



Independence Central Office

Scheduled Menu Plans

3050 James Bridger Middle School

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/3/2019

Feeding Figure: 400

Base Menu Plan: 4,845 MS BIC 19-20 W1D2

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2175	PIZZA BRKST TRKY SAUSAGE WG IW	1	PIZZA (1)	171		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	240.0000	kcal	Carbohydrate	31.0000	g
1392	POP TART STRAW WG	1	PKG (1)	87		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	180.0000	kcal	Carbohydrate	38.0000	g
1394	POP TART WG BRN SUGAR	1	PKG (1)	87		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	180.0000	kcal	Carbohydrate	37.0000	g
1015	CHEESE STRING MOZ LT	1	PKG (1)	140		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	80.0000	kcal	Carbohydrate	0.0000	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	299.9999	kcal	Carbohydrate	37.0000	g
2079	APPLE GALA 138 CT	1	APPLE (1)	87		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	74.8864	kcal	Carbohydrate	18.3074	g
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	87		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	110.0000	kcal	Carbohydrate	29.0000	g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	35		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	31.2730	kcal	Carbohydrate	7.4273	g
1467	JUICE ROYAL GRAPE	1	CARTON (1)	261		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	60.0001	kcal	Carbohydrate	14.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	119
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/3/2019      **Feeding Figure:** 700  
**Base Menu Plan:** 4,850 MS 19-20 LUNCH W1D2  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A512	FIESTA NACHO-CHICKEN chipotle	1	1 NACHO	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	426.4321	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	40.0322	g	
7045	SALSA	1	1/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	20.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.0000	g	
A510	PEPPER/ONION BLEND	1	1/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4004	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.6001	g	
A069	BEANS, REFRIED	1	1/2 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	131.7402	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	20.3267	g	
A467	CRUNCHERS, BUFFALO #2396	1	4 PIECES	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	779.7307	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	59.9793	g	
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	348.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	27.0000	g	
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	369.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.0652	g	
A455	POTATO SWT TRAX #2384	1	1/2 CUP	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0001	g	

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A129	GRAB N GO WG TURKEY SAND. MEAL	1	1 SANDWICH/CHIPS	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	579.6664	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	81.8469	g	
a234	GRAB N GO YOGURT MEAL W/CINN	1	1 MEAL	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	589.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	96.0001	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.5065	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.6927	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	52.9579	g	
A014	VEGGIE FRESH MIX	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	21.2795	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.5197	g	
A359	CORN, COOKED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	149.0646	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	31.3233	g	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.1369	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	13.7866	g	
A7078	STRAWBERRIES #7112	1	3/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	58.2774	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	15.1521	g	

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1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	139.0768	kcal	
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	130.0000	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
1086	SAUCE BBQ	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.1618	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	
1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	61.9469	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/4/2019      **Feeding Figure:** 500  
**Base Menu Plan:** 4,846 MS BIC 19-20 W1D3  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A393	DONUT GLAZED RIDGEWOOD #2325	1	1 DONUT	171		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	176.5800	kcal	Carbohydrate	21.0400	g
1015	CHEESE STRING MOZ LT	1	PKG (1)	140		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	80.0000	kcal	Carbohydrate	0.0000	g
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	87		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	280.0000	kcal	Carbohydrate	57.0000	g
A415	NOTABLES CINN TOAST #2082	1	1 PACK	87		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	269.9999	kcal	Carbohydrate	56.0000	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	299.9999	kcal	Carbohydrate	37.0000	g
2079	APPLE GALA 138 CT	1	APPLE (1)	87		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	74.8864	kcal	Carbohydrate	18.3074	g
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	53		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	110.0000	kcal	Carbohydrate	29.0000	g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	35		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	31.2730	kcal	Carbohydrate	7.4273	g
1468	JUICE BLUE RAZZ	1	CARTON (1)	261		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	60.0001	kcal	Carbohydrate	14.0000	g

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2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	119
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	115
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/4/2019      **Feeding Figure:** 700  
**Base Menu Plan:** 1,004,530 MS 19-20 LUNCH W1D3  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A365	HOTDOG	1	1 HOTDOG	258
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	350.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	27.0000	g	
A453	LASAGNA ROLLUP WG	1	1 PIECE	65
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	346.6368	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	32.1894	g	
A379	BREADSTICK WG #1361	1	1 BREADSTICK	65
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	21.0000	g	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	65
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	298.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	27.0000	g	
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	65
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	354.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.0652	g	
1219	POTATO TATER TOTS	1	SERVING 9 PIECES	129
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	17.0000	g	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	33
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	640.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	86.0000	g	

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A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	650.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	84.9998	g	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	527.4787	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	82.7924	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.6927	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	20
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	52.9579	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	26
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.5065	g	
A011	VEGETABLES, MIXED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	57.6055	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.6733	g	
A057	BROCCOLI, STEAMED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	257.9368	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	41.3664	g	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7522	g	
A448	BEANS, RED (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	65.0014	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.0002	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.3074	g	
1323	WATERMELON WHOLE	1	WEDGE (1/32 MELON)	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	68.7980	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	16.9971	g	

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1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	83.0140	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	61.9469	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
1086	SAUCE BBQ	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.1618	kcal	
1103	PICKLE RELISH	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	25.0000	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/5/2019      **Feeding Figure:** 400  
**Base Menu Plan:** 4,847 MS BIC 19-20 W1D4  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A551	EGG, TAC-GO, IW #2444	1	1 PKG	171
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
7045	SALSA	1	1/4 CUP	171
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	20.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.0000	g	
1394	POP TART WG BRN SUGAR	1	PKG (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	37.0000	g	
1392	POP TART STRAW WG	1	PKG (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	38.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	140
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	299.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	37.0000	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.3074	g	
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	35
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	31.2730	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.4273	g	

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1467	JUICE ROYAL GRAPE	1	CARTON (1)	261
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	119
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/5/2019

Feeding Figure: 700

Base Menu Plan: 4,852 MS 19-20 LUNCH W1D4

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A435	BEEF PATTY WGR BREADED#7163	1	1 PATTY	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	260.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	
A140	COUNTRY GRAVY	1	2 OZ	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	59.4904	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.4986	g	
A005	POTATOES, MASHED	1	1/2 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.3963	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.1467	g	
A026	ROLLS, WHEAT, WG	1	2 OUNCE	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	178.5303	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0164	g	
A342	CHEESESTICKS MOZZ BRD #1145	1	1 SERVING (6)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	319.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	33.0001	g	
1310	SAUCE MARINARA	1	(2 OZ) SERVING	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	45.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.5000	g	
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	348.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	27.0000	g	

