



read
play
learn
run
dream



Hanthorn Breakfast Menu

2018



My Plate is based on new dietary guidelines released by the government last January, which encourages Americans to eat more fruits, vegetables, and whole grains and fewer processed foods. It is part of a concerted effort by the Department of Agriculture and the First Lady to improve nutrition, especially among children.

NON-DISCRIMINATION:
All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410



WG - Whole Grain

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p>	<p>4</p> <p>WG BISCUITS & GRAVY PEACHES MILK</p>	<p>5</p> <p>WG BLUEBERRY BASH WAFFLES BANANA MILK</p>	<p>6</p> <p>CHEESY SCRAMBLED EGGS WG TOAST PEARS MILK</p>	<p>7</p> <p>WG CHEERIOS CEREAL ASSORTED YOGURT ORANGE WEDGES MILK</p>
<p>10</p>	<p>11</p> <p>WG APPLE CINNAMON OATMEAL PEARS MILK</p>	<p>12</p> <p>CHEESY SCRAMBLED EGGS WG MINI BISCUIT BANANA MILK</p>	<p>13</p> <p>WG MINI BANANA PANCAKES PEACHES MILK</p>	<p>14</p> <p>WG RICE CHEX CEREAL WG TOAST BLUEBERRIES MILK</p>
<p>17</p>	<p>18</p> <p>WG BISCUITS & GRAVY PEACHES MILK</p>	<p>19</p> <p>WG CHEERIOS ASSORTED YOGURT BANANA MILK</p>	<p>20</p> <p>CHEESY SCRAMBLED EGGS WG TOAST PEARS MILK</p>	<p>21</p> <p>WG TURKEY SAUSAGE BREAKFAST PIZZA ORANGE WEDGES MILK</p>
<p>24</p>	<p>25</p> <p>CHEESY SCRAMBLED EGGS WG MINI BISCUIT STRAWBERRIES MILK</p>	<p>26</p> <p>WG STRAWBERRY PANCAKES BANANA MILK</p>	<p>27</p> <p>WG APPLE CINNAMON OATMEAL PEARS MILK</p>	<p>28</p> <p>WG MINI BANANA PANCAKES BLUEBERRIES MILK</p>



September

Hanthorn Lunch Menu

2018



My Plate is based on new dietary guidelines released by the government last January, which encourages Americans to eat more fruits, vegetables, and whole grains and fewer processed foods. It is part of a concerted effort by the Department of Agriculture and the First Lady to improve nutrition, especially among children.

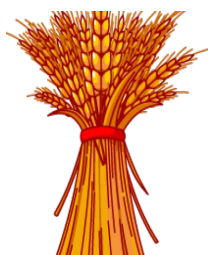


Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>LABOR DAY</p>	<p>4</p> <p>WG CHEESE PIZZA GREEN BEANS ORANGE WEDGES MILK</p>	<p>5</p> <p>WG ZESTY MEATSAUCE SPAGHETTI MIXED GREENS SALAD ITALIAN DRESSING APPLESAUCE MILK</p>	<p>6</p> <p>WG CHICKEN NUGGETS MASHED POTATOES COUNTRY GRAVY MIXED VEGETABLES STRAWBERRIES MILK</p>	<p>7</p> <p>CHEESEBURGER ON WG BUN LETTUCE/PICKLE/TOMATO COOKED CARROTS PEACHES MILK</p>
<p>10</p>	<p>11</p> <p>WG BEEF ENCHILADAS WG MEXICAN RICE COOKED CORN BANANA SALSA MILK</p>	<p>12</p> <p>CHICKEN ALFREDO W/ WG NOODLES MIXED GREENS SALAD ITALIAN DRESSING STRAWBERRIES MILK</p>	<p>13</p> <p>SALISBURY STEAK MASHED POTATOES & BEEF GRAVY WG HOT ROLL COOKED CARROTS ROSY APPLESAUCE MILK</p>	<p>14</p> <p>WG TANGERINE CHICKEN WG STEAMED RICE COOKED PEAS PEARS MILK</p>
<p>17</p>	<p>18</p> <p>WG FIESTADA PIZZA COOKED CARROTS STRAWBERRY MEDLEY MILK</p>	<p>19</p> <p>WG CHICKEN PARMESAN MIXED GREENS SALAD RANCH DRESSING APPLESAUCE MILK</p>	<p>20</p> <p>WG BEEF FINGERS MASHED POTATOES & COUNTRY GRAVY GREEN BEANS STRAW/POM JUICE CUP MILK</p>	<p>21</p> <p>CHICKEN TERIYAKI STIR-FRY W/WG NOODLES COOKED PEAS PEACHES MILK</p>
<p>24</p>	<p>25</p> <p>WG SOFT SHELLED TACO SALSA REFRIED BEANS COOKED CORN BANANA MILK</p>	<p>26</p> <p>WG BEEFY MAC N CHEESE MIXED GREENS SALAD RANCH DRESSING PEACHES MILK</p>	<p>27</p> <p>SLICED MEATLOAF WG HOT ROLL MASHED POTATOES & GRAVY COOKED CARROTS HOT SPICED APPLES MILK</p>	<p>28</p> <p>HOT HAM & CHEESE ON WG GOLDFISH BREAD GLAZED SWEET POTATOES PEARS MILK</p>
<p>27</p>				

NON-DISCRIMINATION:
All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410



WG - Whole Grain

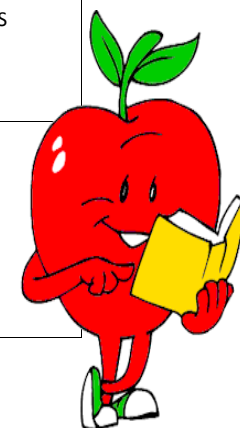


September

Hanthorn Snack Menu 2018



My Plate is based on new dietary guidelines released by the government last January, which encourages Americans to eat more fruits, vegetables, and whole grains and fewer processed foods. It is part of a concerted effort by the Department of Agriculture and the First Lady to improve nutrition, especially among children.



Monday	Tuesday	Wednesday	Thursday	Friday
3 HAPPY LABOR DAY	4 1-5 YEAR WG CRISPY VEGGIE CRACKERS MILK	5 1-5 YEAR WG CHERRY BERRY MUFFIN SQUARES MILK	6 1-5 YEAR BANANA MILK	7 1-5 YEAR STRING CHEESE WG CRACKERS 100% APPLE JUICE
10	11 1-5 YEAR WG GOLDFISH CRACKERS MILK	12 1-5 YEAR CINNAMON APPLESAUCE CUP MILK	13 1-5 YEAR ASSORTED YOGURT 100% APPLE JUICE	14 1-5 YEAR ORANGE WEDGES MILK
17	18 1-5 YEAR WG CRISPY VEGGIE CRACKERS MILK	19 1-5 YEAR WG CHERRY BERRY MUFFIN SQUARES MILK	20 1-5 YEAR BANANA MILK	21 1-5 YEAR WG ANNIE'S CHEDDAR BUNNIES MILK
24	25 1-5 YEAR CINNAMON APPLESAUCE CUP MILK	26 1-5 YEAR WG ORIGINAL GRAHAMS MILK	27 1-5 YEAR ASSORTED YOGURT 100% APPLE JUICE	28 1-5 YEAR ORANGE WEDGES MILK

NON-DISCRIMINATION:
All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410



WG - Whole Grain

