP	106		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		28.2507	kcal	Carbohydrate	4.5307	g
a131	SALAD, DARK GREENS- EL	1	1 CUP	22		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		7.2882	kcal	Carbohydrate	1.1662	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	9		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		11.6147	kcal	Carbohydrate	2.7139	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	9		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		8.1076	kcal	Carbohydrate	1.7522	g
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	3		
Nutrient		Value	Units	Nutrient	Value	Units
Food Energy		75.1369	kcal	Carbohydrate	13.7866	g

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Independence Central Office

Scheduled Menu Plans

A7078	STRAWBERRIES #7112	1	1/2 CUP	159
	Nutrient	Value	Units	
	Food Energy	38.8278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	10.0952	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2365	DRESSING RANCH OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.2922	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/18/2019

Feeding Figure: 125

Base Menu Plan: 4,801 EL BFAST 19-20 W1D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A551	EGG, TAC-GO, IW #2444	1	1 PKG	75
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
7045	SALSA	1	1/4 CUP	75
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0000	g	
1392	POP TART STRAW WG	1	PKG (1)	24
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
1394	POP TART WG BRN SUGAR	1	PKG (1)	25
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	

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Independence Central Office

Scheduled Menu Plans

1015	CHEESE STRING MOZ LT	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	94
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	63
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/18/2019

Feeding Figure: 212

Base Menu Plan: 1,004,562 EL 19-20 LUNCH W3D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A453	LASAGNA ROLLUP WG	1	1 PIECE	149
	Nutrient	Value	Units	
	Food Energy	346.6368	kcal	
A379	BREADSTICK WG #1361	1	1 BREADSTICK	149
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
A451	CORN DOG-MINI TRK WG #2382	1	6 MINI CORNDOGS	53
	Nutrient	Value	Units	
	Food Energy	267.0000	kcal	

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Independence Central Office

Scheduled Menu Plans

A562	MUNCHABLE PIZZA MEAL	1	1 MEAL	10
	Nutrient	Value	Units	
	Food Energy	277.6473	kcal	
A359	CORN, COOKED	1	1/2 CUP	106
	Nutrient	Value	Units	
	Food Energy	99.2998	kcal	
a131	SALAD, DARK GREENS- EL	1	1 CUP	22
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
1354	GRAPE RED LUNCH BUNCH 150 CT	1	BUNCH (1)	159
	Nutrient	Value	Units	
	Food Energy	58.5775	kcal	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
1097	MUSTARD	1	Ounce	7
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	32
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	

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Independence Central Office

Scheduled Menu Plans

1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/19/2019 **Feeding Figure:** 125
Base Menu Plan: 4,802 EL BFAST 19-20 W1D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A566	COCOA PUFF PASTRY BAR #2475	1	1 PACK	75
Nutrient		Value	Units	
Food Energy		250.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		43.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	50
Nutrient		Value	Units	
Food Energy		80.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		0.0000	g	
A277	NOTABLES CINN TOAST BOWL #2082	1	1 PKG	24
Nutrient		Value	Units	
Food Energy		269.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		56.0000	g	
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	25
Nutrient		Value	Units	
Food Energy		280.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		57.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
Nutrient		Value	Units	
Food Energy		299.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		37.0000	g	
2106	APPLE SLICES 100/2 OZ	1	PKG	94
Nutrient		Value	Units	
Food Energy		30.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		7.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	32
Nutrient		Value	Units	
Food Energy		120.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		12.9999	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	32
Nutrient		Value	Units	
Food Energy		60.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42
Nutrient		Value	Units	
Food Energy		129.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43
Nutrient		Value	Units	
Food Energy		120.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		22.0001	g	

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Independence Central Office

Scheduled Menu Plans

1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/19/2019 **Feeding Figure:** 212
Base Menu Plan: 4,817 EL 19-20 LUNCH W3D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A326	CHICKEN DRUMSTICK BREADED WG	1	1 DRUMSTICK	149
Nutrient		Value	Units	
Food Energy		219.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		6.0000	g	
A005	POTATOES, MASHED	1	1/2 CUP	149
Nutrient		Value	Units	
Food Energy		85.3963	kcal	
Nutrient		Value	Units	
Carbohydrate		18.1467	g	
A140	COUNTRY GRAVY	1	2 OZ	149
Nutrient		Value	Units	
Food Energy		59.4904	kcal	
Nutrient		Value	Units	
Carbohydrate		8.4986	g	
A327	ROLL, DINNER WG #1974	1	1 DINNER ROLL	149
Nutrient		Value	Units	
Food Energy		130.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		20.0000	g	
A114	BURRITO	1	1 BURRITO	53
Nutrient		Value	Units	
Food Energy		308.6858	kcal	
Nutrient		Value	Units	
Carbohydrate		33.9919	g	
A563	MUNCHABLE SUNBUTTER & JELLY	1	1 MEAL	10
Nutrient		Value	Units	
Food Energy		550.9630	kcal	
Nutrient		Value	Units	
Carbohydrate		54.0199	g	
A372	GREEN BEANS-2017	1	1/2 CUP	106
Nutrient		Value	Units	
Food Energy		17.5420	kcal	
Nutrient		Value	Units	
Carbohydrate		3.3337	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	22
Nutrient		Value	Units	
Food Energy		7.2882	kcal	
Nutrient		Value	Units	
Carbohydrate		1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	9
Nutrient		Value	Units	
Food Energy		11.6147	kcal	
Nutrient		Value	Units	
Carbohydrate		2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
Nutrient		Value	Units	
Food Energy		8.1076	kcal	
Nutrient		Value	Units	
Carbohydrate		1.7522	g	