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A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	369.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.0652	g	
A541	POTATO WEDGE FRIES #7090	1	1/2 CUP	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	87.8623	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	19.8736	g	
A129	GRAB N GO WG TURKEY SAND. MEAL	1	1 SANDWICH/CHIPS	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	579.6664	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	81.8469	g	
a234	GRAB N GO YOGURT MEAL W/CINN	1	1 MEAL	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	589.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	96.0001	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.5065	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.6927	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	52.9579	g	
A070	CARROTS, COOKED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.7337	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.8712	g	
A372	GREEN BEANS-2017	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	26.3017	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.9984	g	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	

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A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	82.4860	kcal	
a7074	BLUEBERRIES #7074	1	3/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	57.8500	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	83.0140	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1086	SAUCE BBQ	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.1618	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	

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Independence Central Office

Scheduled Menu Plans

2365	DRESSING RANCH OTT'S	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.2922	g	
1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	61.9469	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.6549	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/6/2019      **Feeding Figure:** 400  
**Base Menu Plan:** 4,848 MS BIC 19-20 W1D5  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
2472	TOAST APPLE CINNAMON WG	1	PKG (1)	171
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	260.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	45.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	140
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
2064	NOTABLE LUCKY CHARMS BOWL	1	PKG (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	280.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	57.0000	g	
A415	NOTABLES CINN TOAST #2082	1	1 PACK	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	269.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	56.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	299.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	37.0000	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.3074	g	

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1333	BANANAS PREM 40LB	1	BANANA (1)	87
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	35
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	31.2730	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.4273	g	
1468	JUICE BLUE RAZZ	1	CARTON (1)	122
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	115
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	119
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	

**Serving Period:** Lunch

**Serving Line:** MAIN

**Age Group:** Grades K-8

**Date:** 9/6/2019

**Feeding Figure:** 700

**Base Menu Plan:** 4,853 MS 19-20 LUNCH W1D5

**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
2442	CHICKEN NASHVILLE HOT CHUNKS	1	SERVING (10/4.5 OZ)	258
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	240.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	15.0000	g	
A564	TOAST, WG GARLIC #2468	1	1 SLICE	258
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
A101	RIB-Q ON BUN	1	1 SANDWICH	65
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	354.5808	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	35.3327	g	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	33
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	640.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	86.0000	g	
A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	33
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	650.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	84.9998	g	

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A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	527.4787	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	82.7924	g	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	298.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	27.0000	g	
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	354.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.0652	g	
1221	POTATO FRIES SPICY	1	1/2 CUP	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	140.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0000	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.5065	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.6927	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	52.9579	g	
A066	CUCUMBER SALAD	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	23.2985	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.8480	g	
A067	BEANS, BAKED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	176.5862	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	33.1924	g	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7522	g	

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A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.1369	kcal	
1340	APPLESAUCE UNSWEETENED	1	3/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	139.0768	kcal	
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	130.0000	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
1086	SAUCE BBQ	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.1618	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	

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1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	61.9469	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/9/2019

Feeding Figure: 348

Base Menu Plan: 4,844 MS BIC 19-20 W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2475	BAR COCOA PUFFS SOFT FILLED IW	1	PKG (1)	171
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	250.0000	kcal	
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	280.0000	kcal	
A415	NOTABLES CINN TOAST #2082	1	1 PACK	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	269.9999	kcal	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	299.9999	kcal	
1015	CHEESE STRING MOZ LT	1	PKG (1)	140
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	31.2730	kcal	

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1333	BANANAS PREM 40LB	1	MEDIUM BANANA	35
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	122
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	119
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/9/2019      **Feeding Figure:** 644  
**Base Menu Plan:** 4,854 MS 19-20 LUNCH W2D1  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A236	SRIRACHI CHICKEN	1	1 SERVING	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	256.5849	kcal	
A552	RICE, STIR FRIED	1	1/2 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	56.7570	kcal	
A040	EGG, SCRAMBLED, CHEESY	1	1/2 CUP	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	194.9017	kcal	
A385	BISCUIT FRZ EASY SPLIT #2211	1	1 BISCUIT	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	200.0000	kcal	
A499	SAUSAGE #2405	1	1 PATTY	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0000	kcal	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	298.0000	kcal	

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Scheduled Menu Plans

A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	354.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.0652	g	
A541	POTATO WEDGE FRIES #7090	1	1/2 CUP	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	87.8623	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	19.8736	g	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	640.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	86.0000	g	
A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	650.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	84.9998	g	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	527.4787	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	82.7924	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.5065	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.6927	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	52.9579	g	
1223	CARROT BABY 25 LBS	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	37.2094	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.7602	g	
A012	PEAS	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	119.8392	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	20.6555	g	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	

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A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	82.4860	kcal	
1348	PEARS SLICD IN LS	1	3/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	119.9999	kcal	
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	130.0000	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	139.0768	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
1086	SAUCE BBQ	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.1618	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	

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2365	DRESSING RANCH OTT'S	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.2922	g	
1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	61.9469	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.6549	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/10/2019      **Feeding Figure:** 348  
**Base Menu Plan:** 4,845 MS BIC 19-20 W1D2  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
2175	PIZZA BRKST TRKY SAUSAGE WG IW	1	PIZZA (1)	171
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	240.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	31.0000	g	
1392	POP TART STRAW WG	1	PKG (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	38.0000	g	
1394	POP TART WG BRN SUGAR	1	PKG (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	140
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	299.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	37.0000	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.3074	g	

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1333	BANANAS PREM 40LB	1	MEDIUM BANANA	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	35
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	31.2730	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.4273	g	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	261
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	119
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

**Serving Period:** Lunch **Serving Line:** MAIN **Age Group:** Grades K-8  
**Date:** 9/10/2019 **Feeding Figure:** 644  
**Base Menu Plan:** 4,855 MS 19-20 LUNCH W2D2  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A076	HARD SHELL TACO W/ MEAT	1	2 TACOS	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	254.4123	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.7681	g	
A016	RICE, MEXICAN-STYLE	1	1/2 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	78.7958	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	13.4837	g	
7045	SALSA	1	1/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	20.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.0000	g	
A510	PEPPER/ONION BLEND	1	1/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4004	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.6001	g	
A069	BEANS, REFRIED	1	1/2 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	131.7402	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	20.3267	g	

