



Independence Central Office

Scheduled Menu Plans

4060 Blackburn Elementary School

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/14/2019

Feeding Figure: 121

Base Menu Plan: 4,002 EL BFAST W1D5 AUG 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A463	PANCAKE CONFETTI #2378	1	1 PKG	84		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	220.0000	kcal	Carbohydrate	36.0000	g
1392	POP TART STRAW WG	1	PKG (1)	19		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	180.0000	kcal	Carbohydrate	38.0000	g
1394	POP TART WG BRN SUGAR	1	PKG (1)	19		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	180.0000	kcal	Carbohydrate	37.0000	g
1015	CHEESE STRING MOZ LT	1	PKG (1)	49		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	0.0000	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	299.9999	kcal	Carbohydrate	37.0000	g
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	91		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	110.0000	kcal	Carbohydrate	29.0000	g
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	31		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	14.0000	g
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	61		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	12.9999	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	40		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	40		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	42
Nutrient		Value	Units	
Food Energy		120.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		22.0001	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/14/2019 **Feeding Figure:** 262
Base Menu Plan: 5,053 EL 19-20 LUNCH W1D3-AUG 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A082	WG SPAGHETTI & ZESTY MEATSAUCE	1	1 SERVING	158
Nutrient		Value	Units	
Food Energy		346.9285	kcal	
Nutrient		Value	Units	
Carbohydrate		43.2430	g	
A379	BREADSTICK WG #1361	1	1 BREADSTICK	158
Nutrient		Value	Units	
Food Energy		110.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		21.0000	g	
A451	CORN DOG-MINI TRK WG #2382	1	6 MINI CORNDOGS	105
Nutrient		Value	Units	
Food Energy		267.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		33.0001	g	
A057	BROCCOLI, STEAMED	1	1/2 CUP	131
Nutrient		Value	Units	
Food Energy		28.2507	kcal	
Nutrient		Value	Units	
Carbohydrate		4.5307	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	27
Nutrient		Value	Units	
Food Energy		7.2882	kcal	
Nutrient		Value	Units	
Carbohydrate		1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	11
Nutrient		Value	Units	
Food Energy		11.6147	kcal	
Nutrient		Value	Units	
Carbohydrate		2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	11
Nutrient		Value	Units	
Food Energy		8.1076	kcal	
Nutrient		Value	Units	
Carbohydrate		1.7522	g	
A448	BEANS, RED (SALAD BAR)	1	1/4 CUP	3
Nutrient		Value	Units	
Food Energy		65.0014	kcal	
Nutrient		Value	Units	
Carbohydrate		6.0002	g	
1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	197
Nutrient		Value	Units	
Food Energy		50.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		13.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	66
Nutrient		Value	Units	
Food Energy		120.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		12.9999	g	

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1097	MUSTARD	1	Ounce	14
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	131
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	105
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/15/2019

Feeding Figure: 121

Base Menu Plan: 4,802 EL BFAST 19-20 W1D4

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A566	COCOA PUFF PASTRY BAR #2475	1	1 PACK	73
	Nutrient	Value	Units	
	Food Energy	250.0000	kcal	
1015	CHEESE STRING MOZ LT	1	PKG (1)	49
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
A277	NOTABLES CINN TOAST BOWL #2082	1	1 PKG	23
	Nutrient	Value	Units	
	Food Energy	269.9999	kcal	
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	25
	Nutrient	Value	Units	
	Food Energy	280.0000	kcal	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	

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2106	APPLE SLICES 100/2 OZ	1	PKG	91
	Nutrient	Value	Units	
	Food Energy	30.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	31
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	31
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/15/2019

Feeding Figure: 262

Base Menu Plan: 4,807 EL 19-20 LUNCH W1D4

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A383	CHICKEN PATTY WG BREADED#2344	1	1 PATTY	158
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.0000	g	
A525	GRAVY POULTRY LS #2422	1	2 OZ	158
	Nutrient	Value	Units	
	Food Energy	2.3897	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.2868	g	
A005	POTATOES, MASHED	1	1/2 CUP	158
	Nutrient	Value	Units	
	Food Energy	85.3963	kcal	
	Nutrient	Value	Units	
	Carbohydrate	18.1467	g	
A327	ROLL, DINNER WG #1974	1	1 DINNER ROLL	158
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	20.0000	g	
A114	BURRITO	1	1 BURRITO	105
	Nutrient	Value	Units	
	Food Energy	308.6858	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9919	g	