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Independence Central Office

Scheduled Menu Plans

A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
a7074	BLUEBERRIES #7074	1	1/2 CUP	159
	Nutrient	Value	Units	
	Food Energy	38.6000	kcal	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/20/2019

Feeding Figure: 125

Base Menu Plan: 4,803 EL BFAST 19-20 W1D5

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A567	FRENCH TOAST APPLE IW#2472	1	1 PACK	75
	Nutrient	Value	Units	
	Food Energy	260.0000	kcal	
1392	POP TART STRAW WG	1	PKG (1)	24
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
1394	POP TART WG BRN SUGAR	1	PKG (1)	25
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
1015	CHEESE STRING MOZ LT	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	

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Independence Central Office

Scheduled Menu Plans

a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	94
	Nutrient	Value	Units	
	Food Energy	31.2730	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.4273	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	63
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/20/2019 **Feeding Figure:** 212
Base Menu Plan: 4,818 EL 19-20 LUNCH W3D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A330	PIZZA CHEESE TONY'S #2387	1	1 SLICE	149
	Nutrient	Value	Units	
	Food Energy	349.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
A447	FRENCH TOAST STICKS WG #2400	1	2 STICKS	53
	Nutrient	Value	Units	
	Food Energy	240.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
A040	EGG, SCRAMBLED, CHEESY	1	1/2 CUP	53
	Nutrient	Value	Units	
	Food Energy	194.9017	kcal	
	Nutrient	Value	Units	
	Carbohydrate	3.9150	g	
A561	MUNCHABLE YOGURT MEAL	1	1 MEAL	0
	Nutrient	Value	Units	
	Food Energy	289.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	

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Independence Central Office

Scheduled Menu Plans

A1223	CARROTS BABY 30LBS	1	1/2 CUP	106
	Nutrient	Value	Units	
	Food Energy	19.8450	kcal	
a131	SALAD, DARK GREENS- EL	1	1 CUP	22
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
1348	PEARS SLICD IN LS	1	SERVING 1/2 CUP	159
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/23/2019

Feeding Figure: 125

Base Menu Plan: 4,799 EL BFAST 19-20 W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

A324	PIZZA 3.67oz TRKYSAU BRKFST IW	1	1 PIZZA	75
	Nutrient	Value	Units	
	Food Energy	240.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	31.0000	g	
1392	POP TART STRAW WG	1	PKG (1)	24
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
1394	POP TART WG BRN SUGAR	1	PKG (1)	25
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
2106	APPLE SLICES 100/2 OZ	1	PKG	94
	Nutrient	Value	Units	
	Food Energy	30.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	63
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch
Date: 9/23/2019
Base Menu Plan: 4,819 EL 19-20 LUNCH W4D1
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 212

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Trans Fat is displayed for informational purposes only, not for monitoring.

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Independence Central Office

Scheduled Menu Plans

A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	149
	Nutrient	Value	Units	
	Food Energy	369.9999	kcal	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	149
	Nutrient	Value	Units	
	Food Energy	10.4961	kcal	
A531	MAC AND CHEESE TWISTED	1	1 CUP	53
	Nutrient	Value	Units	
	Food Energy	346.7246	kcal	
A561	MUNCHABLE YOGURT MEAL	1	1 MEAL	11
	Nutrient	Value	Units	
	Food Energy	289.9999	kcal	
A011	VEGETABLES, MIXED	1	1/2 CUP	106
	Nutrient	Value	Units	
	Food Energy	38.4764	kcal	
a131	SALAD, DARK GREENS- EL	1	1 CUP	22
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
1347	PEACHES SLICD IN LS	1	1/2 CUP	159
	Nutrient	Value	Units	
	Food Energy	81.0000	kcal	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	106
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	

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Independence Central Office

Scheduled Menu Plans

1097	MUSTARD	1	Ounce	11			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	0.0000	kcal		Carbohydrate	0.0000	g
1086	SAUCE BBQ	1	Ounce	11			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	29.1618	kcal		Carbohydrate	6.6655	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	129.9999	kcal		Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	120.0001	kcal		Carbohydrate	22.0001	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	100.0000	kcal		Carbohydrate	11.0000	g