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A371	FISH&CHEESE SANDWICH	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	460.0000	kcal	
A033	SAUCE, TARTER	1	1 OZ	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	26.9446	kcal	
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	348.0001	kcal	
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	369.9999	kcal	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
A455	POTATO SWT TRAX #2384	1	1/2 CUP	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
A129	GRAB N GO WG TURKEY SAND. MEAL	1	1 SANDWICH/CHIPS	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	579.6664	kcal	
a234	GRAB N GO YOGURT MEAL W/CINN	1	1 MEAL	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	589.9999	kcal	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
A359	CORN, COOKED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	149.0646	kcal	

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A014	VEGGIE FRESH MIX	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	21.2795	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.5197	g	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.1369	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	13.7866	g	
A7078	STRAWBERRIES #7112	1	3/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	58.2774	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	15.1521	g	
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	130.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	33.9999	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	139.0768	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	33.9999	g	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0000	g	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.3320	g	
1097	MUSTARD	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	

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2225	KETCHUP SRIRACHA	1	Ounce	13		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	24.9959	kcal	Carbohydrate	6.6656	g
1097	MUSTARD	1	Ounce	13		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	0.0000	kcal	Carbohydrate	0.0000	g
2365	DRESSING RANCH OTT'S	1	Ounce	33		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	85.8443	kcal	Carbohydrate	4.2922	g
1832	DRESSING CAESAR LITE	1	Ounce	7		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	61.9469	kcal	Carbohydrate	2.6549	g
2366	DRESSING ITALIAN OTT'S	1	Ounce	7		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	29.3055	kcal	Carbohydrate	7.8148	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/11/2019      **Feeding Figure:** 348  
**Base Menu Plan:** 4,846 MS BIC 19-20 W1D3  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A393	DONUT GLAZED RIDGEWOOD #2325	1	1 DONUT	171		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	176.5800	kcal	Carbohydrate	21.0400	g
1015	CHEESE STRING MOZ LT	1	PKG (1)	140		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	80.0000	kcal	Carbohydrate	0.0000	g
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	87		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	280.0000	kcal	Carbohydrate	57.0000	g

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A415	NOTABLES CINN TOAST #2082	1	1 PACK	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	269.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	56.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	299.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	37.0000	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.3074	g	
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	53
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	35
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	31.2730	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.4273	g	
1468	JUICE BLUE RAZZ	1	CARTON (1)	261
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	119
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/11/2019

Feeding Figure: 644

Base Menu Plan: 1,004,531 MS 19-20 LUNCH W2D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A555	SPAGHETTI & MEATSAUCE 19- 20	1	1 SERVING	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	324.6268	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	40.8287	g	
A379	BREADSTICK WG #1361	1	1 BREADSTICK	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	21.0000	g	

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A451	CORN DOG-MINI TRK WG #2382	1	6 MINI CORNDOGS	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	267.0000	kcal	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	298.0000	kcal	
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	354.0000	kcal	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
A496	POTATO TATER TOTS #1219	1	1/2 CUP	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0001	kcal	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	640.0000	kcal	
A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	650.0000	kcal	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	527.4787	kcal	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	20
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	26
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
A469	VEGETABLE BLEND, ITALIAN #1204	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	34.9928	kcal	
A057	BROCCOLI, STEAMED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	257.9368	kcal	

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A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.1662	g	
1240	CARROT WHOLE JUMBO 25 LB	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.2663	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.6325	g	
1264	TOMATO FRESH	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.0939	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7492	g	
a7024	BEANS, PINTO (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	95.3707	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	17.5171	g	
1354	GRAPE RED LUNCH BUNCH 150 CT	1	BUNCH (1)	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	58.5775	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	15.3819	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.3074	g	
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	83.0140	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	21.7113	g	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0000	g	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	61.9469	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.6549	g	
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.8148	g	
2365	DRESSING RANCH OTT'S	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.2922	g	

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2286	KETCHUP JUG WITH PUMP	1	Ounce	33			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	33.3278	kcal		Carbohydrate	8.3320	g
2225	KETCHUP SRIRACHA	1	Ounce	13			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	24.9959	kcal		Carbohydrate	6.6656	g
1097	MUSTARD	1	OZ (1)	13			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	0.0000	kcal		Carbohydrate	0.0000	g
1086	SAUCE BBQ	1	Ounce	13			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	29.1618	kcal		Carbohydrate	6.6655	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	100.0000	kcal		Carbohydrate	11.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	129.9999	kcal		Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	120.0001	kcal		Carbohydrate	22.0001	g

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/12/2019      **Feeding Figure:** 348  
**Base Menu Plan:** 4,847 MS BIC 19-20 W1D4  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A551	EGG, TAC-GO, IW #2444	1	1 PKG	171			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	180.0000	kcal		Carbohydrate	14.0000	g
7045	SALSA	1	1/4 CUP	171			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	20.0000	kcal		Carbohydrate	4.0000	g
1394	POP TART WG BRN SUGAR	1	PKG (1)	87			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	180.0000	kcal		Carbohydrate	37.0000	g
1392	POP TART STRAW WG	1	PKG (1)	87			
<b>Nutrient</b>		<b>Value Units</b>		<b>Nutrient</b>		<b>Value Units</b>	
	Food Energy	180.0000	kcal		Carbohydrate	38.0000	g

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Scheduled Menu Plans

1015	CHEESE STRING MOZ LT	1	PKG (1)	140
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	299.9999	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	35
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	31.2730	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	261
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	119
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/12/2019

Feeding Figure: 644

Base Menu Plan: 4,857 MS 19-20 LUNCH W2D4

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A554	CHICKEN DRUMSTICK SPICY WG	1	1 DRUMSTICK	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
A055	POTATOES, AUGRATIN	1	1/2 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

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A327	ROLL, DINNER WG #1974	1	1 DINNER ROLL	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	130.0000	kcal	
A400	QUESO NACHO 4OZ HS	1	1 NACHO 4 OZ QUES	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	506.0001*	kcal	
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	348.0001	kcal	
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	369.9999	kcal	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
A541	POTATO WEDGE FRIES #7090	1	1/2 CUP	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	87.8623	kcal	
A129	GRAB N GO WG TURKEY SAND. MEAL	1	1 SANDWICH/CHIPS	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	579.6664	kcal	
a234	GRAB N GO YOGURT MEAL W/CINN	1	1 MEAL	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	589.9999	kcal	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	20
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
A372	GREEN BEANS-2017	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	26.3017	kcal	

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Scheduled Menu Plans

A070	CARROTS, COOKED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.7337	kcal	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	82.4860	kcal	
a7074	BLUEBERRIES #7074	1	3/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	57.8500	kcal	
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	83.0140	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	

