



Independence Central Office

Scheduled Menu Plans

1075 William Chrisman High School

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades 9-12

Date: 9/3/2019

Feeding Figure: 0

Base Menu Plan: 4,895 HS 19-20 SNACK W1D2

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2215	CRISPS CINNAMON	1	PKG (1)	100
	Nutrient	Value	Units	Nutrient
	Food Energy	150.0000	kcal	Carbohydrate
				25.0000 g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
	Nutrient	Value	Units	Nutrient
	Food Energy	200.0000	kcal	Carbohydrate
				7.0000 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				11.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	Nutrient
	Food Energy	120.0001	kcal	Carbohydrate
				22.0001 g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades 9-12

Date: 9/4/2019

Feeding Figure: 150

Base Menu Plan: 4,896 HS 19-20 SNACK W1D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	100
	Nutrient	Value	Units	Nutrient
	Food Energy	140.0000	kcal	Carbohydrate
				22.0000 g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
	Nutrient	Value	Units	Nutrient
	Food Energy	200.0000	kcal	Carbohydrate
				7.0000 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				11.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		120.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 9/5/2019 **Feeding Figure:** 0
Base Menu Plan: 4,897 HS 19-20 SNACK W1D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	100
Nutrient		Value	Units	
Food Energy		120.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		21.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
Food Energy		200.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
Food Energy		129.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		120.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 9/6/2019 **Feeding Figure:** 0
Base Menu Plan: 4,898 HS 19-20 SNACK W1D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1423	GOLDFISH CHEDDAR WG	1	PKG (1)	100
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		14.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
Food Energy		200.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		7.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
Food Energy		129.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		23.0000	g	

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1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 9/11/2019 **Feeding Figure:** 100
Base Menu Plan: 4,901 HS 19-20 SNACK W2D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1223	CARROT BABY 25 LBS	1	3/4 CUP	100
	Nutrient	Value	Units	
	Food Energy	37.2094	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.7602	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 9/12/2019 **Feeding Figure:** 100
Base Menu Plan: 4,902 HS 19-20 SNACK W2D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1860	GRANOLA BAR SMORE	1	PKG (.84 OZ)	100
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	19.0000	g	

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7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
	Food Energy	200.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 9/13/2019 **Feeding Figure:** 100
Base Menu Plan: 4,903 HS 19-20 SNACK W2D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1922	SUNFLOWER SEED KERN	1	PKG (1)	100
Nutrient		Value	Units	
	Food Energy	170.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	6.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
	Food Energy	200.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 9/16/2019 **Feeding Figure:** 100
Base Menu Plan: 4,904 HS 19-20 SNACK W3D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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1424	GOLDFISH HOT & SPICY	1	PKG (1)	100
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
			Nutrient	Value
			Carbohydrate	14.0000 g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
			Nutrient	Value
			Carbohydrate	7.0000 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
			Nutrient	Value
			Carbohydrate	11.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
			Nutrient	Value
			Carbohydrate	23.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
			Nutrient	Value
			Carbohydrate	22.0001 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 9/17/2019 **Feeding Figure:** 100
Base Menu Plan: 4,905 HS 19-20 SNACK W3D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	100
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
			Nutrient	Value
			Carbohydrate	21.0000 g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
			Nutrient	Value
			Carbohydrate	7.0000 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
			Nutrient	Value
			Carbohydrate	11.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
			Nutrient	Value
			Carbohydrate	23.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
			Nutrient	Value
			Carbohydrate	22.0001 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 9/18/2019 **Feeding Figure:** 100
Base Menu Plan: 4,906 HS 19-20 SNACK W3D3
Menu Comments:

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Stock Number	Description	Serving Size	Measure	Projected Quantity		
1461	PRETZELS HEARTS	1	BAG (1)	100		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	16.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades 9-12

Date: 9/19/2019

Feeding Figure: 100

Base Menu Plan: 4,907 HS 19-20 SNACK W3D4

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2106	APPLE SLICES 100/2 OZ	2	PKG	100		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	14.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

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Scheduled Menu Plans

Serving Period: Snack
Date: 9/20/2019
Base Menu Plan: 4,908 HS 19-20 SNACK W3D5
Menu Comments:

Serving Line: MAIN

Age Group: Grades 9-12
Feeding Figure: 100

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1446	CHEX SIMPLY STRAW WG	1	BAG (1)	100		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	23.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack
Date: 9/23/2019
Base Menu Plan: 4,909 HS 19-20 SNACK W4D1
Menu Comments:

Serving Line: MAIN

Age Group: Grades 9-12
Feeding Figure: 100

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1860	GRANOLA BAR SMORE	1	PKG (.84 OZ)	100		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	19.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		120.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 9/24/2019 **Feeding Figure:** 100
Base Menu Plan: 4,910 HS 19-20 SNACK W4D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1922	SUNFLOWER SEED KERN	1	PKG (1)	100
Nutrient		Value	Units	
Food Energy		170.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		6.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
Food Energy		200.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
Food Energy		129.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		120.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 9/25/2019 **Feeding Figure:** 100
Base Menu Plan: 4,911 HS 19-20 SNACK W4D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1223	CARROT BABY 25 LBS	1	3/4 CUP	100
Nutrient		Value	Units	
Food Energy		37.2094	kcal	
Nutrient		Value	Units	
Carbohydrate		8.7602	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
Food Energy		200.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	

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2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 9/26/2019 **Feeding Figure:** 100
Base Menu Plan: 4,912 HS 19-20 SNACK W4D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	100
Nutrient		Value	Units	
	Food Energy	346.1538	kcal	
Nutrient		Value	Units	
	Carbohydrate	65.3847	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
	Food Energy	200.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 9/30/2019 **Feeding Figure:** 100
Base Menu Plan: 4,894 HS 19-20 SNACK W1D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1461	PRETZELS HEARTS	1	BAG (1)	100
Nutrient		Value	Units	
	Food Energy	80.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	16.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
	Food Energy	200.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.0000	g	

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Item ID	Item Name	Quantity	Unit	Calories	Carbohydrate (g)
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	100.0000	11.0000
	Nutrient			Value	Units
	Food Energy			100.0000	kcal
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129.9999	23.0000
	Nutrient			Value	Units
	Food Energy			129.9999	kcal
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	120.0001	22.0001
	Nutrient			Value	Units
	Food Energy			120.0001	kcal

Trans Fat is displayed for informational purposes only, not for monitoring.

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.