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7045	SALSA	1	1/4 CUP	105
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
A563	MUNCHABLE SUNBUTTER & JELLY	1	1 MEAL	0
	Nutrient	Value	Units	
	Food Energy	550.9630	kcal	
A372	GREEN BEANS-2017	1	1/2 CUP	131
	Nutrient	Value	Units	
	Food Energy	17.5420	kcal	
a131	SALAD, DARK GREENS- EL	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
a7074	BLUEBERRIES #7074	1	1/2 CUP	197
	Nutrient	Value	Units	
	Food Energy	38.6000	kcal	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	66
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	

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1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	105
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/16/2019 **Feeding Figure:** 121
Base Menu Plan: 4,803 EL BFAST 19-20 W1D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A567	FRENCH TOAST APPLE IW#2472	1	1 PACK	73
Nutrient		Value	Units	
Food Energy		260.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		45.0000	g	
1392	POP TART STRAW WG	1	PKG (1)	23
Nutrient		Value	Units	
Food Energy		180.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		38.0000	g	
1394	POP TART WG BRN SUGAR	1	PKG (1)	25
Nutrient		Value	Units	
Food Energy		180.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	49
Nutrient		Value	Units	
Food Energy		80.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
Nutrient		Value	Units	
Food Energy		299.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		37.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	91
Nutrient		Value	Units	
Food Energy		31.2730	kcal	
Nutrient		Value	Units	
Carbohydrate		7.4273	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	31
Nutrient		Value	Units	
Food Energy		60.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		14.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	61
Nutrient		Value	Units	
Food Energy		120.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		12.9999	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	40
Nutrient		Value	Units	
Food Energy		129.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	40
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	

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2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/16/2019 **Feeding Figure:** 262
Base Menu Plan: 4,808 EL 19-20 LUNCH W1D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A345	PIZZA FIESTADA WG #2170	1	1 PIECE	184
	Nutrient	Value	Units	
	Food Energy	340.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	39.0000	g	
A040	EGG, SCRAMBLED, CHEESY	1	1/2 CUP	66
	Nutrient	Value	Units	
	Food Energy	194.9017	kcal	
	Nutrient	Value	Units	
	Carbohydrate	3.9150	g	
A385	BISCUIT FRZ EASY SPLIT #2211	1	1 BISCUIT	66
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	28.0000	g	
A499	SAUSAGE #2405	1	1 PATTY	66
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A561	MUNCHABLE YOGURT MEAL	1	1 MEAL	0
	Nutrient	Value	Units	
	Food Energy	289.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.7866	g	
1223	CARROT BABY 25 LBS	1	1/2 CUP	131
	Nutrient	Value	Units	
	Food Energy	24.8063	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.8401	g	

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1348	PEARS SLICD IN LS	1	SERVING 1/2 CUP	197
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	20.0000	g	
A252	CHERRY CRISP w/o stabilizer	1	1 piece	197
	Nutrient	Value	Units	
	Food Energy	186.0849	kcal	
	Nutrient	Value	Units	
	Carbohydrate	32.2581	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	66
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2366	DRESSING ITALIAN OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.8148	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	66
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	105
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/19/2019

Feeding Figure: 121

Base Menu Plan: 4,799 EL BFAST 19-20 W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A324	PIZZA 3.67oz TRKYSAU BRKFST IW	1	1 PIZZA	73
	Nutrient	Value	Units	
	Food Energy	240.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	31.0000	g	
1392	POP TART STRAW WG	1	PKG (1)	23
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
1394	POP TART WG BRN SUGAR	1	PKG (1)	25
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	

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1015	CHEESE STRING MOZ LT	1	PKG (1)	49
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
2106	APPLE SLICES 100/2 OZ	1	PKG	91
	Nutrient	Value	Units	
	Food Energy	30.0000	kcal	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	61
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	31
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/19/2019

Feeding Figure: 262

Base Menu Plan: 5,073 EL 19-20 LUNCH W2D1 AUG 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A353	CHICKEN NUGGETS WG#2345	1	1 SERVING (5)	158
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
A351	WAFFLE WG #2356	1	1 WAFFLE	158
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
1122	SYRUP PKT SAUER 1.5 OZ	1	PKT (1)	158
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	