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1097	MUSTARD	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
1086	SAUCE BBQ	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.1618	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.6655	g	
2225	KETCHUP SRIRACHA	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	24.9959	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.6656	g	
2365	DRESSING RANCH OTT'S	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.2922	g	
1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	61.9469	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.6549	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/13/2019

Feeding Figure: 348

Base Menu Plan: 4,848 MS BIC 19-20 W1D5

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2472	TOAST APPLE CINNAMON WG	1	PKG (1)	171
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	260.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	45.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	140
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
2064	NOTABLE LUCKY CHARMS BOWL	1	PKG (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	280.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	57.0000	g	

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A415	NOTABLES CINN TOAST #2082	1	1 PACK	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	269.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	56.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	299.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	37.0000	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.3074	g	
1333	BANANAS PREM 40LB	1	BANANA (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	35
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	31.2730	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.4273	g	
1468	JUICE BLUE RAZZ	1	CARTON (1)	122
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	119
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/13/2019

Feeding Figure: 644

Base Menu Plan: 4,858 MS 19-20 LUNCH W2D5

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A354	CHICKEN NUGGETS WG	1	1 SERVING (7)	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	280.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.2000	g	
A351	WAFFLE WG #2356	1	1 WAFFLE	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	12.0000	g	

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1122	SYRUP PKT SAUER 1.5 OZ	1	PKT (1)	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0000	kcal	
A345	PIZZA FIESTADA WG #2170	1	1 PIECE	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	340.0001	kcal	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	298.0000	kcal	
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	354.0000	kcal	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
1221	POTATO FRIES SPICY	1	1/2 CUP	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	140.0000	kcal	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	640.0000	kcal	
A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	650.0000	kcal	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	527.4787	kcal	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	20
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	26
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
A067	BEANS, BAKED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	176.5862	kcal	

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A066	CUCUMBER SALAD	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	23.2985	kcal	
A003	SALAD, DARK GREENS	1	1 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.1369	kcal	
1340	APPLESAUCE UNSWEETENED	1	3/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	130.0000	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	139.0768	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	24.9959	kcal	

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1097	MUSTARD	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
1086	SAUCE BBQ	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.1618	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	
1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	61.9469	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/16/2019

Feeding Figure: 348

Base Menu Plan: 4,844 MS BIC 19-20 W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2475	BAR COCOA PUFFS SOFT FILLED IW	1	PKG (1)	171
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	250.0000	kcal	
			Carbohydrate	43.0000 g
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	280.0000	kcal	
			Carbohydrate	57.0000 g
A415	NOTABLES CINN TOAST #2082	1	1 PACK	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	269.9999	kcal	
			Carbohydrate	56.0000 g

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a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	299.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	140
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.3074	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	31.2730	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.4273	g	
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	35
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0000	g	
1468	JUICE BLUE RAZZ	1	CARTON (1)	122
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	119
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/16/2019

Feeding Figure: 644

Base Menu Plan: 4,849 MS 19-20 LUNCH W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A367	CHICKEN TERIYAKI W/ VEG	1	1 SERVING	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	249.9894	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	38.9410	g	
2416	FORTUNE COOKIE 40002	1	PKG (1)	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	20.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.0000	g	

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A447	FRENCH TOAST STICKS WG #2400	1	2 STICKS	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	240.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	38.0000	g	
A040	EGG, SCRAMBLED, CHEESY	1	1/2 CUP	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	194.9017	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	3.9150	g	
A499	SAUSAGE #2405	1	1 PATTY	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	298.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	27.0000	g	
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	354.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.0652	g	
A541	POTATO WEDGE FRIES #7090	1	1/2 CUP	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	87.8623	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	19.8736	g	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	640.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	86.0000	g	
A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	650.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	84.9998	g	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	527.4787	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	82.7924	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.5065	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	20
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	52.9579	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.6927	g	

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A1223	CARROTS BABY 30LBS	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.7850	kcal	
A012	PEAS	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	119.8392	kcal	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	82.4860	kcal	
1348	PEARS SLICD IN LS	1	3/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	119.9999	kcal	
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	130.0000	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	139.0768	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	

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Independence Central Office

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2365	DRESSING RANCH OTT'S	1	Ounce	33		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	85.8443	kcal	Carbohydrate	4.2922	g
1832	DRESSING CAESAR LITE	1	Ounce	7		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	61.9469	kcal	Carbohydrate	2.6549	g
2286	KETCHUP JUG WITH PUMP	1	Ounce	33		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	33.3278	kcal	Carbohydrate	8.3320	g
2225	KETCHUP SRIRACHA	1	Ounce	33		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	24.9959	kcal	Carbohydrate	6.6656	g
1097	MUSTARD	1	Ounce	20		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	0.0000	kcal	Carbohydrate	0.0000	g
1086	SAUCE BBQ	1	Ounce	13		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	29.1618	kcal	Carbohydrate	6.6655	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/17/2019

Feeding Figure: 348

Base Menu Plan: 4,845 MS BIC 19-20 W1D2

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2175	PIZZA BRKST TRKY SAUSAGE WG IW	1	PIZZA (1)	171		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	240.0000	kcal	Carbohydrate	31.0000	g
1392	POP TART STRAW WG	1	PKG (1)	87		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	180.0000	kcal	Carbohydrate	38.0000	g

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1394	POP TART WG BRN SUGAR	1	PKG (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	140
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	299.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	37.0000	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.3074	g	
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	35
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	31.2730	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.4273	g	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	261
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	119
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

**Serving Period:** Lunch  
**Date:** 9/17/2019  
**Base Menu Plan:** 4,850 MS 19-20 LUNCH W1D2  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades K-8  
**Feeding Figure:** 644

Stock Number	Description	Serving Size	Measure	Projected Quantity
A512	FIESTA NACHO-CHICKEN chipotle	1	1 NACHO	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	426.4321	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	40.0322	g	

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7045	SALSA	1	1/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	20.0000	kcal	
A510	PEPPER/ONION BLEND	1	1/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4004	kcal	
A069	BEANS, REFRIED	1	1/2 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	131.7402	kcal	
A467	CRUNCHERS, BUFFALO #2396	1	4 PIECES	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	779.7307	kcal	
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	348.0001	kcal	
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	369.9999	kcal	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
A455	POTATO SWT TRAX #2384	1	1/2 CUP	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
A129	GRAB N GO WG TURKEY SAND. MEAL	1	1 SANDWICH/CHIPS	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	579.6664	kcal	
a234	GRAB N GO YOGURT MEAL W/CINN	1	1 MEAL	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	589.9999	kcal	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	