Serving Period: Breakfast
Date: 9/24/2019
Base Menu Plan: 4,800 EL BFAST 19-20 W1D2
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 125

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A393	DONUT GLAZED RIDGEWOOD #2325	1	1 DONUT	75			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	176.5800	kcal		Carbohydrate	21.0400	g
1015	CHEESE STRING MOZ LT	1	PKG (1)	50			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	80.0000	kcal		Carbohydrate	0.0000	g
2082	NOTABLE CINN TOAST BOWL	1	PACKAGE (1)	25			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	260.0320	kcal		Carbohydrate	53.9326	g
2064	NOTABLE LUCKY CHARMS BOWL	1	PKG (1)	24			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	280.0000	kcal		Carbohydrate	57.0000	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	299.9999	kcal		Carbohydrate	37.0000	g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	94			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	31.2730	kcal		Carbohydrate	7.4273	g

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Independence Central Office

Scheduled Menu Plans

A359	CORN, COOKED	1	1/2 CUP	106
	Nutrient	Value	Units	
	Food Energy	99.2998	kcal	
a131	SALAD, DARK GREENS- EL	1	1 CUP	22
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
A7078	STRAWBERRIES #7112	1	1/2 CUP	159
	Nutrient	Value	Units	
	Food Energy	38.8278	kcal	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/25/2019

Feeding Figure: 125

Base Menu Plan: 4,801 EL BFAST 19-20 W1D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

A551	EGG, TAC-GO, IW #2444	1	1 PKG	75
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
7045	SALSA	1	1/4 CUP	75
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0000	g	
1392	POP TART STRAW WG	1	PKG (1)	24
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
1394	POP TART WG BRN SUGAR	1	PKG (1)	25
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	94
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	63
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

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Independence Central Office

Scheduled Menu Plans

Serving Period: Lunch
Date: 9/25/2019
Base Menu Plan: 4,821 EL 19-20 LUNCH W4D3
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 212

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A367	CHICKEN TERIYAKI W/ VEG	1	1 SERVING	149		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	249.9894	kcal	Carbohydrate	38.9410	g
A365	HOTDOG	1	1 HOTDOG	53		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	350.0000	kcal	Carbohydrate	27.0000	g
A562	MUNCHABLE PIZZA MEAL	1	1 MEAL	10		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	277.6473	kcal	Carbohydrate	29.9434	g
A057	BROCCOLI, STEAMED	1	1/2 CUP	106		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	28.2507	kcal	Carbohydrate	4.5307	g
1350	PINEAPPLE BITS IN LS	1	SERVING 1/2 CUP	159		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	69.9472	kcal	Carbohydrate	16.9872	g
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	53		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	12.9999	g
a131	SALAD, DARK GREENS- EL	1	1 CUP	22		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	7.2882	kcal	Carbohydrate	1.1662	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	9		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	11.6147	kcal	Carbohydrate	2.7139	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	9		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	8.1076	kcal	Carbohydrate	1.7522	g
a7024	BEANS, PINTO (SALAD BAR)	1	1/4 CUP	3		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	95.3707	kcal	Carbohydrate	17.5171	g
2366	DRESSING ITALIAN OTT'S	1	Ounce	22		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	29.3055	kcal	Carbohydrate	7.8148	g

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Independence Central Office

Scheduled Menu Plans

2286	KETCHUP JUG WITH PUMP	1	Ounce	53
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
1097	MUSTARD	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
1103	PICKLE RELISH	1	Ounce	11
	Nutrient	Value	Units	
	Food Energy	25.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/26/2019

Feeding Figure: 125

Base Menu Plan: 4,802 EL BFAST 19-20 W1D4

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A566	COCOA PUFF PASTRY BAR #2475	1	1 PACK	75
	Nutrient	Value	Units	
	Food Energy	250.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	43.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A277	NOTABLES CINN TOAST BOWL #2082	1	1 PKG	24
	Nutrient	Value	Units	
	Food Energy	269.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	56.0000	g	
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	25
	Nutrient	Value	Units	
	Food Energy	280.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	57.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	