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A365	HOTDOG	1	1 HOTDOG	105
	Nutrient	Value	Units	
	Food Energy	350.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	27.0000	g	
A067	BEANS, BAKED	1	1/2 CUP	131
	Nutrient	Value	Units	
	Food Energy	117.7548	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.1340	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.5007	g	
1347	PEACHES SLICD IN LS	1	1/2 CUP	197
	Nutrient	Value	Units	
	Food Energy	81.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	19.8000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	66
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	131
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
1097	MUSTARD	1	Ounce	14
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
1103	PICKLE RELISH	1	Ounce	40
	Nutrient	Value	Units	
	Food Energy	25.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2366	DRESSING ITALIAN OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.8148	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

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Independence Central Office

Scheduled Menu Plans

2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	105
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/20/2019 **Feeding Figure:** 121
Base Menu Plan: 4,800 EL BFAST 19-20 W1D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A393	DONUT GLAZED RIDGEWOOD #2325	1	1 DONUT	73
	Nutrient	Value	Units	
	Food Energy	176.5800	kcal	
	Nutrient	Value	Units	
	Carbohydrate	21.0400	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	49
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
2082	NOTABLE CINN TOAST BOWL	1	PACKAGE (1)	25
	Nutrient	Value	Units	
	Food Energy	260.0320	kcal	
	Nutrient	Value	Units	
	Carbohydrate	53.9326	g	
2064	NOTABLE LUCKY CHARMS BOWL	1	PKG (1)	23
	Nutrient	Value	Units	
	Food Energy	280.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	57.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	91
	Nutrient	Value	Units	
	Food Energy	31.2730	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.4273	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	31
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	31
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

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Independence Central Office

Scheduled Menu Plans

2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch
Date: 8/20/2019
Base Menu Plan: 4,810 EL 19-20 LUNCH W2D2
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 262

Stock Number	Description	Serving Size	Measure	Projected Quantity
A077	QUESO BLANCO BEEF ENCHILADAS	1	2 ENCHILADAS	184
	Nutrient	Value	Units	
	Food Energy	297.3600	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.3599	g	
A016	RICE, MEXICAN-STYLE	1	1/2 CUP	184
	Nutrient	Value	Units	
	Food Energy	78.7958	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.4837	g	
7045	SALSA	1	1/4 CUP	66
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0000	g	
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	66
	Nutrient	Value	Units	
	Food Energy	369.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	39.0001	g	
A007	LETTUCE, TOMATO, PICKLE 24CT	1	1 serving	66
	Nutrient	Value	Units	
	Food Energy	10.4961	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.0652	g	
A563	MUNCHABLE SUNBUTTER & JELLY	1	1 MEAL	12
	Nutrient	Value	Units	
	Food Energy	550.9630	kcal	
	Nutrient	Value	Units	
	Carbohydrate	54.0199	g	
2407	RICE KRISPIES COCOA WG	1	PKG (1)	262
	Nutrient	Value	Units	
	Food Energy	45.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.0000	g	
A070	CARROTS, COOKED	1	1/2 CUP	131
	Nutrient	Value	Units	
	Food Energy	22.5109	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.2526	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	

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Independence Central Office

Scheduled Menu Plans

a360	CARROT, FRESH SHREDDED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.7866	g	
A047	STRAWBERRIES AND BLUEBERRIES	1	1/2 CUP	197
	Nutrient	Value	Units	
	Food Energy	65.8186	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.7660	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	66
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2365	DRESSING RANCH OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.2922	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	14
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
1097	MUSTARD	1	Ounce	6
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
1086	SAUCE BBQ	1	Ounce	8
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.6655	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	105
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

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Independence Central Office

Scheduled Menu Plans

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/21/2019

Feeding Figure: 121

Base Menu Plan: 4,002 EL BFAST W1D5 AUG 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A463	PANCAKE CONFETTI #2378	1	1 PKG	84		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	220.0000	kcal	Carbohydrate	36.0000	g
1392	POP TART STRAW WG	1	PKG (1)	19		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	180.0000	kcal	Carbohydrate	38.0000	g
1394	POP TART WG BRN SUGAR	1	PKG (1)	19		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	180.0000	kcal	Carbohydrate	37.0000	g
1015	CHEESE STRING MOZ LT	1	PKG (1)	49		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	0.0000	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	299.9999	kcal	Carbohydrate	37.0000	g
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	91		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	110.0000	kcal	Carbohydrate	29.0000	g
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	31		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	14.0000	g
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	61		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	12.9999	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	40		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	40		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	42		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