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A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	52.9579	g	
A014	VEGGIE FRESH MIX	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	21.2795	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.5197	g	
A359	CORN, COOKED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	149.0646	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	31.3233	g	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.1369	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	13.7866	g	
A7078	STRAWBERRIES #7112	1	3/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	58.2774	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	15.1521	g	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0000	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	139.0768	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	33.9999	g	
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	130.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	33.9999	g	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	

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2286	KETCHUP JUG WITH PUMP	1	Ounce		33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
	Food Energy	33.3278	kcal	Carbohydrate	8.3320 g
2225	KETCHUP SRIRACHA	1	Ounce		13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
	Food Energy	24.9959	kcal	Carbohydrate	6.6656 g
1097	MUSTARD	1	Ounce		13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
	Food Energy	0.0000	kcal	Carbohydrate	0.0000 g
1086	SAUCE BBQ	1	Ounce		13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
	Food Energy	29.1618	kcal	Carbohydrate	6.6655 g
2365	DRESSING RANCH OTT'S	1	Ounce		33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
	Food Energy	85.8443	kcal	Carbohydrate	4.2922 g
2366	DRESSING ITALIAN OTT'S	1	Ounce		7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
	Food Energy	29.3055	kcal	Carbohydrate	7.8148 g
1832	DRESSING CAESAR LITE	1	Ounce		7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
	Food Energy	61.9469	kcal	Carbohydrate	2.6549 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)		129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
	Food Energy	129.9999	kcal	Carbohydrate	23.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)		129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
	Food Energy	120.0001	kcal	Carbohydrate	22.0001 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)		65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	11.0000 g

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/18/2019

Feeding Figure: 348

Base Menu Plan: 4,846 MS BIC 19-20 W1D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity	
A393	DONUT GLAZED RIDGEWOOD #2325	1	1 DONUT	171	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b> <b>Units</b>
	Food Energy	176.5800	kcal	Carbohydrate	21.0400 g

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Scheduled Menu Plans

1015	CHEESE STRING MOZ LT	1	PKG (1)	140
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	280.0000	kcal	
A415	NOTABLES CINN TOAST #2082	1	1 PACK	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	269.9999	kcal	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	299.9999	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	53
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	35
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	31.2730	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	261
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	119
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/18/2019

Feeding Figure: 644

Base Menu Plan: 1,004,429 MS 19-20 LUNCH W1D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Scheduled Menu Plans

A453	LASAGNA ROLLUP WG	1	1 PIECE	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	346.6368	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	32.1894	g	
A379	BREADSTICK WG #1361	1	1 BREADSTICK	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	21.0000	g	
A365	HOTDOG	1	1 HOTDOG	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	350.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	27.0000	g	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	298.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	27.0000	g	
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	354.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.0652	g	
1219	POTATO TATER TOTS	1	SERVING 9 PIECES	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	17.0000	g	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	640.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	86.0000	g	
A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	650.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	84.9998	g	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	527.4787	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	82.7924	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.6927	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	52.9579	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	26
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.5065	g	

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Independence Central Office

Scheduled Menu Plans

A011	VEGETABLES, MIXED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	57.6055	kcal	
A057	BROCCOLI, STEAMED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	42.3607	kcal	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
A448	BEANS, RED (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	65.0014	kcal	
1323	WATERMELON WHOLE	1	WEDGE (1/32 MELON)	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	68.7980	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
1320	APPLE GOLDEN 138	1	APPLE (1)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	83.0140	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	

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Independence Central Office

Scheduled Menu Plans

2365	DRESSING RANCH OTT'S	1	Ounce	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.2922	g	
1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	61.9469	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.6549	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.3320	g	
2225	KETCHUP SRIRACHA	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	24.9959	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.6656	g	
1097	MUSTARD	1	Ounce	20
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
1103	PICKLE RELISH	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	25.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/19/2019

Feeding Figure: 348

Base Menu Plan: 4,847 MS BIC 19-20 W1D4

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A551	EGG, TAC-GO, IW #2444	1	1 PKG	171
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
7045	SALSA	1	1/4 CUP	171
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	20.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.0000	g	

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Scheduled Menu Plans

1394	POP TART WG BRN SUGAR	1	PKG (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
1392	POP TART STRAW WG	1	PKG (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
1015	CHEESE STRING MOZ LT	1	PKG (1)	140
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	299.9999	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	35
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	31.2730	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	261
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	119
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/19/2019

Feeding Figure: 644

Base Menu Plan: 4,852 MS 19-20 LUNCH W1D4

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

A435	BEEF PATTY WGR BREADED#7163	1	1 PATTY	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	260.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	
A140	COUNTRY GRAVY	1	2 OZ	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	59.4904	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.4986	g	
A005	POTATOES, MASHED	1	1/2 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.3963	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.1467	g	
A026	ROLLS, WHEAT, WG	1	2 OUNCE	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	178.5303	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0164	g	
A342	CHEESESTICKS MOZZ BRD #1145	1	1 SERVING (6)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	319.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	33.0001	g	
1310	SAUCE MARINARA	1	(2 OZ) SERVING	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	45.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.5000	g	
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	348.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	27.0000	g	
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	369.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.0652	g	
A541	POTATO WEDGE FRIES #7090	1	1/2 CUP	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	87.8623	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	19.8736	g	
A129	GRAB N GO WG TURKEY SAND. MEAL	1	1 SANDWICH/CHIPS	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	579.6664	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	81.8469	g	
a234	GRAB N GO YOGURT MEAL W/CINN	1	1 MEAL	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	589.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	96.0001	g	

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Independence Central Office

Scheduled Menu Plans

a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.5065	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.6927	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	52.9579	g	
A070	CARROTS, COOKED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.7337	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.8712	g	
A372	GREEN BEANS-2017	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	26.3017	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.9984	g	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7522	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	82.4860	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	15.5007	g	
a7074	BLUEBERRIES #7074	1	3/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	57.8500	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0444	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.3074	g	
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	83.0140	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	21.7113	g	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0000	g	

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Independence Central Office

Scheduled Menu Plans

1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1086	SAUCE BBQ	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.1618	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	61.9469	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