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Independence Central Office

Scheduled Menu Plans

2106	APPLE SLICES 100/2 OZ	1	PKG	94
	Nutrient	Value	Units	
	Food Energy	30.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/26/2019 **Feeding Figure:** 212
Base Menu Plan: 4,822 EL 19-20 LUNCH W4D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A435	BEEF PATTY WGR BREADED#7163	1	1 PATTY	149
	Nutrient	Value	Units	
	Food Energy	260.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
A005	POTATOES, MASHED	1	1/2 CUP	149
	Nutrient	Value	Units	
	Food Energy	85.3963	kcal	
	Nutrient	Value	Units	
	Carbohydrate	18.1467	g	
A140	COUNTRY GRAVY	1	2 OZ	149
	Nutrient	Value	Units	
	Food Energy	59.4904	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.4986	g	
A026	ROLLS, WHEAT, WG	1	2 OUNCE	149
	Nutrient	Value	Units	
	Food Energy	178.5303	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0164	g	
A338	NACHO BITES #2265	1	8 SERVING	53
	Nutrient	Value	Units	
	Food Energy	270.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	32.0000	g	

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Independence Central Office

Scheduled Menu Plans

7045	SALSA	1	1/4 CUP	53
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
A563	MUNCHABLE SUNBUTTER & JELLY	1	1 MEAL	10
	Nutrient	Value	Units	
	Food Energy	550.9630	kcal	
A012	PEAS	1	1/2 CUP	106
	Nutrient	Value	Units	
	Food Energy	80.0832	kcal	
a131	SALAD, DARK GREENS- EL	1	1 CUP	22
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
1348	PEARS SLICD IN LS	1	SERVING 1/2 CUP	106
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

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Independence Central Office

Scheduled Menu Plans

Serving Period: Breakfast
Date: 9/27/2019
Base Menu Plan: 2,331 OPEN SITE EL 16-17 BFAST
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 125

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A415	NOTABLES CINN TOAST #2082	1	1 PACK	63		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	269.9999	kcal	Carbohydrate	56.0000	g
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	62		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	280.0000	kcal	Carbohydrate	57.0000	g
7094	APPLESAUCE CUPS UNSWEE 4.5OZ	1	SERVING CUP (4.5 OZ)	125		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	51.0000	kcal	Carbohydrate	14.0000	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	299.9999	kcal	Carbohydrate	37.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g

Serving Period: Lunch
Date: 9/27/2019
Base Menu Plan: 4,647 OPEN SITE EL 18-19 lunch
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 212

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A330	PIZZA CHEESE TONY'S #2387	1	1 SLICE	212		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	349.9999	kcal	Carbohydrate	38.0000	g
A359	CORN, COOKED	1	1/2 CUP	212		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	99.2998	kcal	Carbohydrate	20.8661	g

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1435	COOKIE SMART PR WG	1	PKG (1.0 OZ)	212
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0000	g	
7075	STRAWBERRY CUPS FRZN	1	CUP (1)	212
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	43
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/30/2019

Feeding Figure: 125

Base Menu Plan: 4,799 EL BFAST 19-20 W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A324	PIZZA 3.67oz TRKYSAU BRKFST IW	1	1 PIZZA	75
	Nutrient	Value	Units	
	Food Energy	240.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	31.0000	g	
1392	POP TART STRAW WG	1	PKG (1)	24
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
1394	POP TART WG BRN SUGAR	1	PKG (1)	25
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	

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a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
2106	APPLE SLICES 100/2 OZ	1	PKG	94
	Nutrient	Value	Units	
	Food Energy	30.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	63
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	43
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/30/2019

Feeding Figure: 212

Base Menu Plan: 4,804 EL 19-20 LUNCH W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A353	CHICKEN NUGGETS WG#2345	1	1 SERVING (5)	149
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.0000	g	
A351	WAFFLE WG #2356	1	1 WAFFLE	149
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.0000	g	
1122	SYRUP PKT SAUER 1.5 OZ	1	PKT (1)	149
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	31.0000	g	
A101	RIB-Q ON BUN	1	1 SANDWICH	53
	Nutrient	Value	Units	
	Food Energy	354.5808	kcal	
	Nutrient	Value	Units	
	Carbohydrate	35.3327	g	

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1911	CHEETO PUFF	1	PKG (1)	53
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
A561	MUNCHABLE YOGURT MEAL	1	1 MEAL	10
	Nutrient	Value	Units	
	Food Energy	289.9999	kcal	
A067	BEANS, BAKED	1	1/2 CUP	53
	Nutrient	Value	Units	
	Food Energy	117.7548	kcal	
a131	SALAD, DARK GREENS- EL	1	1 CUP	22
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	9
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
1347	PEACHES SLICD IN LS	1	1/2 CUP	159
	Nutrient	Value	Units	
	Food Energy	81.0000	kcal	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	53
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
1086	SAUCE BBQ	1	Ounce	43
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	32
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	22
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	85
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

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Scheduled Menu Plans

Item ID	Item Description	Quantity	Unit	Count	Nutrient	Value	Units	Count
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	64				
	Nutrient				Value	Units		
	Food Energy	129.9999	kcal					
					Nutrient	Value	Units	
					Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	64				
	Nutrient				Value	Units		
	Food Energy	120.0001	kcal					
					Nutrient	Value	Units	
					Carbohydrate	22.0001	g	

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