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Independence Central Office

Scheduled Menu Plans

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/21/2019

Feeding Figure: 262

Base Menu Plan: 1,004,438 EL 19-20 LUNCH W2D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A465	FISH NACHO STICKS #2436	1	4 STICKS	158		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	250.0001	kcal	Carbohydrate	19.0001	g
A033	SAUCE, TARTER	1	1 OZ	158		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	26.9446	kcal	Carbohydrate	2.9494	g
A015	MAC AND CHEESE	1	1/2 CUP	158		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	235.7995	kcal	Carbohydrate	22.0593	g
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	104		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	348.0001	kcal	Carbohydrate	27.0000	g
A057	BROCCOLI, STEAMED	1	1/2 CUP	132		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	28.2507	kcal	Carbohydrate	4.5307	g
a131	SALAD, DARK GREENS- EL	1	1 CUP	27		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	7.2882	kcal	Carbohydrate	1.1662	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	11		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	11.6147	kcal	Carbohydrate	2.7139	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	11		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	8.1076	kcal	Carbohydrate	1.7522	g
a7024	BEANS, PINTO (SALAD BAR)	1	1/4 CUP	3		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	95.3707	kcal	Carbohydrate	17.5171	g
1323	WATERMELON WHOLE	1	WEDGE (1/32 MELON)	198		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	68.7980	kcal	Carbohydrate	16.9971	g
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	66		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	12.9999	g

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Independence Central Office

Scheduled Menu Plans

2366	DRESSING ITALIAN OTT'S	1	Ounce	27			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	29.3055	kcal		Carbohydrate	7.8148	g
2286	KETCHUP JUG WITH PUMP	1	Ounce	66			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	33.3278	kcal		Carbohydrate	8.3320	g
1097	MUSTARD	1	Ounce	14			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	0.0000	kcal		Carbohydrate	0.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	80			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	129.9999	kcal		Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	80			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	120.0001	kcal		Carbohydrate	22.0001	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	106			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	100.0000	kcal		Carbohydrate	11.0000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/22/2019 **Feeding Figure:** 121
Base Menu Plan: 4,802 EL BFAST 19-20 W1D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A566	COCOA PUFF PASTRY BAR #2475	1	1 PACK	73			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	250.0000	kcal		Carbohydrate	43.0000	g
1015	CHEESE STRING MOZ LT	1	PKG (1)	49			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	80.0000	kcal		Carbohydrate	0.0000	g
A277	NOTABLES CINN TOAST BOWL #2082	1	1 PKG	23			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	269.9999	kcal		Carbohydrate	56.0000	g
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	25			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	280.0000	kcal		Carbohydrate	57.0000	g
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	299.9999	kcal		Carbohydrate	37.0000	g

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Scheduled Menu Plans

2106	APPLE SLICES 100/2 OZ	1	PKG	91
	Nutrient	Value	Units	
	Food Energy	30.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	31
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	31
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/22/2019 **Feeding Figure:** 262
Base Menu Plan: 4,812 EL 19-20 LUNCH W2D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A084	MEATLOAF-SLICES	1	1 SLICE	184
	Nutrient	Value	Units	
	Food Energy	227.0069	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.9442	g	
A005	POTATOES, MASHED	1	1/2 CUP	184
	Nutrient	Value	Units	
	Food Energy	85.3963	kcal	
	Nutrient	Value	Units	
	Carbohydrate	18.1467	g	
A026	ROLLS, WHEAT, WG	1	2 OUNCE	184
	Nutrient	Value	Units	
	Food Energy	178.5303	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0164	g	
A524	GRAVY BROWN LS #2421	1	2 OZ	184
	Nutrient	Value	Units	
	Food Energy	25.2695	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0431	g	
A338	NACHO BITES #2265	1	8 SERVING	66
	Nutrient	Value	Units	
	Food Energy	270.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	32.0000	g	