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Independence Central Office

Scheduled Menu Plans

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/20/2019

Feeding Figure: 348

Base Menu Plan: 4,848 MS BIC 19-20 W1D5

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2472	TOAST APPLE CINNAMON WG	1	PKG (1)	171		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	260.0000	kcal	Carbohydrate	45.0000	g
1015	CHEESE STRING MOZ LT	1	PKG (1)	140		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	80.0000	kcal	Carbohydrate	0.0000	g
2064	NOTABLE LUCKY CHARMS BOWL	1	PKG (1)	87		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	280.0000	kcal	Carbohydrate	57.0000	g
A415	NOTABLES CINN TOAST #2082	1	1 PACK	87		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	269.9999	kcal	Carbohydrate	56.0000	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	299.9999	kcal	Carbohydrate	37.0000	g
2079	APPLE GALA 138 CT	1	APPLE (1)	87		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	74.8864	kcal	Carbohydrate	18.3074	g
1333	BANANAS PREM 40LB	1	BANANA (1)	87		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	110.0000	kcal	Carbohydrate	29.0000	g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	35		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	31.2730	kcal	Carbohydrate	7.4273	g
1468	JUICE BLUE RAZZ	1	CARTON (1)	122		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	60.0001	kcal	Carbohydrate	14.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	115		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g

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Independence Central Office

Scheduled Menu Plans

2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	119
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		120.0001	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		22.0001	g	

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/20/2019      **Feeding Figure:** 644  
**Base Menu Plan:** 4,853 MS 19-20 LUNCH W1D5  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
2442	CHICKEN NASHVILLE HOT CHUNKS	1	SERVING (10/4.5 OZ)	258
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		240.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		15.0000	g	
A564	TOAST, WG GARLIC #2468	1	1 SLICE	258
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		100.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		14.0000	g	
A101	RIB-Q ON BUN	1	1 SANDWICH	65
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		354.5808	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		35.3327	g	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	33
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		640.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		86.0000	g	
A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	33
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		650.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		84.9998	g	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	46
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		527.4787	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		82.7924	g	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	97
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		298.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		27.0000	g	
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	97
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		354.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		10.4961	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		2.0652	g	
1221	POTATO FRIES SPICY	1	1/2 CUP	129
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		140.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		22.0000	g	

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a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.5065	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.6927	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	52.9579	g	
A066	CUCUMBER SALAD	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	23.2985	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	5.8480	g	
A067	BEANS, BAKED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	176.5862	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	33.1924	g	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.1369	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	13.7866	g	
1340	APPLESAUCE UNSWEETENED	1	3/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	19.5000	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	139.0768	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	33.9999	g	
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	130.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	33.9999	g	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0000	g	

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1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
1086	SAUCE BBQ	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.1618	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	
1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	61.9469	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

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Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-8

Date: 9/23/2019

Feeding Figure: 348

Base Menu Plan: 4,844 MS BIC 19-20 W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2475	BAR COCOA PUFFS SOFT FILLED IW	1	PKG (1)	171		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	250.0000	kcal	Carbohydrate	43.0000	g
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	87		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	280.0000	kcal	Carbohydrate	57.0000	g
A415	NOTABLES CINN TOAST #2082	1	1 PACK	87		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	269.9999	kcal	Carbohydrate	56.0000	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	299.9999	kcal	Carbohydrate	37.0000	g
1015	CHEESE STRING MOZ LT	1	PKG (1)	140		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	80.0000	kcal	Carbohydrate	0.0000	g
2079	APPLE GALA 138 CT	1	APPLE (1)	87		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	74.8864	kcal	Carbohydrate	18.3074	g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	87		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	31.2730	kcal	Carbohydrate	7.4273	g
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	35		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	110.0000	kcal	Carbohydrate	29.0000	g
1468	JUICE BLUE RAZZ	1	CARTON (1)	122		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	60.0001	kcal	Carbohydrate	14.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	115		
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

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1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	119
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		100.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		11.0000	g	

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/23/2019      **Feeding Figure:** 644  
**Base Menu Plan:** 4,854 MS 19-20 LUNCH W2D1  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A236	SRIRACHI CHICKEN	1	1 SERVING	258
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		256.5849	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		18.9063	g	
A552	RICE, STIR FRIED	1	1/2 CUP	258
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		56.7570	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		8.5058	g	
A040	EGG, SCRAMBLED, CHEESY	1	1/2 CUP	65
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		194.9017	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		3.9150	g	
A385	BISCUIT FRZ EASY SPLIT #2211	1	1 BISCUIT	65
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		200.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		28.0000	g	
A499	SAUSAGE #2405	1	1 PATTY	65
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		120.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		0.0000	g	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	65
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		298.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		27.0000	g	
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	65
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		354.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		10.4961	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		2.0652	g	
A541	POTATO WEDGE FRIES #7090	1	1/2 CUP	129
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		87.8623	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		19.8736	g	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	33
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Food Energy		640.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
Carbohydrate		86.0000	g	

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A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	650.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	84.9998	g	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	527.4787	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	82.7924	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.5065	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.6927	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	52.9579	g	
1223	CARROT BABY 25 LBS	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	37.2094	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.7602	g	
A012	PEAS	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	119.8392	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	20.6555	g	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7522	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	82.4860	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	15.5007	g	
1348	PEARS SLICD IN LS	1	3/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	119.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	30.0000	g	
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	130.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	33.9999	g	

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Scheduled Menu Plans

2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	139.0768	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
1086	SAUCE BBQ	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.1618	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	61.9469	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	

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1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		100.0000	kcal	Carbohydrate		11.0000	g

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/24/2019      **Feeding Figure:** 348  
**Base Menu Plan:** 4,845 MS BIC 19-20 W1D2  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity			
2175	PIZZA BRKST TRKY SAUSAGE WG IW	1	PIZZA (1)	171			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		240.0000	kcal	Carbohydrate		31.0000	g
1392	POP TART STRAW WG	1	PKG (1)	87			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		180.0000	kcal	Carbohydrate		38.0000	g
1394	POP TART WG BRN SUGAR	1	PKG (1)	87			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		180.0000	kcal	Carbohydrate		37.0000	g
1015	CHEESE STRING MOZ LT	1	PKG (1)	140			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		80.0000	kcal	Carbohydrate		0.0000	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		299.9999	kcal	Carbohydrate		37.0000	g
2079	APPLE GALA 138 CT	1	APPLE (1)	87			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		74.8864	kcal	Carbohydrate		18.3074	g
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	87			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		110.0000	kcal	Carbohydrate		29.0000	g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	35			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		31.2730	kcal	Carbohydrate		7.4273	g
1467	JUICE ROYAL GRAPE	1	CARTON (1)	261			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		60.0001	kcal	Carbohydrate		14.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		129.9999	kcal	Carbohydrate		23.0000	g

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	119
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	

