

# September

## Elementary Early Education 3-5yr Breakfast Menu 2018



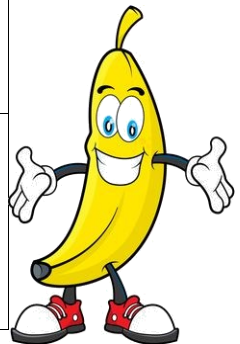
Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 WG BANANA PANCAKES STRAWBERRIES MILK	5 WG TURKEY SAUSAGE BREAKFAST PIZZA BANANA MILK	6 WG CHEERIOS WG TOAST PEARS MILK	7 WG BLUEBERRY BASH PANCAKES ORANGE WEDGES MILK
10 WG STRAWBERRY PANCAKES APPLESAUCE MILK	11 WG RICE CHEX WG TOAST BLUEBERRIES MILK	12 WG BISCUITS & GRAVY BANANA MILK	13 WG CONFETTI PANCAKES ORANGE WEDGES MILK	14 WG CHEERIOS WG TOAST STRAWBERRIES MILK
17 WG BISCUIT CHEESY SCRAMBLED EGGS PEACHES MILK	18 WG BANANA PANCAKES STRAWBERRIES MILK	19 WG TURKEY SAUSAGE BREAKFAST PIZZA BANANA MILK	20 WG CHEERIOS WG TOAST PEARS MILK	21 WG BLUEBERRY BASH PANCAKES ORANGE WEDGES MILK
24 WG STRAWBERRY PANCAKES APPLESAUCE MILK	25 WG RICE CHEX WG TOAST BLUEBERRIES MILK	26 WG BISCUITS & GRAVY BANANA MILK	27 WG CONFETTI PANCAKES ORANGE WEDGES MILK	28 <b>OPEN SITE MENU:</b> WG CHEERIOS WG TOAST STRAWBERRIES MILK

**NON-DISCRIMINATION:**  
 All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410

WG - Whole Grain

**Fresh Fruits & Vegetable Offered Daily.**

My Plate is based on new dietary guidelines released by the government last January, which encourages Americans to eat more fruits, vegetables, and whole grains and fewer processed foods. It is part of a concerted effort by the Department of Agriculture and the First Lady to improve nutrition, especially among children.