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Scheduled Menu Plans

7045	SALSA	1	1/4 CUP	66
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
A563	MUNCHABLE SUNBUTTER & JELLY	1	1 MEAL	12
	Nutrient	Value	Units	
	Food Energy	550.9630	kcal	
A359	CORN, COOKED	1	1/2 CUP	131
	Nutrient	Value	Units	
	Food Energy	99.2998	kcal	
a131	SALAD, DARK GREENS- EL	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
1348	PEARS SLICD IN LS	1	SERVING 1/2 CUP	197
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	66
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	14
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	

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Independence Central Office

Scheduled Menu Plans

1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	105
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/23/2019 **Feeding Figure:** 121
Base Menu Plan: 4,803 EL BFAST 19-20 W1D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A567	FRENCH TOAST APPLE IW#2472	1	1 PACK	73
Nutrient		Value	Units	
Food Energy		260.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		45.0000	g	
1392	POP TART STRAW WG	1	PKG (1)	23
Nutrient		Value	Units	
Food Energy		180.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		38.0000	g	
1394	POP TART WG BRN SUGAR	1	PKG (1)	25
Nutrient		Value	Units	
Food Energy		180.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	49
Nutrient		Value	Units	
Food Energy		80.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
Nutrient		Value	Units	
Food Energy		299.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		37.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	91
Nutrient		Value	Units	
Food Energy		31.2730	kcal	
Nutrient		Value	Units	
Carbohydrate		7.4273	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	31
Nutrient		Value	Units	
Food Energy		60.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		14.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	61
Nutrient		Value	Units	
Food Energy		120.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		12.9999	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	40
Nutrient		Value	Units	
Food Energy		129.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	40
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	

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Scheduled Menu Plans

2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	42
Nutrient		Value	Units	
Food Energy		120.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		22.0001	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/23/2019 **Feeding Figure:** 262
Base Menu Plan: 4,813 EL 19-20 LUNCH W2D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A232	SLOPPY JOE ON WW BUN 2019	1	1 SANDWICH	184
Nutrient		Value	Units	
Food Energy		387.4476	kcal	
Nutrient		Value	Units	
Carbohydrate		37.2465	g	
1215	POTATO FRENCH FRIES	1	1/2 CUP	184
Nutrient		Value	Units	
Food Energy		79.2000	kcal	
Nutrient		Value	Units	
Carbohydrate		13.2000	g	
A443	RIPPER CHEESE TOPPED WG #2369	1	1 BREADSTICK	66
Nutrient		Value	Units	
Food Energy		280.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		30.0000	g	
1310	SAUCE MARINARA	1	(2 OZ) SERVING	66
Nutrient		Value	Units	
Food Energy		45.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		7.5000	g	
A561	MUNCHABLE YOGURT MEAL	1	1 MEAL	12
Nutrient		Value	Units	
Food Energy		289.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		38.0000	g	
A372	GREEN BEANS-2017	1	1/2 CUP	131
Nutrient		Value	Units	
Food Energy		17.5420	kcal	
Nutrient		Value	Units	
Carbohydrate		3.3337	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	27
Nutrient		Value	Units	
Food Energy		7.2882	kcal	
Nutrient		Value	Units	
Carbohydrate		1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	11
Nutrient		Value	Units	
Food Energy		11.6147	kcal	
Nutrient		Value	Units	
Carbohydrate		2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	11
Nutrient		Value	Units	
Food Energy		8.1076	kcal	
Nutrient		Value	Units	
Carbohydrate		1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	3
Nutrient		Value	Units	
Food Energy		75.1369	kcal	
Nutrient		Value	Units	
Carbohydrate		13.7866	g	

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Scheduled Menu Plans

A050	APPLES, HOT SPICED	1	1/2 CUP	197
	Nutrient	Value	Units	Nutrient
	Food Energy	121.4842	kcal	Carbohydrate
				26.3734 g
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	66
	Nutrient	Value	Units	Nutrient
	Food Energy	120.0000	kcal	Carbohydrate
				12.9999 g
2365	DRESSING RANCH OTT'S	1	Ounce	27
	Nutrient	Value	Units	Nutrient
	Food Energy	85.8443	kcal	Carbohydrate
				4.2922 g
1086	SAUCE BBQ	1	Ounce	27
	Nutrient	Value	Units	Nutrient
	Food Energy	29.1618	kcal	Carbohydrate
				6.6655 g
2286	KETCHUP JUG WITH PUMP	1	Ounce	14
	Nutrient	Value	Units	Nutrient
	Food Energy	33.3278	kcal	Carbohydrate
				8.3320 g
1097	MUSTARD	1	Ounce	14
	Nutrient	Value	Units	Nutrient
	Food Energy	0.0000	kcal	Carbohydrate
				0.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	Nutrient
	Food Energy	120.0001	kcal	Carbohydrate
				22.0001 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	105
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				11.0000 g