  

1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

**Serving Period:** Lunch  
**Date:** 9/24/2019  
**Base Menu Plan:** 4,855 MS 19-20 LUNCH W2D2  
**Menu Comments:**

**Serving Line:** MAIN  
**Age Group:** Grades K-8  
**Feeding Figure:** 644

Stock Number	Description	Serving Size	Measure	Projected Quantity
A076	HARD SHELL TACO W/ MEAT	1	2 TACOS	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	254.4123	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.7681	g	
A016	RICE, MEXICAN-STYLE	1	1/2 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	78.7958	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	13.4837	g	
7045	SALSA	1	1/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	20.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.0000	g	
A510	PEPPER/ONION BLEND	1	1/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4004	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.6001	g	
A069	BEANS, REFRIED	1	1/2 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	131.7402	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	20.3267	g	
A371	FISH&CHEESE SANDWICH	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	460.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	48.0000	g	
A033	SAUCE, TARTER	1	1 OZ	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	26.9446	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.9494	g	
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	348.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	27.0000	g	
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	369.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	39.0001	g	

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a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.0652	g	
A455	POTATO SWT TRAX #2384	1	1/2 CUP	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0001	g	
A129	GRAB N GO WG TURKEY SAND. MEAL	1	1 SANDWICH/CHIPS	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	579.6664	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	81.8469	g	
a234	GRAB N GO YOGURT MEAL W/CINN	1	1 MEAL	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	589.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	96.0001	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.5065	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.6927	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	52.9579	g	
A359	CORN, COOKED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	149.0646	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	31.3233	g	
A014	VEGGIE FRESH MIX	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	21.2795	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.5197	g	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7522	g	

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A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	75.1369	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	13.7866	g	
A7078	STRAWBERRIES #7112	1	3/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	58.2774	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	15.1521	g	
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	130.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	33.9999	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	139.0768	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	33.9999	g	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0000	g	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	8.3320	g	
1097	MUSTARD	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
2225	KETCHUP SRIRACHA	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	24.9959	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.6656	g	
1097	MUSTARD	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
2365	DRESSING RANCH OTT'S	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.2922	g	
1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	61.9469	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.6549	g	

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2366	DRESSING ITALIAN OTT'S	1	Ounce	7		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	29.3055	kcal	Carbohydrate	7.8148	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/25/2019      **Feeding Figure:** 348  
**Base Menu Plan:** 4,846 MS BIC 19-20 W1D3  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A393	DONUT GLAZED RIDGEWOOD #2325	1	1 DONUT	171		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	176.5800	kcal	Carbohydrate	21.0400	g
1015	CHEESE STRING MOZ LT	1	PKG (1)	140		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	80.0000	kcal	Carbohydrate	0.0000	g
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	87		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	280.0000	kcal	Carbohydrate	57.0000	g
A415	NOTABLES CINN TOAST #2082	1	1 PACK	87		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	269.9999	kcal	Carbohydrate	56.0000	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	299.9999	kcal	Carbohydrate	37.0000	g
2079	APPLE GALA 138 CT	1	APPLE (1)	87		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	74.8864	kcal	Carbohydrate	18.3074	g
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	53		
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>
	Food Energy	110.0000	kcal	Carbohydrate	29.0000	g

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1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	35
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	31.2730	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	261
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	119
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/25/2019      **Feeding Figure:** 644  
**Base Menu Plan:** 1,004,435 MS 19-20 LUNCH W2D3  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A555	SPAGHETTI & MEATSAUCE 19- 20	1	1 SERVING	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	324.6268	kcal	
A379	BREADSTICK WG #1361	1	1 BREADSTICK	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
A451	CORN DOG-MINI TRK WG #2382	1	6 MINI CORNDOGS	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	267.0000	kcal	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	298.0000	kcal	
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	354.0000	kcal	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	

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A496	POTATO TATER TOTS #1219	1	1/2 CUP	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0001	kcal	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	640.0000	kcal	
A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	650.0000	kcal	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	527.4787	kcal	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	26
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
A057	BROCCOLI, STEAMED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	42.3607	kcal	
A469	VEGETABLE BLEND, ITALIAN #1204	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	34.9928	kcal	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
1240	CARROT WHOLE JUMBO 25 LB	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.2663	kcal	
1264	TOMATO FRESH	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.0939	kcal	
a7024	BEANS, PINTO (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	95.3707	kcal	

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1354	GRAPE RED LUNCH BUNCH 150 CT	1	BUNCH (1)	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	58.5775	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
1320	APPLE GOLDEN 138	1	APPLE (1)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	83.0140	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	61.9469	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	OZ (1)	20
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	

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2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	

**Serving Period:** Breakfast      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/26/2019      **Feeding Figure:** 348  
**Base Menu Plan:** 4,847 MS BIC 19-20 W1D4  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A551	EGG, TAC-GO, IW #2444	1	1 PKG	171
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
7045	SALSA	1	1/4 CUP	171
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	20.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.0000	g	
1394	POP TART WG BRN SUGAR	1	PKG (1)	87
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	37.0000	g	
1392	POP TART STRAW WG	1	PKG (1)	87
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	38.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	140
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	299.9999	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	37.0000	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	87
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.3074	g	
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	87
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	35
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Food Energy	31.2730	kcal	
<b>Nutrient</b>		<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.4273	g	

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1467	JUICE ROYAL GRAPE	1	CARTON (1)	261
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	119
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

**Serving Period:** Lunch      **Serving Line:** MAIN      **Age Group:** Grades K-8  
**Date:** 9/26/2019      **Feeding Figure:** 644  
**Base Menu Plan:** 4,857 MS 19-20 LUNCH W2D4  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A554	CHICKEN DRUMSTICK SPICY WG	1	1 DRUMSTICK	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	180.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	6.0000	g	
A055	POTATOES, AUGRATIN	1	1/2 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0000	g	
A327	ROLL, DINNER WG #1974	1	1 DINNER ROLL	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	130.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	20.0000	g	
A400	QUESO NACHO 4OZ HS	1	1 NACHO 4 OZ QUES	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	506.0001*	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	35.0000*	g	
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	348.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	27.0000	g	
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	369.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	39.0001	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.0652	g	

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A541	POTATO WEDGE FRIES #7090	1	1/2 CUP	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	87.8623	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	19.8736	g	
A129	GRAB N GO WG TURKEY SAND. MEAL	1	1 SANDWICH/CHIPS	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	579.6664	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	81.8469	g	
a234	GRAB N GO YOGURT MEAL W/CINN	1	1 MEAL	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	589.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	96.0001	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.5065	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	20
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	52.9579	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.6927	g	
A372	GREEN BEANS-2017	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	26.3017	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.9984	g	
A070	CARROTS, COOKED	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.7337	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.8712	g	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7522	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	82.4860	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	15.5007	g	

