



Independence Central Office

Scheduled Menu Plans

6120 Little Blue Elementary

Serving Period: Snack
Date: 9/3/2019
Base Menu Plan: 4,825 EL 19-20 SNACK W1D2
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 50

Stock Number	Description	Serving Size	Measure	Projected Quantity
2106	APPLE SLICES 100/2 OZ	2	PKG	64
	Nutrient	Value	Units	Nutrient
	Food Energy	30.0000	kcal	Carbohydrate
				7.0000 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				11.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	32
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	16
	Nutrient	Value	Units	Nutrient
	Food Energy	120.0001	kcal	Carbohydrate
				22.0001 g

Serving Period: Snack
Date: 9/4/2019
Base Menu Plan: 4,826 EL 19-20 SNACK W1D3
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 50

Stock Number	Description	Serving Size	Measure	Projected Quantity
2431	CRACKER CHED CHEESE CRISPY IW	1	PKG (1)	64
	Nutrient	Value	Units	Nutrient
	Food Energy	110.0000	kcal	Carbohydrate
				17.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				11.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26
	Nutrient	Value	Units	Nutrient
	Food Energy	120.0001	kcal	Carbohydrate
				22.0001 g

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Serving Period: Snack
Date: 9/5/2019
Base Menu Plan: 4,827 EL 19-20 SNACK W1D4
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 50

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1446	CHEX SIMPLY STRAW WG	1	PKG	64		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack
Date: 9/6/2019
Base Menu Plan: 4,828 EL 19-20 SNACK W1D5
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 50

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2473	MUFFINS BLUEBERRY IW	1	PKG (1)	64		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	150.0000	kcal	Carbohydrate	23.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack
Date: 9/9/2019
Base Menu Plan: 4,829 EL 19-20 SNACK W2D1
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 64

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Stock Number	Description	Serving Size	Measure	Projected Quantity		
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	64		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	140.0000	kcal	Carbohydrate	22.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack
Date: 9/10/2019
Base Menu Plan: 4,830 EL 19-20 SNACK W2D2
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 64

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	64		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	21.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack
Date: 9/11/2019
Base Menu Plan: 4,831 EL 19-20 SNACK W2D3
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 64

Stock Number	Description	Serving Size	Measure	Projected Quantity
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1423	GOLDFISH CHEDDAR WG	1	PKG (1)	64
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/12/2019 **Feeding Figure:** 64
Base Menu Plan: 4,832 EL 19-20 SNACK W2D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1130	RANCH DIPPING LIGHT	1	PACKET	64
Nutrient		Value	Units	
	Food Energy	30.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	6.0000	g	
1223	CARROT BABY 25 LBS	1	3/4 CUP	64
Nutrient		Value	Units	
	Food Energy	37.2094	kcal	
Nutrient		Value	Units	
	Carbohydrate	8.7602	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	32
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	16
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/13/2019 **Feeding Figure:** 64
Base Menu Plan: 4,833 EL 19-20 SNACK W2D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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1387	GRAHAMS ORIGINAL	1	PKG (1)	64
Nutrient		Value	Units	Nutrient
Food Energy		346.1538	kcal	Carbohydrate
				65.3847 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23
Nutrient		Value	Units	Nutrient
Food Energy		129.9999	kcal	Carbohydrate
				23.0000 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16
Nutrient		Value	Units	Nutrient
Food Energy		100.0000	kcal	Carbohydrate
				11.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26
Nutrient		Value	Units	Nutrient
Food Energy		120.0001	kcal	Carbohydrate
				22.0001 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/16/2019 **Feeding Figure:** 64
Base Menu Plan: 4,834 EL 19-20 SNACK W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1435	COOKIE SMART PR WG	1	PKG (1.0 OZ)	64
Nutrient		Value	Units	Nutrient
Food Energy		130.0000	kcal	Carbohydrate
				22.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23
Nutrient		Value	Units	Nutrient
Food Energy		129.9999	kcal	Carbohydrate
				23.0000 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	11
Nutrient		Value	Units	Nutrient
Food Energy		100.0000	kcal	Carbohydrate
				11.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	29
Nutrient		Value	Units	Nutrient
Food Energy		120.0001	kcal	Carbohydrate
				22.0001 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/17/2019 **Feeding Figure:** 64
Base Menu Plan: 4,835 EL 19-20 SNACK W3D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2106	APPLE SLICES 100/2 OZ	2	PKG	64
Nutrient		Value	Units	Nutrient
Food Energy		60.0001	kcal	Carbohydrate
				14.0000 g

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2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/18/2019 **Feeding Figure:** 64
Base Menu Plan: 4,836 EL 19-20 SNACK W3D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1446	CHEX SIMPLY STRAW WG	1	PKG	64
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/19/2019 **Feeding Figure:** 64
Base Menu Plan: 4,837 EL 19-20 SNACK W3D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2474	MUFFINS APPLE CINNAMON IW	1	PKG (1)	64
	Nutrient	Value	Units	
	Food Energy	140.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

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1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/20/2019 **Feeding Figure:** 64
Base Menu Plan: 4,838 EL 19-20 SNACK W3D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1912	CHEEZ-IT WHOLE GRAIN	1	PKG (1)	64		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	14.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/23/2019 **Feeding Figure:** 64
Base Menu Plan: 4,839 EL 19-20 SNACK W4D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2409	BITES MINI RASPBERRY WG	1	PKG (1)	64		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	20.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	11		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	29			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		120.0001	kcal	Carbohydrate		22.0001	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/24/2019 **Feeding Figure:** 64
Base Menu Plan: 4,840 EL 19-20 SNACK W4D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1423	GOLDFISH CHEDDAR WG	1	PKG (1)	64			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		100.0000	kcal	Carbohydrate		14.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	10			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		100.0000	kcal	Carbohydrate		11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	31			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		120.0001	kcal	Carbohydrate		22.0001	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	24			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		129.9999	kcal	Carbohydrate		23.0000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/25/2019 **Feeding Figure:** 64
Base Menu Plan: 4,841 EL 19-20 SNACK W4D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1223	CARROT BABY 25 LBS	1	3/4 CUP	64			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		37.2094	kcal	Carbohydrate		8.7602	g
1130	RANCH DIPPING LIGHT	1	PACKET	64			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		30.0000	kcal	Carbohydrate		6.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		129.9999	kcal	Carbohydrate		23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		100.0000	kcal	Carbohydrate		11.0000	g

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26
Nutrient		Value	Units	
Food Energy		120.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/26/2019 **Feeding Figure:** 64
Base Menu Plan: 4,842 EL 19-20 SNACK W4D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	64
Nutrient		Value	Units	
Food Energy		346.1538	kcal	
Nutrient		Value	Units	
Carbohydrate		65.3847	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23
Nutrient		Value	Units	
Food Energy		129.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26
Nutrient		Value	Units	
Food Energy		120.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 9/27/2019 **Feeding Figure:** 64
Base Menu Plan: 4,835 EL 19-20 SNACK W3D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2106	APPLE SLICES 100/2 OZ	2	PKG	64
Nutrient		Value	Units	
Food Energy		60.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23
Nutrient		Value	Units	
Food Energy		129.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26
Nutrient		Value	Units	
Food Energy		120.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		22.0001	g	

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Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 9/30/2019

Feeding Figure: 64

Base Menu Plan: 4,824 EL 19-20 SNACK W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1425	CRACKER ANIMAL	1	PKG (1)	64		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	108.0000	kcal	Carbohydrate	19.8000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	23		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	26		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	16		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g

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