# September

## Elementary Early Education 3-5 yr Lunch Menu 2018



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WG - Whole Grain

**Fresh Fruits & Vegetable Offered Daily.**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p><b>LABOR DAY</b></p>	<p>4</p> <p>WG CHEESE PIZZA COOKED CORN MIXED SALAD GREENS RANCH DRESSING PEARS &amp; BLUEBERRIES MILK</p>	<p>5</p> <p>ORANGE CHICKEN STIR-FRY WG STEAMED RICE PEAS &amp; CARROTS MIXED SALAD GREENS ITALIAN DRESSING MIXED FRUIT MILK</p>	<p>6</p> <p>WG CHICKEN PATTY MASHED POTATOES &amp; GRAVY WG DINNER ROLL GREEN BEANS MIXED SALAD GREENS RANCH DRESSING BLUEBERRIES *CHERRY CRISP MILK</p>	<p>7</p> <p>WG SPAGHETTI W/ ZESTY MEATSAUCE WG BREADSTICK STEAMED BROCCOLI MIXED SALAD GREENS ITALIAN DRESSING APRICOTS MILK</p>
<p>10</p> <p>WG FISH STICKS WG MAC N CHEESE GREEN BEANS MIXED SALAD GREENS ITALIAN DRESSING HOT SPICED APPLES MILK</p>	<p>11</p> <p>WG BEEF ENCHILADAS WG MEXICAN RICE MIXED VEGETABLES MIXED SALAD GREENS RANCH DRESSING PEACHES MILK</p>	<p>12</p> <p>WG CHICKEN ALFREDO WG BREADSTICK STEAMED BROCCOLI MIXED SALAD GREENS ITALIAN DRESSING CHERRY FRUIT MEDLEY MILK</p>	<p>13</p> <p>MEATLOAF MASHED POTATOES &amp; GRAVY WG HOT ROLL COOKED CORN MIXED SALAD GREENS ITALIAN DRESSING PEARS MILK</p>	<p>14</p> <p>WG FIESTADA PIZZA COOKED CARROTS MIXED SALAD GREENS RANCH DRESSING STRAWBERRIES MILK</p>
<p>17</p> <p>WG LASAGNA ROLLUP WG BREADSTICK STEAMED BROCCOLI MIXED SALAD GREENS ITALIAN DRESSING PEARS MILK</p>	<p>18</p> <p>WG SOFT SHELLED TACO SALSA COOKED CORN MIXED SALAD GREENS RANCH DRESSING PEACHES MILK</p>	<p>19</p> <p>WG PIZZA CRUNCHERS GREEN BEANS MIXED SALAD GREENS RANCH DRESSING STRAWBERRIES MILK</p>	<p>20</p> <p>WG CHICKEN NUGGETS MASHED POTATOES &amp; GRAVY WG DINNER ROLL COOKED CARROTS MIXED SALAD GREENS ITALIAN DRESSING BLUEBERRIES MILK *CHERRY CRISP</p>	<p>21</p> <p>CHICKEN TERIYAKI LOMEIN NOODLES W/VEGGIES PEAS MIXED SALAD GREENS RANCH DRESSING MIXED FRUIT MILK</p>
<p>24</p> <p>SLOPPY JOE ON WG BUN BAKED FRIES GREEN BEANS MIXED SALAD GREENS RANCH DRESSING PEACHES MILK</p>	<p>25</p> <p>WG CHICKEN QUESADILLA SALSA STEAMED BROCCOLI MIXED SALAD GREENS ITALIAN DRESSING STRAWBERRIES MILK</p>	<p>26</p> <p>WG CHICKEN PARMESAN COOKED CORN MIXED SALAD GREENS ITALIAN DRESSING CHERRY FRUIT MEDLEY MILK</p>	<p>27</p> <p>WG COUNTRY STYLE STEAK MASHED POTATOES &amp; GRAVY WG HOT ROLL MIXED VEGETABLES MIXED SALAD GREENS RANCH DRESSING APRICOTS MILK</p>	<p>28</p> <p><b>OPEN SITE MENU:</b> WG CHEESEBURGER COOKED CARROTS APPLESAUCE MILK</p>



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## Elementary Early Education 3-5 yr Snack Menu 2018



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WG - Whole Grain

Monday	Tuesday	Wednesday	Thursday	Friday
3 <b>HAPPY LABOR DAY</b>	4 STRAWBERRY CUP MILK	5 WG ANNIE'S CHEDDAR BUNNIES MILK	6 STRING CHEESE WG CRACKERS 100% APPLE JUICE	7 WG GOLDFISH CRACKERS MILK
10 WG CRISPY VEGGIE CRACKERS MILK	11 WG RASPBERRY MINI BITES MILK	12 APPLE SLICES MILK	13 WG ANNIE'S CHEDDAR BUNNIES MILK	14 WG ORIGINAL GRAHAMS MILK
17 WG GOLDFISH CRACKERS MILK	18 WG ANIMAL CRACKERS MILK	19 CINNAMON APPLESAUCE CUP MILK	20 WG ANNIE'S CHEDDAR BUNNIES MILK	21 STRING CHEESE WG CRACKERS 100% APPLE JUICE
24 WG RASPBERRY MINI BITES MILK	25 WG GOLDFISH CRACKERS MILK	26 WG CRISPY VEGGIE CRACKERS MILK	27 SLICED APPLES MILK	28 <b>OPEN SITE MENU:</b> WG ORIGINAL GRAHAMS MILK



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PEACH CUP MILK