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/26/2019

Feeding Figure: 121

Base Menu Plan: 4,799 EL BFAST 19-20 W1D1

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A324	PIZZA 3.67oz TRKYSAU BRKFST IW	1	1 PIZZA	73
	Nutrient	Value	Units	Nutrient
	Food Energy	240.0000	kcal	Carbohydrate
				31.0000 g
1392	POP TART STRAW WG	1	PKG (1)	23
	Nutrient	Value	Units	Nutrient
	Food Energy	180.0000	kcal	Carbohydrate
				38.0000 g

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Scheduled Menu Plans

1394	POP TART WG BRN SUGAR	1	PKG (1)	25
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	49
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
2106	APPLE SLICES 100/2 OZ	1	PKG	91
	Nutrient	Value	Units	
	Food Energy	30.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	61
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	31
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/26/2019

Feeding Figure: 262

Base Menu Plan: 5,093 EL 19-20 LUNCH W3D1 AUG

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A367	CHICKEN TERIYAKI W/ VEG	1	1 SERVING	158
	Nutrient	Value	Units	
	Food Energy	249.9894	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.9410	g	
2416	FORTUNE COOKIE 40002	1	PKG (1)	158
	Nutrient	Value	Units	
	Food Energy	20.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0000	g	

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Independence Central Office

Scheduled Menu Plans

A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	105
	Nutrient	Value	Units	
	Food Energy	348.0001	kcal	
a131	SALAD, DARK GREENS- EL	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
A130	PEAS & CARROTS	1	1/2 CUP	131
	Nutrient	Value	Units	
	Food Energy	64.0905	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A448	BEANS, RED (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	65.0014	kcal	
1347	PEACHES SLICD IN LS	1	1/2 CUP	197
	Nutrient	Value	Units	
	Food Energy	81.0000	kcal	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	66
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
1097	MUSTARD	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
1086	SAUCE BBQ	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	29.1618	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	

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Independence Central Office

Scheduled Menu Plans

2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	105
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/27/2019 **Feeding Figure:** 121
Base Menu Plan: 4,800 EL BFAST 19-20 W1D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A393	DONUT GLAZED RIDGEWOOD #2325	1	1 DONUT	73
	Nutrient	Value	Units	
	Food Energy	176.5800	kcal	
	Nutrient	Value	Units	
	Carbohydrate	21.0400	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	49
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
2082	NOTABLE CINN TOAST BOWL	1	PACKAGE (1)	25
	Nutrient	Value	Units	
	Food Energy	260.0320	kcal	
	Nutrient	Value	Units	
	Carbohydrate	53.9326	g	
2064	NOTABLE LUCKY CHARMS BOWL	1	PKG (1)	23
	Nutrient	Value	Units	
	Food Energy	280.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	57.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	91
	Nutrient	Value	Units	
	Food Energy	31.2730	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.4273	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	31
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	31
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

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Independence Central Office

Scheduled Menu Plans

2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	42
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	40
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/27/2019 **Feeding Figure:** 262
Base Menu Plan: 4,815 EL 19-20 LUNCH W3D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A332	WG GOLDFISH BREAD HOT HAM/CHZ	1	1 SANDWICH	66
Nutrient		Value	Units	
	Food Energy	283.9228	kcal	
Nutrient		Value	Units	
	Carbohydrate	26.6536	g	
A455	POTATO SWT TRAX #2384	1	1/2 CUP	66
Nutrient		Value	Units	
	Food Energy	180.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0001	g	
A416	FIESTA NACHO-TACO MEAT	1	1 NACHO	184
Nutrient		Value	Units	
	Food Energy	479.2583	kcal	
Nutrient		Value	Units	
	Carbohydrate	42.2677	g	
7045	SALSA	1	1/4 CUP	184
Nutrient		Value	Units	
	Food Energy	20.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	4.0000	g	
A563	MUNCHABLE SUNBUTTER & JELLY	1	1 MEAL	12
Nutrient		Value	Units	
	Food Energy	550.9630	kcal	
Nutrient		Value	Units	
	Carbohydrate	54.0199	g	
A069	BEANS, REFRIED	1	1/2 CUP	66
Nutrient		Value	Units	
	Food Energy	131.7402	kcal	
Nutrient		Value	Units	
	Carbohydrate	20.3267	g	
A057	BROCCOLI, STEAMED	1	1/2 CUP	131
Nutrient		Value	Units	
	Food Energy	28.2507	kcal	
Nutrient		Value	Units	
	Carbohydrate	4.5307	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	27
Nutrient		Value	Units	
	Food Energy	7.2882	kcal	
Nutrient		Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	11
Nutrient		Value	Units	
	Food Energy	11.6147	kcal	
Nutrient		Value	Units	
	Carbohydrate	2.7139	g	