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a7074	BLUEBERRIES #7074	1	3/4 CUP	258
	<b>Nutrient</b>		<b>Value</b>	<b>Units</b>
	Food Energy		57.8500	kcal
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>		<b>Value</b>	<b>Units</b>
	Food Energy		83.0140	kcal
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>		<b>Value</b>	<b>Units</b>
	Food Energy		74.8864	kcal
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>		<b>Value</b>	<b>Units</b>
	Food Energy		110.0000	kcal
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>		<b>Value</b>	<b>Units</b>
	Food Energy		60.0001	kcal
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>		<b>Value</b>	<b>Units</b>
	Food Energy		60.0001	kcal
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>		<b>Value</b>	<b>Units</b>
	Food Energy		29.3055	kcal
2286	KETCHUP JUG WITH PUMP	1	Ounce	33
	<b>Nutrient</b>		<b>Value</b>	<b>Units</b>
	Food Energy		33.3278	kcal
1097	MUSTARD	1	Ounce	13
	<b>Nutrient</b>		<b>Value</b>	<b>Units</b>
	Food Energy		0.0000	kcal
1086	SAUCE BBQ	1	Ounce	13
	<b>Nutrient</b>		<b>Value</b>	<b>Units</b>
	Food Energy		29.1618	kcal
2225	KETCHUP SRIRACHA	1	Ounce	13
	<b>Nutrient</b>		<b>Value</b>	<b>Units</b>
	Food Energy		24.9959	kcal
2365	DRESSING RANCH OTT'S	1	Ounce	33
	<b>Nutrient</b>		<b>Value</b>	<b>Units</b>
	Food Energy		85.8443	kcal
1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>		<b>Value</b>	<b>Units</b>
	Food Energy		61.9469	kcal

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2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

**Serving Period:** Breakfast  
**Date:** 9/30/2019  
**Base Menu Plan:** 4,844 MS BIC 19-20 W1D1  
**Menu Comments:**

**Serving Line:** MAIN  
**Age Group:** Grades K-8  
**Feeding Figure:** 348

Stock Number	Description	Serving Size	Measure	Projected Quantity
2475	BAR COCOA PUFFS SOFT FILLED IW	1	PKG (1)	171
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	250.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	43.0000	g	
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	280.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	57.0000	g	
A415	NOTABLES CINN TOAST #2082	1	1 PACK	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	269.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	56.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	299.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	140
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	80.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
2079	APPLE GALA 138 CT	1	APPLE (1)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	74.8864	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	18.3074	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	87
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	31.2730	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.4273	g	
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	35
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	29.0000	g	

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1468	JUICE BLUE RAZZ	1	CARTON (1)	122
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	115
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	119
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	11.0000	g	

**Serving Period:** Lunch **Serving Line:** MAIN **Age Group:** Grades K-8  
**Date:** 9/30/2019 **Feeding Figure:** 644  
**Base Menu Plan:** 4,849 MS 19-20 LUNCH W1D1  
**Menu Comments:**

Stock Number	Description	Serving Size	Measure	Projected Quantity
A367	CHICKEN TERIYAKI W/ VEG	1	1 SERVING	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	249.9894	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	38.9410	g	
2416	FORTUNE COOKIE 40002	1	PKG (1)	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	20.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	4.0000	g	
A447	FRENCH TOAST STICKS WG #2400	1	2 STICKS	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	240.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	38.0000	g	
A040	EGG, SCRAMBLED, CHEESY	1	1/2 CUP	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	194.9017	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	3.9150	g	
A499	SAUSAGE #2405	1	1 PATTY	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	0.0000	g	
A004	HAMBURGER ON WG BUN	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	298.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	27.0000	g	
A197	CHICKEN SPICY SANDWICH	1	1 SANDWICH	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	354.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	39.0001	g	

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a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	10.4961	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.0652	g	
A541	POTATO WEDGE FRIES #7090	1	1/2 CUP	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	87.8623	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	19.8736	g	
A473	GRAB NGO UNCRUSTABLE PBJ-grape	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	640.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	86.0000	g	
A472	GRAB NGO UNCRUSTABLE PBJ-straw	1	1 SANDWICH/CHIPS	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	650.0000	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	84.9998	g	
A549	GRAB N GO WG CKN SALAD SAND	1	1 SANDWICH/CHIPS	46
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	527.4787	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	82.7924	g	
a305	PIZZA CHEESE HOMEMADE	1	1 SLICE	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	455.8583	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.5065	g	
A478	PIZZA VEGGIE HOMEMADE	1	1 SLICE	20
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	502.0197	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	52.9579	g	
A307	PIZZA PEPPERONI HOMEMADE	1	1 SLICE	0
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	465.0049	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	51.6927	g	
A1223	CARROTS BABY 30LBS	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.7850	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	7.0122	g	
A012	PEAS	1	3/4 CUP	97
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	119.8392	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	20.6555	g	
A003	SALAD, DARK GREENS	1	1 CUP	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	7.2882	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	11.6147	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	8.1076	kcal	
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Carbohydrate	1.7522	g	

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A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	82.4860	kcal	
1348	PEARS SLICD IN LS	1	3/4 CUP	258
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	119.9999	kcal	
1320	APPLE GOLDEN 138	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	130.0000	kcal	
2079	APPLE GALA 138 CT	1	APPLE (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	139.0768	kcal	
1333	BANANAS PREM 40LB	1	BANANA (1)	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	110.0000	kcal	
1468	JUICE BLUE RAZZ	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
1467	JUICE ROYAL GRAPE	1	CARTON (1)	161
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	60.0001	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.3055	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	85.8443	kcal	
1832	DRESSING CAESAR LITE	1	Ounce	7
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	61.9469	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	33.3278	kcal	
2225	KETCHUP SRIRACHA	1	Ounce	33
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	24.9959	kcal	
1097	MUSTARD	1	Ounce	20
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	0.0000	kcal	

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1086	SAUCE BBQ	1	Ounce	13
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	29.1618	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	129.9999	kcal	
	Carbohydrate	6.6655	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	129
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	120.0001	kcal	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	65
	<b>Nutrient</b>	<b>Value</b>	<b>Units</b>	
	Food Energy	100.0000	kcal	
	Carbohydrate	11.0000	g	

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