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Independence Central Office

Scheduled Menu Plans

A361	TOMATO, FRESH DICED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
A7078	STRAWBERRIES #7112	1	1/2 CUP	197
	Nutrient	Value	Units	
	Food Energy	38.8278	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	14
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	66
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2365	DRESSING RANCH OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	105
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/28/2019

Feeding Figure: 121

Base Menu Plan: 4,002 EL BFAST W1D5 AUG 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A463	PANCAKE CONFETTI #2378	1	1 PKG	84
	Nutrient	Value	Units	
	Food Energy	220.0000	kcal	
1392	POP TART STRAW WG	1	PKG (1)	19
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	

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Independence Central Office

Scheduled Menu Plans

1394	POP TART WG BRN SUGAR	1	PKG (1)	19
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	49
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
1333	BANANAS PREM 40LB	1	MEDIUM BANANA	91
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0000	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	31
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	61
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/28/2019

Feeding Figure: 262

Base Menu Plan: 1,004,458 EL 19-20 LUNCH W3D3

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A453	LASAGNA ROLLUP WG	1	1 PIECE	158
	Nutrient	Value	Units	
	Food Energy	346.6368	kcal	
	Nutrient	Value	Units	
	Carbohydrate	32.1894	g	
A379	BREADSTICK WG #1361	1	1 BREADSTICK	158
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	21.0000	g	

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Scheduled Menu Plans

A451	CORN DOG-MINI TRK WG #2382	1	6 MINI CORNDOGS	104
	Nutrient	Value	Units	
	Food Energy	267.0000	kcal	
A359	CORN, COOKED	1	1/2 CUP	132
	Nutrient	Value	Units	
	Food Energy	99.2998	kcal	
a131	SALAD, DARK GREENS- EL	1	1 CUP	28
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	12
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
A361	TOMATO, FRESH DICED	1	1/4 CUP	12
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
1354	GRAPE RED LUNCH BUNCH 150 CT	1	BUNCH (1)	197
	Nutrient	Value	Units	
	Food Energy	58.5775	kcal	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	67
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
1097	MUSTARD	1	Ounce	9
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	41
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
1125	SALAD DRESG LF	1	Ounce	28
	Nutrient	Value	Units	
	Food Energy	35.7850	kcal	
2366	DRESSING ITALIAN OTT'S	1	Ounce	28
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	80
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	

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Scheduled Menu Plans

2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	80
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	106
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 8/29/2019 **Feeding Figure:** 121
Base Menu Plan: 4,802 EL BFAST 19-20 W1D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A566	COCOA PUFF PASTRY BAR #2475	1	1 PACK	73
	Nutrient	Value	Units	
	Food Energy	250.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	43.0000	g	
1015	CHEESE STRING MOZ LT	1	PKG (1)	49
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
A277	NOTABLES CINN TOAST BOWL #2082	1	1 PKG	23
	Nutrient	Value	Units	
	Food Energy	269.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	56.0000	g	
a329	NOTABLES LUCKY CHARM #2064	1	1 PACK	25
	Nutrient	Value	Units	
	Food Energy	280.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	57.0000	g	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	
2106	APPLE SLICES 100/2 OZ	1	PKG	91
	Nutrient	Value	Units	
	Food Energy	30.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	31
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	31
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	

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Scheduled Menu Plans

2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Lunch
Date: 8/29/2019
Base Menu Plan: 4,817 EL 19-20 LUNCH W3D4
Menu Comments:

Serving Line: MAIN
Age Group: Grades K-5
Feeding Figure: 262

Stock Number	Description	Serving Size	Measure	Projected Quantity
A326	CHICKEN DRUMSTICK BREADED WG	1	1 DRUMSTICK	184
	Nutrient	Value	Units	
	Food Energy	219.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
A005	POTATOES, MASHED	1	1/2 CUP	184
	Nutrient	Value	Units	
	Food Energy	85.3963	kcal	
	Nutrient	Value	Units	
	Carbohydrate	18.1467	g	
A140	COUNTRY GRAVY	1	2 OZ	184
	Nutrient	Value	Units	
	Food Energy	59.4904	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.4986	g	
A327	ROLL, DINNER WG #1974	1	1 DINNER ROLL	184
	Nutrient	Value	Units	
	Food Energy	130.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	20.0000	g	
A114	BURRITO	1	1 BURRITO	66
	Nutrient	Value	Units	
	Food Energy	308.6858	kcal	
	Nutrient	Value	Units	
	Carbohydrate	33.9919	g	
A563	MUNCHABLE SUNBUTTER & JELLY	1	1 MEAL	12
	Nutrient	Value	Units	
	Food Energy	550.9630	kcal	
	Nutrient	Value	Units	
	Carbohydrate	54.0199	g	
A372	GREEN BEANS-2017	1	1/2 CUP	131
	Nutrient	Value	Units	
	Food Energy	17.5420	kcal	
	Nutrient	Value	Units	
	Carbohydrate	3.3337	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	

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Independence Central Office

Scheduled Menu Plans

A361	TOMATO, FRESH DICED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	82.4860	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.5007	g	
a7074	BLUEBERRIES #7074	1	1/2 CUP	197
	Nutrient	Value	Units	
	Food Energy	38.6000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.3710	g	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	66
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2366	DRESSING ITALIAN OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.8148	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	105
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/30/2019

Feeding Figure: 121

Base Menu Plan: 4,803 EL BFAST 19-20 W1D5

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A567	FRENCH TOAST APPLE IW#2472	1	1 PACK	73
	Nutrient	Value	Units	
	Food Energy	260.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	45.0000	g	
1392	POP TART STRAW WG	1	PKG (1)	23
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
1394	POP TART WG BRN SUGAR	1	PKG (1)	25
	Nutrient	Value	Units	
	Food Energy	180.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	37.0000	g	

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Independence Central Office

Scheduled Menu Plans

1015	CHEESE STRING MOZ LT	1	PKG (1)	49
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
a261	RICECHEX GLUTEN-FREE MEAL	1	1 BAG	0
	Nutrient	Value	Units	
	Food Energy	299.9999	kcal	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	91
	Nutrient	Value	Units	
	Food Energy	31.2730	kcal	
2280	JUICE APPLE 100% 4 OZ	1	CARTON (1)	31
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	61
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	40
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	42
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 8/30/2019

Feeding Figure: 262

Base Menu Plan: 4,818 EL 19-20 LUNCH W3D5

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A330	PIZZA CHEESE TONY'S #2387	1	1 SLICE	184
	Nutrient	Value	Units	
	Food Energy	349.9999	kcal	
A447	FRENCH TOAST STICKS WG #2400	1	2 STICKS	66
	Nutrient	Value	Units	
	Food Energy	240.0000	kcal	
A040	EGG, SCRAMBLED, CHEESY	1	1/2 CUP	66
	Nutrient	Value	Units	
	Food Energy	194.9017	kcal	

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Independence Central Office

Scheduled Menu Plans

Item ID	Item Name	Quantity	Unit	0
A561	MUNCHABLE YOGURT MEAL	1	1 MEAL	0
	Nutrient	Value	Units	
	Food Energy	289.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	38.0000	g	
A1223	CARROTS BABY 30LBS	1	1/2 CUP	131
	Nutrient	Value	Units	
	Food Energy	19.8450	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.6721	g	
a131	SALAD, DARK GREENS- EL	1	1 CUP	27
	Nutrient	Value	Units	
	Food Energy	7.2882	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.1662	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	11
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	3
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.7866	g	
2140	JUICE ORANGE 4 OZ	1	CARTON (1)	66
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	12.9999	g	
2365	DRESSING RANCH OTT'S	1	Ounce	27
	Nutrient	Value	Units	
	Food Energy	85.8443	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.2922	g	
1348	PEARS SLICD IN LS	1	SERVING 1/2 CUP	197
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	20.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	79
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	105
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	

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